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THE BEAUTIFUL CITY OF DREAMS.

By Charles H. La Tourette.
There's a land far away where the sleep fairies tread,
In the beautiful city of dreams;
And our visions drift backward to hopes that are dead,
In the beautiful city of dreams.
We leave off a life of temptations and woes,
And drink from the river of pleasure which flows,
Our thought once again to fond memory goes,
In the beautiful city of dreams.
Our day smiles again from its palace of light,
In the beautiful city of dreams.
We drift with the tide on a wave of delight,
In the beautiful city of dreams.
Our castles are built; joys eternally roll,
We hear not the bell of discouragement toll,
Our pictures are framed; for we all reach our goal,
In the beautiful city of dreams.
The lone wanderer sleeps—all his cares pass away,
In the beautiful city of dreams.
He lives in the memory of some cherished day,
In the beautiful city of dreams.
He sees once again a sweet heart that he knew,
In his springtime of life, when his skies were so blue,
And she kisses him once; as she was wont to do,
In the beautiful city of dreams.
A bunch of wild flowers he puts in her hair,
In the beautiful city of dreams.
Her eyes seem as blue, for the love-light is there,
In the beautiful city of dreams.
His kingdom of pleasures unceasingly glow,
He calls her his sweetheart, and she seems to know,
He lives in the love of a long, long ago,
In the beautiful city of dreams.

THE BRITISH PEERAGE.

Abstractly the existence of a house of hereditary legislators is an absurd anachronism.
An yet all reasonable men see the advantage of a bicameral legislature of which one branch is so constituted as to be certainly conservative and act as a brake upon popular passion.
The British people are accustomed to the house of lords acting in that capacity, and so long as it is content to act merely as a brake and make no attempt to actually and permanently block the wheels of legislation its tenure is not likely to be disturbed.
THE BRITISH PEERS WHO ORDINARILY ATTEND AND TAKE PART IN LEGISLATION ARE USUALLY MEN OF HIGH INTELLIGENCE AND CHARACTER WHO PERFORM MOST USEFUL SERVICE IN CAREFULLY SCRUTINIZING THE DETAILS OF BILLS AND AMENDING OR REJECTING UPON THEIR MERITS.
They rarely reject but frequently amend.
Money bills they never touch.
They merely assent without the slightest amendment.
When contested bills involving important constitutional principles come up to them the right has been conceded to the lords to reject, with the understanding that if, after an appeal to the country the bill was approved the lords should pass it.
This the lords refused to do in the case of a bill putting the control of all schools receiving public aid in the hands of elective boards.
In this country we can hardly conceive of any other plan, and yet in England probably a majority of the existing public school buildings were erected by subscription mainly secured by the established church, and in those buildings schools were wholly maintained by endowment or subscription until aid from the treasury began to be given.
The church claims the right to control such schools still, even though state aid is given, and it is doing it today.
Nevertheless, the will of the English nation is doubtless otherwise, and the lords, knowing that, are held to be bound to pass the bill.
When they refused the government openly announced the policy of bringing about a constitutional change which would practically destroy the power of the lords as a legislative body.
Whether this announcement represented real conviction or a desire for a party advantage remains to be seen.
At any rate, it has opened the way for the radicals, and Mr. Labouchere has entered the lists with an exposure—if that can be called an exposure which refers to well-known facts—OF THE DISGRACEFUL ORIGIN OF MANY OF THE PEERAGES AND THE DISGRACEFUL CHARACTER OF MANY OF THE DEGENERATES WHO ARE NOW HEREDITARY LEGISLATORS.
WHILE THIS DOES INJUSTICE TO THE PEERS AS A BODY, WHO ARE, FOR THE MOST PART, AS RESPECTABLE AND USEFUL AS OTHER MEN, IT MAY RESULT IN THE DESTRUCTION OF THEIR AUTHORITY AS A BRANCH OF THE LEGISLATURE.
They are now obstructing the will of the nation in a matter of high importance, and their number does contain many degenerate sons of ignoble ancestry.
And those things do make a foundation for a great popular movement against the whole order.

