

A GIRL'S LETTER.

Miss Rose Hurst, 733 Harris Street, Appleton, Wis., Writes Something of Interest to All Women.

Read What She Says:



"I WANT to say a word for Peruna for systemic catarrh and trust others who read this may try it and receive the same good from it that I did. I had been ailing for a long time and nothing seemed to do me any good, although I tried many doctors and many medicines. I had become so bad that there was no pleasure in living. I was finally asked by a friend to try Peruna, which I did, with many misgivings. What was my delight, after taking the first bottle, to see a great change for the better and I kept on improving until completely recovered. I now feel like a new woman. It has done wonders for me and I gladly recommend it to others."—Rose Hurst. No ailing woman can fail to be interested in the above testimonial. Miss Hurst was persuaded by a friend to try Peruna, and she is now perfectly well and feels like another woman. Such is her story in brief.

IS GREAT FOR FRUIT SHIPPERS

Uncle Sam Is Constructing a Refrigerating Machine On Wheels

Peaches, oranges and other fruits which are shipped long distances will reach their destinations in much better condition in the future, if William A. Taylor has his way. Taylor is the pomologist in charge of field investigation, department of agriculture. Through his initiative, Uncle Sam is now constructing at Chicago a refrigerating machine on wheels, which is expected to accomplish not a little for fruit shipments.

Taylor and his assistants have found out that the best way to ship fruit is to thoroughly cool it before allowing it to go on the road. Thus far in the experiments it has been necessary to load the fruit and haul it to a cold storage plant. But the plants were frequently at some distance, and meanwhile the fruit deteriorated.

This difficulty will be met, Taylor believes, by the refrigerating car. Upon the car is an oil-burning engine, a refrigerating plant which operates by the ammonia process and a system of fans for forcing blasts of cold air through cars of fruit. The refrigerating car will be put next to a car loaded with fruit and the cold blasts will be sent through the fruit car for some twenty-four hours. Then the car containing the fruit will be loaded and sent on its way rejoicing.

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The refrigerating car will first be tried in the shipment of oranges, as that is the problem upon which Taylor and his assistants are now directly engaged. But the expectation is to apply the same treatment to the shipment of peaches and other fruits when the opportunity comes.

The principles upon which the work is now done applies pretty fully to all of the fruits which are likely to be spoiled in transit, and the expectation is that Uncle Sam will be able to show fruit growers how they can safely leave peaches on the trees three or four days longer than they are now doing.

That this is within the possibilities has been developed in the course of the experiments which show that the precooling saves three or four days in the life of the fruit after picking. Peaches and other fruits gain very materially in size and will gain particularly in color and flavor in this extra time.

Alaskan-Yukon-Pacific Exposition.

The Seattle Times says: Work has commenced on the interior finishings of the Administration Building on the Alaska-Yukon-Pacific Exposition grounds. The structure is now being given its covering of staff and the building will be ready for occupancy by the exposition officials within a few weeks. It is expected the exposition corporation will be able to move its offices from the Arcade Annex to the exposition grounds not later than October 1.

In its arrangements the Administration Building is well equipped for the accommodating of the exposition forces. A complete heating system will be installed and the structure will open as complete in all its details as it is expected to be when the fair is in progress.

The building is located just to the left of the site of the main entrance at Fifteenth Avenue and Fortieth Street northwest. The present car line to the University passes close to the building.

A small army of men is working on the exposition grounds. Eight contracts have been awarded for work and forty acres are being cleared and graded.

The work now being done on the exposition site will prepare the ground for the main building of the fair. When the land is ready and the landscape gardening completed, contracts will be awarded for the buildings the state commission and the fair corporation are to erect. The remainder of the ground will be prepared by contractors as rapidly as it is needed.

Permanent Buildings.

After the Administration Building is made ready the principal work to be taken up will be that of the regents of the state university. By the terms of the Piper bills they are authorized to erect three buildings to cost not less than \$600,000. These buildings will be of a permanent character, intended for ultimate use of the university, but to be loaned for the temporary use of the exposition.

Contracts for building the state and corporation buildings will not be awarded for several weeks.

For an Impaired Appetite.

To improve the appetite and strengthen the digestion try a few doses of Chamberlain's Stomach and Liver Tablets. Mr. J. H. Seltz of Detroit, Mich., says: "They restored my appetite when impaired, relieved me of a bloating feeling and caused a pleasant and satisfactory movement of the bowels." Price 25 cents. Samples free. For sale at Dr. Stone's drug store.

