

an't  
miss It

many ailments are nervous affections, you can hardly miss you try Dr. Miles' It restores nervous energy—and through the nervous system, the heart action is improved, digestion improves, and healthy action is re-established.

Nerve is worth its weight in gold. I did not know until I had a good physician who told me I could not eat, sleep or stand. I was nearly dead. I picked up a paper and found that Dr. Miles' Nervine was the best. After taking it I did so. After taking it I could dress myself. Then I could work and go out, and I am now as healthy as a horse. I have been cured by it. I am fifty-nine years old and feel like a new man.

Medical Co., Elkhart, Ind.

## OF NATURE STUDY

the Child's Native Inter-  
est in Himself and His Sur-  
roundings.

L. H. Bailey's "The Com-  
monplace and the Farm-youth"  
(October Century.)

the purpose of nature-study  
is to develop the child's native inter-  
est in himself and his surroundings.

the theory that the  
educational procedure with the  
child is first to direct the personal  
interests, powers, and adaptability  
of course we must consider  
what the child's interest  
is, but also how we  
can grow into a man; but  
we cannot annihilate the native  
interest without endangering  
it. It may be even danger-  
ous to suppress them. If  
we do, we are likely to de-  
stroy the wild and wasteful ener-  
gies of the child's life in  
the over-diligent efforts to  
develop the enthusiasm of the  
child. A good part of our train-  
ing, I fear, is expressed  
by the command "Don't."

trust is a problem in himself,  
it is probable that most truants  
are one or another of three  
types: (1) the vicious class; (2)  
the mentally class; (3) the class  
which will not conform to usages and  
customs, and in which the ener-  
gies are run riot, or at least to  
run themselves in erratic and  
unconventional ways. These last are  
the truants. They are repres-  
sive. A child of this class  
is likened to a jack-in-the-box;  
he is always ready to break out in  
a way that brings consternation to  
the beholder.

ture-study, therefore, is to be-  
come general, common, normal,  
and to be associated with objects and phe-  
nomena, rather than with definition  
and classification, in order that the  
child may be developed naturally.  
The child's interest in the objects  
of the accumulation of experi-  
ence. They are not primary edu-  
cational means or methods. Defini-  
tion is always behind knowledge  
and is likely to take the place of  
knowledge in the child's mind. It  
is the old botany and grammar  
physiology. As soon as we  
begin to compress knowledge and  
experience into the limits of defini-  
tion, we take away the life, spontane-  
ity, and enthusiasm of it. Defini-  
tion is for mental guidance after  
experience has accumulated, and  
it becomes more exact with the  
experience of the person. No doubt  
there have been over-defined subjects  
in our textbooks.

ture-study is coming more and  
more to be an out-of-door subject,  
and the child's interest should center  
in the natural and indigenous  
objects in the formal and traditional  
buildings. Nature-study began  
largely with object-lesson  
work. The objects might have been  
brought out of doors, but they were  
not. This was a distinct ad-  
vance over the older type of object-  
lesson, because it tended to substi-  
tute natural objects for artificial  
and geometrical and unpersonal  
ones, but it did not develop into true  
nature-study until a distinct effort

was made to study the objects and  
the phenomena just where they oc-  
cur in their normal relationships.  
There can be no effective sustained  
nature-study when the work is con-  
fined in a building.

One is impressed in the various  
expressions coming from many parts  
of the country with the universality  
and unanimity of the nature-study  
movement indicating the existence  
of a general feeling that the schools  
are not adequate and not vital.

The nature-study teaching has in-  
troduced many new and significant  
phrases into the teacher's vocabu-  
lary, as, for example, "increasing  
the joy of living," "sympathetic at-  
titude toward nature," "increased  
interest in the common things," "to  
train the creative faculties."

The keynote of nature-study is to  
develop sympathy with one's environ-  
ment and an understanding of it.  
The long continued habit of looking  
at the natural world with the eyes  
of self-interest—to determine  
whether plants and animals are  
"beneficial" or "injurious" to man  
—has developed a selfish attitude  
toward nature, and one that is un-  
true and unreal. The average man  
today contemplates nature only as  
it relates to his own gain or per-  
sonal enjoyment.

The end of nature-study is to de-  
velop spiritual sensitiveness and in-  
sight; therefore, it must not cease  
with mere objects and phenomena.  
In this it differs from the prevail-  
ing conception of science-teaching.

I think that I catch this note in the  
syllabi and books that I have ex-  
amined. This attitude accepts phe-  
nomena as real, and regards what  
we call "progress" to be really such.  
It accepts the world as good. It  
does not depreciate the need and im-  
portance of introspection, but re-  
gards introspection and meditation  
as exercise for a mature and matur-  
ing mind, and holds that such ex-  
ercise is most effective when most  
closely related to experience. Nature-  
study is not merely objective if  
it is developed in the way in which  
it should be developed. If we de-  
velop first the meditative, passive  
and subjective habit, then we are  
oriental; but the spirit of the west  
is to live actively with the world.

Hard Times in Kansas.

