A TONIC FOR THE STOMACH

Wonderful Success of the Modern Method of Treating Even the Most Obstinate Cases of Indigestion

There are two old-fashioned methods of treating chronic dyspepsia, catarrh of the stomach or chronic gastritis.

First, that which prescribes peptic and dilute hydrochloric acid and other ferments to help the digestive juices.

Second, that which seeks to stimulate the glands to greater activity.

Both have the defect that too often when the treatment stops the benefit stops and the trouble returns in an aggravated form. The truth of this statement is all too evident to many who have tried either treatment.

Tone Up the Stomach.

The modern method is to tone up the stomach and glands to do their normal work.

Every step toward recovery is a step gained not to be lost again. The recovery of the appetite, the disappearance of pain, the absence of gas—all are steps on the road to health that those who have tried the tonic treatment remember distinctly.

Dr. Williams' Pink Pills are a tonic, every contituent of which is helpful in building up the digestive organs and therefore are the ideal remedy for chronic cases of stomach trouble. The succes of the treatment is shown by hundreds of cures like the following:

Cure Regarded as a Miracle.

Mr. J. F. Bennington, of the firm of Bennington Bros. & Cox, of La Harpe, Ill., regards his cure as a miracle. He is well known both at Stronghurst, Ill., where he formerly resided and at La Harpe. For years he has been recommending to others the pills that cured him. He says: "My stomach trouble, which afflicted me for about two years, began with a general weakness. I didn't have strength enough to hold up my head and could eat nothing but lacteal food for over six months, while it was more than a year before I could eat any solid food. I had palpitation of the heart and my breath was short. My left leg and hand gradually became numb and I could not use either for a long time. At last my hand felt as though it was full of needles when I closed it; afterwards there was no feeling in it at all. I had many sleepless nights and suffered intensely.

"I doctored at Stronghurst and La Harpe and had two specialists from Chicago, but there wasn't one among the doctors who could tell what my trouble was and their treatments did not help me. My brothers moved me to La Harpe from Stronghurst during my sickness, but I had no hopes of ever getting well. I took electric treatment without any help, also many medicines with no better result. My home doctor came to see me one morning after he had been treating me for three months and told me that I ought to go to the Springs. But as I couldn't sit up nor walk I kept on trying different doctors for eighteen months. When one is sick some one always suggests a remedy and in my case an old lady friend recommended Dr. Williams' Pink Pills and I decided to try them. I took them for two weeks carefully following the directions and at the end of that time began to crave a good meal. My hand and leg got so that I could use them again. I gradually regained my health and weight and have worked as hard as ever, from that time. I haven't missed work on account of sickness but two or three days in the last eight years. My cure was certainly a miracle for all my friends and relatives expected to hear of my death. I am constantly recommending Dr. Williams' Pink Pills."

How to Cure Yourself

If you have stomach trouble begin today to cure yourself.

Take the first step now by sending a postal card request to the Dr. Williams Medicine Co., Schenectady, N. Y., for a free diet book. Then get a box of Dr. Williams' Pink Pills from the nearest druggist and follow directions closely. Or you can get the pills by mail, postpaid, at 50 cents per box; six boxes for $2.50.

Dr. Williams' Pink Pills not only cure stomach trouble but are a general tonic and are useful in all diseases arising from poor blood or weakened nerves, such as sciatica, neuralgia, rheumatism, nervous headache, the after-effects of the grip, palpitation of the heart, pale and sallow complexions and many forms of weakness.

VIC PROGRESS MADE AT SALEM

w Families Coming In to Make Homes at the Capital City.

The advent of the spring has brought much good word to the Board of Trade and the boosters of Salem in general. In addition to the $253,000 to be expended by the Oregon Electric railway compay in the Willamette valley with Salem for a railroad center, the work of sending out circulars over the entire country is bringing in big fruits.

The board of trade rooms are being thronged with larger crowds of home seekers anxious to secure information regarding farming lands, business chances, and, in fact, all manner of occupations. What the Board of Trade has done today will give an idea of how the work of the boosters is progressing with but little noise. Three families presented themselves at the Board of Trade room this morning from as many different parts of the country and stated that they had come after having had an extensive correspondence with the Board of Trade, and that they were with the money and ready to buy farms. These three were the families of L. Wallert and wife, of New York; W. H. Norris, of Wichitaw, Kansas and F. E. Baker, of Chicago.

The clean-up day inaugurated by Mayor Rodgers has been selected. It will be Friday, May, 8th. The school principals, of both private and public schools have given their sanction for a half holiday, so that the children may join in the grand cleaning-up which Salem is going to get. The public schools, in many instances will devote the morning to exercises so that the children will be instilled with the proper spirit of the day before entering into the work in the afternoon.

H. E. C. DeWitt & Co., Chicago, Ill. Gentlemen—In 1897 I had a disease of the stomach and bowels. In the spring of 1902 I bought a bottle of Kodol and the benefit I received for the gold in Georgia could not buy. May you live long and prosper. Yours very truly, C. N. Corbell, Roding, Ga., Aug. 27, 1906." Sold by all druggists.

