

# THE WHOLE YEAR ROUND.

Women Everywhere Use Pe-ru-na.



MRS. JOHN UNDERWOOD



MRS. LYDIA H. JESSELYN



MRS. EMILY KELLOGG



MRS. JOSEPH VITTUR

### Suffered With Stomach.

Mrs. John Underwood, 530 W. Walnut St., Columbus, Ohio, writes: "Having had catarrh and stomach trouble and having suffered very much, I, after being doctored a long while, as a last resort took Peruna. The result was wonderful. I would highly recommend it as a good remedy. I still use Peruna and would not be without it. I always have it in the house."

### Catarrh and Stomach Trouble.

Mrs. T. Froeh, R. R. No. 1, Hickory Point, Tenn., writes: "I am happy to tell you that I am cured of catarrh. I have followed your good and kind advice faithfully. I bless the day when I wrote you of my condition, and I will always praise Peruna. I think it is one of the grandest medicines on earth."

"Having been afflicted with catarrh and stomach trouble for seven years and after having tried four different doctors they only relieved me for a little while. I gave up all hope of being cured. I only weighed 150 pounds, and was so weak I could hardly get around the room."

"I was induced to try Peruna, and to my great surprise I am now entirely well. My weight is now 185 pounds, my health never was better in my life."

"I shall always praise Dr. Hartman and his remedies." Thousands of families have learned the use of Peruna and its value in the treatment of catarrhal ailments.

**Tired, Worn-Out Mothers.**  
Mrs. Lydia H. Jesselyn, 501 Westminster St., Providence, R. I., is Treasurer of the Editors League of Rhode Island, chartered in Providence. She writes: "My experience with Peruna has been most gratifying. Last winter I contracted a severe cold, and for several days I coughed until my voice failed me. When other remedies did me no good, I decided to try Peruna, and within four days the cold was broken up, and the cough abated."

"Within another week an increase in my usual strength and vitality told me that Peruna was doing all that it promised, and more. I also consider it very superior for tired, worn-out mothers, and have advised several to try it, and have seen most gratifying results from its use. I give it highest praise."

**Bowel Trouble.**  
Mrs. Maggie Durbin, 1322 North St., Little Rock, Ark., writes: "I was troubled for five years with a chronic disease. I tried everything I heard of, but nothing did me any good. Some doctors said my trouble was catarrh of the bowels, and some said consumption of the bowels. "One doctor said he could cure me. I took his medicine two months. But it did me no good."

"A friend of mine advised me to try Peruna and I did so. After I had taken two bottles I found it was helping me, so I continued its use, and it has cured me sound and well."

"I can recommend Peruna to any one, and if any one wants to know what Peruna did for me if they will write to me I will answer promptly."

Peruna is a household remedy of great merit, and is useful in many climatic ailments, such as coughs, colds, sore throat, bronchitis and catarrhal diseases generally.



MRS. LENA R. MOUDY



MISS BESSIE B. FARRELL

**Biliousness, Indigestion.**  
Mrs. Lena R. Moudy, 530 Caywood St., Portland, Oregon, Sec'y Royal Tribe of Joseph, writes: "For the past six years biliousness and pains in my back and limbs made life miserable to me. My skin was sallow and dry, and indigestion was added to my troubles. I was wakeful at night and would get a weak, faint feeling during the day so that I was not fitted to attend to my regular duties. This caused me serious annoyance and trouble, and I naturally tried many remedies, hoping to get relief."

"Peruna came as a friend in need. It toned up the system, relieved the blood of the poisons and induced a healthy action of the stomach, a fine appetite and restful sleep."

"Within three months I was a changed person, and for nearly a year now I have enjoyed splendid health."

**A Grateful Patient.**  
Mrs. Eliza J. Cazel, R. F. D. 8, Bedford, Ind., writes: "I have been cured by using Peruna and Manalin. I thank you for your advice."

