

# Tired Nervous Women Make Unhappy Homes



MRS. NELLIE MAKHAM

MRS. GEO. A. JAMES

A nervous irritable woman, often on the verge of hysterics, is a source of misery to everyone who comes under her influence, and unhappy and miserable herself.

Such women not only drive husbands from home but are wholly unfit to govern children.

The ills of women act like a fire brand upon the nerves, consequently seven-tenths of the nervous prostration, nervous despondency, the "blues", sleeplessness, and nervous irritability of women arise from some organic derangement.

Do you experience fits of depression with restlessness alternating with extreme irritability? Do you suffer from pains in the abdominal region, backache, bearing-down pains, nervous dyspepsia, sleeplessness, and almost continually cross and snappy? If so, your nerves are in a shattered condition and you are threatened with nervous prostration.

Proof is monumental that nothing in the world is better for nervous troubles of women than Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs. Thousands and thousands of women can testify to this fact.

Mrs. Nellie Makham, of 151 Morgan St., Buffalo, N. Y., writes:—

Dear Mrs. Pinkham:—

"I was a wreck from nervous prostration.

Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs, contains no narcotics or harmful drugs and today holds the record for the largest number of actual cures of female diseases of any medicine the world has ever known, and thousands of voluntary testimonials are on file in the laboratory at Lynn, Mass., which testify to its wonderful value.

Lydia E. Pinkham's Vegetable Compound; a Woman's Remedy for Women's ills.

I suffered so I did not care what became of me, and my family despaired of my recovery. Physicians failed to help me. I was urged to try Lydia E. Pinkham's Vegetable Compound and I want to tell you that it has entirely cured me. I think it is the finest medicine on earth and I am recommending it to all my friends and acquaintances.

Mrs. Geo. A. James, a life long resident of Fredonia, N. Y., writes:

Dear Mrs. Pinkham:— "I was in a terribly run down condition and had nervous prostration caused by female trouble, in fact I had not been well since my children were born. This condition worked on my nerves and I was irritable and miserable. I had tried many remedies without getting much help but Lydia E. Pinkham's Vegetable Compound brought me back to health and strength. It has also carried me safely through the Change of Life. I cannot too strongly recommend your medicine."

Mrs. Pinkham's Invitation to Women.

Women suffering from any form of female weakness are invited to communicate promptly with Mrs. Pinkham, at Lynn, Mass. From the symptoms given, the trouble may be located and the quickest and surest way of recovery advised. Out of her vast volume of experience in treating female ills Mrs. Pinkham probably has the very knowledge that will help your case. Her advice is free and always helpful.

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## FROM THE FAR WEST TO THE FAR EAST

### Prince Edward Island.

Charlottetown is the capital of the province of Prince Edward Island. It is a nice little city of about 13,000. The streets are wide and nicely planted to handsome shade trees. It is splendidly located on the Hillsborough river—a river over a mile wide, where the largest ships and steamers can ride in perfect safety. It is bordered in the summer season by grass of a rich deep green, which gives it a magnificent appearance. The city contains many fine buildings. Its sidewalks are good. It has a nice public garden in the center of the city, on Queen's Square, which can scarcely be surpassed anywhere for its beauty. On this Square is a large market house, built of stone, and is quite an ornament to the town. It has but two market days in each week—Tuesday and Friday—and on these days it is richly supplied with excellent meat of all kinds, fish of every description, fruit and vegetables of every variety and everything else required to meet the needs of the citizens. It is said to be the finest market place in any of the provinces. Next to this building, and on the same square stands a splendid postoffice and customs house all in one building. Then comes the Colonial building—an old edifice built of grey freestone. Here the legislature meets every year and the public offices are all in the same building. Then comes the Law Court building constructed of red brick—large, but far from being handsome.

Charlottetown has a beautiful park, through which there are many pleasant walks and drives under firs, beeches, white birch and many other trees. Running round the park, there is a splendid roadway, there a person can always enjoy the sea breezes which blow in through the spacious harbor from the ocean.

Charlottetown has four large public school buildings, and the education of the young is never neglected. The education imparted here is secular—similar to the system in vogue in the United States. But besides these schools the Roman Catholics have two large nunneries, and one or two of the other denominations have private schools of their own. Charlottetown has also a college and normal school which are largely patronized.

