

GRIP EPIDEMIC

DISEASE IS OF SHORT DURATION AND RARELY FATAL.

It is During Convalescence That Tonic Treatment is Necessary to Overcome the Extreme Debility and Depression and Prevent Relapse.

For a disease of such limited duration and one which, without complications, is rarely fatal, the grip leaves its victims more debilitated and less able to withstand other disorders than any other. One of our foremost medical writers says: "It is astonishing, the number of people who have been crippled in health for years after an attack." It is a common thing to hear people date various ailments or chronic ill-health from an attack of influenza.

The real danger from the grip is during convalescence, when the characteristic symptoms, the fever, the catarrh, the headache and the depression of spirits pass away. The grip leaves behind it weakened vital powers, thin blood, impaired digestion and over-sensitive nerves—a condition that makes the system an easy prey to pneumonia, bronchitis, rheumatism, nervous prostration, and even consumption. Too much stress cannot be laid on the importance of strengthening the blood and nerves during convalescence.

Mr. Robert G. Yates, of 58 Ellis street, Dubuque, Iowa, who has been employed for several years as a tinner by the Klauer Manufacturing Co. says:

"One day while returning home from work I became suddenly weak. Terrible pains shot through my head and body. I became dizzy and was hardly able to make my way home. The trouble developed into a severe attack of grip and I was confined to my bed for weeks, was restless and sleepless, with constant pains in my limbs. My appetite was gone, I felt away in flesh, was tired out for no apparent reason and became generally miserable.

"Finally, when things were looking pretty blue for me, one day I noticed a piece in the paper about a man living in Kansas who had been cured of a similar complaint by the use of Dr. Williams' Pink Pills. So I decided to try them. I felt better before I finished one box and I kept on taking them until cured. Now I enjoy perfect health and, thanks to Dr. Williams' Pink Pills, I can do a good day's work again. I am as hale and hearty as many men much younger than I, have a splendid appetite and can go to sleep a few minutes after retiring. I might also add that before I began taking Dr. Williams' Pink Pills I had suffered for about 17 years with rheumatism but I have not felt any of it since. They are a wonderful medicine and I have no doubt but that they saved my life."

Dr. Williams' Pink Pills increase the number of red corpuscles in the blood. This is a matter of easy proof by microscopic test. They therefore may be said to actually make new blood. They are the most direct cure known for anemia and all similar conditions. They cure debility and most forms of weakness because they make it possible for the nourishment taken in the body to reach the parts that require it. They cure rheumatism because rheumatism is caused by impure blood, and when they replace the impure blood with pure, the disease is eradicated—not temporarily suppressed, but cured to stay cured. After-effects of grip, fevers and other wasting disease are best treated with these blood making pills because after these troubles the blood is thin, watery and impure, and the health will not be perfectly restored until the vital fluid is made pure and rich. The pills are guaranteed to be free from opiates or any harmful drug and cannot injure the most delicate system.

Dr. Williams' Pink Pills are sold by all druggists, or will be sent, post-paid, on receipt of price, 50 cents per box; six boxes for \$2.50, by the Dr. Williams Medicine Company, Schenectady, N. Y.

The main ledge of the Mountain View mine, near Sumpter, was cut a few days ago. The ledge is 15 feet wide and carries good values its entire width, while small seams are very rich.

Two Tillamook creameries received 8,000,000 pounds of milk during the year 1907.

THE TRAGEDY IN LISBON

Its Ultimate Cause Excessive and Grinding Taxation.

(San Francisco Chronicle.)

The strict censorship which, for months past, has been enforced on the press of Portugal and dispatches for the outside world makes any intelligent comment on the murder of the king and crown prince of Portugal almost impossible. The actual murderers were doubtless of the crack-brained malignant class which is responsible for most political murders. They may or may not have been designated for that crime by some small anarchist circle. Such men are quite capable of themselves both originating and executing such a plot. It is doubtful whether they were hired assassins, for those who will do murder for money are not likely to assume a task which almost certainly involves their own immediate death. It is a fact that there are a few unbalanced men in all countries who do not hesitate to commit political murders in the full expectation that it will cost them their own lives. But they are not hired.

But whatever the immediate impelling cause, the murder of King Carlos and the crown prince was the result of political conditions existing in Portugal whose character is not fully known and which have continued for a very long time. The whole Portuguese population has been under the strain of suppressed excitement under which a good many minds are certain to give way. With such a state of mind permeating an entire people there are certain to be some who are quite ready to devote themselves to destruction in an attempt to remove an obnoxious person. The best safety valve in such cases is full publicity, for there is no people of whom the great majority are not persons of wholesome mind and good intentions. When repression is vigorous the unbalanced become desperate.

Portugal is legally a constitutional monarchy. For a long time past, however, the legislative body has been suppressed as a result of a disagreement with the ministry, and the king has governed as a despot, the prime minister, Franco, being held directly responsible. The disagreement was over taxation. Portugal is a small, poor country, and its inhabitants groan under a taxation of which Americans can have no conception and which nothing could induce them to endure. The agitation for a republic seems to have for its main object getting rid of the enormous expense of the monarchy. All royal families are extravagant, and many are wasteful, profligate and corrupt. Portugal is a country less than one-fourth the size of California, and with a population about the same as Illinois, while its annual expenditures are about \$75,000,000. And that is the ultimate cause of the assassination of King Carlos.

SMILES

The Smiles man has seen flowers blooming out of doors each month during the past twelve.

Hop contracts were always noted for the easiness and elusiveness on both sides.

