

THE WRONG WAY.

Many Physicians Try to Cure Dyspepsia by Having Their Patients Starve Out the Disease.

This Method May Ruin the Stomach. To become a physician one must study medical literature for a long time and attend several years at a medical college, dissect at least one human body, pass many quizzes and examinations and at last receive his diploma, which entitles him to the M. D. degree.

Yet all this does not necessarily make a doctor. We have known many graduates with their shoonkins, who could not apply the knowledge they had acquired to relieving and curing a patient of dyspepsia.

They were floored by their first attempt to cure such a patient. They were not to blame for this, for all the knowledge they acquired from medical works was wholly experimental. They were told to try the following:

- Aromatic Ammonia.
- Carbonate of Soda.
- Chloride of Potass.
- Elea Masa.
- Cumebor Water.
- Catcha.
- Charcoal.
- Croonite.
- Hot Water.
- Lime Water.
- Magnesia.
- Mineral Waters.
- Nitric Acid.
- Nitro-Muriatic Acid.
- Nux Vomica.
- Oil of Amber.
- Oil of Cajuput.
- Rubarb.
- Senna.
- Spirit of Landerer.
- Startation.
- Stychnia.
- Sulphur.
- Sulphate of Lime.
- Tincture of Cardamon.
- Toracum.
- Tincture of Ginger.
- Tincture of Iron.
- Toxica.
- Vegetable Bitters.

In the list hot water is the only remedy that will not do more harm than good, and its use is still an unwarmed problem.

If the professor who coaches the athlete would hand him a package of Stuart's Dyspepsia Tablets and tell him that it was a specific for dyspepsia, indigestion, all stomach ailments, and should be his mainstay in such cases, that one grain of these active principle would digest 12,000 grains of food in the stomach and that aided by this remedy the stomach would soon regain its normal condition, he would do the student more good than sending him off with a lot of uncertain knowledge about the cure of these disordered conditions.

The young doctor would gain a reputation by curing his first case of dyspepsia.

The patient cured would sound his praises far and near, as do thousands upon thousands who praise Stuart's Dyspepsia Tablets.

Instead of experimenting with the new medicine in the above list and giving his patients more harm than good, he would always be gaining reputation by always curing his patients.

When he met any indication of a disordered organ, he should discover what hundreds of other doctors have done, the whole trouble started with imperfect digestion and assimilation and take out of his pocket medicine and a few of Stuart's Dyspepsia Tablets, and tell the patient how to use them.

The result would be considered by the patient almost miraculous, and success after success would be obtained by him.

Many blood diseases, skin eruptions and heart troubles yield readily to Stuart's Dyspepsia Tablets, because they cure the incubating cause of dyspepsia. If the stomach is wrong, you are wrong all over.

Stuart's Dyspepsia Tablets are sold everywhere at druggists—50 cents per package.

Send us your name and address and we will at once send you a free sample package free. Address F. A. Stuart & Co., 150 Stuart Street, Marshall, Mich.

Many ministers of the Albany United Presbyterian church have been cured within the past two years.

OBJECTED TO WIFE CHEWING

SHE USED TOBACCO

THE HORSE EDITOR IS OF THE OPINION THAT WOMEN SHOULD NOT BE COMPELLED TO TAKE TOBACCO SECOND HAND IF THEY REALLY WANT IT.

William McCormick wants a divorce from the partner of his bosom, sharer of his joys and sorrows, and worst of all, which William objects to, sharer of his chewing tobacco. William is finicky, particular, and really over-nice. He wants a divorce because his wife chews tobacco. He does not allege that she is any more slovenly or slobbery in her chewing than the average male tobacco chewer, nor does he insinuate that she cannot spit gracefully or accurately. He does not complain that she misses the family spittoon, squirts the dark brown saliva at the stove, or spits in the woodbox like a little man. In fact William's complaint is against the habit itself.

Now to the horse editor this seems a dangerous precedent. What is sauce for the gander is sauce for the goose, and likewise tobacco is as sweet and cleanly and attractive in one person's mouth as in another's. If the fact that a man's wife chews tobacco is sufficient ground for a divorce, why isn't it a ground for divorce when a woman's husband chews tobacco.

And if chewing tobacco is once recognized as grounds for divorce, where will "hubby" get off. The horse editor wots with a great big wot, that "hubby" will be up against it; and when "wifey" wants a new seal collar, or shoes with French heels six inches high, or any little old thing she takes a fancy to, its come through, give up his tobacco, or face the divorce courts.

Of course tobacco seems out of place in a woman's mouth, and the prettier the mouth the more shivery it makes a fellow to see tobacco in it. Just fancy a pretty feminine mouth (not too small, for while small mouths are pretty, the full grown mouth with an upper lip like cupid's bow and the lower just a little bit shy about associating with it, and permitting a suggestion of two rows of pretty teeth; a strong mobile mouth that's the kind that is kissable over and over again) just fancy that kind of a mouth with the tobacco juice dribbling out of each corner.

Pretty tough picture that, and one really sympathizes with William; but still there is another side to the proposition. Imagine that same mouth with lips like carnations allowing itself to come in contact with a husband's mouth, the latter filled with tobacco, flavored with beer and odeliferous of seven other kinds of booze. No William your case will not stand. Far be it from the horse editor to commend the use of tobacco by woman—but still he can see no good reason why, if she must put up with tobacco that she should be compelled to get her's second hand.

