

What Would You Do

If three good physicians should pronounce your case hopeless. If they should decide that you could not live longer than six weeks. And if you should get well, after using only \$12.00 worth of Dr. Miles' Heart Cure and Nervine, what would you advise a friend in like condition to do?

"I have to thank you for saving my wife's life two years ago. We had consulted with the doctor until the third doctor, like the two previous ones, said that nothing could be done for her; that she had better be taken home from the hospital to quietly wait her time, which would not be over 3 weeks at the most. I brought her home, and then I thought probably Dr. Miles' Heart Cure and Nervine might help her, so I got a bottle of each and some Nerve and Liver Pills and commenced to give them to her. We soon saw an improvement, and encouraged by this we continued giving the medicine. We gave her eleven bottles in all of the medicine. She came in occasionally now if she feels the need. I am in the ministry, and have been for 44 years."

REV. P. MILLIGAN,
Genda Springs, Kans.

Dr. Miles' Heart Cure is sold by your druggist, who will guarantee that the first bottle will benefit. If it fails he will refund your money.

Miles Medical Co., Elkhart, Ind

MUNICIPAL WATER SUPPLY

Robert C. Yenny, State Health Officer, Makes a Report on the Same.

The necessity of the various cities and towns throughout the state for an abundant supply of pure and wholesome water and an adequate system for the disposal of sewage becomes greater each year as the population increases and usual sources of water supply become liable to contamination. In many cities, the increase of population has been so rapid that their water and sewer systems, while not in themselves bad, are totally inadequate for present or future needs. This condition of affairs is in a measure of more serious import to the individual city or town than would be the entire absence of a system, as it entails the removal in many cases of an already installed (probable expensive) system, and the installation of another. This leads the board to urge upon cities contemplating the installation of water or sewer system the necessity of securing a source of water adequate for all future needs, and to construct their sewers with the same end in view.

In many cases the board has found that the sewer systems that have been planned are not only inadequate, but faultily constructed, and has found in nearly all instances that this is due to lack of knowledge of those having charge of the plans of the system. No city or town should install a sewer system or water supply except on the approval of its plans by a competent civil engineer, after a thorough investigation of all points involved. As a rule, the city council that attempts this work on their own judgment without competent advice assumes a function never intended, and frequently fastens on their people a never-ending source of expense, trouble and danger.

The board views with decided approval the tendency in Oregon for municipal ownership of water supplies, and believes it to be the ultimate solution of the pure-water problem. So far as the data secured by the board go, municipal ownership in the great majority of cases furnishes a better and more adequate supply, is not more expensive, dispels the suspicion that is often attended with private ownership, and creates a most favorable feeling of civic pride—the most powerful influence at the disposal of boards of health, as well as of any other organization.

The ultimate disposal of sewage is an important problem that sooner or later must be solved by the state. As now disposed of, sewage from cities and towns is led into the most convenient stream, only to render it filthy and frequently the source of greatest danger to other cities and towns, compelled to secure from it their water supply, and the board would urge that some feasible system of treating sewage be installed in every city and town so as to prevent this contamination. This, of course, would apply especially to the smaller

cities and towns situated comparatively near the sources of streams and emptying their sewerage into streams furnishing water to other cities or towns below. The installation of properly constructed septic tanks would eliminate this source of danger to a great extent, and keep our streams in a condition of relative purity.

FEARS ARE REPORTED PROOF AGAINST BLIGHT

Hybrid Bartlett Propagated by Stark Bros. Nursery Said to Have Solved Problem.

(Medford Tribune.)

Wm. Hart Hamilton is planting the first hundred acres of the Alrich tract which he recently purchased at Eagle Point to apples and pears. The land is being divided into five and ten-acre tracts and will be sold on easy terms, the orchards being cared for until in bearing for the purchaser. In all, nearly 1000 acres will be planted. The tract will be called "Rogue River Irrigated Orchards."

Among the trees planted are new varieties of the Delicious and King David. The trees are healthy and strong and apparently equal or superior to native grown nursery stock. Stark Bros. is one of the oldest firms in the country. In addition to having propagated many new species of apple trees, the firm has produced a new pear, a hybrid Bartlett, which is said to resist blight better than any known pear, almost blight proof, while retaining those features that made the Bartlett world famous as a prolific and reliable producer.

This pear is being given a thorough try out in the blight infected regions of California, and it is expected, will prove a success also in the Rogue River valley. George P. Mims of Central Point is the first fruit grower in the valley to give it a trial.

Do Not Crowd the Season.