Channel Swimming Difficulties.
How is it that a man like Montagu Holbein, who thought nothing of a 24 hours' cycle race and whose stamina is one of the wonders of the athletic world, has not been able to swim across the little "silver streak"—less than 20 miles wide as the crow flies—which separates Dover from Cape Gris-Nez?
The answer is to be found mainly

in the fact that stamina alone will never carry a swimmer across the English channel. Speed is quite as essential as stamina—more so, in fact, so some authorities aver—while neither one nor the other is any good unless the swimmer has a great capacity for defying cold, and digestive organs in perfect condition.
As an illustration of the important part which digestion and the faculty of keeping up bodily warmth while in the water play in an effort to swim the channel, it might be mentioned that when Holbein made his fifth attempt in 1904 he was upset after ten hours' swimming by a violent attack of indigestion, while two other swimmers—Greasley and Hagarty, who started on the same day were both overcome by cold, the first after two hours and the second after three-quarters of an hour.
In his last attempt, the illness which compelled Holbein to give up after accomplishing more than 20 miles in seven hours and a quarter, was brought on, in his own opinion, by taking two meals too closely together before starting the swim. He tried to work off the effects of those two meals by not taking any solids for the first four hours of the swim, but apparently his digestive organs rebelled against the physical strain to which the body was subjected, and refused to do their work properly.
Cold is one of the channel swimmer's greatest enemies. It is a well known fact that when the temperature of a swimmer's body is higher than that of the water the heat from the former is continually passing to the latter, just as the fire gives some of its heat to an object held in close

Women as Well as Men Are Made Miserable by Kidney and Bladder Trouble.

Kidney trouble preys upon the mind, discourages and lessens ambition; beauty, vigor and cheerfulness soon disappear when the kidneys are out of order or diseased.
Kidney trouble has become so prevalent that it is not uncommon for a child to be born afflicted with weak kidneys. If the child urinates too often, if the urine scalds the flesh, or if, when the child reaches an age when it should be able to control the passage, it is yet afflicted with bed-wetting, depend upon it, the cause of the difficulty is kidney trouble, and the first step should be towards the treatment of these important organs. This unpleasant trouble is due to a diseased condition of the kidneys and bladder and not to a habit as most people suppose.
Women as well as men are made miserable with kidney and bladder trouble, and both need the same great remedy. The mild and the immediate effect of **Swamp-Root** is soon realized. It is sold by druggists, in fifty-cent and one-dollar size bottles. You may have a sample bottle by mail free, also a Home of Swamp-Root pamphlet telling all about Swamp-Root, including many of the thousands of testimonial letters received from sufferers cured. In writing Dr. Kilmer & Co., Binghamton, N. Y., be sure and mention this paper. Don't make any mistake, but remember the name, Swamp-Root, Dr. Kilmer's Swamp-Root, and the address, Binghamton, N. Y., on every bottle.

proximity. A loss of heat in this manner accounts for the chill and blueness of the incautious bather. As the bodily warmth is lost, so do the vitality and energy diminish, thus often bringing about a weakness at the end of a ten or twelve hours' swim even more exhaustive than the tiredness which naturally follows the exertion.
Warm foods, which the average person might think would prevent excessive coldness, really do little to restore the heat of the body in the case of a long swim. The great strain involved checks a man's power of assimilation, and consequently prevents him being able to obtain the proper amount of nourishment and warmth from the food consumed. The result is that, unless a man is gifted by nature with the ability to keep the body warm while swimming, he finds it practically impossible to remain in the water long enough to cross the channel, even if all other circumstances are favorable.—London Tit-Bits.

A Certain Cure for Croup—Used for Ten Years without a Failure.

Mr. W. C. Bott, a Star City, Ind., hardware merchant, is enthusiastic in his praise of Chamberlain's Cough Remedy. His children have all been subject to croup and he has used this remedy for the past ten years, and though they much feared the croup, his wife and he always felt safe upon retiring when a bottle of Chamberlain's Cough Remedy was in the house. His oldest child was subject to severe attacks of croup, but this remedy never failed to effect a speedy cure. He has recommended it to friends and neighbors and all who have used it say that it is unequalled for croup and whooping cough. For sale at Dr. Stone's drug store.

Looks for Prohibition.

