WHY RED BLOOD MEANS HEALTH

BECAUSE IT ENSURES AN ABUNDANT SUPPLY OF OXYGEN.

How Dr. Williams' Pink Pills Make the Blood Rich and Red and Enable It to Absorb Oxygen, the Great Supporter of Life.

In no disease is delay or neglect more dangerous than in anaemia, or poverty of the blood. It is common in young girls and in persons who are overworked or confined within doors and makes its approach in so stealthy a manner that it is often well-developed before its presence is recognized.

In anaemia there is a rapid reduction of the red corpuscles. These corpuscles are the oxygen-carriers in the blood and they also give it its red color. That is why red blood is healthy. As every one knows, the body cannot live without oxygen and, as the red corpuscles become more and more reduced and the supply of oxygen becomes correspondingly less, health becomes impaired.

It is then that the characteristic symptons of languor, paleness of lips, cheeks and gums, dull eyes, loss of appetite, shortness of breath and palpitation of the heart upon the slightest exertion, appear. If neglected the disease slowly and gradually progresses until hope of recovery is gone. But taken in time the disease is readily curable, the specific being a tonic medicine which increases the number of red blood corpuscles thus enabling the blood to carry the life-giving oxygen to all the tissues of the body. Such a tonic as Dr. Williams Pink Pills. These pills have had unbounded success in curing this stubborn disease because of this wonderful property. The cure of anaemia by Dr. Williams' Pink Pills is as certain as anything in medical science.

Miss E. Rae Boyington, of 54 Carroll street, Freeport, Ill., deputy circuit clerk of Stephenson county for the past five years, was cured of anaemia after suffering for three years and she willingly tells of her case for the benefit of those similarly afflicted.

"I became sick with anaemia," she says, "during my senior year in the high school and think it was caused by overstudy and anxiety to pass my examinations so that I could graduate. I became very pale, had but little blood and no strength whatever. I grew dizzy and was hysterical at times. I was not confined to my bed but many days could not sit up. After several months my physician took me out of school, but under his treatment I was helped only temporarily, for one day I would feel better and the next worse. I finally returned to school and took only enough studies to keep me for half a day and again I was unable to stand the strain. I was very discouraged and, as in nearly three years I had grown no better, had about given up hope of getting well.

"When Dr. Williams' Pink Pills were recommended to me by a friend I immediately bought a box, although I laughed some at the idea of taking them. I was soon surprised at my returning strength and the amount of red blood I was getting. I took several boxes of the pills and they certainly did wonders for me. Since taking them I have never been sick nor consulted a doctor. I have plenty of color and can conscientiously say that I have Dr. Williams' Pink Pills to thank for my splendid health during the past five years."

A helpful booklet "Disease of the Blood" giving more information about anaemia will be sent free upon request. If you are suffering from impoverished blood you cannot afford to wait another day before giving Dr. Williams' Pink Pills a thorough trial. They are for sale by all druggists, or will be sent, postpaid, on receipt of price, 50 cents per box; six boxes for $2.50, by the Dr. Williams Medicine Co., Schenectady, N. Y.

The so-called "flash point" of illuminating oil is the temperature at which the oil begins to give off inflammable vapors.

Neighborhood Favorite.

Mrs. E. D. Charles, of Harbor, Me., speaking of Electric Bitters, says: "It is a neighborhood favorite here with us." It deserves to be a favorite everywhere. It gives quick relief in dyspepsia, liver complaint, kidney derangement, malnutrition, nervousness, weakness and general debility. Its action on the blood, as a thorough purifier makes it especially useful as a spring medicine. This grand alterative tonic is sold under guarantee at J. C. Perry's drug store; 50c.

A DAILY PAPERS STUNT

AFTER GREAT FIRE

CLEVELAND PLAIN DEALER BURNED OUT AT NOON, COMES OUT NEXT MORNING ON TIME WITH EVERY AD IN PLACE AND NEWS FIELD COVERED.

The grit that drives the presses of the Cleveland Plain Dealer enabled it last Sunday to demonstrate how pluckily the modern newspaper overcomes seemingly insurmountable obstacles, turning even a destructive fire to its own advantage.

A big newspaper plant, crippled and robbed of its home, turned out on time next morning a complete edition, including 20,000 extra copies, with every advertisement as ordered and with such slight changes in its appearance that only the trained eye could detect them.

