

PROMINENT HOSPITALS SAY

PE-RU-NA IS EFFICIENT

IN RELIEVING ALL CATARRHAL DISEASES.



SISTERS OF THE GOOD SHEPHERD, MONTREAL.

HOSPITALS ALL OVER THE CONTINENT FIND PE-RU-NA VALUABLE IN TREATING ALL CATARRHAL DISEASES

CATARRH of the respiratory organs is a common ailment in Canada for at least two-thirds of the year.

This condition is no doubt caused by the long, severe winters experienced in this part of the continent.

Therefore, when Peruna was discovered by Canadian people to be a reliable remedy for these catarrhal diseases, it at once became a popular medicine, not only among individuals and in families, but in the great hospitals, where it was used as a preventative and relief in hundreds of cases.

These institutions do not hesitate to give their endorsement of the remedy which has been so helpful in the treatment of their poor and sick.

Among these institutions is that of the Sisters of Good Shepherd, who gave the following endorsement:

The Peruna Company, Columbus, Ohio.

Having used Peruna for the past few months, for our sick and poor, we are happy to say that it has given us great satisfaction.

The Sisters of the Good Shepherd, August 29, 1903.

Montreal.

After a continued use of the remedy, this institution has found no reason to change its good opinion of the remedy and expresses its satisfaction in the following terms:

Montreal, Nov. 7, 1903.

We found Peruna a relief in several cases. We can say it is a good tonic and we are very thankful.

Sisters of the Good Shepherd.

When catarrh once fastens itself upon the system it becomes an obstinate disease to eradicate.

A systemic remedy—one that reaches every internal organ of the body—is an absolute necessity.

Peruna is just such a remedy. It searches out the cause of the disease, healing and strengthening the mucous membranes, and thus giving Nature an opportunity to perform her part of the restorative process.

One of the many hospitals which have found Peruna of value in treating old and obstinate cases of catarrh is the Hospital St. John, who write, as follows:

"We are happy to tell you that your Peruna has given us satisfaction. Three patients have tried it, one 65 years old, Renou Dupuis, afflicted with catarrh, is much relieved, more than he has been for a number of years.

"A young girl, 15 years old, had an obstinate cough, which half a bottle of Peruna caused to disappear.

"As to myself, two bottles have convinced me that Peruna is magnificent as a tonic.

"Before the treatment I could not walk for a quarter of an hour without

experiencing much fatigue. Now I can walk a mile easily.

"Through these three cases we desire to make known to the public the efficiency of your remedy."

Hospital St. John, of St. Johns, Province of Quebec.

A later letter received from the same institution reads as follows:

"Three weeks ago I wrote to tell you how satisfactory we found Peruna. We recommend it highly for colds, coughs, catarrh and neuralgia. I have used it myself as a tonic with the best results, taken as directed, half a teaspoonful every half hour."

Mrs. Etta Booker, Dundurn, Sask., N. W. T., Canada, writes:

"I suffered with pelvic catarrh until I wrote to Dr. Hartman, and after taking treatment as he advised, I can say I am now cured of this most trying affliction, for which I am truly thankful. I think Peruna the best medicine for catarrh. I never felt better in my life than I do at present."

Peruna not only promptly relieves coughs and colds in their first stages, but is equally prompt and efficient for catarrhal diseases in the chronic stage.

Of course, it is only reasonable to suppose that a great deal less medicine will be necessary to cure a slight attack of catarrh than would be required to relieve the ailment after it had been allowed to become chronic.

may be necessary at any moment, for revolutions grow in the West Indies over night. It is comforting to know that only a few hours separate the Cuban capital from the camps and depots of Uncle Sam.

To Cuba the extension means much. It will stimulate travel to it and to the other islands of the West Indies, for the terrors of seasickness practically are abolished. Americans yet may become as familiar with the streets of Havana as they now are with the boulevards of Washington or the avenues of New York and Chicago.

Neighborhood Favorite.

Mrs. E. D. Charles, of Harbor, Me., speaking of Electric Bitters, says: "It is a neighborhood favorite here with us." It deserves to be a favorite everywhere. It gives quick relief to dyspepsia, liver complaint, kidney derangement, malnutrition, nervousness, weakness and general debility. Its action on the blood, as a thorough purifier makes it especially useful as a spring medicine. This grand alternative tonic is sold under guarantee at J. C. Perry's drug store; 50c.

