

NERVOUS EXHAUSTION

That, if Not Corrected, Speedily Wrecks the General Health.

Example of the Close Dependence of the Nerves Upon the Blood and an Indorsement of the Treatment.

Nervous exhaustion early shows itself in the decreased activity of the brain that normally cast out the products of the body. The kidneys and bowels are deprived of their energy and a part of the poisonous waste materials they readily pass off during the day are turned back into the blood.

The result is plain. The blood with impurities is unable to perform its usual amount of nourishment to the nerves and a general debility follows. This is the explanation of the depressed and inhibited feeling, pallor, loss of spirits, weakness, shortness of breath and indigestion of the nervous system.

The best treatment for nervous exhaustion is by building up the blood and casting off the impurities which poison the nerves the elements of the blood.

Dr. Emma Howe, of 531 South Street, Grand Rapids, Mich., writes: "Years ago I was nearly a nervous wreck from overwork while attending school. My appetite was gone and the food I ate did me no good. There were such pains in my back that I could not stand. My nerves were so sore and I had such pain in the back of my head that I could not sleep. I lost weight, was weak and discouraged. My doctor said if I kept on teaching I would have nervous prostration on for seven years I was unable to care, but grew weaker and weaker. A friend told me of Williams' Pink Pills, and I am glad to say that they helped me in a very short time. I continued the treatment and was entirely cured."

Dr. Williams' Pink Pills are sold by druggists or sent, postpaid, on order for price, 50 cents per box, or for \$2.50 by the Dr. Williams' Medicine Company, Schenectady, N. Y.

Dr. Williams' Pink Pills are the most practical, the people so that sharpers can't swindle them or depend upon sharpers for swindling?

For a Sprained Ankle. A sprained ankle may be cured in one-third the time usually required, by applying Chamberlain's Pain Expeller, and giving it absolute rest. For sale by Dr. Stone's Dispensary.

TEA. Do you think one tea as good as another? Why don't you buy at the lowest price you see in the window?

WELL PAID FOR A SERMON
Four thousand nine hundred dollars for one sermon! It's enough to make even the most prosperous clergyman envious. That was the fee that the preacher at Elberfeld, in Prussia, received for his sermon on Whitsunday, which lasted only an hour. In 1690 Baron Favort, a wealthy Frenchman, provided in his will for an annual sermon to be preached in the Protestant church of the town. The day fixed is the first Sunday in June, and the qualification to obtain the prize is that the preacher shall hold one of the poorest parishes in the diocese and that he shall extol the virtues of the benefactor.

MAKES WORK EASIER.
Salem People Are Pleased to Learn How It Is Done.

It's pretty hard to attend to duties with a constantly aching back; With annoying urinary disorders Doan's Kidney Pills makes work easier. They cure backache. They cure ever y kidney ill. W. H. Wood, of 250 Cottage street, Salem, Oregon, says: "A good many years ago I got badly kicked by a mule right over the kidneys, and at another time while digging a well it caved in on me, also injuring my back, and since then I have had more or less annoyance from my kidneys. Change of weather caused by back to ache and when I worked hard it became so lame that I could hardly straighten up after stooping. I procured Doan's Kidney Pills at Stone's drug store, and since taking them altogether I have continued to work hard and been exposed to severe weather not an ache or other symptom of my former trouble remains. This clearly proved that Doan's Kidney Pills act up to the representations made for them. I also know of other people who have derived great benefit from their use. I am glad to let others know the merits of Doan's Kidney Pills for backache and kidney trouble."

For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, New York, sole agents for the United States. Remember the name—Doan's—and take no other.

Fantastic Suicide.
A new and strange phase of religious fervor seems to be spreading among the Buddhist monks in Burma. It is religious suicide. The pioneer of this mania was a monk devoted to ecstatic meditation until the desire seized him to be free from earthly passions. So he repaired to a pagoda and wrapped himself in 13 monastic robes besides his own, having first saturated them with oil. He then sat cross legged on a bit of leather, lighted the oil and remained firm, fervently praying. As soon as the smoke arose all the monks and people near by came rushing up to him, but none thought of putting the fire out or of helping the unfortunate man in any way. They looked on till the fire ended and then carried the body away and gave it a very fine funeral.—Straits Echo.

CASTORIA.
The Kind You Have Always Bought
Bears the Signature of *Chas. H. Pritchard*

FUN WITH ELECTRIFIED BUILDING IN DALLAS
(Polk Observer.)
The uninsulated surface of a five wire coming in contact with one of the pillars in the front of the brick building occupied by the stores of P. A. Finseth and Simonton & Scott yesterday afternoon electrified the whole of the iron work in the building and was the cause of considerable excitement and curiosity for a few minutes until the cause of the phenomenon was discovered and removed.

It was first noticed by one of the customers entering Simonton & Scott's store. The sidewalk was still wet from the recent rain and as he planted his moist shoe sole on the iron lintel, he received a sudden and unexpected shock of electricity that fairly lifted him off his feet.

Although considerably taken aback he tried it again with a similar result, and then hastened to ask the inmates of the store what had happened to their building. In a few minutes a curious crowd had collected about the stores, testing the force of the mysterious current that seemed to pervade the entire structure, and waiting eagerly to see each newcomer make the attempt and get "bit" even as they had been.

