

THE CAPITAL JOURNAL

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THE NORMAL SCHOOL PROBLEM

There is no more important educational issue before the people than **BETTER PROFESSIONALLY PREPARED SCHOOL TEACHERS.**

The high schools must be made to do more of preliminary training of teachers.

THE NORMAL SCHOOLS MUST BE GIVEN A FIRST CLASS EQUIPMENT.

The state normal board has prepared and put into effect an one-year high school teachers training class.

Most of the high schools of the state have organized this class **FOR NORMAL TRAINING OF YOUNG MEN AND WOMEN WHO EXPECT TO BECOME SCHOOL TEACHERS.**

The high schools at Salem, Portland, Pendleton, Eugene and other cities are carrying this teachers course, training several hundred young teachers **WITHOUT ANY EXPENSE TO THE STATE OR SCHOOL DISTRICT.**

The state normal schools are being conducted on an uniform plan and absolutely to train school teachers.

The state board of regents of normal schools meets in this city Monday to make up a budget for the ensuing two years to be submitted to the legislature.

COFFEE

You are both judge and jury for Schilling's Best.

Your grocer returns your money if you don't like it. We pay 'em.

"Uncle Joe" Cannon must be convinced by this time that some of his nephews do not love him as much as he thought they did.

Why Colds Are Dangerous. Because you have contracted ordinary colds and recovered from them without treatment of any kind, do not for a moment imagine that colds are not dangerous. Everyone knows that pneumonia and chronic catarrh have their origin in a common cold. Consumption is not caused by a cold, but the cold prepares the system for the reception and development of the germs that would not otherwise have found lodgment. It is the same with all infectious diseases. Diphtheria, scarlet fever, measles and whooping cough are much more likely to be contracted when the child has a cold. You will see from this that more real danger lurks in a cold than in any other of the common ailments. The easiest and quickest way to cure a cold is to take Chamberlain's Cough Remedy. The many remarkable cures effected by this preparation have made it a staple article of trade over a large part of the world. For sale at Dr. Stone's drug store.

OPPORTUNITIES TO RISE USUALLY CALL FOR READY MONEY. HAVE YOU ANY? YOU CAN HAVE IF YOU WILL SAVE A LITTLE EACH PAY DAY AND DEPOSIT WITH US WHERE IT WILL EARN MORE. BEGIN BY SAVING SOME, NO MATTER HOW LITTLE.

SAVINGS DEPARTMENT
CAPITAL NATIONAL BANK

WHAT THE SOCIALISTS HAVE TO SAY

(By Request.)
Program.

As measures calculated to strengthen the working class in its fight for the realization of this ultimate aim, and to increase its powers of resistance against capitalist oppression, we advocate and pledge ourselves and our elected officers to the following program:

General Demands.

1. The immediate government relief for the unemployed workers by building schools, by reforesting of cut-over and waste lands, by reclamation of arid tracts, and the building of canals, and by extending all other useful public works. All persons employed on such works shall be employed directly by the government under an eight-hour work-day and at the prevailing union wages. The government shall also loan money to states and municipalities, without interest, for the purpose of carrying on public works. It shall contribute to the funds of labor organizations for the purpose of assisting their unemployed members, and shall take such other measures within its power as will lessen the widespread misery of the workers caused by the misrule of the capitalist class.
2. The collective ownership of railroads, telegraphs, telephones, steamship lines and all other means of social transportation and communication, and all land.
3. The collective ownership of all industries which are organized on a national scale and in which competition has virtually ceased to exist.
4. The extension of the public domain to include mines, quarries, oil wells, forests and water power.
5. That occupancy and use of land to be the sole title to possession. The scientific reforestation of timber lands, and the reclamation of swamp lands. The land so reforested or reclaimed to be permanently retained as a part of the public domain.
6. The absolute freedom of press, speech and assemblage.
7. The improvement of the industrial condition of the workers:
 - (a) By shortening the workday in keeping with the increased productivity of machinery.
 - (b) By securing to every worker a rest period of not less than a day and a half in each week.
 - (c) By securing a more effective inspection of workshops and factories.
 - (d) By forbidding the employment of children under 16 years of age.
 - (e) By forbidding the interstate transportation of the products of child labor, of convict labor and of all uninspected factories.
 - (f) By abolishing official charity and substituting in its place compulsory insurance against unemployment, illness, accidents, invalidism, old age and death.
8. Political Demands.
 9. The extension of inheritance taxes, graduated in proportion to the amount of the bequests and to the nearness of kin.
 10. A graduated income tax.
 11. Unrestricted and equal suffrage for men and women, and we pledge ourselves to engage in an active campaign in that direction.
 12. The initiative and referendum, proportional representation and the right of recall.
 13. The abolition of the senate.
 14. The abolition of the poter

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usurped by the supreme court of the United States to pass upon the constitutionality of legislation enacted by congress. National laws to be repealed or abrogated only by act of congress or by a referendum of the whole people.

