

Do You Enjoy Your Meals?

One of the Most Important Questions to Consider in the Search for Happiness and Health.

The burning question, to you, is, "Are you getting out of life all the pleasure and the health you are entitled to?" If not, why not?

No matter whether every organ and member of your body is in a sound state of health and strength, if your stomach is in any way disordered, you are not going to be "yourself." You are going to be a worried, out-of-sorts, nervous or sullen individual, whose actions will reflect your condition inside, and people will naturally avoid you.

The world wants to smile and be cheerful, and unless you are cheerful and smile, at least, occasionally, you will have few friends, fewer opportunities, no success, and you will go down in defeat—defeated by dyspepsia and a bad stomach.

A good and thorough digestion has a quick, wonderful reaction upon the brain. You must have noticed it many times, for the brain and stomach are as intimately connected as a needle and its thread, one can hardly be used to advantage without the other. If your stomach is slow and lazy in digesting your food, it will produce at once a slow, lazy and cloudy influence upon your brain. Mark it! If your stomach has absolutely quit work, and fermentation is poisoning your vitals as a result, surely your brain is going to be sluggish and correspondingly depressed. No one need tell you that.

But why continue to suffer all the miseries and torments that a disordered stomach brings you?

If your stomach can not digest your food, what will? Where's the relief? Where's the cure?

Stuart's Dyspepsia Tablets are the relief and the cure. Why? Because, as all stomach troubles arise from indigestion and because one ingredient of Stuart's Dyspepsia Tablets is able to thoroughly and completely digest 3,000 grains of any kind of food, doesn't it stand to reason that these little Dyspepsia Tablets are going to digest all the food and whatever food you put into your stomach? Science nowadays can digest food without having to use the stomach for it. And Stuart's Dyspepsia Tablets are the result of this scientific discovery. They digest and digest thoroughly and well, anything and everything you eat.

So, if your stomach refuses to work or can't work, and you suffer from eructations, bloat, brash, fermentation, biliousness, sour stomach, heartburn, irritation, indigestion, or dyspepsia of whatever form, just take one or two of Stuart's Dyspepsia Tablets, and see the difference. It doesn't cost you much to prove it. Then you can eat all you want, what you want, whenever you want, if you use these tablets, and you can look the whole world in the face with a beaming eye and you will have a cheerful spirit, a pleasant face, a vigorous body and a clear mind and memory and everything will look and taste delicious to you. That's life.

Get a package of Stuart's Dyspepsia Tablets at any drug store on earth for 50 cents a package.

Send us your name and address today and we will at once send you by mail a sample package free. Address F. A. Stuart Co., 150 Stuart Bldg., Marshall, Mich.

Sullivan and Ketchel to Meet.

San Francisco, Jan. 15.—Articles of agreement for a 25-round fight between Mike (Twin) Sullivan and Stanley Ketchel to take place at the Mission street arena Saturday afternoon, February 22, has been signed. Billy Roche was selected to referee the fight. The contest is to take place at 2:15 o'clock in the afternoon, and the men have agreed to make 154 pounds four hours before the fight.

Willis Britt is hot on the trail of Battling Nelson, to match him up with the Ulna champion. Willis was much afraid that Jack Clifford would flatten the Dane, and when he read the story of how Nelson scored a knockout, the match-making member of the Britt family sent out some rush wires.

There is just a chance that the Scaler-Frayne match will be called on again. Scaler's manager has been very anxious to be allowed to post the forfeit, but has not convinced Corbett that he means business, and really wants to make a fight.

There once was a maid-a young and gay, She'd laugh and sing the whole long day; For I am so happy and well, said she, Now that I take Hollister's Rocky Mountain Tea.

—Dr. Stone's Store.

PROHIBITIONISTS TO HAVE LOBBY

(United Press Leased Wire.) Washington, Jan. 15.—A "Prohibition lobby" is the latest reform organization to be established in the national capital.

It will be operated under the auspices of the national committee of the Prohibition party, and its specific purpose will be to urge congress to protect "dry" states from federal pro-liquor influence.

The bureau will be in immediate charge of Matthew E. O'Brien, of Bridgeport, Conn., who was the Prohibition party's candidate for governor of that state in the last election, and Finley C. Hendrickson, of Cumberland, Md.