The first warm days of spring bring with them a desire to get out and enjoy the exhilarating air and sun shine. Children that have been housed up all winter are brought out and you wonder where they all came from. The heavy winter clothing is thrown aside and many shed their flannels. Then a cold wave comes and people say that grip is epidemic. Colds at this season are even more dangerous than in mid-winter, as there is much more danger of pneumonia. Take Chamberlain's Cough Remedy, however, and you will have nothing to fear. It always cures, and we have never known a cold to result in pneumonia when it was used. It is pleasant and safe to take. Children like it. For sale at Dr. Stone's drug store.

It seems Hanford can make more money in Oregon than elsewhere, the way he sticks to our cities.

Piles Cured at Home by New Absorption Method.

If you suffer from bleeding, itching, blind or protruding Piles, send me your address, and I will tell you how to cure yourself at home by the new absorption treatment; and will also send some of this home treatment free for trial, with references from your own locality if requested. Immediate relief and permanent cure assured. Send no money, but tell others of this offer. Write today to Mrs. M. Summers, Box P, Norte Dame, Ind.

The Linn county term of court is taken up largely with boot-legging liquor cases.

Probably it is your stomach and not your heart that causes pain in neighborhood of the heart. If it is, Lane's Family Medicine will give relief. 25 cents at druggists.

Uncle Joe Cannon and some more of them couldn't follow Roosevelt's policies if they wanted to. It isn't in them.

Baby Laugh

It belongs to health for a baby to eat and sleep, to laugh and grow fat.

But fat comes first; don't ask a scrawny baby to laugh; why, even his smile is pitiful! Fat comes first.

The way to be fat is the way to be healthy.

Scott's Emulsion

is the proper food, but only a little at first.

All Druggists, 50c. and \$1.00.

Thousands Have Kidney Trouble and Never Suspect it.

Prevalency of Kidney Disease. Most people do not realize the alarming increase and remarkable prevalence of kidney disease. While kidney disorders are the most common diseases that prevail, they are almost the last recognized by patient and physicians, who content themselves with doctoring the effects, while the original disease undermines the system.

There is comfort in the knowledge so often expressed, that Dr. Kilmer's Swamp-Root, the great kidney remedy, fulfills every wish in curing rheumatism, pain in the back, kidneys, liver, bladder and every part of the urinary passage. It corrects inability to hold water and scalding pain in passing it, or bad effects following use of liquor, wine or beer, and overcomes that unpleasant necessity of being compelled to go often during the day, and to get up many times during the night. The mild and extraordinary effect of Swamp-Root is soon realized. It stands the highest for its wonderful cures of the most distressing cases. If you need a medicine you should have the best. Sold by druggists in fifty-cent and one-dollar sizes. You may have a sample bottle and a book that tells all about it, both sent free by mail. Address Dr. Kilmer & Co., Binghamton, N. Y. Write some Swamp-Root, writing mention this paper and don't make any mistake, but remember the name, Dr. Kilmer's Swamp-Root, and the address, Binghamton, N. Y.

Tom Richardson will probably promise the Stayton people a railroad or two next Saturday.

Love of good health should prevent sickness instead of letting themselves get sick and then try to cure it. So long as you keep your liver, bowels and stomach in a healthy and active condition you won't get sick. Ballard's Herbine relieves constipation, inactive liver and all stomach and bowel troubles. Sold by all dealers.

Gold Dust Flour

Made by THE SYDNEY POWER COMPANY, Sidney, Oregon. Made for family use. Ask your grocer for it. Press and shorts always on hand.

P. B. Wallace AGENT

THE AVENUE—Creams, ices, cigars and confections. Corner of Seventeenth and Asylum avenues. N. O. Baker, proprietor.

Strong and Healthy Poultry



If you feed Coulon's Improved Mash Egg Food

Your hens will be cackling over fresh laid eggs, three times as many as they would lay without this food. You will help yourselves and help us if you do your buying in our line from us.

Good literature on poultry raising free.

TILLSON & CO. 151 HIGH ST. Phone 139.

Bargains

Still closing out my old stock, especially ladies' and children's shoes and slippers.

Prices \$2.25, \$2.50, \$2.75 and \$3.00

Give me a call and see these bargains. Repairing neatly done.

Many Pairs Sold at Cost

Jacob Vogt 345 State St.

OREGON'S OPPORTUNITY

COLONIST RATES from all parts of the United States and Canada to all parts of Oregon and the Northwest will be put into effect by

THE OREGON RAILROAD & NAVIGATION CO.

