### THE CAPITAL JOURNAL

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#### WATCH YOURSELF GO BY

Just stand aside and watch yourself go by; Think of yourself as "he" instead of "I." Note, closely as in other men you note, The bag-kneed trousers and the seedy coat, Pick flaws; find fault; forget the man is you. And strive to make your estimate ring true, Confront yourself and look you in the eye-Just stand aside and watch yourself go by.

Interpret all your motives just as though You looked on one whose aims you did not know, Let undisguised contempt surge through you when You see you shrik, O commonest of men! Despice your cowardice; condemn whate'er You note of falseness in you anywhere, Defend not one defect that shames your eye-Just stand aside and watch yourself go by.

And when, with eyes unveiled to what you loathe-To sins that with sweet charity you'd clothe-Back to your self-willed tenements you'll go With tolerance for all who dwell below. The faults of others then will dwarf and shrink, Love's chain grow stronger by one mighty link-When you, with "he" as substitute for "I," Have stood aside and watched yourself go by. -Stricklan W. Gilliam in Success.

#### OUR BATTLE-SHIPS

George W. Dickie, as the builder of many ships of war, has an unconcealed contempt of the opinions of such men as Reuterdahl, who is merely a painter of marine pictures, and seems to have no techincal just the thing every sufferer from knowledge whatever of naval vessels except such as he has picked up in conversation with naval officers.

AS FOR THE CRITICISM WHICH WERE MADE IN A RECENT MAGAZINE ARTICLE, MR. DICKIE STATES THAT THEY ALL RE-FER TO MOOT POINTS WHICH HAVE BEEN UNDER DISCUSSION IN Doan's Kidney Pills have my en-ALL NAVIES FOR THE LAST TWENTY YEARS AND UPON WHICH dorsement." THERE IS SOME DIFFERENCE OF OPINION.

The marine artist merely took up with those opinions from which he

could make the most slashing and salable magazine article, Our naval officers and enlisted men may be assumed to have the same dislike to risks outside the line of necessary duty that other people have.

They certainly know all about the ships upon which they sail, and the fact that are proud of them and confident of their superiority and ability to meet the ships of any other nation whatever should be satisfactory evidence to the rest of us that they are as good ships as are

When Mr Dickle comes to express or rather let people infer his opinions of the bureaucratic methods which prevail in the navy he is on Philadelphia Record. quite other ground.

THERE IS NO QUESTION THAT BUREAUS IN THIS AND ALL OTHER COUNTRIES BECOME CONCETTED AND SNOBBISH.

They do not approach with open mind any proposition whatever which originates outside their own number, and in reading Mr. Dickie's amusing tilt with our naval construction board one cannot but wonder that with his long experience he should have ever imagined that the board would ever even consider any designs but their own.

It is, of course, a fact that continued service in any corps has a deadening effect on originality of any kind, and that, prima facia, the design of any civilian naval architect of long experience in building ships of war is almost certainly better than any design which emanates from naval constructors constrained by precedent.

There is also in all military services an habitual deference to seniors in rank which would tend to prevent a junior officer, no matter how talented, from even binting at anything not already sanctified by the approval of those higher up.

There is but one way to get the best designs for our naval vessels, and that is to admit everybody to the competition and submit the designs unmarked by the name of their authors to a board of which no member has offered any design of his own or is connected in any such way as to make it probable that he can detect the authorship of any design.

But nothing but an act of congress will ever cause our navy department to adopt that course.

### OUR PHILIPPINE VENTURE.

In his report on the Philippines, Just transmitted to congress, Secretary Taft, while declinging to commit himself as to the wisdom or necessity of the original acquirement of the archipelago with the years of warfare required to firmly establish our authority, is emphatic in declarian that our course since that time, with the one exception of denying them our market for sugar andtobacco, has been ideal, and that whether considered from the standpoint of the Pilipines themselves or from that of an altruistic nation dealing with an undeveloped people,

He declares, also, that the cost of the enterprise has been grossly exaggerated, and that with the exception of the initial cost, for which hat least, was not responsible. THE TOTAL EXPENSE WILL NOT EX-

CEED \$5,000,000 A VEAR. THAT SUM HE PLACES AS THE EXETRA COST OF MAINTAINING 12,000 SOLDIERS IN THE ISLANDS ABOVE WHAT IT WOULD COST TO MAINTAIN THE SAME NUMBER OF TROOPS AT HOME, TO-GETHER WITH THE MAINTENANCE OF 4000 PHILIPPINE "SCOUTS."

The secretary declares and unquestionably with truth-that if, after taking the islands from Spain, we had given them their independence and sailed away there would have at once ensued bloody anarchy in the islands followed by their conquest by some power other than ourselves which would never have done for the Filipines what we have done

In his opinion, after expelling Seain we had no honorable alternative but to assume control until the Filipinos shall have demonstrated their capacity for self-government, and that whatever the cost we were bound to ammue it.

He also is firm in the belief that the "opportunity" which our lodg- Prices 25c, 60c, \$1.00-Sold ment in the Philippines gives us to secure our "proper proportion of the first-class druggists everywhere.

Asiatic and Pacific trade" is well worth the measly \$5,000,000 a year which it costs us.