Fire broke out in the four-story building of the Plain Dealer at 11 o'clock Sunday morning, with the temperature barely above zero, and completely wrecked the mechanical department. Within an hour the composing, stereotyping and mailing rooms and the job department were in ruins.

Twenty-two linotypes, with the other equipment of the composing room, fell four stories to the basement when the floors collapsed. By nightfall the building that had housed the mechical department was an ice-coated shell, at the bottom of which lay thousands of dollars worth of ruined machinery.

Separated by a fireproof wall from the building where the fire raged, the editorial, business and art departments withstood the attacks of the flames but were deluged with water that froze as it fell. Neither fire nor water, however, reached the "morgue," where are kept the photographs, cuts and biographies indispensable in the publication of an up-to-the-minute newspaper.

As soon as the seriousness of the fire was apparent headquarters were established in the office of the Cleveland Leader, across the street, upon the invitation of that paper. Within an hour the various staffs were assembled, summoned by telephone or messenger.

Those first to arrive were hurriedly formed into squads and organized efforts begun to save the effects of the business, editorial and art departments, the hopelessness of attempting to rescue anything from the mechanical department being evident from the first.

With water-soaked and ice-covered assignment book under his arm, the city editor hastened across the street and, with fire engines puffing and firemen shouting outside, marshalled his staff and soon had it "covering" the city as if nothing unusual had happened, and long before it was known where the next morning's paper would be printed.

The reporters, to whom fires mean little more than so much hard work, took a look at the blaze, murmured something about "hard luck," exchanged greetings with the half-frozen firemen and were on their way, for there was a paper to be got out and news is impatient.

The advertising manager found himself facing a different situation, and one that demanded quick action and hard work. All the ads that had been set were a jumbled mass of icy type in the debris of bent and twisted machinery at the bottom of the building. Along with them, when the floor fell, went the foreman's desk, on which was the schedule of foreign advertising.

It may have been a little disconcerting at first, but if it was the advertising manager didn't show it. The first thing he did after taking in the situation was to give an order. He followed it with others in quick succession. Before the crowds of spectators had tired of watching the fire, the copy of every ad had been duplicated and, in addition, other advertisers made demand for space in next morning's paper.

The loss of the foreign advertising schedule presented a problem. Before he started to wrestle with it, the advertising manager decided to take a look into the burning building. With the foreman of the composing room and an assistant he went to the fourth floor and peering down into the ruins saw a piece of yellow paper fluttering in the wind on the wreck of the foreman's desk. He rubbed his eyes to make sure that he saw aright. Then his heart thumped.

It was the indispensable schedule. How to get it was the question that had to be aswered quickly. His companions came to the rescue, crawling down into the heart of the wrecked building and returning with the yellow slip.

What the city editor and the advertising manager were doing did not concern the foreman of the composing room and his assistants. He had a few barriers of his own to surmount and he wasted no time in starting. The floors of the burning buildings had not fallen when the foreman had arranged for a new supply of head and advertising type for immediate delivery, informed his men that they should be prepared for some quick work and waited to learn where the sign of the Plain Dealer was to be hung that evening.

He didn't have to wait long. In quick succession the entire plants of the Leader, News and Press were placed at the paper's disposal, and Charles A. Otis, proprietor of the News, who was in New York city, jumped on the first fast train to offer his personal assistance if needed. That of the News, an afternoon paper, was chosen, and the News forces had scarcely left their desks and machines when those of the Plain Dealer moved in.

The Plain Dealer was off the presses promptly on time. The fire had spared the mailing lists, which were found coated with ice, under charred mail-bags in the ruins, and every subscriber found his paper at his breakfast table.

Plans for a steel and concrete building were under way before the fire was out, and orders placed for the latest improved equipment.

The sextuple presses escaped the flames, but were damaged by water and short-circuiting of the motors. Attention first was given to the color press, and it is probable that the Sunday magazine will be printed in colors as usual Sunday.

$100 Reward $100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.

Address F. J. Cheney & Co., Toledo, O.

Sold by all druggists, 75c.

Take Hall's Family Pills for constipation.

Death of H. R. Powell.

County Commissioner H. R. Powell died at his home at Brownsville Monday night, at the age of 63 years. He was one of Linn county's best known pioneers, a man who played his part well in the upbuilding of Linn county, and was held in high esteem by all. A resident of Brownsville for many years, his death is particularly a matter of sorrow for the people of that city who knew him so well.