The Hillsborough river though over a mile wide, is spanned by a substantial steel bridge over which the railway trains as well as foot passengers and vehicles of every description pass. The city is also blessed with a fine, large modern railway depot, with waiting rooms and other equipment, and over head are all the offices connected with the system. Nearby are excellent carshops, roundhouse, freight sheds and other indispensable adjuncts of the railway.

The city is also supplied with gas and electric lights, telegraph and telephones, and lastly, but not least, an excellent system of water works. The system is somewhat expensive, but the water is abundant and excellent—I should say equal to the Bull Run water of Portland—and that is the best in the world.

It was hard work to introduce water into Charlottetown owing to its cost. Many of the people opposed it vigorously and all kinds of objections were made against it. But its advocates worked hard and incessantly and never gave up the fight until victory crowned their efforts. One of the most tireless workers in the good cause was a gentleman named James McDonald, Esq.—one of the most intelligent and courageous men that ever championed a reform. On the platform and through the press he never ceased to cry for pure water and he got it at last. And now the whole population are satisfied and would not return to the old system for either love or money.

J. H. FLETCHER.

The old remedies are the best. Hickory Bark Cough Remedy has been in use for over one hundred years by the old Dutch Dunkards of Pennsylvania, and is still in use by all the old families of western Pennsylvania. Is absolutely pure; made from the bark of the white or shell bark hickory tree. The bark is shipped from the east, and manufactured in Salem, Oregon. For sale by all dealers everywhere.

## CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of *Chas. H. Fletcher*

## ADVERTISING AGENCY.

Reopens San Francisco Office—M. L. Hadley Now Located in the Merchant Exchange Building.

M. L. Hadley, who for eighteen years has successfully conducted the largest advertising agency on the Pacific coast, has leased offices in the Merchant's Exchange building and reopened his San Francisco office.

Speaking of the progress of the advertising agencies, Mr. Hadley said: "It was in 1890 that I started by agency. I was at that time advertising manager for a prominent newspaper, and in making my rounds among advertisers, I realized that the average advertiser had too little time to devote to his advertising, in order to secure the best results from the money expended, so I started an agency, which has continuously grown, until today, I think I have more good accounts than any other concern in my line on the coast.

"An advertising agency, to be successful, must make a continued success of its clients' advertising. This can be done only by buying space at its proper cost, using only the best mediums, and giving the advertiser a service in the preparation of the copy that truly represents the business advertised.

"My splendid business is, I believe, largely due to the economy which I invariably practice in purchasing mediums for my clients, and the close personal attention given to detail, and especially the standing of the various newspapers.

In order that my clients may have the very highest class service in the preparation of their copy and follow-up methods, without which no advertising campaign is complete, I secured the association of Mr. Edgar M. Swasey, the best all-around advertiser in the west, as manager of my service or copy department. Mr. Swasey has managed the advertising of many of the successful business houses in San Francisco, and is thoroughly familiar with advertising methods which have proven very profitable, consequently he brings added strength to my agency.

For a great many years all of the principal accounts on this coast have been placed through my agency, and with my present facilities for the production of effective copy, follow-up methods, and advertising literature, I expect my business will keep right on growing.

"The Salem Journal is one of the mediums I select for the use of my clients."

### Always Was Sick.

When a man says he always was sick—troubled with a cough that lasted all winter—what would you think if he should say—he never was sick since using Ballard's Horehound Syrup. Such a man exists.

Mr. J. C. Clark, Denver, Colorado, writes: "For years I was troubled with a severe cough that would last all winter. This cough left me in a miserable condition. I tried Ballard's Horehound Syrup and have not had a sick day since. That's what it did for me." Sold by D. J. Fry.

### Notaries Appointed.

Albert E. Greiner, Holdman; W. S. Worden, Klamath Falls; H. B. Hendricks, Grants Pass; O. D. Thomlinson, North Powder; C. Milton Mattoon, H. S. McCutchan, John A. Jeffrey, Robert Alstrop, Portland.

### Badly Mixed Up.

Abraham Brown, of Winterton, N. Y., had a very remarkable experience; he says: "Doctors got badly mixed up over me; one said heart disease; two called it kidney trouble; the fourth, blood poison, and the fifth stomach and liver trouble; but none of them helped me; so my wife advised trying Electric Bitters, which are restoring me to perfect health. One bottle did me more good than all the five doctors prescribed." Guaranteed to cure blood poison, weakness and all stomach, liver and kidney complaints, by J. C. Perry, druggist, 50c.