**Restorer of Lost Strength.**  
Miss Bessie Farrell, 1011 Third Ave., Brooklyn, N. Y., is President of the Young People's Christian Temperance Association. She writes: "Peruna is certainly a valuable nerve and blood remedy, calculated to build up the broken-down health of worn-out women. I have found by personal experience that it acts as a wonderful restorer of lost strength, assisting the stomach to assimilate and digest the food, and building up worn-out tissues. In my work I have had occasion to recommend it frequently, especially to sick women."

"I know of nothing which is better to build up the strength of a young mother, in fact all the ailments peculiar to women, so I am pleased to give it my hearty endorsement."

**Pe-ru-na a Woman's Friend.**  
Mrs. Elia Embree, Clark, Mo., writes: "I am feeling better than I have felt for years. I can truthfully say that Peruna is a woman's friend. I have no more terrible pains and am stronger than I have been. Your medicine has worked like a charm."

**Bilious Headache.**  
Mrs. Emily Kellogg, 649 S. Lawrence St., South Tacoma, Wash., member of Ladies of the Maccabees, writes: "Three months ago I had an attack of biliousness which threatened to undermine my health and strength. Luckily for me, I tried Peruna at the suggestion of my friends before it was too late."

"I found in a few days time that I did not have the usual sick headache, neither did food nauseate me any longer. In two weeks' time Peruna had completely rid my system of the poison and bile, and I was in a much better condition. My skin assumed its normal color, I had a splendid appetite, and I was in every way improved in health. I used Peruna for a month longer, and it wrought a wondrous change in my entire system. I consider it a most wonderful medicine."

**Nervous Dyspepsia.**  
Mrs. J. C. Jamison, 61 Marchant St., Watsonville, Cal., writes: "I was troubled with cramps in the stomach for six years. I tried many kinds of medicine, also was treated by three doctors. They said that I had nervous dyspepsia. I was put on a liquid diet for three months. I improved under the treatment, but as soon as I stopped taking the medicine, I got bad again. I took the medicine for two years, then I got sick again and gave up all hopes of getting cured."

"I saw a testimonial of a man whose case was similar to mine being cured by Peruna, so I thought I would give it a trial. I procured a bottle at once and commenced taking it. I have taken nineteen bottles and am entirely cured. Have gained in strength and flesh and feel like a different person. "I believe Peruna is all that is claimed for it."

**Catarrh of Head.**  
Mrs. Joseph Vittur, 5709 Erie Austin St., Chicago, Ill., writes: "Your medicine, Peruna, was great benefit to me. I suffered with catarrh of the nose and head for many years. Three bottles of Peruna cured me, after I had considered it impossible to ever be cured again."

"I now always keep Peruna in my house, and recommend it to everyone suffering from catarrh. As one of my children commenced cough I gave them Peruna, and the cough is soon gone."

"This medicine is surely a boon to suffering humanity."

**Pe-ru-na the Family Doctor.**  
Mrs. M. E. Seymour, R. F. D. 2, man, Ga., writes: "I am ready to speak a few words in favor of Peruna and Manalin. I tried them for nearly every ailment of myself and family, and find them all the doctor claims them to be. I have cured me of internal troubles which a doctor could not cure."

## PE-RU-NA IS A HOUSEHOLD NECESSITY IN OVER ONE MILLION HOMES

### ARGUMENT AGAINST THE "FISH WHEEL" BILL

Lower Columbia Fishermen Insist that Fishing Must be Stopped Over the Head of the Tide

