

Headache Sufferers

Do you want relief—in just a few moments and no bad after-effects.

If so, you have only to take, Dr. Miles' Anti-Pain Pills.

If subject to headache, have them with you always. No harm can come from their use, if taken as directed, as they contain no opium, chloral, morphine, cocaine, chloroform, heroin, alpha and beta eucaine, cannabis indica or chloral hydrate, or their derivatives.

Ask your druggist about them.

"It gives me great pleasure to be able to refer to the Dr. Miles' Anti-Pain Pills as the best remedy we have ever had in our house for the prevention and cure of headache. My wife who has been a constant sufferer for years with the above complaint, joins me in recommending Dr. Miles' Anti-Pain Pills, hoping they may fall into the hands of all who suffer."
J. L. BUBBIE, Waterville, N. Y.
Dr. Miles' Anti-Pain Pills are sold by your druggist, who will guarantee that the full package will benefit. If it fails, he will return your money. 25 doses, 25 cents. Never sold in bulk.
Miles Medical Co., Elkhart, Ind.

EIGHT DAYS WITHOUT FOOD

Nine Days Without Water—Dreamed
His Wife Had Brought Him
Bread—Waking, He Found
He Had Eaten His
Mittens.

Louis Vallot of the French fishing schooner La Mimosa of St. Malo, who was rescued at sea by the Cunard liner Carmania after he had been adrift in an open dory fourteen days—eight days without food—thus relates his awful experience:

"My dory mate and I left the Mimosa at 4 o'clock on the morning of May 27. The weather was thick, and we could not pick up the first buoy. Finally a snow flurry came on, and as I felt that the boat was drifting I threw out a sea anchor. Then the sea suddenly rose, and I thought we had better get back to the schooner. So I cut away the sea anchor, and my mate started to row in the direction of our boat, but we could make no headway.

"Suddenly a big sea swept both of us overboard. I could swim, and in spite of my heavy boots I got back into the dory, but my poor mate, Pacifique Melin, was swept away. With him were carried away four out of five oars we had in the boat.

"When I got back into the dory I found that she was half full of water.

"As the day wore on I frantically tried to row back to the schooner. I cut one of the thwart of the boat with my big fish knife and made a rough oar out of it, but I could get scarcely any way on the boat. As night began to fall I went to the locker where our stock of provisions was stored. I found that when the seas had washed over our boat the provisions had become wet.

"I supposed, though, I must have dozed off now and then, but the first night seemed to me the longest I have ever passed. I thought of my poor mate. I thought of my wife and children in France, and I prayed the Blessed Virgin to save me.

"At last morning broke. I searched the sea for some sign of the Mimosa or some other ship, but I could see nothing. The first morning I cut a notch in the side of the boat to show that a day had passed, and this I did every day regularly after that.

"The next night was worse than the first: the weather was frightful; the sea seemed to be running mountains high. The boat was swamped over and over again, and I made up my mind I was going to be drowned.

"Finally I took stock of my provisions. I found at the end of the fifth day that the water had given out, and I only had food for one day more. After I had eaten my last biscuit I grew so thirsty that I took a small drink of salt water to wash it down.

"The next day I had no food, but toward night it began to rain, and I caught some of the water and drank it. Then I think I must have got light headed. The dory seemed to me to be full of people, and my wife came and gave me bread. I found in the morning that I had eaten half of one of my mittens.

"I had long ago lost all reckoning of where I was. The last night before I was picked up was frightful. I heard voices, voices, everywhere whispering to me, calling me. Then I grew frightened; the horrible loneliness appalled me.

"When morning broke I saw a

ship. It was a long, long way off, but I blew my horn and shouted as long as I could. The men on the ship did not hear me, and she steamed away. I prayed, and then I saw another ship. God must have heard my prayer, for I saw her alter her course and come nearer to me, and I knew I was going to be saved. All my little remaining strength seemed to leave me once I was safe on the deck."

She Got Wise.

A Laramie woman went to the theater the other night with some friends, but when they were seated she was separated from her friends by a man and woman who seemed to pay no attention to each other. The woman figured out that if the two people would sit over a seat she would sit with her friends. Bracing up her nerve, she said sweetly to the man, "Beg pardon, are you here alone?" The man stared at the curtain as if he were drawing a salary for it. "I beg pardon," the woman said a little louder, "are you alone?" "Get wise," whispered the man hoarsely through the extreme corner of his mouth: "this is my wife."—Laramie Boomerang.

Your Liver

is out of order. You go to bed in a bad humor and get up with a bad taste in your mouth. You want something to stimulate your liver. Just try Herbine, the liver regulator. A positive cure for Constipation, Dyspepsia and all liver complaints. Mrs. F., Ft. Worth, Texas, writes: "Have used Herbine in my family for years. Words can't express what I think about it. Everbody in my household are happy and well, and we owe it to Herbine. Sold by D. J. Fry.

