

He Knows

Consult your doctor freely about medical matters. He knows. Trust him. Do as he says. Follow his advice.

Talk with your doctor about Ayer's non-alcoholic Sarsaparilla. Ask him if he prescribes it for pale, delicate children. Ask him if he recommends it when the blood is thin and impure, and when the nerves are weak and unsteady. Ask him if it aids nature in building up the general health.

CONSCIENCE NO BAR TO PUGILISTIC STRATEGY

After Terry McGovern went to defeat at the hand of Young Corbett six years ago his one ambition was to win back the honors he had lost. Three times rematched with his conqueror he trained hard and long, putting his whole mind into the task. Three times the match fell through, and Terry, bitterly disappointed, returned to his home. It was not entirely on fighting ability that Young Corbett won the fourth fight at San Francisco. He used a trick that should be barred from all competitions, and that is barred from amateur events where money making and the spirit of professionalism do not enter. Young Corbett knew that Terry was excitable and likely to lose his head under certain conditions. Before the fight he planned a way to take advantage of this fact. In the ring, as soon as the fight began, he talked to Terry. He taunted him with his former defeat, called him a "quitter," asked him why he didn't "lie down like he did in Hartford," and when all of that failed, made an offensive remark about Terry McGovern's wife. That last was beyond endurance, Terry lost his head, fought wildly, and went down to defeat in consequence.

After the fight Terry's heart was nearly broken over his failure to avenge the insult that had been offered him in the ring. The little champion went back to his training quarters. He was alone, as fighters too often are after defeat. The gardens were deserted. The crowd was following the winner. Terry went out among the trees and sat down on a big stone. He felt his loneliness keenly, for not even his trainers had yet returned to the deserted camp.

After a while a little Italian boy from across the way came out to Terry, bringing him a letter. It was from Terry's wife. It should have reached him before the fight, but had come too late.

"I can't read it now," said Terry, his eyes filling with tears as he recognized the well known writing. "You read it for me."

The Italian boy opened the letter and began:

"Dearest Terry: X. X. X. X. X. These are kisses from the baby. We are all sending our love, and you know that we are thinking of you and hoping you will win. It means so much to us, Terry, dear. The boys are telling me that Young Corbett will try every way he can think of to make you lose your head. But, Terry, just remember that you are fighting for your wife and the babies. Don't mind anything he may say. Don't even think of it until you have won. When he begins to talk just think of me and remember that I want you to keep cool."

This was as much as Terry could stand. He rolled off the stone, lay beside it on the grass, and sobbed like a child. If that letter had only come a day sooner!—From "Fighters in Real Life," by Robert Edgren, in The Outing Magazine for March.

Rheumatic Pains Relieved.

B. F. Crocker, Esq., now 84 years of age, and for 20 years justice of the peace at Martinsburg, Iowa, says: "I am terribly afflicted with sciatic rheumatism in my left arm and right hip. I have used three bottles of Chamberlain's Pain Balm and it did me lots of good." For sale at Dr. Stone's drug store.

Let us see, did not an Oregon senator's daughter marry a baron of France?

Fill the Tank

with gasoline if you want the motor-car to go. The oil supplies the power that makes the wheels turn round.

The human machine is set in motion in the same way by

Scott's Emulsion

Folks are like motor-cars. At times they get run down. Scott's Emulsion is full of power. It not only produces flesh but gives new power to weak bodies.

All Druggists: 50c. and \$1.00.

Says He Would Go to Hell for the People of Oregon.

In the March American Magazine Lincoln Steffens tells the romantic story of "W. S. U'Ren, the Law-Giver." U'Ren is the man who, by all sorts of compromises with politicians, has succeeded in securing for Oregon some of the best and most practical laws ever passed in the country. Here is U'Ren's explanation of how he has satisfied his conscience, as reported by Mr. Steffens: "I was at his home, a small cottage on a point of land that looks up the Willamette river to the famous falls. It is a very humble home, but spick and span; his wife, a New England woman, sees to that, and she made the rag carpets on the floor, and she makes the warm welcome that is in the air. One afternoon, when the country lawyer was telling me his story, the 'wrong as well as the right of it,' and we were in the midst of one of his deals, his wife looked into the parlor and asked him if he wouldn't get her some wood. He rose and went out to the woodshed; and, as he chopped, I said: 'How well off are you, U'Ren?' 'He rested his ax to answer: 'I thing,' he said, 'that I am one of the richest men in Oregon.' 'How is that? Have you made money?' 'My earnings average about \$1800 a year. But that isn't what I mean. I haven't any money, but I haven't any wants either, not for myself.' 'What about your conscience?' I persisted, 'What have those compromises with corruption cost you?' 'Nothing,' he said 'I never have done a dishonest or a dishonorable thing.' 'No, but you have made bargains with the devil to get him to pass your laws. You remember Moses. He also broke the covenants of the Lord, and you know what happened to him. He was taken up where he could see the Land of Promise but he wasn't allowed to go over to it. Why won't it be so with you? You may have saved the people of Oregon, but haven't you lost your own soul? Won't you go to hell?' 'He was looking down while I spoke, and he didn't see that I was speaking half in fun. Evidently he considered the prospect seriously, for after a moment, he looked up steadily at me, and in even tones answered out of his deliberation. 'Well,' he said 'I would go to hell for the people of Oregon.'"