(Argument of H. M. Lornston, secretary of Columbia River Salmon Protective association.)  
This bill, while pretending to be for the protection of the salmon of the Columbia, is a bill which the few wealthy fishwheel owners of the upper Columbia are presenting to the voters in an endeavor to retain the unfair and destructive monopoly of catching salmon with fishwheels in the narrows and at the falls of the upper Columbia.  
The initiative petitions for this bill were started after the Columbia River Salmon Protective association was organized for the purpose of stopping fishing for salmon in the Columbia at head of tide, that is, where the river becomes so narrow that the fishwheels catch nearly every salmon that reaches these narrows and falls.  
The fishwheel owners, realizing that throughout the state the sentiment for bona fide salmon protective legislation was growing, got up this trick bill for the simple purpose of confusing the voters.  
Judges, legislators, professional men, scientists, business men and fishermen are represented in this association.  
Leading citizens of the state, seeing that one of the leading industries of the state is threatened with extinction, have come forward to rescue it.  
An opponent to the bill to stop fishing at head of tide at the confluence of the Columbia river with the Sandy—a bill favored by these public-spirited citizens—is opposed to this sham bill of the fishwheel owners. The fishwheel owners were too cautious—though it is alleged the proper term is "too cowardly"—to father their bill, so they hired a discarded deputy of the state fishery bureau to champion a bill which is a trick bill from top to bottom.  
Now, as to the tricks in that bill, in the argument, supporting the

wheelowners' bill a desire is expressed to save our salmon.  
But true to the methods of trickery, section 1—the main question—is not taken up first. Instead, sections 2 and 4 are defended and section 3—the biggest nigger in this legislative wood pile—is sandwiched in between sections 2 and 4.  
That trick, however, is very clumsy and can be easily exposed.  
Section 1 of the fishwheel owners' bill provides that no fishing at night can be carried on in the channels used for commercial navigation.  
That means that the 4000 gillnet fishermen of the Columbia, with an investment of about \$1,500,000, in boats and nets must quit the Columbia if the law passes. The fishwheel owners and Webster know this full well, hence they tried to hide this section in their argument, hoping to thus fool the voters of the state.  
To explain, fishwheels or fish traps are located on the banks or at falls, where they presumably do not interfere with navigation. Wheels and traps are stationary appliances and before they can be erected must secure a permit from the war department, in charge of navigation of our rivers. Thus under this section traps and wheels could fish the entire 24 hours. Traps and wheels are built more or less upon the principle of a cattle corral, the fish strike the fence or leads projecting into the river, follow them and are led into the tunnel of the trap and then into the pot from which they cannot escape. The fence or lead of the fishwheel leads the fish into the mouth of the wheel, when the wheel ceaselessly turning with the aid of the flowing stream, pumps the salmon into a box for the owner to take away once in every 24 hours.  
The gillnets, however, against which this section is directed, are drifting nets, on a submerged sand-

bar one moment, in the channel the next. They catch fish by gilling them, that is the salmon strike the net and put their heads into a mesh when they cannot retreat and their bodies being too large to allow them to get through the mesh. Salmon only gill when the water is muddy in freshet time or at night. When the salmon can see the gillnet they swim around it. A gillnet is only fished at slack tides, on an average of six out of every 24. A gillnet further, to be worked properly must be landed once a week and dried, which takes from one to two days. Thus a gillnet fishes only from 36 to 36 hours out of the 168 hours of every week, while the traps and wheels, stationary appliances, fish day and night the entire 168 hours in every week, as long as the fishing season lasts.  
Thus this section would drive 4000 of our gillnet fishermen from their calling, destroy their property and make in a few years a dozen or so already very rich fishwheel owners manifold millionaires, without protecting our salmon, because the fishwheels in the narrows and at the falls do not permit fish to pass by.  
Year by year these wheels have been so located and improved that where only four years ago the Washington and Oregon upriver hatcheries secured some 20,000 salmon for hatchery purposes, this year but a few hundred were caught. Washington has closed its four upriver hatcheries and Oregon is doing likewise.  
The hatcheries below The Dalles, according to official data, are doing fairly well, considering that this was a poor salmon year.  
Section 2, prohibiting fishing for salmon between the first day of October and the 21st day of December of each year, is absolutely valueless, as far as our royal Chinook salmon are concerned, as this variety almost entirely ceases entering the Columbia the latter part of September or the middle of October during the late Chinook season. The blueback salmon, almost absolutely destroyed by the fishwheels run in June and July. Our silver salmon enter the river in October, November and December, and if the fishwheels were allowed on the Oregon side, they, with their leads would drive in the narrows of the upper Columbia the fish from the Oregon shore to try to find easy