Rev. H. F. Tracy, vicar of St. Saviour's, Dartmouth, England, declares that in a few years curates will be as extinct as the dodo because the chance of earning a fair living after passing into middle age is a very remote.

Bad Burn Quickly Healed.

"I am so delighted with what Chamberlain's Salve has done for me that I feel bound to write and tell you so," says Mrs. Robert Mytton, 457 John St., Hamilton, Ontario. "My little daughter had a bad burn on her knee. I applied Chamberlain's Salve and it healed beautifully." This salve allays the pain of a burn almost instantly. It is for sale by Dr. Stone's Drug Store.

Bobby Remembered.

Binks after inviting his friend Jinks, who has just returned from abroad, to dinner is telling him what a fine memory his little son Bobby has.
"And do you suppose he will remember me?" said Jinks.
"Remember you! Why, he remembers every face that he ever saw."
An hour later they enter the house, and after Jinks has shaken hands with Mrs. Binks he calls Bobby over to him.
"And do you remember me, my little man?"
"Course I do! You're the same feller that pa brought home last summer and ma wuz so mad about it that she didn't speak to pa for a whole week."—Galveston News.

A Lazy Liver

May be only a tired liver, or a starved liver. It would be a stupid as well as a savage thing to beat a weary or starved man because he lagged in his work. So in treating the lagging, torpid liver it is a great mistake to lash it with strong drastic drugs. A torpid liver is but an indication of an ill-nourished, enfeebled body whose organs are weary with overwork. Start with the stomach and allied organs of digestion and nutrition. Put them in working order and see how quickly your liver will become active. Dr. Pierce's Golden Medical Discovery has made many marvelous cures of "liver trouble" by its wonderful control of the organs of digestion and nutrition. It restores the normal activity of the stomach, increases the secretions of the blood-making glands, cleanses the system from poisonous accumulations, and so relieves the liver of the burdens imposed upon it by the defection of other organs.

If you have bitter or bad taste in the morning, poor or variable appetite, coated tongue, foul breath, constipated or irregular bowels, feel weak, easily tired, dependent, frequent headaches, pain or distress, "small of back" gnawing or distressed feeling in stomach, perhaps nausea, or "rising" in throat after eating, and kindred symptoms of weak stomach and torpid liver, no medicine will relieve you more promptly or so effectively as Dr. Pierce's Golden Medical Discovery. Perhaps only a part of the above symptoms will be present at one time and yet point to torpid liver or biliousness and weak stomach. Avoid all hot bread and biscuits, griddle cakes and other indigestible food and take the "Golden Medical Discovery" regularly and stick to it until you are vigorous and strong.

The "Discovery" is non-secret, non-alcoholic, is a glyceric extract of native medicinal roots with a full list of its ingredients printed on each bottle-wrapper and attested under oath. Its ingredients are endorsed and attested by the most eminent medical writers of the age and are recommended to cure the diseases for which it is advised.

There are all Kinds of Tea

Good tea—bad tea—artificially colored tea and pure tea.



They may all look alike but there is a vast difference.

Folger's Golden Gate Teas are pure—flavorful—healthful. Six flavors

Ceylon Gunpowder
Japan English Breakfast
Oolong Black & Green

Packed flavor-tight in dust-proof cartons to protect the delicate leaf from exposure.

The choice of flavor is a matter of taste.

J. A. Folger & Co. San Francisco
Importers of Pure Teas

USE **SELF RISING** **B. B. B.** **Flour**
For Boston Brown Bread, Griddle Cakes, Muffins and Plum Pudding.
ALLEN'S B. B. B. FLOUR CO., INC., SAN JOSE, CAL.

Notice of Intention to Improve a Portion of Broadway Street in the City of Salem, Oregon.
TO WHOM IT MAY CONCERN:
Notice is hereby given that the common council of the city of Salem, Oregon, deems it expedient to improve, and proposes to improve, Broadway street in said city from a point 518 feet south of the center line of Belmont street, northerly to the center line of Norway street in said city, except a strip eight feet wide in the center of said portion of Broadway street now occupied by the track of the Oregon Electric Co., with full intersections in the following manner, to-wit:
By grading the roadway of said portion of said street full width except a said strip eight feet wide in the center of said portion of said street, with full intersections to the proper sub-grade, and by thoroughly rolling the sub-grade of said street and by placing thereon crushed rock in layers to the depth of eight inches, and by thoroughly rolling said crushed rock.
Also by constructing wooden curbs along both sides of said portion of said street.

