

CONSTIPATION

You have tried all kinds of pills, waters and cathartics for Constipation and Liver Complaint. Now get the **REAL** Cure. Take **NR Tablets** and see how much better they are. See the difference in results. Their action is never attended by that all-gone sick sensation—they make you feel better the minute you take them. They brace you up and put new life in you, make you feel stronger and better, because they are made to regulate the entire digestive system. One dose will convince you. Get a 25c box.

BETTER THAN PILLS FOR LIVER ILLS.

T. A. H. Lewis Medicine Co., St. Louis, Mo.



For Sale by Capital Drug Co., Z. T. Riggs, Salem, Oregon.

LAUNDRY

Why is our work demanded by stylish and up-to-date dressers as well as those who dress for comfort. Because in finishing up our work we give that touch of good taste that very readily appeals to the man of fashion. Our work has a mysterious something about it that easily distinguishes it from ordinary laundry work. Those who demand comfort, find our work is pliable, due to our own particular way of starching. A shirt or collar laundered by us gives with every movement of the body, giving absolute comfort to the wearer. Our collars do not break at seam or buttonhole, and you will find no blisters or wrinkles. You might just as well have this work; its costs no more.

SALEM LAUNDRY COMPANY

Tel. 25 136-166 S. Liberty St.

HINTS ABOUT ASTER PLANTS

Through the kindness of Mrs. E. Bragg, The Observer has obtained a little booklet on the care and culture of the aster for the benefit of amateur aster growers. The information contained therein will be of great assistance to those who are growing asters this year, and we make therefrom the following:

The Soil.

The china aster can be made to grow well in any ordinary soil, from light sand to a heavy clay. The ideal soil is a strong loam, well supplied with organic matter and plant food, and retentive of moisture. But any plot that proves to be good soil for the home garden may be depended upon to give good asters. If the soil is not already rich enough, fertility can be furnished in the shape of well rotted manure. If it is mellow and dries out quickly, frequent and thorough tillage will put it in better mechanical condition.

Fertilizers.

Asters seem to do best on soil that has been made rich previous to the year they are grown. To obtain the benefits of stable manure the same year, it should be well rotted and be thoroughly mixed with the soil. If it is difficult to procure well rotted manure it is a good plan to work in a heavy top dressing the previous season; this should be done before the soil gets too cold, or it will not become properly decayed before winter sets in.

If the soil is mellow and holds the moisture well, commercial fertilizers may be safely used. A high-grade complete fertilizer, such as is used by market gardeners, is most suitable. It should contain not less

than three and one-half or four per cent of available nitrogen. From five to seven pounds to the square rod may safely be applied. It should be thoroughly raked in, and it would be better to wait until after a rain before planting. More moisture is needed with commercial fertilizers than with stable manure, and we should prefer the latter when it can be obtained.

Manure water, diluted to the color of weak tea, may be applied freely and will cause a strong growth. It may be prepared by putting two bushels of clear stable manure in a cask of water. If convenient, a few quarts of hen manure may be added.

Sowing the Seed.

For sowing inside, use shallow boxes that will hold two and one-half or three inches of soil when filled within half an inch or so from the top. To ordinary garden soil add one-fourth fine well rotted manure and enough sand to keep the soil from becoming hard. Press firmly and evenly. With a piece of lath make shallow marks two inches apart for the seed rows. Sow thinly and cover the surface of box evenly with sand to the depth of one-eighth to one-fourth inch. Again press firmly and shade with a paper. Plants root better if soil is moist. If the soil is moist when the seed is sown it should need but little water until well up. To avoid damping off and stem rot, water thoroughly when necessary and allow the surface to become dry before watering again. Avoid frequent sprinklings and do not water late in the day. The same precautions should be used in coldframes. Give plenty of air when weather conditions permit.

Transplanting.

When the seedlings have made two true leaves they can be pricked off into other boxes or into a coldframe. The soil of the plant box or frame should be as moist as may be without packing, and so that it will not need sprinkling for the first day or two after transplanting. Plants root better if the soil is than they do if it is wet. The plants should have at least an inch in the row and two and one-half inches between the rows, that the surface of the soil may be stirred frequently; this promotes growth and prevents stem rot. If the plants get crowded a second transplanting should be given. When the plants of the extra early varieties get crowded or for any reason get checked in their growth, they begin to form flower buds and further plant growth is stopped. Before planting out they should be well hardened off by removing the sash entirely during the day and by opening the boxes out of doors. Young plants that have been thoroughly hardened will stand frost.

Planting Out.

Plants for early flowers should be put out as soon as soil and weather conditions will permit and before they show a tendency to form flower buds. If possible, plant when the soil is moist, but not wet. Put the plants in rows to facilitate hoeing. If, in beds, 10 to 15 inches each way, according to the richness of the soil. Avoid planting where

there has been trouble with stem rot or root lice. Asters do not object to partial shade and in such places are less subject to the attacks of certain insects.

Disbudding.