CASTORIA.
Bears the Signature of Chas. H. Fletcher. The Kind You Have Always Bought

Another old saying smashed to smithereens. It rained on Easter Sunday and the first Sunday following was a delightful day, not a drop of rain until 10 p. m.

COFFEE

Your grocer must sell poor coffee; we can't all be comfortable; but he needn't sell it to you.

Your grocer returns your money if you don't like Schilling's Best: we pay him.

People who try to build themselves up by tearing other people down universally get it in the neck.

For Constipation.

Mr. L. H. Farnham, a prominent druggist of Spirit Lake, Iowa, says: "Chamberlain's Stomach and Liver Tablets are certainly the best thing on the market for constipation." Give these tablets a trial. You are certain to find them agreeable and pleasant in effect. Price, 25 cents. Samples free. For sale by Dr. Stone's drug store.

Underhanded methods in business never hurt the other fellow in the long run.

Catarrh Cannot Be Cured.

with local applications, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quack medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing Catarrh. Send for testimonials free.

F. J. CHENEY & CO., Props., Toledo, O.

Sold by Druggists, price 75c.

Take Hall's Family Pills for constipation.

If old baseball players think they can put up a game without practice let them try it, and get some experience.

DeWitt's Kidney and Bladder Pills are prompt and thorough and will in a short time strengthen weakened kidneys and allay troubles arising from inflammation of the bladder. Sold by all druggists.

VALUE OF COMMERCIAL CLUBS TO BUSINESS

How Business Men Are Benefitted By Coming Together and Conferring.

(Corvallis Times.)

The thinking inexperienced doubtless realize that it takes brains to successfully conduct a Commercial club. Of the value of such an organization as an instrumentality in promoting community life, there is no doubt. It can be made a vehicle for united action in all public affairs. It can crystalize public movement into singleness of purpose and unity of action. It can accomplish that which cannot be accomplished otherwise. Man is a gregarious animal. His temper is better when he is under the glamour of social intercourse. When he meets his neighbor and converses with him, he ordinarily concludes him to be a better person than he had believed. The presence of gathered numbers and a general spirit of good fellowship incident to club association, civilizes, humanizes and harmonizes. It is the touchstone of sympathy and kindness. It is the heart of happy and helpful existence. It causes forgetfulness of the dollar mark. It brushes away the mercenary impulse and substitutes fraternity. It melts factionalism into unionism. It teaches business men that after all, they are not enemies, but friends. It gives to public movement solidarity not of division. It focuses effort with a unitedness that brings inevitable results. It is unlifting in its every influence. It is a first and foremost factor in community progress. It involves every essential that has brought man up from primitive barbarism to his present lofty position on the earth because the incentives and factors of invention and discovery came out of the associations of men through the various epochs. It is a master influence for general good, well worthy of the patronage and good wishes of all the people.

Such is the field for a well conducted commercial club. It cannot attain such ends unless all the influences and all the motives are lofty. It will be what the men in it choose to make it. It cannot be effective unless its counsels be wise. It cannot succeed except as the representatives of all, instead of a mere part of the community. It cannot be serviceable as a cabal, or as a faction. It cannot rise to full-orbed utility if those influences that divide men on the outside be taken inside. If its inspiration be the good of all and not the good of one or seven, if its purposes be faintless and tireless, if its membership be controlled by a deep spirit of broad patriotism, the commercial club will be of infinite value to Corvallis, and its arrival be epochal in the history of the city. The Times trusts and believes the new club has such a destiny.

A WOMAN'S BACK

The Aches and Pains Will Disappear if the Advice of This Salem Citizen Is Followed.

A woman's back has many aches and pains.

Most times 'tis the kidneys fault.

Backache is really kidney ache;

That's why Doan's Kidney Pills cure it.

Many Salem women know this.

Read what one has to say about it:

Mrs. B. Schreiber of 560 High St., Salem, Or., says: "The good reports I had heard concerning Doan's Kidney Pills induced me to procure a supply. I had been suffering from incessant backache which not only troubled me through the day but broke my rest at night. I began to feel the effects of Doan's Kidney Pills after I had taken a few doses. Relief speedily came and then an absolute cure. There has been no sign of the backache nor any other symptoms since. I am only too pleased to let others know of such a valuable and effective remedy."

For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, New York, sole agents for the United States.

Remember the name—Doan's—and take no other.

There was a joke, that of paving Albany with doughnut in order to make it a holy city.

He Got What He Needed.

"Nine years ago it looked as if my time had come," says Mr. C. Farthing, of Mill Creek, Ind. Ter. "I was so run down that life hung on a very slender thread. It was then my druggist recommended Electric Bitters. I bought a bottle and I got what I needed—strength. I had one foot in the grave, but Electric Bitters put it back on the turf again, and I've been well ever since." Sold under guarantee at J. C. Perry's drug store. 50c.