One young man and eight young women graduate at Monmouth next week.

The Journal will issue the first 1000 Facts of Production issue tomorrow. All can be a factor in the development of the Willamette valley. Will you be a factor—or not? You can tell better when you see the array of facts.

Yes, it is a pleasure to know that Mr. Harritman will build the Riparian-Lewis branch in Washington-Idaho. The money for that line and the \$4,000,000 residences are earned in Oregon. Here all his public promises to build railroads have been most handsomely observed.

New Corporations. Oregon-Wisconsin Lumber Company; principal office, Portland, Oregon; capital stock, \$700,000; incorporators, Lewis Montgomery, E. W. Ring, A. M. Stoddard and Russell E. Sewall.

More Hardware and Implement Company; principal office, Moro, Oregon; capital stock, \$29,000; incorporators, L. R. French, George E. Thompson and Mary Thompson.

AMUSEMENTS

Grand Opera House. Friday, February 7.—"Kerry Gow." Bijou Stock Company all next week.

Auditorium Roller Rink. Morning, afternoon and evening sessions.

The Vaudeville. Moving pictures and illustrated songs, every afternoon and evening except Sunday and Monday afternoons.

KERRY GOW

At the Grand Tonight. Mr. Bernard Daly, who will be seen at the Grand Opera House tonight as Dan O'Hara, in Joseph Murphy's famous drama, "Kerry Gow," is not only an admirable actor but is also the possessor of a phenomenal voice, a tenor which ranges from C below the staff to E natural above. The story of "Kerry Gow" is simple and pure and each succeeding year has endeared itself more and more to the hearts of the public like listening to a good sermon, one feels better for having witnessed it. Its characters are all natural studies, true to life in Ireland. A rich vein of humor and Irish wit runs through the entire action of the play. An interesting scene is the blacksmith shop where Dan O'Hara moulds a horse-shoe and shoes a horse in full view of the audience. Another feature is the famous race track scene and the starting for home of the carrier pigeons, carrying the glad tidings of victory which means the saving of the old homestead of the Drew family, which was about to be seized by the heartless land owner, Valentine Hay. The unctuous humor, the ready Irish wit, the twinkling eye of Bernard Daly, the young comedian, makes him an immediate favorite with his audience and when he sings the many charming Irish ballads his magnificent voice rouses his hearers to enthusiasm. Mr. Daly is pronounced by critics to be the only successor to the late eminent and beloved comedian, W. J. Scanlan. Manager Newell has surrounded Mr. Daly with an exceptionally efficient supporting company and the entire production is carried.

JAPS HAVE REACHED LIMIT OF TAXATION

Advices received at Victoria recently by the Empress of India from Yokohama show that the military party which became dominant in Japan since the Japanese-China war and which has since practically ruled the governments of Japan, is beginning to lose its powers. The middle classes growing up as a result of the progress of industrialism, embittered by the increasing taxation and serious development of the financial situation, is bitterly attacking the militarist, and the recent resignations of the finance and communications ministers are a sidelight of the coming struggle. It is considered that Japan is at the parting of the ways and must abandon her military and naval expansion schemes or impose further burdens on commerce and industry which those who bear them will resent. The time has come for decision between the military and industrial ideal, and it is considered that if the military party is favored Japan will have declared for national bankruptcy.

The military party, it is said, recognizes the crisis, and to postpone it will probably "consent," as the Japanese papers put it, to the reduction of revenue for military purposes. Count Okuma is among the latest recruits to the industrial forces, and in a recent speech attacked further increased taxation for "bloated armaments."

He Told the Truth.

A small boy had taken a prize for an exceptionally well-drawn map. After the examination the teacher, a little doubtful, asked the lad, "Who helped you with this map, Percy?" "Nobody, sir." "Come, now, tell me the truth. Didn't your brother help you?" "No, sir; he did it all."—Sketchy Bits.

The Noose.

Teacher (expectantly)—Now, children, how many of you can tell me what a lasso is? While (hurriedly raising his hand)—Please, ma'am it's a long rope with a running nose at the end.—Judge.

The Chaser.

His Wife—George, I heard you and Mr. Fallup talking about a "chaser" a little while ago a chaser is an animal of some kind, isn't it? Mr. Dhyson—Yes. It's a kind of—or—water animal.—Exchange.

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

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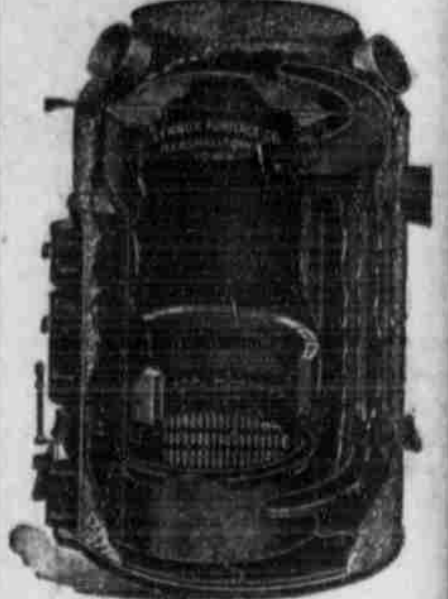
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THE BEST ROAST THE FAMILY EVER HAD. Can be obtained from our prime tender and juicy beef, mutton or pork. All our meats are selected from the choicest, and prepared for the table to suit the demands of the fastidious. Our prices are lower for quality than you can find at any place in Salem.

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Show this to your doctor and ask him if he knows anything better for coughs, colds, bronchitis, whooping cough, croup, and all other throat troubles.