All of said improvements to be made in accordance with the charter of the city of Salem, Oregon, and the plans, specifications and estimates for the doing of said work heretofore adopted by the common council of said city and now on file in the office of the recorder of said city, to which said plans, specifications and estimates the attention of all persons interested in said improvement is hereby called.
The cost of all of said improvement to be assessed to the owners of property adjacent to said portion of said street hereby proposed to be improved.
Remonstrances against the above improvement may be filed in writing with the city recorder of said city within ten days from the final publication of this notice.

By order of the common council of the city of Salem, Oregon.
W. A. MOORES,
Recorder.
Date of final publication of this notice is July 26, 1907.
For Sale.
At a bargain, the Candelaria Fruit Farm, situated three-fourths of a mile from the southern limits of the city. One-half mile from electric street car line. One of the finest locations in Marion county. A splendid view of the beautiful Willamette river, Polk county, hills, city of Dallas, Monmouth, Independence and city of Salem, state fair grounds, capitol building, asylum, penitentiary, asylum farm, mute school, reform school, Mta. Jefferson, Hood, Adams, Rainier and St. Helens. A good crop now in the orchard, of cherries, Bartlett pears, peaches and Italian prunes. If sold in the next ten days the crop will go with the sale. This year's crop will more than pay the interest on the investment two years in advance.
J. G. WRIGHT,
Agent.
7-2-1m

Special Eastern Excursion rates.
May 20, 21, June 6, 7, 8, July 8, 9, August 8, 9, 10, September 11, 12, 13. To Chicago and return, \$73.15. St. Louis and return, \$69.15. St. Paul and return, Omaha, Council Bluffs, Sioux City, St. Joe, Kansas City and return \$61.65.
W. M. MURRAY,
Gen. Pas. Agt.
5-21-1t



DON'T LET THIS HAPPEN

Put these good resolutions that you made on January 1st into effect at once by replacing your old plumbing with the newest ideas in sanitary open plumbing, and you will be rid of the annoyance of leaking pipes and flooded floors, as well as doctor's bills. We will furnish estimates for plumbing, gas fitting and satisfaction is guaranteed as to workmanship and charges.

A. L. FRASER
258 State Street.
Phone 135.

Send the Family Washing To Us

and you'll never bother with having it done at home again. Time was when every family could not afford to send the washing to a laundry, but times have changed—so, too, have the methods and prices. Today you can better afford to send the family washing here than not to. Ask about our prices on family washing, rough dry, or finished.

The Salem Steam Laundry
Phone 25. 126-166 S. Liberty St.

Salem Fence Wire

Headquarters for Woven wire Fencing.
Netting, Pickets, Gates, Shingles, P & B. Ready Roofing, Screen Doors and Adjustable Window Screens.
All at lowest prices.

Walter Morley
250 Court St. Salem, Ore



J. M. LAWRENCE
Formerly Baker, Lawrence & Baker
Reliable Grocer, At the Old Stand

WILLAMETTE FRUIT AND PRODUCE CO.

Wholesale dealers and commission merchants. Cash paid for Butter, Eggs, Poultry, etc. W. E. Cummings and C. A. Witcraft, Cottle block, Salem, Or.; J. C. Stapleton, 86 Union Avenue, Portland.

CLASSIFIED DEPARTMENT

FOR SALE

For Sale—Two Hambletonian mare colts, now ready to wean. Sired by "Blacksmith." C. F. Homyer, Route No. 2, four miles west of bridge on Popcorn road. 7-23-1w*

Timber for Sale—Thirty acres of second-growth fir; some old fir, and some big oak; 2500 to 3000 cords of wood on place. Two and half miles from Salem. W. M. Schutt, Salem, Route 2. 7-20-1t

For Sale or Rent—Attention nursery men and farmers, 320 acres, all in cultivation, deep soil, fine improvements, convenient to rail and navigation. This farm is especially adapted for nursery business. Inquire of owner, George O'Brien, 490 North Capital street, Salem, Oregon. 7-20-1t

For Sale—Two single top buggies, in first-class condition. One rubber tired. Apply to C. W. Yaukk, Fashion stables. Telephone 44. 7-18-1t

Highland Store.—We handle a full line of groceries and fresh meats and have lately put in a supply of tinware. Call and leave order or phone 496, and try us for prompt delivery. W. D. Wheeler. 7-16-1m

For Sale—New and second-hand furniture, kitchen utensils, bicycles, tents and camping outfits. We are money-savers for our customers. Conrad Dillman. 6-26-1m*

For Sale—Old papers, 10 cents per hundred. Inquire Journal office.