15. That the constitution be made amendable by majority vote.

16. The enactment of further measures for general education and for the conservation of health. The bureau of education to be made a department. The creation of a department of public health.

17. The separation of the present bureau of labor from the department of commerce and labor, and the establishment of a department of labor.

18. That all judges be elected by the people for short terms, and that the power to issue injunctions shall be curbed by immediate legislation.

19. The free administration of justice.

Such measures of relief as we may be able to force from capitalism are but a preparation of the workers to seize the whole powers of government, in order that they may there by lay hold of the whole system of industry and thus come to their rightful inheritance.

Platform for 1908.

The Socialist party, in national convention assembled, again declares itself as the party of the working class, and appeals for the support of all workers of the United States and of all citizens who sympathize with the great and just cause of labor.

We are at this moment in the midst of one of those industrial breakdowns that periodically paralyze the life of the nation. The much-boasted era of our national prosperity has been followed by one of general misery. Factories, mills and mines are closed. Millions of men, ready, willing and able to provide the nation with all the necessities and comforts of life are forced into idleness and starvation.

Within recent times the trusts and monopolies have attained an enormous and menacing development. They have acquired the power to dictate the terms upon which we shall be allowed to live. The trusts fix the prices of our bread, meat and sugar, of our coal, oil and clothing, of our raw material and machinery, of all the necessities of life.

The present desperate condition of the workers has been made the opportunity for a renewed onslaught on organized labor. The highest courts of the country have within the last year rendered decision after decision depriving the workers of rights which they had won by generations of struggle.

The attempt to destroy the Western Federation of Miners, although defeated by the solidarity of organized labor and the Socialist movement, revealed the existence of a far-reaching and unscrupulous conspiracy by the ruling class against the organizations of labor.

In their efforts to take the lives of the leaders of the miners the conspirators violated state laws and the federal constitution in a manner seldom equaled even in a country so completely dominated by the profit-seeking class as is the United States.

The congress of the United States has shown its contempt for the interests of labor as plainly and unmistakably as have the other branches of government.

The laws for which the labor organizations have continually petitioned have failed to pass. Laws ostensibly enacted for the benefit of labor have been distorted against labor.

The working class of the United States cannot expect any remedy for its wrongs from the present ruling class or from the dominant parties. So long as a small number of individuals are permitted to control the sources of the nation's wealth for their private profit in competition with each other and for the exploitation of their fellow men, industrial depressions are bound to occur at certain intervals. No currency reforms or other legislative measures proposed by capitalist reformers

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The reason Vinol is so successful in such cases is because it contains tonic iron and all of the strengthening blood-making and body-building elements of cod liver oil, but no oil. Vinol is unexcelled as a strength creator for old people, delicate children, weak, run-down persons, and after sickness—and is the best known remedy for coughs, colds and bronchitis.

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can avail against these fatal results of utter anarchy in production. Individual competition leads inevitably to combination and trusts. No amount of government regulation or of publicity, or of restrictive legislation, will arrest the natural course of modern industrial development.

While our courts, legislatures and executive officers remain in the hands of the ruling classes and their agents, the government will be used in the interests of these classes as against the toilers.

Political parties are but the expression of economic class interests. The Republican, the Democratic and the so-called "Independence" parties and all parties other than the Socialist party are financed, directed and controlled by the representatives of different groups of the ruling class.

In the maintenance of class government both the Democratic and Republican parties have been equally guilty. The Republican party has had control of the national government and has been directly and actively responsible for these wrongs. The Democratic party, while saved from direct responsibility by its political impotence, has shown itself equally subservient to the aims of the capitalist class whenever and wherever it has been in power. The old chattel slave-owning aristocracy of the south, which was the backbone of the Democratic party, has been supplanted by a child-slave plutocracy. In the great cities of our country the Democratic party is allied with the criminal element of the slums, as the Republican party is allied with the predatory criminals of the palace in maintaining the interest of the possessing class.

The various "reform" movements and parties which have sprung up within recent years are but the clumsy expression of widespread popular discontent. They are not based on an intelligent understanding of the historical development of civilization and of the economic and political needs of our time. They are bound to perish as the numerous middle class reform movements of the past have perished.

A WOMAN'S BACK
 The Aches and Pains Will Disappear if the Advice of This Salem Citizen is Followed.
 A woman's back has many aches and pains. Most times 'tis the kidneys' fault. Backache is really kidney ache. That's why Doan's Kidney Pills cure it. Many Salem women know this. Read what one has to say about it:
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 For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, New York, sole agents for the United States.
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The Democrat head an editorial, "Albany Fall." We didn't read it through, but will bet thirty cents that it was a mighty quiet drunk.

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 " Kansas City 30.00 " Cleveland 44.75
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