He leaves a wife, one son and three daughters to mourn the death of a splendid husband and father.

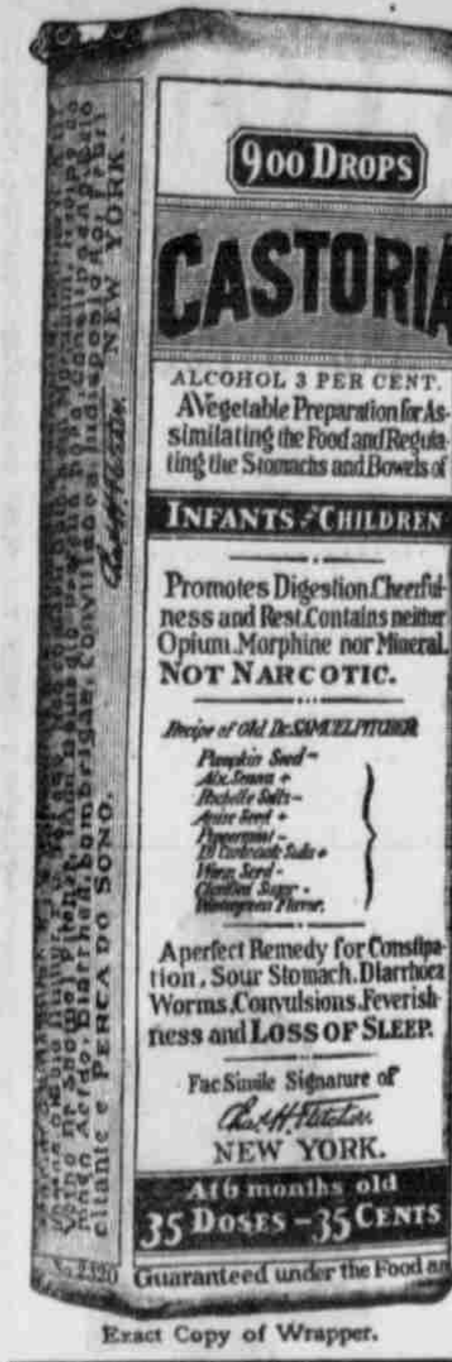
Mr. Powell was born in Jackson county, Mo., coming with his folks to Oregon when a boy of about 17, settling near Brownsville, where he resided thereafter, until four or five years ago when he moved into the city. He was in the Indian war of 1855-56, serving as 4th sergeant, under Capt. John Keeney, afterwards serving under Capt. Settle in the Yakima Indian wars. He was married twice, and leaves a wife and four children, W. S. Powell and Misses Lenore and Elsie Powell, of Brownsville, and Mrs. Lulu Ross, of Portland. He was a member of the Baptist church.

The funeral service will take place tomorrow at the Baptist church, Brownsville, at 1 o'clock.

The death of Mr. Powell will leave a vacancy in the county commissioners board, which, it is said may be filled by the county court until the June election, when a successor will be elected for two years.—Albany Democrat.

IF YOU KNOW.

The merits of the Texas Wonder, you would never suffer from kidney, bladder or rheumatic trouble. $1 bottle, two months' treatment, sold by S. C. Stone drug store, or by mail. Testimonials with each bottle.



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CASTORIA

For Infants and Children.

The Kind You Have Always Bought

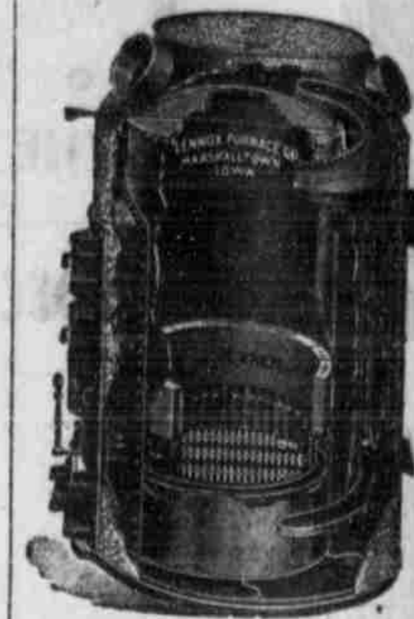
Bears the Signature of *Chas. H. Fletcher.*

In Use For Over Thirty Years

CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

TORRID ZONE FUNARCE



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THE BEST ROAST THE FAMILY EVER HAD

Can be obtained from our prime tender and juicy beef, mutton or pork. All our meats are selected from the choicest, and prepared for the table to suit the demands of the fastidious. Our prices are lower for quality than you can find at any place in Salem,

E. C. CROSS,
Phone 291. 370 State

Are You Interested In Saving Your Money?