Body Hurled 1000 Feet.

(United Press Leased Wire.)
Bakersfield, Cal., Feb. 12.—Chas. D. House, 24 years old, a boiler tender for the Sunset Road Oil Company, was blown to pieces Tuesday by the explosion of a boiler. His body was hurled 1000 feet.

The Jumping Off Place.

"Consumption had no in its grasp; and I had almost reached the jumping off place when I was advised by Dr. King's New Discovery; and I want to say right now, it saved my life. Improvement began with the first bottle, and after taking one dozen bottles I was a well and happy man again," says George Moore, of Grimesland, N. C. As a remedy for coughs and colds and healer of sores, sore throats and for preventing pneumonia New Discovery is supreme. 50c and \$1.00 at J. C. Perry, druggist. Trial bottle free.

A Portland Fire.

Fire broke out in the big paper warehouse of Blake-McFell, at Portland, about 5:30 yesterday afternoon, and consumed about \$40,000 worth of paper stock.

BUILDING OPERATIONS AND THE TIMBER SUPPLY

Cement and steel and brick and stone are not yet used in sufficient quantities to encourage lumber users to predict the time when the forests will not be called upon to furnish the principal materials used in building operations. Notwithstanding the remarkable increase in the use of cement and other fireproof materials, the last reports of the building operations in forty-nine of the leading cities of the United States for the year, collected by the Geological Survey, show that 59 per cent were of wooden construction.

Even if the remaining 41 per cent of the buildings were built of brick, stone and concrete, vast quantities of wood are consumed both in the construction and in the finish, though in the latter form, metal is taking the place of wood to a very large extent. The amount of lumber given above does not take into consideration this item at all.

While this percentage is representative of the building industry in the United States, dealers point out that it does not include the large quantities of lumber used for the construction of dwellings, stores and other buildings in the thousands of small cities and towns scattered over the country and not included in the 49 cities on which a reckoning was made. In towns and small cities wood is usually the predominant building material and it is safe to say that if the statistics had included figures for all places of whatever size, the percentage of wooden construction would have been much greater. These figures,

as a rule, are only for the corporate limits, and the suburbs of these cities have each very large amounts to be added. The cost, also, is relatively higher in these cities than in towns nearer the base of the supply.

In wooden buildings, New York City is at the bottom of the list, though it leads with \$18,075 as the average cost of buildings. "Except at San Francisco, where abnormal conditions have prevailed since the fire, Boston shows the greatest increase of any of the cities in the total cost of building operations. The average cost of buildings is constantly increasing, having risen over three hundred dollars during the last three years. The average value of a building is given in the report as \$2,035.

Lumber is by far the greatest drain on the forests, and the wonderful development of the country during the past decade has called for the use of nearly forty billion board feet a year. The largest quantity ever reported for a single year was for 1906, when 37 1/2 billion feet, with a mill value of \$621,151,388 was used. Including the value of the lath and shingles used with this amount, the total value of the wood used for buildings is brought up to \$656,796, 513.

The increasing price of lumber and the rapidly increasing use of perfected fireproof systems of construction should have much to do in holding down the amount which the forests are called upon to yield each year, but so far these more substantial materials have not decreased the lumber cut of the nation.

Kemp's Balsam is a safe cough cure, for it contains nothing that can harm you. It is the best cough cure, but costs no more than any other kind. All druggists sell it.

NEW HOUSE MAKES HARRIMAN "TIGHT"

San Francisco, Feb. 12.—The use of telephones in Southern Pacific offices for personal business by employees is at an end. The management has issued an edict to that effect, and it has been approved by E. H. Harriman. While general in its application, the prohibition is particularly aimed at employees in the larger offices of the company in this city, Oakland, Sacramento and Los Angeles.

Two reasons are given for this new order. They are set forth as follows:

The privilege of using telephones by employes for personal matters has been greatly abused, thus needlessly swallowing the annual telephone bills.

A Simple Trick.