The impromptu joke was ended by the arrival of an electrician who hastened to arrange an insulation for the wire at the point of its contact with the iron work of the building, whereupon the posts and door steps suddenly lost that mysterious "liveness" that had for a short time prevailed them, and with the vanishing of this quality the crowd rapidly dwindled away.

Kodol will, without doubt, make your stomach strong and will almost instantly relieve you of all the symptoms of indigestion. Get a bottle of it to day. It is sold here by all druggists.

CASTORIA
For Infants and Children.
The Kind You Have Always Bought
Bears the Signature of *Chas. H. Pritchard*

PHILADELPHIA'S NEW SUBWAY SYSTEM
Yesterday's inspection by municipal officials and a large company of guests was really the opening of the Market-street subway to the public, though the inauguration of regular traffic is scheduled for Monday, and the use of the elevated terminus on Delaware avenue will not begin until next month.

While not the greatest of underground or overhead traffic systems, the Philadelphia structure is in many respects the best. It is remarkable because it has been constructed by a street railway company in the ordinary course of its betterments; has utilized the latest engineering methods of steel and concrete; has found means of ventilation, and has installed spacious stations not equal elsewhere.

The capital has been furnished in Philadelphia, and the work throughout has been under Philadelphia direction. The obstructed and unkempt condition of Market street for two years has been an annoyance, but the people and merchants have generally borne it with good humor, knowing that surface transportation must be supplemented, and that the sooner the work is over the better.

The Delaware river is now connected with the western limits of closely-built residences. Ultimately there will be subways running north and south. For the present it is a vast gain for business and personal convenience that the east and west travel has facilities to equal the best urban speed known in the world. Sixty-ninth street is in time nearer to the ferries than Thirty-second street was a few years ago or than Eighteenth street was when some of the present officials of the transit company began their experiences in the streetcar business.

Philadelphia recognizes that the completion of the system which gives a continuous fast service of elevated and subway trains east and west is an epoch in the city history. The energy of the transit managers and contractors is appreciated.

Whatever the disagreements of the past and future, the opening celebration is a time for civic pride over the completion of a great work of engineering without going outside of the resources of the city.—Philadelphia Press.

POLK AND YAMHILL MEDICOS ORGANIZE
(Polk Observer.)
A number of the representative physicians of Polk and Yamhill counties met in the K. P. hall in this city last night and entered a temporary organization, electing officers and appointing a committee to draw up constitution and by-laws for the association, which will be permanently organized at a meeting set for the first Monday in December, to be held in McMinnville. The new organization will be called "The Yamhill and Polk County Medical Association."

A pleasant and profitable hour was spent after the close of the business meeting in a general discussion and a helpful exchange of ideas. The members are looking forward to the accomplishment of much good in their future organized state and anticipate large additions to their membership from the ranks of the medical men of other counties adjoining these two.

The officers elected were: Dr. Gilstrap, of Sheridan, president; Dr. Bollman, of Dallas, secretary and treasurer pro tem. Drs. Starbuck, Bollman and McCallon were appointed on the committee to draw up a constitution and by-laws for a permanent organization.

Plan Hospital.
Several of the business men and physicians of Dallas held a conference with the Rev. Father H. J. McDevitt in the office of Dr. A. B. Starbuck yesterday afternoon and discussed the subject of founding a hospital in this city.

A number of fine locations and beautiful buildings have been offered for the purpose, but they made no final selection at yesterday's meeting, preferring to inquire more fully into the matter before arriving at a definite decision. The residences that have been offered for the purpose of being converted into a hospital are the James Howe, Marr, Stouffer, Barham, Biddle, F. J. Coad and Conkey property, all fine buildings, in pleasant surroundings and advantageous locations.

The Knock-out Blow.
The blow which knocked out Corbett was a revelation to the prize fighters. From the earliest days of the ring the knock-out blow was aimed for the jaw, the temple or the jugular vein. Stomach punches were thrown in to worry and weary the fighter, but if a scientific man had told one of the old fighters that the most vulnerable spot was the region of the stomach, he'd have laughed at him for an ignoramus. Dr. Pierce is bringing home to the public a parallel fact; that the stomach is the most vulnerable organ out of the prize ring as well as in it. We protect our heads, throats, feet and lungs, but the stomach is utterly indifferent to, until disease finds the solar plexus and knocks us out. Make your stomach sound and strong by the use of Doan's Golden Medical Discovery, the only perfect course in your most vulnerable spot. "Golden Medical Discovery" cures "weak stomach," indigestion, or dyspepsia, torpid liver, bad, thin and impure blood and other diseases of the organs of digestion and nutrition.

The "Golden Medical Discovery" has a specific curative effect upon all mucous surfaces and hence cures catarrh, no matter where located or what stage it may have reached. In Nasal Catarrh it is well to cleanse the passages with Dr. Sage's Catarrh Remedy fluid while using the "Discovery" as a constitutional remedy. Why the "Golden Medical Discovery" cures catarrhal diseases, as of the stomach, bowels, bladder and other pelvic organs will be plain to you if you will read a booklet of extracts from the writings of eminent medical authorities, on dosing its ingredients and explaining their curative properties. It is mailed free on request. Address Dr. R. V. Pierce, Buffalo, N. Y. This booklet gives all the ingredients entering into Dr. Pierce's medicines from which it will be seen that they contain not a drop of alcohol, pure triple-refined glycerine being used instead.

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