To secure extra long-stemmed flowers of the branching varieties, pinch out the center bud when the plants begin to branch. Allow about six of the side branches to grow, and keep the lateral buds removed from other branches. The entire strength of the plant is thus given to a half dozen flowers.

In Vick's Royal Purple aster, we have developed a type of plant in which precisely this result is accomplished by nature. We are also developing the same type of plant in several other colors of branching asters.

A Circumstantial "Thirteen" Story Refuted.

One of the most famous stories about the thirteen superstition is that which appeared in the biography of Sir John Millais, published some six years ago. In August, 1885, according to the biographer, a party gathered at Millais' Scottish home, Birnam, among them Matthew Arnold, Edgar Dawson, a Mr. E. S. and a Miss G. S. One day it was discovered that there were thirteen at table. Miss G. S. was greatly alarmed. To reassure her Matthew Arnold, at the end of the dinner, remarked, "And now, Miss S., the idea is that whoever leaves the table first will die within the year so, with the permission of the ladies, we will cheat the fates for once. I and these fine, strong lads pointing to Edgar Dawson and E. S.) will all rise together, and I think our united constitutions will be able to withstand the assault of the reaper."

Matthew Arnold, according to the story, died six months afterward, and a little later E. S. was found in bed killed by a revolver which lay beside him. In the meantime Edgar Dawson had gone out to Australia, and after the two sudden deaths there was natural anxiety as to what should happen to him within the fatal year. On February 18, 1886, he left Melbourne on the steamer Quetta. The steamer went down off the coast of New Guinea and Dawson was drowned. "And now," writes the biographer, "what shall be said of these things? The facts are exactly as I have stated them, and are only too well known to many now living?"

That is the famous story, and now a correspondent of the Spectator ruthlessly annihilates it by a cold examination of the alleged facts:

"The facts! The party is said to have taken place in August, 1885. Accordingly Arnold must have died in March, 1886, and the Quetta must have gone down about the same time. Every one knows that Matthew Arnold died in April, 1888, and I have just come across a reference to the wreck of the Quetta, by one who lost several relatives in that ill-fated vessel, which gives the year of the wreck as 1890. What could a serious biographer have been about when he allowed his memory to trick him into penning such a piece of circumstantial nonsense? In view of these glaring discrepancies it is allowable to discredit the whole story, however it may have formed itself in the writer's mind. Arnold knew from about 1858 that his life was precarious and that his end was likely to be very sudden. Is it likely that even in jest he ever uttered such a speech as is here put into his mouth?"

New Notaries: L. F. Hall, Newberg; G. H. Reed, John W. Cook, Lea, Langley, Dave E. Bloch, Portland.

The fate of the breakfast is decided by the quality of the Coffee.



Folger's Golden Gate

makes breakfast the beginning of a cheerful day. Aroma-tight tins save all the fragrance and strength. Sold on merit. No prizes—No coupons—No crockery.

J. A. Folger & Co., San Francisco

Plans for Relieving City Congestion. In seeking to attract new enterprises to this city the officials of the Chicago Association of Commerce find that the sites on the main lines of railroads and within the factory section are practically all occupied. The business of a single small, though desirable concern, is not sufficient to support a switch track extending to a site somewhat removed from the main line. The association has taken up with one railroad company a plan for widening the area of the manufacturing section by a considerable extension of spurs and terminals.

There is a human side to the problem. The congestion of factory buildings in one district produces overcrowding in the surrounding neighborhoods of wage workers' dwellings. Improvements in street car transportation, it is true, increase the opportunities for factory workers to live in desirable districts remote from the plants in which they are employed. Still, the tendency is for the workers, especially those earning the lowest wages, to make their homes so near the factories that they can walk to and from their work.

Thus comes overcrowding in their homes, which robs adults of energy and health and stunts the growing children. It was shown by investigations recently in New York city that the average height of a boy of 13 brought up in a family living in one room was 53.4 inches, while the average height of a boy of the same age reared in a four-room dwelling was 55.8 inches. It is not humane and it is poor business for any community to foster or permit housing conditions that cause the members of the next generation of its citizens to grow up stunted and lacking in vitality.

The most effective cure for congestion of the population suggested at a recent exhibit in New York dealing with this evil was the moving of factories from the thickly settled portion of the city into its outlying districts. A law limiting factory construction to the latter districts was urged by some. Governor Hughes, in an address dealing with congestion of city population, said that the public had hardly begun to realize "what a proper exercise of the police powers of the state under a true theory of government can do with regard to these conditions." An organization, like the Chicago Association of Commerce, also can do much to improve them. It is to be hoped, therefore, that in its plans for relieving congestion in the factory district it will take into account the problem of congestion of the population.—Chicago News.

Insist upon DeWitt's Witch Hazel Salve. It is especially good for piles. Sold by all druggists.

Hotels and Restaurants.

The White House Restaurant
For a Regular
25c Dinner at 20c
They can't be beat
McGilchrist & Son
Proprietors.

