

The Kidneys Are Weakened by Over-Work.

Many Kidneys Make Impure Blood.

It is considered that only the great kidneys, which are traced to the kidneys, but now modern science proves that nearly all diseases have their beginning in the disorder of these most important organs.

The kidneys filter and purify the blood—that is their work.

When your kidneys are weak, you can understand how your entire body is affected and how every organ seems to fail to do its duty.

When you are sick or "feel badly," begin with the great kidney remedy, Dr. Williams' Pink Pills, because as soon as your kidneys are well they will help every other organ to health. A trial will convince anyone.

When you are sick you can make no mistake in doctoring your kidneys. The kidneys are the extra-ordinary effect of the great kidney remedy, Dr. Williams' Pink Pills, is soon realized. It is the highest for its wonderful cures in the most distressing cases, and is sold in fifty-cent and dollar bottles by all druggists.

You may get a sample bottle of Dr. Williams' Pink Pills free, also a pamphlet telling you how to find out if you have kidney or other trouble. Mention this paper in writing to Dr. Williams & Co., Druggists, N. Y. Don't make any mistake, remember the name, Swamp-Root, Dr. Williams' Pink Pills, and the address, Dr. Williams' Pink Pills, N. Y., on every bottle.

EDDY NAMES COMMISSION

to Formulate Plans for River Improvements

Complying with petitions presented by numerous commercial organizations of the Mississippi valley, President Roosevelt has decided to appoint an international waterways commission whose duties it will be to prepare and report a comprehensive plan for the improvement and control of the river systems of the United States. Eight public men have been selected to serve on the commission and representative Theodore Burton, of Ohio, chairman of the rivers and harbors committee in the last congress, is to be chairman of the commission. In a letter which he has addressed to each of these persons, the president sets out he is influenced by appointing the commission of the national consideration of the national policy, that the railroads are no longer able to move crops and manufactures rapidly enough to secure the prompt transaction of the business of the nation and that there appears to be but one complete remedy—the development of a complimentary system of transportation by water. The president's letter in full follows:

"The White House, Washington, March 14, 1907.

"My Dear Sir:—Numerous commercial organizations of the Mississippi valley have presented petitions asking that I appoint a commission to prepare and report a comprehensive plan for the improvement and control of the river systems of the United States. I have decided to comply with these requests by appointing an international waterways commission and I have asked the following gentlemen to act upon it. I shall be much gratified if you will consent to serve: Theodore E. Burton, chairman; Senator Francis G. Newlands, Senator William Warner, John H. Rankin, General Alexander Macdonald, Dr. W. G. McGee, F. H. Newell, Clifford Pinchot, Herbert Knox Smith.

"In creating this commission I am influenced by broad consideration of national policy. The control of our navigable waterways lies with the federal government, and carries with it corresponding responsibility and

Pimples and Blotches

Are not the only signs that a blood-cleansing, tonic medicine is needed. It is the cause of all skin diseases, and general debility are other signs, and they may be worse signs.

The best blood-cleansing, tonic medicine is Hood's Sarsaparilla, which acts directly and peculiarly on the blood, purifying it of all foreign matters and building up the whole system. This statement is verified by the experience of thousands radically cured.

Over forty thousand testimonials received in two years, by actual count.

Accept no substitute for

Hood's Sarsaparilla

Get it today. In liquid or tablet form. 100 Doses \$1.

obligations. The energy of our people has hitherto been largely directed toward industrial development connected with field and forest and with coal and iron and some of these sources of material and power are already largely completed; while our inland waterways as a whole have thus far received scant attention. It is becoming clear that our streams should be considered and conserved as great natural resources. Works designed to control our waterways have thus far usually been undertaken for a single purpose, such as the improvement of navigation, the development of power, the irrigation of arid lands, the protection of lowlands from floods, or to supply water for domestic and manufacturing purposes. While the rights of the people to these and similar uses of water must be respected, the time has come for merging local projects and uses of the inland waters in a comprehensive plan designed for the benefit of the entire country. Such a plan should consider and include all the uses to which streams may be put, and should bring together and co-ordinate the points of view of all users of water. The task involved in the full and orderly development and control of the river systems of the United States is a great one, yet it is certainly not too great for us to approach. The results which it seem to promise are even greater.

"It is common knowledge that the railroads of the United States are no longer able to move crops and manufactures rapidly enough to secure the prompt transaction of the business of the nation, and there is small prospect of immediate relief. Representative railroad men point out that the products of the northern interior states have doubled in ten years, while the railroad facilities have increased but one-eighth and there is reason to doubt whether any development of the railroads in the near future will suffice to keep transportation abreast of production. There appears to be but one complete remedy—the development of a complimentary system of transportation by water. The present congestion affects chiefly the people of the Mississippi valley and they demand relief. When the congestion of which they complain is relieved the whole nation will share the goods results.