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The Kind You Have Always Bought

Bears the Signature of *Chas. H. Fletcher*

## WHERE?

Why at JOHN HUGHES CO.

For All Kinds of

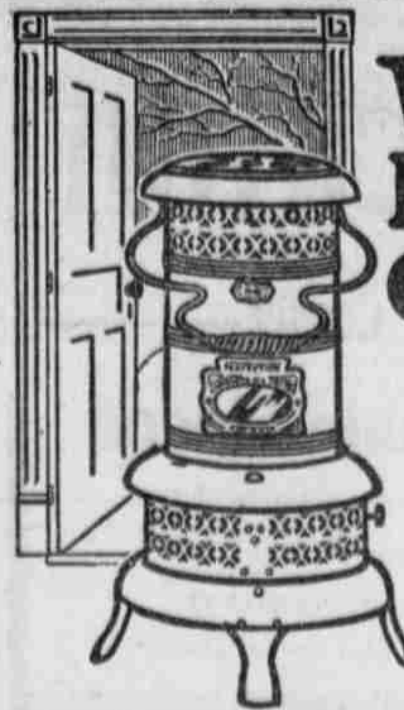
## Spray Material

Lime, Sulphur,

Blue Vitriol Etc.

PRICES THE LOWEST.

# Where the Door Opens Constantly



You can quickly heat and keep cozy the draughty hall or cold room—no matter what the weather conditions are—and if you only knew how much real comfort you can have from a

## PERFECTION Oil Heater

(Equipped with Smokeless Burner)

you wouldn't be without one another hour. Turn the wick on high or as low as you please—there's no danger—no smoke—no smell—just direct intense heat—that's because of the smokeless device. Beautifully finished in nickel and japan—ornamental anywhere. The brass font holds 4 quarts, giving heat for 9 hours. It is light in weight—easily carried from room to room. Every heater warranted.

## The Rayo Lamp

meets the need of the student—a bright, steady light—ideal to read or study by. Made of brass—nickel plated, latest improved central draft burner. Every lamp warranted.

If your dealer does not carry Perfection Oil Heater and Rayo Lamp write our nearest agency.

STANDARD OIL COMPANY (Incorporated)



## Dr. Stone's Drug Store

The only cash drug store in Oregon, owes no one, and no one owes it; carries large stock; its shelves, counters and show cases are loaded with drugs, medicines, notions, toilet articles, wines and liquors of all kinds for medicinal purposes. Dr. Stone is a regular graduate in medicine, and has had many years of experience in the practice. Consultations are free. Prescriptions are free, and only regular prices for medicine. Dr. Stone can be found at his drug store, Salem, Or., from 6 in the morning until 9 at night.

## THE O. K. GROCERY



### Between Low Prices and High Quality

In groceries you would surely choose quality. But if you trade here you don't have to choose, for you get a combination of both.

QUALITY GROCERIES, QUALITY PRICES

Make this store the favorite among women who know grocery values as well as we do. By dealing here you can save money without sacrificing quality in the slightest degree. That is real economy.

## A. A. ENGLEBART,

12th street. Phone 122

## SALEM WATER COMPANY

OFFICE CITY HALL.

For water service apply at office.

Bills payable monthly in advance.

## BUTTERNUT BREAD.

It is worth more than any other bread, yet the price is no higher.

For sale at your grocer's.

CALIFORNIA BAKERY.

Thomas & Cooley, Props.

## LATHAM LAND CO.

Corner State and Commercial Streets.

Over Portland General Electric For Sale—5-room cottage, large lot, good wood house, special bargain at \$350.

House and barn, 1 1/2 acres of land, good location, price, \$2500.

Ten-acre property just outside of city limits with good 6-room house, fair barn, well fenced in 4 fields, also small fruit. Special bargain at \$1000.

Forty-acre farm, 2 miles from Salem, on rock road; fair house and barn; small orchard; 2000 cord of wood on land. Price, \$2500.

Eighty-three-acre farm, 3 miles from city, fair house, good barn, fine silo, well irrigated, 35 tons; 45 acres under cultivation, balance in pasture; springs in pasture; well at house; farm is fenced, also has small orchard; 2 acres loganberries; 1 1/2 acres strawberries. Price, \$600 per acre.

Twenty-five acres well irrigated, planted in 5-acre tract of choice land. Price \$1500. Call at office for full particulars in regard to any of the above properties.