Down in Paraguay and that section of South America the ladies (God bless 'em) all use tobacco and most of them chew, all of them smoke cigarettes and many smoke big black stogas that are strong enough to kill a mule or anything else except a Spanish woman. It is the habit there, if one is given a chaste salute by his best girl, for her to gently insert her fore finger and thumb into her mouth and deposit her quid on the rim of her sweet-hearts sombrero, close to the band, where it reposes safely until the oscillatory proceeding are over, when the dope is popped back into the seniorita's mouth, a trifle cold and clammy from long exposure to the air but still toothsome. A Spanish woman can smoke a cigarette so artistically that it really seems to be quite the proper thing, but all the same it makes her breath smell like a man's under the same conditions, that is, like a China junk shop when their N-Y Year is on. And then too it must be remembered that these Paraguay ladies have not the red lips of the ladies up this way. Their lips are brown and harmonize with the tobacco juice.

But this is a digression something the horse editor is prone to. As a matter of fact if Mrs. McCormick

Lard Eaters Should Stop and Think!

There must be something in all this Pure Food Talk. We hear the term "Pure Food" on every hand—Pure Food Shows, Pure Food Laws and Pure Food agitation of all kinds. It simply means that people are awakening to the fact that that they cannot be too careful about the purity of their food and the ingredients which enter into its making.

One of the most fruitful sources of indigestion in the past has been the use of lard. Nine times out of ten, the lard which you buy is not fit for any human stomach. Its source is suggestive of uncleanness and unhealthfulness. It makes greasy, indigestible food, and food which is bound eventually to interfere with digestion.

COTTOLENE is the only rational frying and shortening medium. Wherever exhibited in competition with other cooking fats, it has always been granted highest award. It contains no hog-fat, but is a pure vegetable product, made from the choicest cotton seed oil, and is every bit as pure and healthful as the purest olive oil.

For frying and shortening, you should use nothing but COTTOLENE. It is more healthful than lard; it will go farther than lard, one-third less being required; and it will make your food more appetizing and digestible.

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Never Sold in Bulk COTTOLENE is packed in pails with a patent air-tight top, to keep it clean, fresh and wholesome; also to prevent it from absorbing the disagreeable odors of the grocery, such as fish, oil, etc.

Cook Book Free We shall be glad to send any housewife, for a two-cent stamp, our new "PURE FOOD COOK BOOK," edited and compiled by Mrs. Mary J. Lincoln, author of the famous "Boston Cook Book." Address—

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Nature's Gift from the Sunny South



MARKET REPORTS
SALEM MARKET.

Local Wholesale Market.

- Eggs—22 1/2 c.
- Butter—37 1/2 c; butter fat, 37 1/2 c.
- Hens—10c; mixed chickens, 9 1/2 c.
- Local wheat—85c.
- Oats—35c.
- Barley—\$24 @ \$25.
- Flour—Hard wheat, \$5.00; valley, \$4.00.
- Hay—Cheat, \$13; clover, \$10 per ton; timothy, \$13 @ \$15.
- Onions—2 1/4 c lb.
- Hops—Old, 1 1/2 @ 2 1/2 c; new, 3 1/2 @ 7 1/2 c.
- Chittim bark—4 1/2 @ 5c.

Retail Market.

- Oats—White, \$25 per ton.
- Wheat—\$1.00.
- Rolled barley—\$30.
- Eggs—30c.
- Butter—Country, 30 @ 35c; creamery, 40c.
- Flour—Valley, \$1.20 per sack; hard wheat, \$1.40 @ \$1.50.
- Bran—85c per sack; \$26.50 per ton; shorts, \$1.15 per sack.
- Hay—Timothy, 85 @ 90c per cwt; cheat, 90c; clover, 75c per cwt; shorts, \$1.15 per sack.

Livestock.

- Hogs—Fat, \$5.00.
- Stock hogs—\$4.00.
- Cows—Top, \$2.75; fair, \$2 @ \$2.50.
- Steers—Top, \$3.50; fair, \$2.75 @ \$3.00.

Tropical Fruits.

- Bananas—\$6.
- Oranges—\$2.25.
- Lemons—\$3.50 @ 4.50.
- Veal—Dressed, 5 @ 7c.

Portland Market.

- Wheat—Club, 82c; valley, 82c; blue stem, 84c.
- Millstuf—Bran, \$24.
- Hay—Timothy, valley, \$17 @ \$18; alfalfa, \$12 @ \$13.
- Vetch—\$8.50.
- Poultry—Hens, 11 1/2 @ 12 1/2 c; ducks, 16 @ 17c; pigeons, old, \$1 per doz.

TEA

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The quick relief from pain afforded by applying Chamberlain's Pain Balm makes it a favorite with sufferers from rheumatism, sciatica, lumbago, and deep seated and muscular pains. For sale at Dr. Stone's drug store.

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Phone 122.

Uncertain.
"There is no telling how fame is going to be acquired," said the ambitious citizen.
"No," answered the sardonic person. "Sometimes it comes from doing something great and sometimes from saying something foolish."—Washington Star.

Suffering and Dollars Saved.
E. S. Loper, of Marilla, N. Y., says: "I am a carpenter and have had many severe cuts healed by Bucklen's Arnica Salve. It has saved me suffering and dollars. It is by far the best healing salve I have ever found." Heals burns, sores, ulcers, fever sores, eczema and piles; 25c at J. C. Perry, druggist.

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