

Ills that Beset Womankind

Every woman should guard herself against the ills that menace her health and happiness. When Nature makes unusual demands upon the system, extra precautions should be taken to maintain the health and strength of the organs. At such times

Beecham's Pills

are recommended as a safe and natural remedy that gives exactly the needed help at the right time. The excellent results from these pills have made them the favorite of women for over half a century. Beecham's Pills strengthen the nerves, purify the blood, regulate the bowels, remove sick headache and promptly

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STONE'S HEAVE DROPS.

Greatly known remedy for heaves. Price \$1. To express offices away from Salem I pay 25 cents or express charges.

For sale by all druggists.

Highland, Oregon, Oct. 31, 1902.—

This is to certify that I gave my mare one bottle of "Stone's Heave Drops" and cured her of heaves.

This was last winter and she has not been afflicted since.—G. Wallace.

Dr. S. C. Stone, Salem, Ore.

SAMPLES FROM THE ADDRESSES

What the Educators Said at the Recent Association Meeting

The State Teachers' Association for Western Oregon, held July 1, 2 and 3, may well be said to mark a new area in the school affairs of Oregon. There was a subsidence of commercialism almost to the zero point, the book-agent as expounder of teaching methods in behalf of particular book disappeared, and the higher tendencies were given representatives on the platform. Psychology was much talked about and is as yet but dimly understood. But the psychology camel has got his head under the canvas and before many moons will have his body inside the tent. Speakers advocated the freest use of textbooks. One bold man said reading could not be properly taught from one school reader. He wanted the children to have a dozen to browse around among. Here is the need of the school library, or larger quantities of supplementary reading. The agriculturists and the manual training people were prominent on the program, and their places on the programs were voted the star performances of the sessions.

With a new compulsory education law, with a larger appropriation per capita for each child, with the maximum of all district schools increased one month in the year, with all the Normal schools put under one board of regents, who are not local representatives of any graft but solely seeking the best interests of the schools of the state, Oregon has indeed entered upon a plane of educational activity that ought to produce the best results—or at least far better results than have been achieved in the past.

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Taken on a debt. Will sell at a sacrifice, and give any terms you may ask for by paying the taxes and interest. Are located in the suburb, two blocks from car line. Call at

Radcliff Co.

Thompson's Rose Nicotine

Kills plant insects on flowers, fruit trees, vines or vegetables, and—VERMIN

On human body, dogs cats, fowls, and in the house.

Colorless, Odorless, Stainless

Price, 25 and 50 cents at

FRY'S DRUG STORE, Salem, Ore

Headquarters for all kinds of spray materials.

Ask for booklet, "How to Destroy Plant Insects and Vermin."

DR. KUM

Wonderful CHINESE DOCTOR

Will treat you with Oriental herbs and cure any disease without operation or pain.

Dr. Kum is known everywhere in Salem, and has cured many prominent people here. He has lived in Salem for 20 years, and can be trusted. He uses many medicines unknown to white doctors, and with them can cure catarrh, asthma, lung troubles, rheumatism, stomach, liver, and kidney diseases.

Dr. Kum makes a specialty of drops and female troubles. His remedies cure private diseases when everything else fails. He has hundreds of testimonials, and gives consultation free. Prices for medicines very moderate. Persons in the country can write for blank. Send stamp.

If you want some extra fine tea, get it from us.

DR. KUM BOW WO CO., 187 South High street, Salem, Oregon

MADAME DEAN'S FRENCH FEMALE PILLS.

A Pure, Certain Remedy for Suppressed Menstruation. NEVER KNOWN TO FAIL. Each Box 12 Pills. Satisfaction Guaranteed. Price 25c. Sold by all druggists.

Sold in Salem by Dr. S. C. Stone

ter results than have been achieved in the past. The editor of this paper attended all the sessions of the Teachers' Association. He heard many of the papers and addresses and demonstrations made before the sections and met many of the teachers and lecturers personally, and can say without flattery that they were a superior congregation of people. It is almost impossible to remain in the educational profession with an atrophied intellect although some manage to accomplish that difficult feat and even escape reading the daily newspapers, or acquiring any general culture. Such teachers are in the minority. We review a few of the closing addresses delivered on the afternoon of the third day:

Mrs. Eva Emory Dye of Oregon City, who is probably our most distinguished and successful literary woman, discussed the pioneer school masters. She traced the downfall of the native Indian races, the decline of the Peruvians and other decadent empires, to the disappearance of the schoolmaster habit.