839 COURT STREET.
Call and try them. Meals
15c. Board per week \$2.75,
also furnished rooms very
reasonable.
AT THE
Salem Restaurant
MEALS 15c

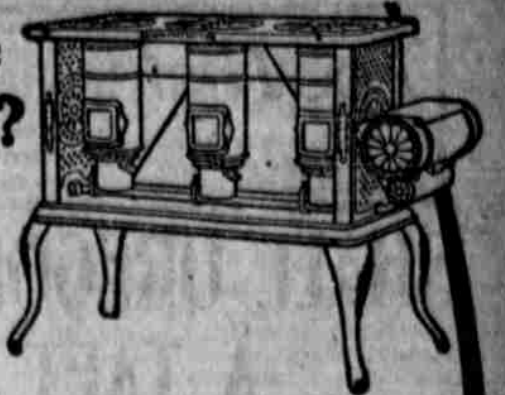
ELITE HOTEL
Restaurant and hotel, on European plan. Meals at all hours on short order. Regular dinner 25 cents. Thirty newly finished furnished rooms.
E. ECKERLEN, Prop.
148 Commercial St.

HOTEL OREGON
Cor Seventh and Stark Sts.
Portland's New and Modern Hotel. Rates \$1 per day and up. European plan. Free Bus.
WRIGHT-DICKINSON HOTEL CO.
Proprietors

The Leonard
First class rooming and boarding house. A. Clark, proprietor. Phone 971.
254 Front St. Salem, Or.

What Stove for Summer?

Nothing adds to kitchen convenience in summer weather like a New Perfection Wick Blue Flame Oil Cook-Stove. Anything that any stove can do the "New Perfection" will do, and do it better. Bakes, roasts, boils, toasts; heats the wash water and the sad irons, and does it without dissipating its heat through the room to your discomfort. The



NEW PERFECTION Wick Blue Flame Oil Cook-Stove

actually keeps the kitchen cool—actually makes it comfortable for you while doing the family cooking, because, unlike the coal range, its heat is directed to one point only—right under the kettle. Made in three sizes, fully warranted. If not with your dealer, write our nearest agency.



The **Rayo LAMP** affords a mellow light that is very grateful to tired eyes—a perfect student or family lamp. Brass, nickel plated, hence more durable than other lamps. If not with your dealer, write our nearest agency.

STANDARD OIL COMPANY
(Incorporated)

OREGON PEOPLE ARE GROWING WISE

A large number of them are now using ALLEN'S BOSTON BROWN BREAD FLOUR. The people of New England have lived on just such Pure Foods for over a hundred years. These goods are put up in packages and in 10 and 25-pound sacks, and are for sale by ALL FIRST-CLASS GROCERS.

ALLEN & LEWIS, Portland, Distributors for Oregon.

ALLEN'S B B B FLOUR COMPANY

San Jose, Cal

Des Moines, Iowa

BANK TALK No. 13

By the UNITED STATES NATIONAL BANK, Salem, Or.

THE SOURCE OF POWER

Which turns the wheel of the mill prosperity, is money. Without money, you cannot even start the wheel, but once started, it turns easier with every revolution. There is but one way to accumulate money, and that is by saving. A little money and a good credit established, by consistent saving, will accomplish wonders. We want you to get ahead, and stand ready to help you. Nothing opens the gateway to success so quickly as and nothing gives you more satisfaction than the feeling that you are independent. It adds to your good cheer, brings contentment, and makes your whole life easier to live. These happy results do not require a big bank balance. Begin with any small amount you can spare, and add to it regularly from your surplus earnings of these prosperous days. Every dollar saved and deposited in the bank is adding just so much to

FORTUNE'S CORNER STONE
UNITED STATES NATIONAL BANK

READY TAILORED CLOTHES FOR WELL DRESSED MEN.

The Racco System
PRICE RANGE
\$ 20 TO \$ 40

Don't read this unless you are in need of some of these articles, and wish to save money by buying them at a bargain. Until March 30, in order to make room for new goods, these items will be offered at greatly reduced prices. These are all of standard make and good quality.

	Regular Price	Sale Price
One new 3-inch wagon, complete	\$110.00	\$ 95.00
One new buggy, best make	130.00	100.00
One new buggy, best make	95.00	80.00
One new runabout	55.00	42.50
One new disc harrow	22.00	17.50
One new Tiger drill	90.00	72.50
One new Buckeye binder	160.00	135.00
One new Buckeye mower	60.00	48.50
One new Buckeye rake	32.00	28.00
One new Davis cream separator	105.00	65.00
One new 14-inch Rock Island Clipper steel plow	19.50	15.00
One new 12-inch Rock Island Clipper steel plow	17.50	13.50
One new 10-inch Rock Island Clipper steel plow	13.50	11.50
One new handmade light express	75.00	60.00
One new handmade light express	75.00	60.00

Also second-hand cultivator, mower and rake at a bargain. Single-trees, double-trees, neck-yokes, dashboards, cushions, at a 30 per cent reduction. An assortment of about \$300 worth of paints, lead, oil, varnishes and stains will be put on sale. I will also sell on commission any implement or vehicle which you may wish to dispose of, at any time.

GEORGE R. JACOBS
Corner Pine and Front St. SALEM, OREGON