Interviewed by the United Press, O'Brien said:

"The people do not understand the iniquities that are being committed by the federal government in nullifying the police powers of the states. Each state should have the right to control its internal affairs in dealing with the liquor question.

"Under the interstate commerce law liquor is being shipped into the states, in conflict with the laws of the states, under the protection of the federal government. We propose to remedy this if possible.

"There is also an act under which the federal government protects violators of the state law and raises a revenue from lawlessness. The government issues a liquor tax receipt anywhere in the country to anyone who may apply. Many persons are thus defying the state police powers, being protected from federal interference by this tax receipt. The government virtually says to a man who violates state laws: 'We will not molest you if you pay the tax.'

"In one branch of the internal revenue service men are employed to hunt down and arrest violators of the law, while another branch of the same department issues liquor tax receipts to violators of the law. Even in the District of Columbia this thing is done. More than 200 persons are today holding federal liquor tax receipts in the District of Columbia in conflict with the district laws. Persons who hold no local license to sell intoxicants should not receive the federal tax receipt.

"In Indian Territory, the government appointed a special agent to enforce the territorial liquor law, and when he started his crusade he found nearly 500 of the persons whom he was to prosecute for violating the territorial laws, were holding tax receipts from the federal government permitting them to violate the laws.

"Unless bills to remedy these evils are pigeon-holed in committee, they will be passed by congress during the present session."

COFFEE Why Schilling's Best? Because it is best and your money is yours if you think you don't find it so.

Your grocer returns your money if you don't like it; we pay him.

Ambition leads people in a thousand different directions, but usually leaves them all in the same locality.

It Does the Business.

Mr. E. E. Chamberlain of Clinton, Maine, says of Bucklen's Arnica Salve, "It does the business; I have used it for piles and it cured them. Used it for chapped hands and it cured them. Applied it to an old sore and it healed without leaving a scar behind." 25c at J. C. Perry's drug store.

Marriage License.

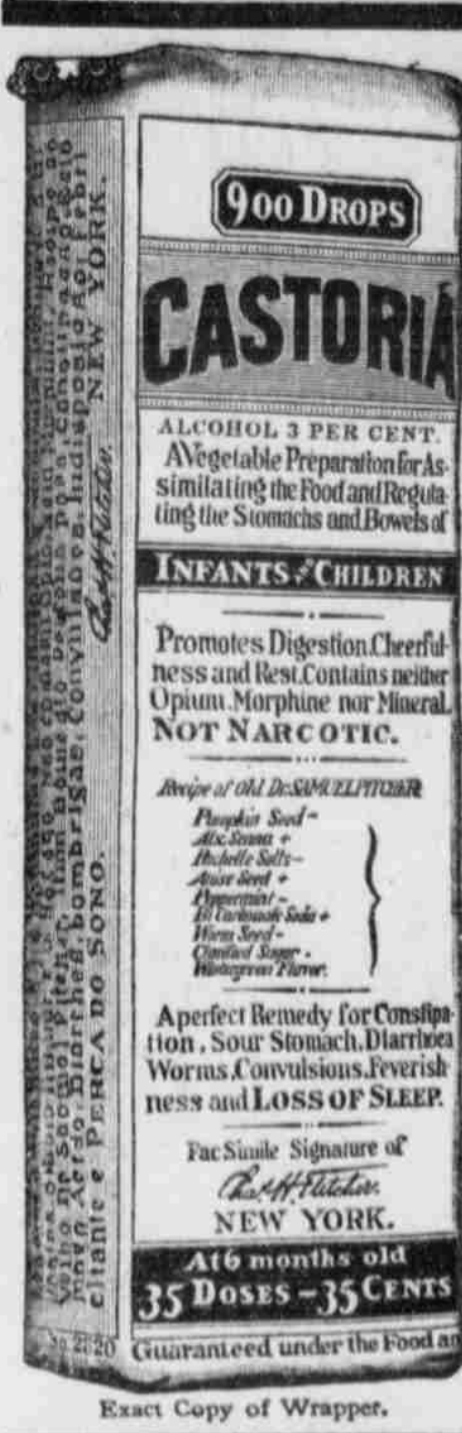
The following marriage license was issued yesterday afternoon: John D. Perego, aged 24, and Amy Katherine Thrasher, aged 20, both of Howell Prairie; H. L. Huffman witness.