FILLERS

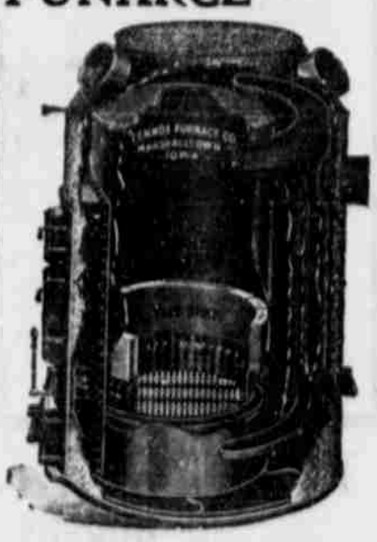
While you are boosting help boost home talent.

DeWitt's Carbolized Witch Hazel Salve. It is especially good for piles. Sold by all druggists.

CIRCUS DAY AT SALEM

MONDAY, MAY 4th--Performances at 2 and 8 p. m.

TORRID ZONE FUNARCE



The above cut represents brick lined Torrid Zone Furnace. Guaranteed gas, smoke and dust proof. Economical and durable.

A. L. FRASER
258 STATE STREET.
Estimates furnished on heating

PERFECT PRINTING PLATES
IN ONE OR MANY COLORS
LARGEST FACILITIES IN THE WEST FOR THE PRODUCTION OF HIGH GRADE WORK
RATES AS LOW AS EASTERN HOUSES
HICKS-CHATTEN ENGRAVING CO.
2d & Alder, PORTLAND, ORE.

CHICHESTER'S PILLS
THE DIAMOND BRAND.
Ladies! Ask your Druggist for Chi-ches-ter's Diamond Brand Pills in Red and Gold metallic boxes, sealed with Blue Ribbon. Take no other. Buy of your Druggist. Ask for CHI-CHES-TER DIAMOND BRAND PILLS, for 25 years known as Best, Safest, Always Reliable
SOLD BY DRUGGISTS EVERYWHERE

Notice.

To improve a portion of N. Cottage street, D street and Seventh street in the city of Salem.

Notice is hereby given that at the regular meeting of the common council of the city of Salem, Oregon, held April 20, 1908, a resolution was adopted to improve North Cottage street in the city of Salem, Oregon, between the north line of North Mill Creek and the south line of D street; D street in the city of Salem, Oregon, between the west line of North Cottage street and the east line of Seventh street; Seventh street in the city of Salem, between the north line of D street and the south line of the Fair Ground Road, in the following manner:

By establishing a permanent grade on said streets between said points.

Said improvement shall include intersections and be continuous, extending from the north line of North Mill creek to the south line of Fair Grounds Road, and said streets along the center thereof for a width of 16 feet shall be excavated to a depth of 10 inches below the grade of said streets, and when so excavated, shall be filled with clean creek or river gravel, so the surface of said improvement shall be level with the grade of said street. Said dirt so excavated shall be used in making a uniform grade so said street for full width will have proper drainage.

The cost of said improvement shall be assessed on abutting and adjacent property, as provided in the charter of said city.

Remonstrances against the above improvement may be filed within 20 days from the date of the first publication of this notice.

By order common council, W. A. Moores, recorder.

Date of first publication of this notice, April 22, 1908. 4-22-10t

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CASTORIA.
Bears the Signature of Chas. H. Fletcher. The Kind You Have Always Bought

SUMMER SCHOOL

The first term of the Summer Normal opens on May 4 and continues eight weeks.

The second term opens on June 29 and continues until the August examination.

Classes will be formed in all the branches for state and and county papers. Tuition each term $10. The class in Primary Methods begins on June 15 and continues 12 days. Tuition $7.50

Special work will be given 8th grade pupils.

Address, J. J. KRAPS, Salem, Or.

WHITE BRONZE MONUMENTS

Never chip, crack tarnish, moss or corrode. The only kind that never need cleaning. For the truth of the above see them in all the Salem and many of the county cemeteries; some of them have been there for 22 years. If you want the very best at living prices call on or address 458 Mill St. Phone 1284, Salem, Or.

T. B. WAIT.

DR. KUM

WONDERFUL CHINESE DOCTOR

Will treat you with Oriental herbs and cure any disease without operation or pain.

Dr. Kum is known everywhere in Salem, and has cured many prominent people here. He has lived in Salem for 20 years, and can be trusted. He uses many medicines unknown to white doctors, and with them can cure catarrh, asthma, lung troubles, rehumatism, stomach, liver and kidney diseases.

Dr. Kum makes a specialty of dropsy and female troubles. His remedies cure private disease when everything else fails. He has hundreds of testimonials, and gives consultation free. Prices for medicines very moderate. Persons in the country can write for blank. Send stamp.

If you want some extra fine tea, get it from us.

DR. KUM BOW WO CO.

GERMAN BAKERY AND CONFECTIONERY

Now under new management
SCHLERET & SCHNEIDER
Proprietors

Complete line of fresh and up-to-date bakers goods delivered to all parts of the city free. We are proud of our party and wedding cakes, delivered on short notice. Give us a trial is all we ask.

Store corner Twelfth and Chemeketa Sts. Phone Main 961.