"While rivers are natural resources of the first rank they are also liable to become destructive agencies, endangering life and property and some of our most notable engineering enterprises have grown out of efforts to control them. It was computed by General Humphreys and Abbe half a century ago, that the Mississippi alone sweeps into its lower reaches and the gulf 400,000,000,000 of floating sediment each year—about twice the amount of the material to be excavated in the opening of the Panama canal, besides an enormous but unmeasured amount of earth salts and soil matter carried in solution. This vast load not only causes its channels to close and flood the lowlands of the lower river, but renders the flow capricious and difficult to control. Furthermore, the greater part of the sediment and soil matter is composed of the most fertile material of the fields and pastures drained by the smaller and large tributaries. Any plan for utilizing our inland waterways should consider floods and their control by forests and other means; the protection of bottom lands from injury by overflows, and uplands from loss by soil wash; the physics of sediment charged waters and the physical or other ways of purifying them; the construction of dams and locks, not only to facilitate navigation, but to control the character of the waters; and should look to the full use and control of our running waters and the complete artificialization of our waterways for the benefit of our people as a whole.

"It is not possible properly to frame so large a plan as this for the control of our rivers without taking account of the orderly development of other natural resources. Therefore I ask that the inland waterways commission shall consider the relations of the streams to the use of all the great permanent natural resources and their conservation for the making and maintenance of prosperous homes.

"Any plan for utilizing our inland waterways, to be feasible, should recognize the means for executing it already in existence, both in the federal departments of war, interior, agriculture and commerce and labor, and in the states and their subdivisions; and it must involve unduly burdensome expenditures from the national treasury. The cost will necessarily be large in proportion to the magnitude of the benefit to be conferred, but it should be small in comparison with the 17,000,000,000 dollars of capital now invested in steam

A Voice from the Stomach

A Bloodless Fight Between a Tablet and a Habit—The Tablet Wins.

At the age of 22, Clarence had good digestion. He had gastric juice that could dissolve doughnuts and turn apple skins into good blood corpuscles.

At the age of 24 he began to be profuse about the waist and lean backwards. He also began to cultivate several chins. In his new-found pride he began to think it his duty to gorge himself on everything, the good and the bad, for appetite feeds on appetite—and every good thing is abused.

His pictures showed that he took on weight after he put his collar on.

At the age of 26 Clarence married and went to boarding. On top of all this, he attended oyster suppers and wine dinners which reduced the size of his collar from 14½ to 15. With still abiding faith in the strength of his stomach he gulped his meals and chewed them afterwards.

At the age of 28 Clarence began to hear an inward voice—a warning from the stomach. After each meal he would feel bloated, and belching became a habit.

He began to be a light eater—and a heavy thinker. He tried to think out a cure, for now he would sit down to his meals absolutely disgusted at the thought or sight of anything to eat.

He would sit down at his meals without the trace of an appetite, just because it was time to eat. He would often feel a gnawing, unsatisfied "still-hungry" feeling in his stomach, even after he was through eating, whether his meal was well cooked or not.

And he suffered a good many other things with his stomach that he could not explain, but that made him grouchy, miserable, out-o'-sorts and generally sour on everybody and everything.

Finally he read an account, something like this, about the truly wonderful results obtained from Stuart's Dyspepsia Tablets in all cases of stomach trouble, dyspepsia, and so on. He bought a 50c box at the drug store, and took the whole box. When he started, he had little faith—and less appetite. When he finished he had absolute faith—and more appetite, and more good cheer. Things began to taste different and better to him.

Now he has no more dyspepsia, no more indigestion, no more loss of appetite, brash, irritation, burning sensation, heartburn, nausea, eructations, bad memory, or loss of vim and vigor.

Remember, one ingredient of Stuart's Dyspepsia Tablets will digest for you 3000 grains of food, just as it did for Clarence.

This relieves your stomach of the work of digesting until your stomach can get strong and healthy again. Your stomach has been overworked and abused. It's fagged out. It needs a rest.

Let Stuart's Dyspepsia Tablets do the work of your stomach. You will be surprised how fine you'll feel after eating, and how lusciously good everything will taste to you.

Heed the call of the stomach now! There's a world of good cheer in one box of Stuart's Dyspepsia Tablets,—at any drug store, 50c.