The old days of grasshoppers and  
drouth are almost forgotten in the  
prosperous Kansas of today; al-  
though a citizen of Codell, Earl  
Shamburg, has not yet forgotten a  
hard time he encountered. He says:  
"I was worn out and discouraged by  
coughing night and day, and could  
find no relief till I tried Dr. King's  
New Discovery. It took less than  
one bottle to completely cure me."  
The safest and most reliable cough  
and cold cure and lung and throat  
healer ever discovered. Guaranteed  
by J. C. Perry's drug store, 50c and  
\$1.00 Trial bottle free.

Pointer for the Assessors.

The Albany Democrat of Tuesday  
says: "Ben Berger, a commercial  
traveller, in the city this week,  
recently sold his timber claim, situ-  
ated in Clatsop county, south of  
Astoria, for about the highest price  
yet reported, \$15,750. It cruised  
over 21,000,000 feet, and he re-  
ceived 75 cents per thousand stump-  
age. That seems high, but the  
chances are that if he had held the  
claim he would have doubled the  
money in a few years."

Can you afford to trifle with so seri-  
ous a matter as to neglect a bad cold  
or cough, when for a trifling amount  
you can secure a bottle of "Hick-  
ory Bark Cough Remedy," that is  
guaranteed to cure or money refunded.  
Price 25c, 50c and \$1.00 per  
bottle. For sale by all dealers every-  
where.

Fixing the Date.

"You were married before the  
war, weren't you?"

"Well, yes; the fighting did start  
a few weeks after the ceremony."—  
Smart Set.

VETCH AND  
CHEAT  
SEED

We have a limited amount of each  
on hand, and if you will need any  
better put your order in early, as  
the supply will not equal the de-  
mand.

Tillson & Co.

151-161 High Street

Phone 139 Salem, Or

CAPITOL BAKERY,  
C. Ullom, Prop. Phone 389.

GOOD BUTTER

make the best food for children as  
they do for "grown ups." But bread  
as well as butter is an article of  
food requiring the closest scrutiny  
as to its quality, as there is lots of  
it unfit to eat. But no fault just or  
otherwise can be found with Ullom's  
bread. Thoroughly nutritious and  
palatable it makes friends every-  
where it is used. Try it.

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## The Public

is not skilled in tea and  
is entitled to protection.  
Our label—our brand

Folger's  
Golden  
Gate  
Tea



protects the tea drinker.  
Our reputation is back  
of every package of tea  
bearing our brand. Fol-  
ger's Golden Gate Tea  
means quality—purity—  
tea satisfaction.

J. A. Folger & Co.  
San Francisco  
Importers of Pure Teas

## KILLED FIVE ELK.

Hunters Boast of Murdering Half  
the Band.

Hills Short, Frang Hague, Hank  
Wells, Addison Cook and Jack  
Swanson arrived yesterday from  
an extended trip into the interior  
where they spent about ten days in  
search of elk. Each of the men have  
homesteads on the headwaters of  
Fall creek and spent a share of the  
time on their properties. Each  
man returned with an elk head and  
they loaded the five set of horns on  
a wagon and exhibited the trophies  
on Front street.

During their absence, the party  
traveled upwards of a hundred and  
twenty-five miles, scouring the  
country between Solomon's peak  
and the headwaters of Fall creek,  
and from Wallow mountain to the  
headwaters of North Fork. They  
met a party from Drain who had  
three sets; Coquille with two sets;  
two other men with two sets and  
Messrs. Dubell and Eggenoff who  
also had two sets. Besides these,  
they learned that there had been  
other elk killed which brought the  
total number which has been killed  
in the territory between here and  
the railroad to 20. Members of the  
party say that Hills Short, who was  
the official guide, is a woodsman  
who cannot be beaten in searching  
out the point of interest in the  
woods.

Addison Cook sustained an in-  
jured knee on the trip, by wrench-  
ing it between two logs. The other  
members of the party had to carry  
him from the interior to the trail,  
and placed him on a pair of horns  
for the trip.

The country where the party kill-  
ed the elk lies just half way between  
Marshfield and Oakland and accord-  
ing to reports, the supply of elk is  
badly depleted. The band from  
which three of the specimens were  
killed had ten in it, the majority be-  
ing cows.—Coos Bay Times.

The old remedies are the best.  
Hickory Bark Cough Remedy has  
been in use for over one hundred  
years by the old Dutch Dunks of  
Pennsylvania, and is still in use by  
all the old families of western Penn-  
sylvania. Is absolutely pure; made  
from the bark of the white or shell  
bark hickory tree. The bark is  
shipped from the east, and manu-  
factured in Salem, Oregon. For sale  
by all dealers everywhere.

Fixing the Date.

"You were married before the  
war, weren't you?"

"Well, yes; the fighting did start  
a few weeks after the ceremony."—  
Smart Set.

VETCH AND  
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We have a limited amount of each  
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# THE OUTING MAGAZINE

OCTOBER

Is on sale on every news stand in your city

The wholesome, hopeful, national magazine of  
the American outdoors. Its articles have the grip  
of personal experience. Its fiction is the best con-  
temporary American literature. Its facts are  
accurate and authoritative. Its artistic beauty is  
unexcelled.