ascent close to the Washington shore, where the wheels and seines owned by the same men who own for silver salmon on the Oregon shore would catch the fish. This section is rather a clever trick on the part of the fishwheel owners. Fishhook for silver salmon on the Oregon side would be stopped, where the river is from four to six miles wide, and when the fish have a fair show to get to the narrows and falls, the places of ascent on the Oregon side would be barred by the leads of the wheels and a rich harvest reaped on the Washington side by the wheel owners.  
The most destructive fishwheels are on the Oregon side of the upper Columbia. Stoppage of fishing from the mouth of the Sandy and up would abolish these wheels. Then Washington would follow with like legislation.  
Section 3 provides that all fishing for salmon shall absolutely stop below a line drawn from Smith's Point across the Columbia river, that is fishing with gillnets must stop from Astoria to the sea, 12 miles from the bar, where the river is from four to six miles wide, where fishing with these nets only averages from 36 to 36 hours out of the 168 hours in each week; where about 75 percent of the gill net fishermen admit with their nets, because in the Columbia from Astoria and up the fish traps have driven the gill netters from their old-time drifting grounds. Another trick to give the salmon to the rich trapmen and wheelmen.  
Some men, noting that yearly some fishermen were drowned at and outside the mouth of the Columbia, have declared out of misplaced sympathy with the fishermen that gillnet fishing should stop at a line crossing the river at Cape Disappointment. The fishwheelmen have in section 3 advanced this line nine miles up the river to Smith Point. This almost absurd trickery here again is plain.  
Section 4, by limiting length of nets is another intended humbug on the voters. The fishwheels could continue serenely getting as they now are to catch every salmon getting to the upper Columbia and the gill netters, the poor men, would be so regulated that they would have to quit the Columbia.  
Section 5, providing for weekly 24-hour closed season would be of

value if the fishwheels were abolished. It is the nature of the salmon to travel, once they enter the Columbia, about eight miles in 24 hours in their efforts to reach the spawning grounds, until they reach the narrows and falls. There they rest for several days in the pools below the narrows and falls and, after having overcome one set of obstructions, again rest for several days. With the fishwheels stretched out as they are, not one salmon in a thousand reaching the upper river would escape the uppermost wheels. A 24-hour weekly closing law would simply give more fish to the richer fishwheel owners.  
It is absolutely necessary that fishing must stop where the river becomes narrow. Every nation and state owning salmon streams had to adopt this policy, or see its salmon destroyed. Canada does not permit any stationary fishing appliances in its rivers and draws dead lines against all fishing away below head of tide. California, Oregon and Washington forbid stationary appliances in their rivers and draw dead lines against fishing where the river becomes narrow. The federal government, through a decision rendered December last by Secretary of Commerce and Labor Straus and confirmed by President Roosevelt, has adopted this principle for Alaska.  
The only exception to this beneficial legislation is the Columbia river, where the fishwheels owners so far have succeeded in retaining their unfair monopoly.  
These men know this monopoly is doomed; they know that the vote of the people will tell them next June "stop destroying our Columbia river salmon industry," and so they got up this apparent sham bill. Verily "whom the gods wish to destroy they first make mad."  
Let the fishwheels be abolished by the passage of the bill presented by the Columbia River Salmon Protective association, and the fishermen will be the first to urge our legislature to enact Sunday-closing law, fairer regulation of open and closed seasons and other laws really protective of the salmon fisheries of the Columbia.  
The fishermen possess only their skill as fishermen and their boats and nets. With the destruction of our salmon their means of earning a

living for themselves and their families is destroyed. On the other hand, the dozen rich fishwheelers own splendid farms and estates in our cities. They and their children do not depend on the salmon for a living, all these men care for is to have a few more of absolute monopoly on the production of our salmon crop which poses our fish.  
We therefore, ask the voters to vote "No" on the fishwheel bill, and to vote "Yes" on which stops fishing at the head of the tide at the confluence of the Columbia with the Sandy.

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