—and— SOUTHERN PACIFIC COMPANY (Lines in Oregon)

DAILY DURING MARCH AND APRIL, 1908. From the Principal Cities of the Middle West the Rates will be as follows:

FROM	TO SALEM	FROM	TO SALEM
CHICAGO\$38	COUNCIL BLUFFS\$30
ST. LOUIS\$35	OMAHA\$30
KANSAS CITY\$30	ST. PAUL\$30

Corresponding Rates from all other Eastern points. Stopovers at pleasure at all points in Oregon.

The Colonist Rate is the greatest of all homebuilders. Oregon has unlimited resources and needs more people who desire homes and larger opportunities.

Oregon people can accomplish splendid results by heralding this opportunity to all the world. Send Oregon literature giving good reliable information about the state, far and wide. Call on the above railroads for it if necessary.

FARES CAN BE PREPAID

Here at home if desired. Any agent is authorized to accept the required deposit and telegraph ticket to any point. Call on local agent or address.

WM. McMURRAY, General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

General Passenger Agent, Portland, Oregon.

Southern Pacific R. R. Time Card

Time Card No. 52 Effective from December 20th, 12.01 A. M. Toward Portland Passenger. No. 16.—5:53 A. M. Oregon Express. No. 18.—8:40 A. M. Cottage Grove Passenger. No. 12.—2:45 P. M. Roseburg Passenger. No. 14.—9:13 P. M. Portland Press. Toward Portland Freight. No. 222.—6:08 P. M. Portland Freight. No. 226.—10:48 a. m., way fre arrives. No. 226.—11:25 a. m., way fre departs. Toward San Francisco Passenger. No. 11.—11:03 A. M. Roseburg Passenger. No. 17.—6:45 P. M. Cottage Grove Passenger. No. 15.—9:56 P. M. California Press. No. 12.—2:01 A. M. San Francisco Express. Toward San Francisco Freight. No. 221.—2:43 A. M. Portland Freight. No. 225.—11:28 A. M. Way-Fre

TIME TABLE CORVALLIS & EASTERN R.

Trains from and to Yaquina No. 1— Arrives at Corvallis 11:00 Arrive at Albany 8:55 Leaves Yaquina 6:45 Arrives at Albany 11:58 No. 2— Leave Albany 12:25 Arrives at Yaquina 8:15 Trains to and from Detroit Leaves Corvallis 1:40 No. 3— Leaves Albany 7:20 A. M.—6:00, 8:05, 8:05, 8:05 No. 4— Leaves Detroit 1:40 follows, commencing Jan. 16, 1908. Trains for Corvallis. No. 8— Leaves Albany 7:55 Arrives at Corvallis 8:35 No. 10— Leaves Albany 3:55 Arrives at Corvallis 4:35 No. 6— Leaves Albany 7:45 Arrives at Corvallis 8:25 Trains for Albany. No. 5— Leaves Corvallis 6:20 Arrives at Albany 7:10 No. 9— Leaves Corvallis 2:15 Arrives at Albany 2:55 No. 7— Leaves Corvallis 6:00 Arrives at Albany 6:40 No. 11 (Sunday only)— Leaves Corvallis 11:15 Arrives at Albany 11:55 No. 12 (Sunday only)— Leaves Albany 12:35 Arrives at Corvallis 1:15 For further information apply to WM. McMURRAY, Gen. Pass. Agt., Portland, Ore. Jno. M. Scott, Asst. G. P.

Oregon Electric Railway Company

TIME CARD Leaving Salem. Portland and Intermediate local 6:15 Portland and Intermediate local 8:00 West Woodburn, Wilsonville, Astoria, Portland, limited 9:30 Portland and Intermediate local 11:00 Portland and Intermediate local 11:30 West Woodburn, Wilsonville, Astoria, Portland, limited 4:00 Portland and Intermediate local 5:15 Arriving Salem. Portland and Intermediate local 5:25 Portland and Intermediate local 6:45 Portland and Intermediate local 8:00 Portland and Intermediate local 11:15 Portland and Intermediate local 11:45 Portland, Tualatin, Wilsonville, Woodburn, limited 11:15 Portland and Intermediate local 1:15 Portland and Intermediate local 1:45 Portland, Tualatin, Wilsonville, Woodburn, limited 1:45 Portland and Intermediate local 7:15

O. C. T. C.

Steamers Pomona and leave for Portland Monday day and Friday at 10 a. Tuesday, Thursday and Saturday 6 a. m. For Corvallis, Thursday and Saturday at 10 a. m. M. P. Baldwin, agent and dock at foot of Trade St. M. P. BALDWIN.

SALEM WATER COMPANY

OFFICE CITY HALL. For water service apply to this office monthly in