Of course you are. That's why we advertise. We carry one of the best stocks of wagons and implements in the city, and it is to your interest as a money-saver to call and see our line—no matter whether you buy or not, we know that you know a bargain when you see it, and that you will be sure to tell others about them. We carry a complete line of wagons, buggies, farm implements, all kinds of farm and mill machinery, paints, oils and varnishes. First class blacksmithing and horse shoeing also done.

We take second-hand vehicles and machinery as part payment on all new cash orders.

Keep your money at home by buying what you need at home, and at the same time see what you're getting.

GEORGE B. JACOBS
R. F. D. 8' - - Salem, Or.

Gold Dust Flour

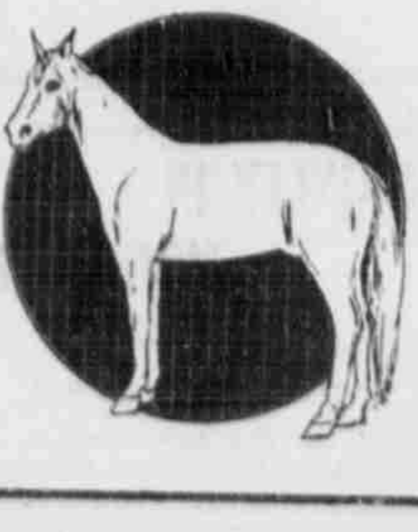
Made by THE SYDNEY POWER COMPANY, Sidney, Oregon. Made for family use. Ask your grocer for it. Bran and shorts always on hand.

P. B. Wallace
AGENT

SALEM WATER COMPANY
OFFICE CITY HALL.
For water service apply at office. Bills payable monthly in advance.

THE AVENUE

Creams, ices, cigars and confections. Corner of Seventeenth and Asylum avenue. N. O. Baker, proprietor.



A GOOD-LOOKING HORSE

is always included in our livery service. You needn't be ashamed to meet any body while enjoying a ride in one of our rigs. You can have all the pleasure of a private stable without either the bother or the expense. Just let us know and the rig you want will be at your command.

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Is Self-rising. It makes Genuine Brown Bread, Toothsome Quick Biscuit, and a

GLORIOUS BOILED PUDDING

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HOLLISTER'S
Rocky Mountain Tea Nuggets
A Busy Medicine for Busy People.
Brings Golden Health and Renewed Vigor.

A specific for Constipation, Indigestion, Liver and Kidney Troubles, Pimples, Eczema, Impure Blood, Bad Breath, Sluggish Bowels, Headache and Backache. It's Rocky Mountain Tea in tablet form, 35 cents a box. Genuine made by HOLLISTER DRUG COMPANY, Madison, Wis.
GOLDEN NUGGETS FOR SALLOW PEOPLE

CHICHESTER'S PILLS
THE DIAMOND BRAND.

Ladies! Ask your Druggist for Chi-ches-ter's Diamond Brand Pills in Red and Gold metallic boxes, sealed with Blue Ribbon. Take no other. Buy of your Druggist. Ask for CHI-CHES-TER'S DIAMOND BRAND PILLS...
SOLD BY DRUGGISTS EVERYWHERE

SEND US YOUR LAUNDRY

Today we have every modern contrivance for turning out the very best laundry work, whether it be a delicate shirt waist, lace curtains, shirts or family washing we're sure you'll be pleased with our work and our prices. Laundry that is done here is sweet, clean and pure, and you'll take great pleasure in wearing it. Three wagons for your convenience.

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136-166 Liberty Street. Phone 25

MADAME DEAN'S FRENCH FEMALE PILLS.

A SAFE, CERTAIN RELIEF for Suppressed Menstruation. NEVER KNOWN TO FAIL. ...
UNITED MEDICAL CO., BOX 74, LANCASTER, PA.

*Sold in Salem by Dr. S. C. Stone.