Send us your name and address today and we will at once send you by mail a sample package, free. Address: F. A. Stuart Co., 84 Stuart Bldg., Marshall, Mich.

railways in the United States—an amount that would have seemed enormous and incredible half a century ago. Yet the investment has been a constant source of profit to the people and without industrial progress would have been impossible.

"The questions which will come before the inland waterways commission must necessarily relate to every part of the United States and affects every interest within its borders. Its plans should be considered in the light of the widest knowledge of the country and its people and from the most diverse points of view. Accordingly when its work is sufficiently advanced, I shall add to the commission certain consulting members with whom I shall ask that recommendations be submitted before they are submitted to me. The reports of the commission should include both a statement of the problem and recommendations as to the manner and means of attacking it.

"THEODORE ROOSEVELT."

OASTORIA.

The Kind You Run Always Bought

Signature of Dr. H. H. H. H.

Smiles

When an uncontrollable desire to do right takes hold of a man he can't resist it, even if he is a member of the legislature.

Hon. Chas. W. Fulton has announced his candidacy for re-election as U. S. senator. If a senator makes good the first term he certainly is in much better position to serve his constituency. Has Fulton made good?—Albany Democrat. Leave that to the people to decide.

Residents of the Alsea country have raised \$261 toward building a shorter and better road over the mountains to Corvallis.

Stayton will vote today on issuing \$10,000 bonds to build water works.

All timber land in Benton county has been withdrawn from sale by the President for forest reserves. And in nearly all other counties.

The Medford Tribune enters upon its second year as a daily paper under the able management of A. F. Moore. It is a credit to that live city.

Dr. Ray, the live man of southern Oregon, gave a banquet to the business men of Medford attended by nearly a hundred. It was a great harmonizer and enthruster.

Oregonians these days get better weather than they deserve, and better than any other people on earth get.

"If a man cannot graft what is the use of 'doing politics.'—G. R. After.

W. E. Burke is said to be engineering a boom for John B. Coffey for mayor of Portland.

Perpetrated by Oregon City Star: The difference is this. A widow knows. A splinter has to make you think she knows.

Lon Brown, of Silverton, is dead. It is believed he has buried most of his money in a field.

When business is good, advertise. Then you can afford it, and it will never be bad.

The Salem Journal intimates that Salem has an Abe Ruef, and now every last city on the coast will be laying claim to some such appendage. It never does any harm for people to look into the corners and see what's doing.—Albany Democrat.

Ashland will have crushed rock macadam paving on Main street.

LOCAL Y. M. C. A. NEWS.

Lecture Course in Grand Opera House the Coming Season.

The committee which is raising money for the expenses of the Y. M. C. A. for 1907 has only \$341 to collect before it will have the needed amount of \$570. The work is progressing rapidly, and it is thought that a few more days will see all the necessary funds in the hands of the energetic committee.

An excellent lecture course has been arranged to be given the coming season. The best talent obtainable has been engaged for the dates, and it will doubtless be the best course that has ever been given here. The series will begin in November, when the Boston Sextette, which pleased the Salem music lovers recently, will give a concert. The attractions which have been engaged are as follows: Boston Sextette, in November; Wireless Telegraphy, in December; Dr. Driver, of the Chicago Commons church, the latter part of December; Ople Reed, in January; Rodgers and Griley, in January, and the Dunbar Bell Ringers in March. There are two dates which have not as yet been filled. The entire course will be given in the Grand Opera House, and the admission for the series will probably be given for the nominal sum of \$3.

Saved Her Son's Life.

The happiest mother in the little town of Ava, Mo., is Mrs. S. Ruppee. She writes: "One year ago my son was down with such serious lung trouble that our physician was unable to help him; when, by our druggist's advice I began giving him Dr. King's New Discovery, and I soon noticed improvement. I kept this treatment up for a few weeks when he was perfectly well. He has worked steadily since at carpenter work. Dr. King's Discovery saved his life." Guaranteed best cough and cold cure by J. C. Perry, druggist; 50c and \$1. Trial bottle free.

A LAZY LIVER

May be only a tired liver, or a starved liver. It would be a stupid as well as savage thing to beat a weary or starved man because he lagged in his work. So in treating the lagging, torpid liver it is a great mistake to lash it with strong drastic drugs. A torpid liver is but an indication of an ill-nourished, enfeebled body whose organs are weary with over-work. Start with the stomach and allied organs of digestion and nutrition. Put them in working order and see how quickly your liver will become active. Dr. Pierce's Golden Medical Discovery has made many marvelous cures of "liver complaint," or torpid liver, by its wonderful control over the organs of digestion and nutrition. It restores the normal activity of the stomach, increases the secretions of the blood-making glands, cleanses the system of poisonous accumulations, and so relieves the liver of the burdens imposed upon it by the defection of other organs.