That the lid will close down in Oregon with a bang that will reverberate up and down the northwest coast for years to come, is the prediction of an observant Spokane man who has been traveling in eastern Oregon for several months. In his opinion the prohibition movement is gaining remarkable headway and the inevitable result will be the skidding for all booze foundries in the Beaver state.
In an interview with a Seattle paper F. C. Smalley of Spokane so addressed himself last Monday, and further announced it as his belief that Oregon would be as dry as a powder horn after the next election.
Mr. Smalley is a dealer in blooded horses, his mission in Oregon being to dispose of his stock, and he said he was willing to wager a fine station or a \$500 note that the prohibitionists will carry the day in Oregon the very next time they have an opportunity to vote at a state election.
"That's no bluff," said Mr. Smalley. "I mean it. I know Oregon

like a book, and I've just come from a thorough tour of the western part of the state, and not long ago all over the eastern part, selling horses. I have made a careful study of the prohibition movement down there and I want to tell you there will be something doing next election. At any rate I am willing to back my judgment with \$500 of my money.
"Saloonkeepers in the Beaver state will tell you the same thing—that is, if they don't think there's any chance to spoil a sale of their property by talking that way. Fully a fourth of the state, I should say, is now dry under local option, and everywhere in the remaining three-fourths saloons are for sale at about half price. Call up some of the saloons over the long distance and see if I am not telling you about right.
"There are more prohibitions in the state than one would think. Nearly all those old-timers of the Willamette valley are that way, and they're scattered all over the state. They are all at work as they never were before. The prohibition movement is just getting to the point of ripening, and if it does not win out at the next election I will be out just \$500, if anybody comes along to cover my bet."
Mr. Smalley avers that he is not, nor has he ever been, in sympathy with the prohibition movement, and that his views on this question are based upon his observations during the time he has been traveling in Oregon.



LEMUEL ELY QUIGG.
New York lawyer and former congressman who handled the "yellow dog" fund of the Metropolitan Street Railway company.

His Dear Old Mother.

"My dear old mother, who is now 83 years old, thrives on Electric Bitters," writes W. B. Brunson, of Dublin, Ga. "She has taken them for about two years and enjoys an excellent appetite, feels strong and sleeps well." That's the way Electric Bitters affect the aged, and the same happy results follow in all cases of female weakness and general debility. Weak, puny children too, are greatly strengthened by them. Guaranteed also for stomach, liver and kidney troubles, by J. C. Perry, druggist, 50c.

Hopeless Case.

"This," said the asylum attendant, pointing to the patient in a padded cell who was dodging back and forth, "is what we consider a hopeless case."
"What's the trouble with him?" inquired the visitor.
"He thinks he is continually dodging automobiles and roller skates."

Can you afford to trifle with so serious a matter as to neglect a bad cold or cough, when for a trifling amount you can secure a bottle of "Hickory Bark Cough Remedy," that is guaranteed to cure or money refunded. Price 25c, 50c and \$1.00 per bottle. For sale by dealers everywhere.

Kept on the Jump.

Howell—As you married in haste, I suppose you repented at leisure?
Powell—My boy, I haven't had any leisure since I married.—New York Press.

NATURE PROVIDES FOR SICK WOMEN
A more potent remedy in the roots and herbs of the field than was ever produced from drugs.
In the good old-fashioned days of our grandmothers few drugs were used in medicines and Lydia E. Pinkham, of Lynn, Mass., in her study of roots and herbs and their power over disease discovered and gave to the women of the world a remedy for their peculiar ills more potent and efficacious than any combination of drugs.
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When women are troubled with irregular or painful menstruation, weakness, displacements, ulceration or inflammation, flatulency, general debility, indigestion or nervous prostration, should remember there is one tried and true remedy, Lydia E. Pinkham's Vegetable Compound.
No other remedy in the country has such a record of cures of female ills, and thousands of women residing in every part of the States bear willing testimony to the wonderful virtue of Lydia E. Pinkham's Vegetable compound and what it has done for them.
Mrs. Pinkham invites all sick women to write her for advice, and guided thousands to health. For twenty-five years she has been a sick woman free of charge. She is the daughter-in-law of Lydia E. Pinkham and as her assistant for years before her decease advised in immediate direction. Address, Lynn, Mass.

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That I have added a Horse Shoeing department with a horse shoer, and the patronage of any and all will be appreciated in this line. Special attention paid to interfering, over-shoes and lame horses. Satisfaction guaranteed. We pay special attention to building trucks, express and delivery wagons, and bicycles. A first-class paint shop and a thorough painter for bicycles. Paints, oils, varnishes and lubricating oils of all kinds. Wagons, buggies and hacks, also farm implements of all kinds, plows, harrows, cultivators. Agents for the Era boilers and engines, Nicholas & Shepherd traction engines, sawmill machinery and gasoline engines. It will indeed pay you to see us if you need any of these lines. Come in and see us, whether you buy or not. Communications by mail promptly answered.
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