The October number contains:

THE WAY OF A MAN, by EMERSON ROUGH. This serial is generally con-  
ceded to be the greatest novel of the year.  
THE COUNTRY FAIR, by DAVID LANSING, in which the author recalls  
the old country fair as it used to be.  
BALLOONING AND AERIAL NAVIGATION, by F. P. LAHN, U.S.A., being an  
outline of the immense aid practical air ships could render to science  
and to nations in war.  
YARNS OF THE FORWARD DECK, by VANCE THOMPSON; being a bunch  
of yarns unspined by a congenial party on board an ocean liner.  
ROUND UP DAYS, by STEWART EDWARD WHITE, will take the reader  
away from the noise and bustle of the city to the plains.  
GENERAL ISAAC SHELBY, FIRST GOVERNOR OF KENTUCKY, by LYNN  
TEW SPRAGUE. One of a series of articles retelling American His-  
tory in the form of vivid personal sketches.

And a dozen other features of interest with photographs  
of a score of divers scenes, supplemented by a liberal pro-  
portion of paintings and drawings.

There is no decrying the intensity or the diversity of  
interest that pervades, not only this but every number of  
THE OUTING MAGAZINE.

25 cents a copy

THE PERFECT MAGAZINE

\$3.00 a year

## Taking Immediate Steps.

Ruggles (the bookkeeper)—I'm  
more than half sick with the hay  
fever.

Ramage (the cashier)—That's  
bad. You ought to go to some  
place where you would be sure of  
finding frost.

Ruggles—I'll do it, Ramage. I'll  
go this minute and ask the old man  
for a raise in salary.—Chicago Tri-  
bune.

## His Dear Old Mother.

"My dear old mother, who is now  
83 years old; thrives on Electric  
Bitters," writes W. B. Brunson, of Dub-  
lin, Ga. "She has taken them for  
about two years and enjoys an ex-  
cellent appetite, feels strong and  
sleeps well." That's the way Elec-  
tric Bitters affect the aged, and the  
same happy results follow in all  
cases of female weakness and gen-  
eral debility. Weak, puny children  
too, are greatly strengthened by  
them. Guaranteed also for stomach,  
liver and kidney troubles, by J. C.  
Perry, druggist, 50c.

## CASTORIA.

Bears the  
Signature  
of  
The Kind You Have Always Bought  
Chas. H. Fletcher

## Hotel St. Philip

Fourth and Fifth and Burnside  
Streets, Portland, Oregon.

New fireproof European Hotel.  
Steam heat. Modern conveniences.  
Rates \$1.00 per day and up. Union  
depot car will land you at the door.

H. M. PIERCE, Prop.

## SALEM BRICK YARD

A. A. BURTON, Prop.  
Brick always on hand, in car lots  
or otherwise. Pressed brick made  
to order. Yard on State street, south  
of penitentiary. -7-1-tf.

## SALEM WATER COMPANY

OFFICE CITY HALL.  
For water service apply at office.  
Bills payable monthly in advance.

## Gold Dust Flour

Made by THE SYDNEY POW-  
ER COMPANY, Sidney, Oregon.  
Made for family use. Ask your  
grocer for it. Bran and shorts  
always on hand.

## P. B. Wallace

AGENT



## BUILDING A HOUSE

We can supply you with the lum-  
ber you need at the price that will  
materially economize in the cost.  
Just come and see us and look over  
our yards.

GOODALE LUMBER CO.,  
Yards Near Depot.

## Send the Family

Washing To Us

and you'll never bother with having  
it done at home again. Time war  
when every family could not afford  
to send the washing to a laundry  
but times have changed—so, too,  
have the methods and prices. Today  
you can better afford to send the  
family washing here than not to.  
Ask about our prices on family wash-  
ing, rough dry, or finished.

## The Salem

Steam Laundry

Phone 25. 136-166 S. Liberty St.

## Fancy Card Writing

Special prices for one month.

One dozen, 25 cents.

Two dozen, 40 cents.

Three dozen, 50 cents.

100 cards, different designs, \$1.25.

See samples and leave orders at  
Pomeroy jewelry store, on State  
street.

THE BEST ROAST THE  
FAMILY EVER HAD

Can be obtained from our prime  
tender and juicy beef, mutton or  
pork. All our meats are selected  
from the choicest, and prepared for  
the table to suit the demands of the  
fastidious. Our prices are lower for  
quality than you can find at any  
place in Salem,  
E. C. CROSS,  
Phone 291. 370 State St.

## CHICHESTER'S PILLS

THE DIAMOND BRAND.  
Sold in all parts of the world.  
Chichester's Diamond Brand  
Pills is the best and most reliable  
pills ever made. They are  
made of purest ingredients.  
Take no other. Buy of your  
druggist. Ask for CHICHESTER'S  
DIAMOND BRAND PILLS, for all  
years known to be best. Always reliable.  
SOLD BY DRUGGISTS EVERYWHERE.

## BUTTERNUT BREAD

It is worth more than any other  
bread, yet the price is no higher.  
For sale at your grocer's.

CALIFORNIA BAKERY.

Thomas & Cooley, Props.