Brevity Is the Soul.

In a Tennessee court an old colored woman was put on the witness stand to tell what she knew about the annihilation of a hog by a railway locomotive.

Being sworn, she was asked if she had seen the train kill the hog in question.

"Yassah, I seed it."

"Then," said counsel, "tell the court in as few words as possible just how it occurred."

"Yo' honah," responded the old lady, "I shore kin tell yo' in a few words. It jes' tooted an' tuck him."

—Success Magazine.

The Texas Wonder.

Cures all kidney, bladder and rheumatic troubles; sold by all druggists, or two months' trial treatment by mail for \$1.00. Dr. E. W. Hall, 2926 Olive street, St. Louis, Mo. Send for testimonials. Sold by Stone's drug store.

Misleading.

This world could call full many a bluff

And run more nearly right if honest men were no so gruff And crooks not so polite.

—Washington Star.

Shot and Shot Towers.

The necessity for the "shot" tower arises from the fact that molten lead must be dropped a long distance to make shot round and perfect in shape. It is an old-fashioned method, but it does not seem to have been improved on. The lead is first melted and tested and then it is run out into bars and transported to the top of the building. There it is melted again and poured through colanders, which are either hollow hemispherical iron disks or rectangular, flat sheets, each one perforated with a set of holes of uniform size, made perfectly smooth and exact. The lead when poured must be of the proper temperature for the special size to be made, and the workmen are careful to keep a film of oxide as a lining to the colander, which is thought to improve the roundness of the shot, possibly by expediting its cooling while it is passing through the air. The holes vary from 1-50 to 1-360 of an inch, but the shot are of larger diameter than the holes. In falling to the base of the tower the particles of semifluid lead, acted upon alike over their whole surface by the current of air, assume the globular form, and by the time they reach the bottom they are sufficiently hardened by the cooling to resist the shock of striking the surface of the vessel of water placed to receive them. Large-sized shot require a greater height than the smaller, and for the latter towers no higher than 100 feet are required. The tallest shot tower in the world is said to be in Villach, Carinthia, the structure being 249 feet in height.

Taken from the eastern of water into which they have dropped, the shot are dried and then assorted according to their sizes by sifting them in a revolving copper cylinder set slightly inclined and perforated with holes, which increase in size toward the lower end. The smaller sizes thus drop through above and the larger ones lower down, and each size is received in its own box. The shot get their superficial finish by being revolved for some time in a cylinder with pulverized graphite. Imperfect shot are separated from the truly spherical by allowing all to roll down an inclined plane. The perfect ones run straight down the middle while the imperfect work off to one side or the other.

A method of making shot without high towers has been patented in this country. The substitute for them is a low elevation, upon which a powerful current is blown, thus producing the effect of a long continued fall. Still another method is by pouring lead upon a revolving table on which is placed a cylinder of perforated sheet brass. The lead is thrown by centrifugal action through the perforations in the sides forming round brilliant shot, which strike against a linen screen placed to intercept them.—New York Sun.

Don't Grumble

When your joints ache and you suffer from Rheumatism. Buy a bottle of Ballard's Snow Liniment and get instant relief. A positive cure for Rheumatism, Burns, Cuts, Contracted Muscles, Sore Chest, etc., Mr. I. T. Bogy, a prominent merchant at Willow Point, Texas, says that he finds Ballard's Snow Liniment the best all round Liniment he ever used. Sold by D. J. Fry.

Fortunate Jones.

Jones—Fine time we had at the club last night, et?

Brown—You bet! Did you get home all right?

Jones—No, I was arrested before I got there and spent the night in the police station.

Brown—Lucky dog! I reached home.—Philadelphia Inquirer.

Can you afford to trifle with so serious a matter as to neglect a bad cold or cough, when for a trifling amount you can secure a bottle of "Hickory Bark Cough Remedy," that is guaranteed to cure or money refunded. Price 25c, 50c and \$1.00 per bottle. For sale by all dealers everywhere.

Not to Be Evicted.

"Really," said Mrs. Starem's crouy, "I'm surprised to hear you say you're having trouble to get your money out of Mr. Starboard. He always boasted that he paid as he went."

"Yes," complained Mrs. Starvem, "but I can't get him to go."—Philadelphia Press.

"Regular as the Sun"

Is an expression as old as the race. No doubt the rising and setting of the sun is the most regular performance in the universe, unless it is the action of the liver and bowels when regulated with Dr. King's New Life Pills. Guaranteed by J. C. Perry, druggist, 25c.

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