Caught in the Rain.

then a cold and a cough—let it run on—got pneumonia or consumption that's all. No matter how you get your cough, don't neglect it—take Ballard's Horchound Syrup and you'll be over it in no time. The sure cure for coughs, colds, bronchitis and all pulmonary diseases in young and old. Sold by D. J. Fry.

The devil likes human nature because there is something so akin to himself in it.

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Bears the Signature of

Dr. J. C. Hatcher

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DERBY & WILLSON or GEO. B. JACOBS, Salem, Ore. R. F. D. 8, Salem, Or.

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Is Self-rising. It makes Genuine Brown Bread, Toothsome Quick Biscuit, and a

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TORRID ZONE FURNACE. The above cut represents our brick lined Torrid Zone Furnace. Guaranteed gas, smoke and dust proof. Economical and durable. A. L. FRASER 258 STATE STREET. Estimates furnished on heating.

THE BEST ROAST THE FAMILY EVER HAD. Can be obtained from our prime tender and juicy beef, mutton or pork. All our meats are selected from the choicest, and prepared for the table to suit the demands of the fastidious. Our prices are lower for quality than you can find at any place in Salem. E. C. CROSS, 370 State St. Phone 201.

Gold Dust Flour. Made by THE SYDNEY POWER COMPANY, Sidney, Oregon. Made for family use. Ask your grocer for it. Braa and shorts always on hand. P. B. Wallace AGENT.

SALEM WATER COMPANY OFFICE CITY HALL. For water service apply at office. Bills payable monthly in advance.

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HOLLISTER'S Rocky Mountain Tea Nuggets. A Busy Medicine for Busy People. Brings Golden Health and Renewed Vigor. A specific for Constipation, Indigestion, Live and Kidney Troubles, Pimples, Eczema, Itchy Blood, Bad Breath, Singing, Hoarseness, Headache and Backache. It's Rocky Mountain Tea in tablet form, 35 cents a box. Genuine made by HOLLISTER DRUG COMPANY, Madison, Wis. GENUINE NUGGETS FOR SAILOR PEOPLE.

CHICHESTER'S PILLS. THE DIAMOND BRAND. Ladies! Ask your Druggist for Chichester's Diamond Brand Pills in Red and Gold wrapper. Take no other. Box of your Druggist. Ask for CHICHESTER'S DIAMOND BRAND PILLS for 25c. Young's Knowledge Store, Salem, Always Reliable. SOLD BY DRUGGISTS EVERYWHERE.

O. K. GROCERY. THE HOLIDAY. THAT SMILE OF DELIGHT. Is on everybody's face who bought our holiday groceries, and it will not come off, either, as long as you patronize us. Good groceries and good service is our object. We have a large stock of staple and fancy goods for you to select from. Try us. We are geographically in the center of the city. We wish to have you try us.

A. A. ENGLEBART, Twelfth Street near Woolen Mill Phone 122. WHITE BRONZE MONUMENTS. Never chip, crack, tarnish, moss or corrode. The only kind that never need cleaning. For the truth of the above see them in all the Salem and many of the country cemeteries; some of them have been there for 22 years. If you want the very best at living prices call on our address: 458 Mill St. Phone 1254, Salem, O. T. B. WAIT.

New Management. The management of the Capital City Laundry wishes to notify its patrons that it will be closed for repairs and to install new machinery until the first of the year. After the first of the year it will be run under the management of COMBS & HAINER. The owners being the managers.

WHERE? Why at JOHN HUGHES CO. For All Kinds of Spray Material Lime, Sulphur, Blue Vitriol Etc. PRICES THE LOWEST.

THE AVENUE. Creams, loes, cigars and confections. Corner of Seventeenth and Aylum avenues. N. W. Baker, proprietor. MADAME DEAN'S FRENCH FEMALE PILLS. A Rare, Certain Remedy for Rheumatic Manifestation. NEVER KNOWN TO FAIL. Sold by Dr. S. C. Stone.