She claims John Ball was the first school master in Oregon, who went back to Michigan and founded Grand Rapids and Michigan University. Next came Jason Lee and founded the Methodists Mission schools and Willamette University. Then came Whitman Spaulding and others.

The first school book in Oregon was printed at Lapwai Mission, by Dr. Spaulding. A little later came a great grand-daughter of Daniel Boone, who with her husband brought a press across the plains and founded the Oregon City Spectator, and printed 1000 copies of the old Webster spelling book. Commodore Stockton found an old army press at Monterey and a month after published the first newspaper there. That press was brought to Portland and printed the first Oregonian.

A Salem man, Mr. Craig, established the Panama Star, and a boy that played on his office floor, back in the fifties. That boy became one of a junta who established the Panama republic.

Mrs. Dye is what is called an easy and graceful speaker. She has a sweet voice and a face that is strongly intellectual. Her ample mouth, widely-set large eyes, sweet smile and artistic gesture, constitute her a model platform speaker. With a rich, vocabulary, a wonderful store of historical facts and general information, she imparts much to her hearers. Mrs. Dye won applause and approval for her eloquent and highly appreciated presentation of the cause of the school teacher.

D. Solis Cohen discussed the relations of home and school. The public schools were almost natural homes for our children. Conscientious teachers gave as much or more to children as their parents. He would appoint teachers for life, and like many of the other speakers promised all supernumerary teachers pensions. We all grow old before we know what youth means. Mr. Cohen proved an agreeable, entertaining speaker. He has a large head, well-filled with the well-stored results of wide reading and much close observation. His Americanism is all inclusive. He cannot see but what the children of foreign parents are able to hold their own with those of more remote European origin. He made an eloquent plea for fair treatment for all, regardless of nationality.

One of the strongest features of his address was his condemnation of secret societies in the public schools. He said their tendency was to create class distinction by excluding many children from social, racial, financial, and often personal reasons. Mr. Cohen was loudly applauded at the conclusion of his masterly address.

President Kerr of the State Agricultural College was the last speaker on the program. He said so many good things had been presented in such an able manner there was little new thought to present. Out of many State Teachers' Associations he had attended this was the best managed and most perfectly appointed he had ever seen. What was the function of education and its relation to the concurrent development of the country. In modern education—during the last fifty years—emphasis was placed on technical education. Courses in engineering had been made easy to enter without Greek or Latin. Questions of mind development, training, power to do, were made more important and easier of solution than formerly.

Second: Agricultural colleges were expanding their courses from a single professorship in that science to a dozen or score of departments. In Illinois 61 professorships were devoted to Agricultural arts and sciences. At Cornell college 47

rooms were employed in teaching scientific dairying. Agricultural college extension work in many states was carrying science in these lines right to the place where the work has to be done. Business like methods and application of scientific principles were necessary in modern farming. The standards of commercial work had been raised business colleges. Subjects like finance, manufactures and banking were being taught instead of merely book-keeping and stenography. Agriculture and domestic economy were being taught more thoroughly than ever before. The common aims, common rights and common abilities entitled men and women to common educational privileges. BUT AT THE POINT OF DIFFERENTIATION where arise the needs of training for woman in the home, as wife and mother, they had a right to especial preparation for their life-work. Its importance could not be over emphasized. High school courses had been adjusted to fitting pupils for colleges and universities, instead of preparing them for the actual needs of the individual himself. Also in the common schools too much was done to fit them for the high school and not enough to fit them for the actual duties of their life-work.

Of the 18,000,000 students enrolled in 1904 in our country 17,000,000 were in the common schools, only 325,000 were in the 8th grade and 75,000 in the High schools.