A Notre Dame Lady's Appeal.

To all knowing sufferers of rheumatism, whether muscular or of the joints, sciatica, lumbago, backache, pains in the kidneys or neuralgia pains, to write to her for a home treatment which has repeatedly cured all of these tortures. She feels it her duty to send it to all sufferers FREE. You cure yourself at home as thousands will testify—no change of climate being necessary. This simple discovery banishes uric acid from the blood, loosens the stiffened joints, purifies the blood, and brightens the eyes, giving elasticity and tone to the whole system. If the above interests you, for proof address Mrs. M. Summers, Box R. Notre Dame, Ind.

Potatoes after potatoes is not so good for potatoes, as a rule, as it is for scab and blight.

For some reason not fully explained any of the small grains do well after potatoes.

Kodol is a scientific preparation of vegetable acids with natural digestants and contains the same juices found in a healthy stomach.

Each dose will digest more than 3000 grains of good food. Sold by all druggists.

Farmer Hurt in Runaway.

Robert Bollier, a well known farmer, was seriously injured when his horse ran away Thursday while crossing the big steel bridge. He is laid up in the Salem hospital with a badly broken leg and possible internal injuries. By good fortune, Mrs. Bollier, who was also in the buggy at the time with her baby, escaped injury. The horse having been brought to a stop after Bollier had fallen out between the wheels, in addition to the broken leg, which he secured by falling between the wheels, Bollier was severely kicked.

Frank Labor pronounces his name as though it were spelled "Lawlor."

The most frequent mispronunciation is "Laylor," but the popular little comedian of "Coming Thro' the Rye" sometimes has to stand for "Lallor."

PLEASANT SMILES ARE THE WORLD'S RIGHT

The Sour-Faced Man or Woman Is an Enemy of Society.

What's the use of stifling all the laughs and smiles and good thoughts that are inside you? Heaven knows there are in the world tears enough that can't be helped! Whenever you feel like laughing, go ahead and laugh, says the April New Irea, editorially. When you feel like singing, go ahead and sing out good and loud. It will break the clouds of the worry-disturbed atmosphere; it will shake away the miserable little troubles that come hanging around, bothering one and interrupting and making fusses all the time. Don't let trouble down you. Put on your steel armor of good thoughts. Get out your broomstick of optimism and when trouble comes along hit him one big, beautiful swoop. Then run away so he can't catch you. Don't laugh—this isn't a joke—it's "for real."

Some people have a fool idea that to keep young and happy is to be regardless of the serious matters of life. But the real serious matter in life is to be courageous. Force yourself to say the pleasant, bright things that come to your mind.

Hard? Of course it is! But it is a good fight, this one against allowing one's self to be submerged in personal griefs, and out of it you can come a conqueror if you will. But there is always a remedy for a heavy heart. It may be in good, hard, all-absorbing work—it oftenest is.

It may be in thinking out the joys that have been given to you, and the sorrows from which you have been saved. It may be helping others by sympathy or in whatever way help is most needed, in forgetting self entirely, and in remembering and relieving the needs of others as far as possible, or in thinking out what the future holds until your heart grows light and the world seems full of sunshine.

Lovers

of good health should prevent sickness instead of letting themselves get sick and then try to cure it. So long as you keep your liver, bowels and stomach in a healthy and active condition you won't get sick. Ballard's Herbine relieves constipation, inactive liver and all stomach and bowel troubles. Sold by all dealers.

We hear about "shooting off your mouth" and "shooting off a gun,"

but he is a mighty poor marksman who doesn't oftener hit the mark with the last than the first.

IF YOU KNOW.