FOR RENT

For Rent—Seven-room house, hot and cold water, electric light, bath room. Inquire of Aug. Schreiber, 560 North High street. 3-25-1t

MISCELLANEOUS

Voigt Lumber and Fuel Co.—Lumber, shingles, building material, wood and coal. Low prices and prompt deliveries. One block east of S. P. passenger depot. Phone 198s. 7-2-1t

Piano Tuner—L. L. Woods, piano and pert tuning, repairing and polishing. Leave orders at Geo. C. Willis' music store, Salem. 2-9-1yr

Concrete Work.—Get my prices on sidewalks, curbs, septic tanks and cement work of any kind. All work guaranteed first-class. M Ward, Highland add. Phone 569. 6-11-1t

Butte & Wenderoth—Fine wines, liquors and cigars. We handle the celebrated Kellogg and Castle whiskies. Cool and refreshing beer constantly on drough. South Commercial street. 9-3-1yr

Salem Iron Works.—Founders, machinists and blacksmiths. Manufacturers of all kinds of sawmill machinery. Hop and fruit drying stoves, etc. Manufacturers of the Salem Iron Works Hop Press.

Salem Box & Lumber Co.—Removed from South Salem to 14th street, near the S. P. depot. Boxes, Berry Crates, Fruit Trays and Perfection Fruit Evaporators. Phone 201.

Enlarged—Our meat market on East State street has been doubled in size and we are better prepared than ever to serve customers. Prompt service and the best of meats our motto. Call or phone 199. B. E. Edwards, Prop.

We Are Cash Purchasers—Of poultry, eggs, and all kinds of farm produce. Berry crates made up in unlimited quantities. Capital Commission Co., 267 South Commercial street, Salem. Phone Main 179.

DRAYMEN.

Cummins Bros' Transfer Company—All kinds of transfer work done. Furniture and pianos boxed ready for shipment. Prompt service is our motto. Stand and office at 253 South Commercial street. Phone 210. Residence Phone 968.

PLUMBERS.

Theo. M. Barr—Plumbing, hot water and steam heating and tinning. 164 Commercial street. Phone Main 193. 9-1-1y

M. J. Fotel—Plumbing, steam and gas fitting. Successor to Knox & Murphy, 226 Commercial street. Phone Main 17.

LODGES.

Foresters of America—Court No. 115, Wood Foresters, No. 13. Tuesday in Hurst hall, State street. Lee Abbie, C. R.; A. L. Brown, F. S.

Central Lodge No. 18, K. of C. Castle Hall in Holman block. Tuesday in Hurst hall, State street. Oscar Johnson, C. C.; J. M. Anderson, K. of R. and H. S.

Modern Woodmen of America—Cedar Camp No. 5246. Every Thursday evening 8 o'clock in Holman hall, W. Hill, V. C.; F. A. Turner, Clerk.

Woodmen of World—Meet every day night at 7:30, in Holman hall. J. A. Dickey, C. S.; P. L. Ryan, Clerk.

Lincoln Annuity Union.—Sole agent and pension insurance. \$100,000 pledged; every day Good agents wanted. J. E. Montgomery, supreme organizer. Box 432 Salem, Oregon. P. Ryan, secretary, 546 State street.

MUSICAL.

Arthur Von Jessen—Teacher of piano; touch, technique, interpretation. Thorough preparatory. Advanced students prepared. Public appearance. Residence Center St. Tel. Main 524.

SASH AND DOOR FACTORY

Frank M. Brown—Manufactures sash, doors, mouldings. All kinds house finish and hard wood. Front street, bet. State and Commercial. Make all complaints at the office.

WANTED.

Wanted—To borrow \$1000 at best of real estate security. Apply to "J. P." care Journal.

Highest Cash Price—Paid for Goods at Willamette Hotel.

Rooms Wanted—If those who furnished or unfurnished with or without board, with location, price, etc., to C. A., we may be of service to you.

O. C. T. C.

STEAMERS

POMONA AND OREGONIAN FOR PORTLAND DAILY. SUNDAY AT 6 A. M.

P. M. BALDWIN



THE BEST ROAST

FAMILY EVER. Can be obtained from our tender and juicy beef, pork. All our meats are from the choicest, and prepared the table to suit the demands of fastidious. Our prices are quality than you can find place in Salem.
E. C. CROSS.
Phone 201.

Gold Dust Fl...

Made by THE SYDNEY... ER COMPANY, Sidney, N.S.W. Made for family use. Always on hand.

P. B. WALLACE

AGENT

SALEM WATER CO.

OFFICE CITY HALL. For water service apply to... Bills payable monthly.

SALEM BRICK

A. A. BURTON, Prop. Brick always on hand... or otherwise. Pleased to order. Yard on State street.