It's an easy matter to keep your joints and muscles supple—no matter what your age may be or how you have suffered with rheumatism. Rub yourself night and morning with Ballard's Snow Liniment. Cures rheumatism, stiffness, cramps, crick in the back, side, neck or limbs and relieves all aches and pains. Sold by all dealers.

TEA
Schilling's Best is in packages; never comes out of a bin or canister.

Your grocer returns your money if you don't like it; we pay him

FIGHT TO REDUCE SALEM GAS BILLS.

The Business Men's League at their last regular meeting again took up the fight for cheaper gas, and appointed a committee consisting D. J. Fry, Chas. H. Hinges and Hal D. Patton to secure the passage of an ordinance reducing the rate from \$2 per 1000 feet to \$1.

Chamberlain's Cough Remedy a Favorite.

"We prefer Chamberlain's Cough Remedy to any other for our children," says Mr. L. J. Woodbury of Twining, Mich. "It has also done the work for us in hard colds and croup, and we take pleasure in recommending it." For sale at Dr. Stone's drug store.

NEW NOTARIES.

F. M. Russel, North Bend; W. F. Wooden, Portland; M. S. Levy, Union; Frank W. Smith, Marshfield; Sam E. Van Vactor, Heppner; Jas. M. Sweltzer, Beulah; W. S. Bailey, Murphy; C. W. Rychar, Springfield; G. W. White, Klamath Falls; Amal O. Hooton, Bridge; T. T. Hill, Placer.

A BLOOD CLEANSING MIXTURE

Gives a Fine Remedy Which Can Easily Fix at Home.

All medical authorities are agreed that the blood is the great source of disease or of health in the human system. If the blood is pure, the individual is strong and healthy; if the blood is impure or diseased, there is sickness or decay in the whole system.

Rheumatism is strictly a blood disease. It is caused by excess of uric acid. Sores, pimples, etc., are bad blood. Catarrhal affections are treated through the blood to permanent results. To get well, feel strong, hearty and vigorous, must have good clean blood and of it. You can't clean the blood thoroughly unless the kidneys are made active. Bad blood is clogged, inactive kidneys and which causes, too, such symptoms as backache, nervousness, bladder urinary difficulties and other syphilitic troubles.

Here is a simple home remedy; the recipe for making it up is as follows:

Fluid Extract Dandelion one ounce, Compound Kargon one ounce, Compound Syrup Sarsaparilla one ounce. Shake well in a bottle, take in teaspoonful doses after meal and again at bedtime. The ingredients can be obtained at any good prescription pharmacy at cost.

Here the readers of this paper have a simple yet powerful and effective remedy for all forms of blood kidney and bladder disease which should relieve rheumatism and catarrhal affections and replace weak worn-out indifferent feelings with strength, vigor and health.

THEY HAD THEIR FINES AT THEIR TONGUES

(United Press Leased Wire.)
New York, Feb. 12.—Mrs. H. Stanhope, who brought Enrico Russo, the Italian singer, much pleasant notoriety a year ago, by causing him of annoying her while she was standing near the motion picture in Central Park, was yesterday fined one cent for being ejected. Mrs. Braham, her half-sister, was fined the same amount on a similar charge.

Suffering and Dollars Saved.

E. S. Loper, of Marilla, N. Y., writes: "I am a carpenter and have many severe cuts healed by Ballard's Arnica Salve. It has saved suffering and dollars. It is by the best healing salve I have found." Heals burns, sores, ulcers, fever sores, eczema and piles. Sold at J. C. Perry, druggist.

FEELER MINDED INSTITUTE CONTRA

The Southern Pacific has changed its mind, and decided to put its spur for the State Home for Feeble Minded, and as soon as it is in the board will advertise bids for construction. The present appointed superintendent, H. Bickers, will take charge as soon as the contract for building is let, and Mrs. Bickers will be welcomed back to Salem by the many friends they made when in the reform school work.

RAILROADS NOW RUNS TO KNIGHTS KEY

Cars Run Far Out Into the Gulf and Havana Is Now Only a Few Hours Away—Road Is Important for Military Purposes

Washington, Feb. 12.—War Department officials were advised this week that the first train had been across the Florida keys and that Cuba in reality is more of a neighbor to the United States than ever. Troops and supplies now can be rushed far out into the waters of the Gulf, should occasion demand such a movement, and Havana is within reaching distance. The immense military importance of this extension of the Florida East Coast Line is apparent. The benefits accruing from the great engineering feat pushed through by Henry M. Flagler will be enhanced once the road is completed to Key West. That island is being transformed into a garrison of as much strategic usefulness to the United States as Malta is to England.