The merits of the Texas Wonder, you would never suffer from kidney, bladder or rheumatic trouble. \$1 bottle, two months' treatment, sold by S. C. Stone's drug store, or by mail. Testimonials with each bottle.

There are many indications that roots are being given more consideration than formerly as desirable forage for livestock.

The acre is an abundant producer of them.

A Swollen jaw

is not pretty nor pleasant. Whether it's caused by neuralgia, toothache or accident, Ballard's Snow Liniment will reduce the swelling and relieve the pain. The great and sure cure for rheumatism, cuts, burns, bruises, scalds—any and all aches and pains. Sold by all dealers.

Marion County Court.

Cincinnati L. Brown was appointed administrator of the \$500 estate of Wm. Lavery yesterday by Judge Scott.

The will of George T. Wait was opened before County Judge Friday, and it was found that he had left his entire estate to his wife, Rebecca K. Wait, in trust for their children. Orders to sell real estate were made in the estates of Sigmund Storassli, deceased, and Don Carlos Stewart, a minor.

BAD BREATH

"For months I had great trouble with my stomach and used all kinds of medicines. My tongue has been sorely as green as grass, my breath having a bad odor. Two weeks ago a friend recommended Cascarets and after using them I was completely cured. I don't know how long I shall remain cured, but I feel sure that they have entirely cured me. I have never had any more trouble from such troubles. Cass. B. Hooper, 114 E. 11th St., New York, N. Y."



Finest, Pleasant, Pleasant Taste Good, Do Good, Never Stains, Washes or irritates. Do not use Cascarets in milk. The genuine name is Cascarets. Guaranteed to cure or your money back. Sterling Remedy Co., Chicago or N.Y. 50c. ANNUAL SALE, TEN MILLION BOXES

FOR COUGHS **KING OF CURES** FOR COLDS

THE WONDER WORKER

FOR THROAT **DR. KING'S** AND LUNGS

NEW DISCOVERY

FOR COUGHS AND COLDS

PREVENTS PNEUMONIA

I had the most debilitating cough a mortal was ever afflicted with, and my friends expected that when I left my bed it would surely be for my grave. Our doctor pronounced my case incurable, but thanks be to God, four bottles of Dr. King's New Discovery cured me so completely that I am all sound and well.—MRS. EVA UNCAPHER, Grovertown, Ind.

Price 50c and \$1.00 **ABSOLUTELY GUARANTEED!** Trial Bottle Free

SOLD AND GUARANTEED BY **J. C. PERRY**



Gus Weinburg, the Original "Burgo master," in the Comic Opera of That Name.

Constipation, or irregularity, is very often the cause of sick-head-ache, the great preventative and cure of headache. Druggists sell it for 25c.

Irritation of the throat and hoarseness are relieved immediately by two or three little swallowings of Kemp's Balsam, the best cough cure. Grip patients should make a note of this.

Notice to Improve a Portion of Street.

Notice is hereby given that at a meeting of the Common Council of the City of Salem, Oregon, on March 16, 1908, a resolution was adopted to improve High street between the north line of State street and the south line of Court street, in the following manner:

First: By grading the roadway of said street between said full width from curb to curb to proper subgrade.

Second: By paving the space between the rails and one and one-half feet outside of the rails of the Oregon Electric Railway Company with vitrified brick, in accordance with the plans and specifications of the proposed improvement of the street railway track of the Portland Railway, Light & Power Company, State street, the cost of said improvement to be assessed against the right of way of the said Oregon Electric Railway Company.

Third: By paving said roadway save and except the space between the rails and one and one-half feet outside of the rails of said railway track of the Oregon Electric Railway Company, with Warren's Bitumastic water-proof pavement. The cost of said improvement to be assessed against the owners of adjacent property, provided in the charter of said city.

Remonstrances against the above improvement may be filed with the City Clerk within 20 days from the first publication of this notice.

By order of Common Council, W. A. MOORES, Recorder.

Date of first publication of this notice, the 20th day of March, 1908. 3-20-08

Bad breath has probably kept off more matches than bad temper, and that's a good many. The cure for bad breath is the tonic-active, Lane's Family Medicine.

ALL THE "CLEVER" STYLES IN SPRING AND SUMMER SHOES

FOR MEN, YOUNG MEN AND BOYS FOR LADIES, YOUNG LADIES AND GIRLS

May be found in our immense stock—the largest selection in Salem. Our PRICES are no higher than the ordinary sorts, while our MAKE, FIT, and STYLE are superior.

SPECIAL AGENTS FOR HANAN'S SHOES



444 State St.

Phone 442