Over 92 per cent of the children who get the 8th grade education

MAKE A LIVING BY MANUAL LABOR. Could mechanic and domestic arts and scientific agriculture be taught in the common schools? Cube root, equation of payments, complex fractions, stocks and bonds were taught, WHEN THE BOY SHOULD BE LEARNING TO PRUNE TREES, plant them, spray them, learn types of dairying and beef types. Was a knowledge of cube root of any practical value to a boy? Was domestic science of as much value to girls as much of what was now called material science? Industrial High schools were being established in some states. Branches of industrial and domestic arts could be introduced in all high schools. Let us not wait for special industrial schools. It can and must be supplied through the regular channels of the public school system. One great difficulty stood in the way—SPECIALLY TRAINED TEACHERS WERE NEEDED.

They must be supplied by the state institutions for education. The people had a right to draw upon the Agricultural College and State University for such trained teachers. Oregon has adopted a textbook of Agriculture for the 7th and 8th grades. President Kerr said he was planning to have A TWO WEEKS' PREPARATORY COURSE FOR TEACHERS before the schools opened in fall to prepare them to use this textbook. He was loudly applauded. He proved one of the plainest and most impressive platform speakers who was on the three-day program and made every word tell for the elucidation of his subject. It was President Kerr's first appearance in Salem and he made a very happy impression both as a ready and well-informed speaker.

Principal Yoder discussed musical interpretation for children. Love of physical activity and imitation was at the basis of music with children. With untaught children rhythmical movements accompanied musical beginners. The best kindergarten methods were to be followed and some features eliminated as children grew older. Physical rhythm led to musical rhythm. For this he would introduce the skipping games—and to utilize the children's love of fun, to brighten the drudgery of school-room work. Exercises with steps, with the hands, steps forward and backward, with a bow at end of third step, with those who lead to aid in teaching instruction. In a child there were but two kinds of time, two-four time, and one-two-three-time. HE WANTED HIS CHILDREN TO ACQUIRE GRACEFULNESS. This must be taught before self-consciousness and awkwardness takes possession of children. The same type of musical movements did not appeal to boys and girls alike. The boy wanted something warlike and vigorous—THE GIRLS LIKE THE ROCK-A-BYE BABY SONG. There was no good musical work without physical rhythm as a foundation.

In any general scheme of school music war, work, nature and religion must be represented in music at the public schools. A little boy of three loves a song about kittens. A boy of five loves the Star of Bethlehem, Old Black Joe at a little older. MUSIC IS THE LANGUAGE OF THE EMOTIONS. The education of the heart is reached through music. He had the whole audience singing

before long. This was his definition of psychology. He made a plea for THE GOOD OLD SONGS THAT TOUCHED THE HEART OF CHILDREN. Boys love patriotic music, little girls love the music of the home. Children should be taught to work and sing together. When the boys begin to have their voices changing let them whistle. It preserves their music. Rhythm came out of the dance, melody out of poetry, harmony from the drama, and the fourth stage was symphony music. He made a plea for the ballad, that told a story. It was the music of the common people. He would keep Christmas, Thanksgiving and Easter with a special music. He made much of religious music—the fine old hymns, like "Abide With Me." He would bar Sunday school music in the public schools as most of it was no music. The reaction was not always good. Much of it was sectional.

The Committee on Resolutions now reported and their report was well received and warmly applauded.

Delegate to the National Educational Association was chosen in the person of State Supt. J. H. Ackerman of Salem.

It was announced that in the contest for next state convention Eugene had won by a small majority and the next Association will be held at the Queen City of the Willamette Valley.

The Magic No. 3.

Number three is a wonderful mascot for Geo. H. Parris of Cedar Grove, Me., according to a letter which reads: "After suffering much with liver and kidney trouble, and becoming greatly discouraged by the failure to find relief, I tried Electric Bitters, and as a result I am a well man today. The first bottle relieved and three bottles completed the cure." Guaranteed best on earth for stomach, liver and kidney troubles, by J. C. Perry druggist. 50c.

New Depot For Lebanon.

General Manager J. P. O'Brien, Superintendent L. R. Fields and Road Master Wm. Bollons, were in Lebanon Saturday looking over the situation for the new improvements to be made here this summer.

They announce that a new freight warehouse will be erected and a new passenger depot with ample waiting room facilities will be built. New platforms and side tracks will be put in so as to make the yard complete and large enough to handle all the lumber and freight offered for shipment.—Lebanon Criticon.