According to advices, the inauguration of the steamship service to Cuba was undertaken simultaneously with the arrival of the first train at Knight's Key, the present southern terminus of the road. The steamer "Halifax" made the first voyage, carrying a large list of passengers. The line will boast a number of commodious steamers and will connect closely with the trains.

Aside from the interest taken by the War Department authorities in this railway extension across the waters of the Gulf of Mexico is the excitement aroused in scientific circles by the discovery of some ancient ruins on Knight's Key. The Smithsonian Institution has been advised of these discoveries, and a party of governmental experts may be detailed to make further explorations.

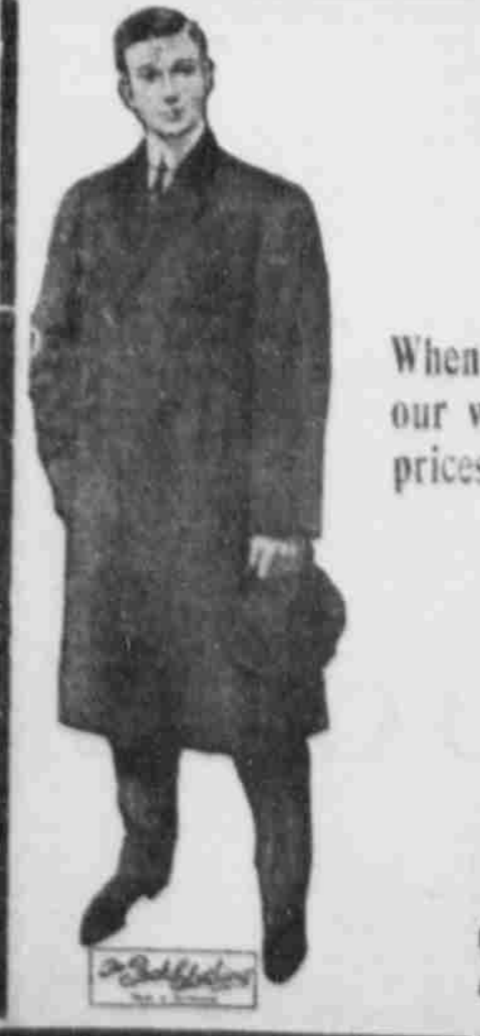
The history of Knight's Key is one of mystery and romance. The little island takes its name from the

fact that early in the eighteenth century a man of proud bearing took up his residence there, transforming the reef into an almost impregnable stronghold. He surrounded himself with adventurers and engaged in the hazardous business of piracy. The business in those days was profitable, for the rich galleons of Spain were prizes worth the daring.

No one appears to know the nationality of this man, although his ships were the terrors of merchantmen of all flags. He dominated the restless spirits by sheer personality, and report has it that he was a renegade noble. When he had leveled on the sea traffic of the day sufficient bloody toll to satisfy his greed he disappeared as mysteriously and as quietly as he came. The band fell to pieces, many of its members deserting to other leaders. Their chief in all likelihood returned to the court from whence he came, there to live royally on his ill-gotten gains.

Without a name during his owner's occupancy, the island was christened by the few adventurers left. Knowing nothing of the name or nationality of their leader, they yet acknowledged his superiority and were convinced he was of noble birth. Thence sprang the name, which has lasted to the present day. Ruins of the chateau have been found in the jungle on the island, and it is believed these ruins will yield up much of historical value.

Governor Magoon, who is in Washington to report to the President on the Cuban situation, is reported as being highly pleased over the extension of the East Coast Line. The big statesman is holding down a job where prompt action



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When you have an opportunity like this of purchasing our well known high-grade clothes at these clearance prices you will do well to stock up without delay.

BISHOP'S READY TAILORED CLOTHES

Regular Prices \$10.00 to \$25.00
Sale Prices \$6.75 to \$18.00

Salem Woolen Mill Store