It may be so. We need not argue the question with the genial secre-

We cannot, however, forbear hinting that the value of an "opportunity" of which we make not the slightest use, and apparently never intend to, is placed rather high at \$5,000,000 a year.

PT IS SAFEST TO LET IT ALL STAND ON THE BOOKS OF THE RECORDING ANGEL AS SO MUCH TO OUR CREDIT AS AN ALTRU-

If, however, we let their products into our markets, and do not, without any benefit whatever to themselves, compel them to ship their goods in American vessels at double the freight which their Asiatic competitors have to pay, it is quite possible that some time a trade will be created which will be profitable both to the Filipinos and ourselves.

The secretry declares that THE ISLANDERS ARE MAKING GREAT PROGRESS IN THE ART OF GOVERNMENT AND THAT WHENEVER THEY ARE EVIDENTLY ABLE TO STAND ALONE THEY SHOULD BE PERMITTED TO DECIDE FOR THEMSELVES WHETHER TO STAY WITH US OR CUT LOOSE.

Secretary Taft sidesteps responsibility for our original acquirement of the Philppines very neatly.

William J. Bryan, of course, is the one man upon whom that respon sibility must rest, as he it was who by personal pleading secured the lasvote or two which were necessary to the ratification of the treaty.

It is quite possible that Secretary Taft intends to do politics with that episode later.

UNITED STATES SENATE

Following is the list:

Diseases of Cattle.

Diseases of the Horse.

Geological Survey.

Statistical Abstract,

Education.

COMMITTEE ON CLAIMS

Washington, D. C., Jan. 25, 1908.

The Editor:-I give herewith a

list of documents of which I have a

tain information of value and inter-

Year Book of Agriculture 1901-

Report of the Bureau of Anima!

Report of the Commissioner of

Report of the Commissioner of

Report of the Philippine Commis-

Map of the United States.

Rural Free Delivery System.

Report of the Bureau of Soils,

Sincerely yours,

C. W. FULTON.

#### DAYS OF DIZZINESS

Come to Hundreds of Salem People.

There are days of dizziness; Spells of headache, sideache, back-

ache: Sometimes rheumatic pains; Often urinary disorders.

All tell you plainly the kidneys are sick.

Doan's Kidney Pills cure all kidney Ills.

Here is proof in Salem.

I. N. Ridgeway, with the Oregon my quota lasts. Nursery Company and living at 205 Commercial St., Salem, Or., says: "I knew I had kidney trouble because there were pains in the small of my back and twinges when I stooped or Industry. lifted. Even at night the pains were still there, and in the morning I would rise lame and sore. I tired easily and felt languid and sometimes was dreadfully nervous. Occasionally I had headaches and at such times my sight would be blurred. There was also sediment in the secretions. My experience proved that Doan's Kidney Pills have no superior for curing kidney complaint and backache. They are could have suited my case better. They went right to the seat of the trouble and completely relieved me.

For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, New York, sole agents for the United States.

Remember the name-Doan'sand take no other,

Cause and Effect.

Obesa Maid-It was cating so much chocolate that made me plump. Smitten Youth-Ab, that accounts for the sweet weigh you have!--

PENDING LESS THAN your income will make you well-to-do just as surely as it makes the rich still richer.

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poor allke. Our Savings Department will help you save. Deposits of one dollar or more draw Interest.

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NATIONAL BANK



## **GOOPER MET USUAL** SUGGESS IN PITTSBU

## Received Thanks from Hundreds While the Smoky City

the Pittsburg Press, describes the re- human stomach is degenerate sults of L. T. Cooper's visit to that city, and the effect of his new prepa- ments was made by Mr. C. W. ration as told by people who had be- of 103 South Highland stree come convinced of the soundness of said: 'For four years my wi Cooper's theories with regard to the in very poor health. She was human stomach.

stomach in civilized races has become sumption, and I was inclined greatly weakened. He claims that lieve them. It certainly loo most ill health of the present gener- though her days were number ation is due to this fact. The article there appeared to be ver is as follows:

same astonishing success in Pittsburg to Pittsburg I began to hear as in other cities. For the past few derful results that had been o limited supply. The documents con- days many thousands of Pittsburg by persons who had tried his people have called at his headquar-jeine, so I got some for my wi est to the people of Oregon, and I ters to talk with him.

will be pleased if you will publish this letter in your paper, as I will arrival, to the effect that before he long. She began to improve be pleased to supply any one writing left Pittsburg thousands would real- diately-has gained seven me for same with such of the docu- ize that his theory is correct and since she began taking the m would come and thank him for what She feels splendid and look ments as may be desired, so long as his medicin had done, is rapidly be- much better. If any one dou

ing borne out. "On Monday an astonishing num- have them call at my house at ber of people called to express their fy it." gratitude to Mr. Cooper. Judging The Cooper remedies are from what some of these people had ing justly famous. We sell t to say to a Press reporter, when in- J. C. Perry,

The following article, taken from terviewed. Cooper's claim the tinctly verified.

"One of the most unusual and thin, with a hectic flue Cooper believes that the human cough. Physicians said she hi ground for hope,

"L. T. Cooper is meeting with the "Shortly after Mr. Cooper had taken it only two days w "Cooper prophecy, made upon his was relieved of a tapeworm

statement I would be ple

he Racso System READY TAILORED CLOTHES FOR WELL DRESSED

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