Constipation.

For constipation there is nothing quite so nice as Chamberlain's Stomach and Liver Tablets. They always produce a pleasant movement of the bowels without any disagreeable effect. Price, 25 cents. Samples free at Dr. Stone's Drug Store.

Will Visit Portland.

Hon. James R. Garfield, Secretary of the Interior, and party, will spend Saturday, July 13th, in Portland. They will be guests of Dr. Henry Waldo Coe for a drive over the city and luncheon at his residence and for a banquet at the Commercial Club in the evening.

Restless Nervous

Do you get up in the morning tired, languid, and frequently with headache almost unbearable? You have been unable to rest or sleep. It is nervous exhaustion, and affects the heart, lungs, stomach and all the organs that depend upon the nerves for motive power. What you need is Dr. Miles' Nervine to restore nervous energy and give new life to the organs.

"For years I have been very nervous, suffered terribly with headache. I had always gone to the doctor, and was about to go one day to try him for the last time, when a friend advised me to try Dr. Miles' Restorative Nervine. I purchased a bottle and the results were so satisfactory I have been taking it ever since. It has helped me wonderfully. Dr. Miles' Nerve and Liver Pills have done lots of good for me. When I get to feeling nervous now, I go for the Nervine bottle and I am so thankful I have something to help me without a doctor bill." MARIE HARRIS, 214 College St., Piqua, Ohio.

Dr. Miles' Nervine is sold by your druggist, who will guarantee that the first bottle will benefit. If it fails, he will refund your money. Miles Medical Co., Elkhart, Ind

The Knock-out Blow.

The blow which knocked out Corbett was a revelation to the prize ringers. From the earliest days of the fight the knock-out blow was aimed for the jaw, the temple or the jugular vein. Stomach punches were thrown in to worry and weary the fighter, but if a scientific man had told one of the old fighters that the most vulnerable spot was the region of the stomach, he'd have laughed at him for an ignoramus. Dr. Pierce is bringing home to the public a parallel fact; that the stomach is the most vulnerable organ out of the prize ring as well as in it. We protect our heads, throats, feet and lungs, but the stomach we are utterly indifferent to, until disease finds the solar plexus and knocks us out. Make your stomach sound and strong by the use of Dr. Pierce's Golden Medical Discovery, and you protect yourself in your most vulnerable spot. "Golden Medical Discovery" cures "weak stomach," indigestion, or dyspepsia, torpid liver, bad, thin and impure blood and other diseases of the organs of digestion and nutrition.

The "Golden Medical Discovery" has a specific curative effect upon all mucous surfaces and hence cures catarrh, no matter where located or what stage it may have reached. In Nasal Catarrh it is well to cleanse the passages with Dr. Sage's Catarrh Remedy fluid while using the "Discovery" as a constitutional remedy. Why the "Golden Medical Discovery" cures catarrhal diseases, as of the stomach, bowels, bladder and other pelvic organs will be plain to you if you will read a booklet of extracts from the writings of eminent medical authorities, endorsing its ingredients and explaining their curative properties. It is mailed free on request. Address Dr. R. V. Pierce, Buffalo, N. Y. This booklet gives all the ingredients entering into Dr. Pierce's medicines from which it will be seen that they contain not a drop of alcohol, pure, triple-refined glycerine being used instead. Dr. Pierce's great thousand-page illustrated Common Sense Medical Adviser will be sent free, paper-bound, for 21 cent stamps, or cloth-bound for 51 stamps. Address Dr. Pierce as above.



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For sale by AUG. SCHREIBER, Salem.

Sallowness Transformed to Dusky Beauty. A dark skin becomes fascinating when delicately soft, underpinned with the radiant glow which indicates a healthy, active skin. Robertine keeps the skin refined in quality, keeps pores free from clogging waste and stimulates the tiny capillaries to contribute the color which charms in blonde and brunette alike. Robertine is certain protection against tan, sunburn and freckles if applied before exposure to sun or wind. Spreads like an imperceptible sheen of gauze over skin surface, forming a shield stimulating and preserving a delicate, lustrous beauty. Ask your Druggist TODAY for a free sample of ROBERTINE

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