Also have a good list of vacant and residence property, and bargains in farms.

## CAPITAL CITY LAUNDRY

We are a new firm and we have come to stay.

Our uniform method of doing, done by an expert manager, insures a beautiful finish.

Special effort will be made by us to please our customers.

Laundry called for and delivered.

Phone orders given prompt attention.

PHONE 163.

## PATENTS

60 YEARS EXPERIENCE

Having secured a patent for a new and improved method of doing laundry, we are now offering the same to the public at a very low price.

For more information, please write to us at our office, 12th Street, Salem, Oregon.

W. H. & C. Co., Proprietors.

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## WELCH ELECTRIC LINES.

Bonds Given for \$5000—Work Required to Begin Within Six Months.

The Welch franchise for the construction of the electric lines out of the city of Salem was accepted several weeks ago and work will probably be commenced either in this city or in Albany as soon as the bank holiday is closed. The bond is given for \$5000 and required that work shall begin within six months and that the lines in the city shall be completed within eighteen months.

The survey for the line from Salem to Eugene has been completed and maps are being made. Mr. Welch is taking bids on furnishing ties for the road which begins to look as though he and his co-promoters were going to build the line immediately and with the same active business methods as they used since taking hold of the work.

The bond was signed by the Union Guarantee association of Portland.

## NIGHTS OF UNREST.

No Sleep, No Rest, No Peace for the Sufferer from Kidney Troubles.

No peace for the kidney sufferer—Pain and distress from morn to night.

Get up with a lame back. Twinges of backache bother you all day.

Dull aching breaks you rest at night.

Urinary disorders add to your misery.

Get at the cause—cure the kidneys.

Doan's Kidney Pills will work the cure.

They're for the kidneys only—Have made great cures in Salem.

O. W. Vaughn, of 3 State St., Salem, Ore., says: "Doan's Kidney Pills procured at Dr. Stone's drug store proved to be a reliable remedy for backache and all forms of kidney complaint. I obtained the best of results from their use, and a child in our family who had been afflicted with weakened kidneys and nocturnal trouble got entirely well in a short time through the use of Doan's Kidney Pills. This should commend the remedy to all parents who have children troubled in any way with kidney complaint."

For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, New York, sole agents for the United States.

Remember the name—Doan's—and take no other.

## CASTORIA.

The Kind You Have Always Bought

Bears the Signature of *Chas. H. Fletcher*

## Beets That Are Beaters.

C. Unruah, the well-known farmer, who resides about ten miles northwest of Salem brought in several sample beets last Saturday which he raised on his farm. One-third of an acre produced 23,000 pounds of beets. Mr. Unruah also has some fine specimen of turnips in the board of trade rooms.

## LINGERING COLD.

Withstood Other Treatment But Quickly Cured by Chamberlain's Cough Remedy.

"Last winter I caught a very severe cold which lingered for weeks," says J. Urquhart, of Zephyr, Ontario. "My cough was very dry and harsh. The local dealer recommended Chamberlain's Cough Remedy and guaranteed it, so I gave it a trial. One small bottle of it cured me. I believe Chamberlain's Cough Remedy to be the best I have ever used." This remedy is for sale at Dr. Stone's drug store.

## November Strawberries.

A box of strawberries was brought to the board of trade rooms yesterday by Mr. Busby which were grown on his ranch near Turner and picked yesterday morning. The berries are of excellent color and large enough to compare favorably with the largest fruit of the early season.

## A Methodist Minister Recommends Chamberlain's Cough Remedy.

We have used Chamberlain's Cough Remedy in our home for seven years, and it has always proved to be a reliable remedy. We have found that it would do more than the manufacturers claim for it. It is especially good for croup and whooping cough.

REV. JAMES E. LEWIS, Pastor Milaca, Minn., M. E. Church. Chamberlain's Cough Remedy is sold at Dr. Stone's drug store.



THE HABIT OF USING EPPLEY'S PERFECTION BAKING POWDER, AND YOU WILL BE SECURING THE BEST FOR YOUR MONEY. EPPLEY'S PERFECTION BAKING POWDER IS PUT UP IN GLASS JARS, AND ITS QUALITY WILL PLEASE YOU IN EVERY RESPECT. IT IS A HOME PRODUCT MANUFACTURED BY C. M. EPPLEY, SALEM, OREGON.