Symptoms. If you have bitter or bad taste in the morning, poor or variable appetite, coated tongue, foul breath, constipated or irregular bowels, feel weak, easily tired, despondent, frequent headaches, pain or distress in "small of back," gnawing or distressing feeling in stomach, perhaps nausea, bitter or sour "risings" in throat after eating, and kindred symptoms of weak stomach and torpid liver, or biliousness, no medicine will relieve you more promptly or cure you more permanently than Dr. Pierce's Golden Medical Discovery.

Perhaps only a part of the above symptoms will be present at one time and yet point to torpid liver, or biliousness and weak stomach. Avoid all hot bread and biscuits, griddle cakes and other indigestible food and take the "Golden Medical Discovery" regularly and stick to its use until you are vigorous and strong.

Of Golden Seal root, which is one of the prominent ingredients of "Golden Medical Discovery," Dr. Roberts Bartholow, of Jefferson Medical College, says: "Very useful as a stomachic (stomach) tonic and in atonic dyspepsia. Cures gastric (stomach) catarrh and headaches accompanying same."

Dr. Grover Coe, of New York, says: "Hydrastis (Golden Seal root) exercises an especial influence over mucous surfaces. Upon the liver it acts with equal certainty and efficacy. As a chologogue (liver invigorator) it has few equals." Dr. Coe also advises it for affections of the spleen and other abdominal viscera generally, and for scrofulous and glandular diseases, cutaneous eruptions, indigestion, cecility, chronic diarrhea, constipation, also in several affections peculiar to women, and in all chronic derangements of the liver, also for chronic inflammation of bladder, for which Dr. Coe says "it is one of the most reliable agents of cure."

Prof. John King, M. D., late of Cincinnati, author of the AMERICAN DISPENSARY, gives it a prominent place among medicinal agents, reiterates all the foregoing writers have said about it, as does also Prof. John M. Scudder, M. D., late of Cincinnati. Dr. Scudder says: "It stimulates the digestive processes and increases the assimilation of food. By these means the blood is enriched." The consequent improvement on the glandular and nervous systems are natural results." Dr. Scudder further says, "in relation to its general effect upon the system, there is no medicine in use about which there is such general unanimity of opinion. It is universally regarded as the tonic, useful in all debilitated states."

It will be in order for apologists of graft generally to denounce Portland people who are raising \$50,000 to unearth the boodle gang of that city. They are probably as pure there in all their political methods as at Salem and elsewhere.

The first big boodler, land grabber or political corruptionist has yet to wear stripes on the Pacific coast.

Prof. Finley Ellingwood, M. D., of Bennett Medical College, Chicago, says of Golden Seal root: "It is a most superior remedy in catarrhal gastritis (inflammation of the stomach), chronic constipation, general debility, in convalescence from protracted fevers, in prostrating night-sweats. It is an important remedy in disorders of the womb." (This agent, Golden Seal root, is an important ingredient of Dr. Pierce's Favorite Prescription for women's weaknesses, as well as of the "Golden Medical Discovery.") Dr. Ellingwood continues, "in all catarrhal conditions it is useful."

Much more, did space permit, could be quoted from prominent authorities as to the wonderful curative properties possessed by Golden Seal root.

We want to assure the reader that "Golden Medical Discovery" can be relied upon to do all that is claimed for Golden Seal root in the cure of all the various diseases as set forth in the above brief extracts, for its most prominent and important ingredient is Golden Seal root. This agent is, however, strongly reinforced, and its curative action greatly enhanced by the addition, in just the right proportion of Queen's root, Stone root, Black Cherrybark, Bloodroot, Mandrake root and chemically pure glycerine. All of these are happily and harmoniously blended into a most perfect pharmaceutical compound, now favorably known throughout most of the civilized countries of the world. Bear in mind that each and every ingredient entering into the "Discovery" has received the endorsement of the leading medical men of our land, who extol each agent named above in the highest terms. What other medicine put on for sale through druggists can show any such professional endorsement? For dyspepsia, liver troubles, all chronic catarrhal affections of whatever name or nature, lingering coughs, bronchial, throat and lung affections, the "Discovery" can be relied upon as a sovereign remedy.

A little book of extracts treating of all the several ingredients entering into Dr. Pierce's medicines, being extracts from standard medical works, of the different schools of practice will be mailed free to any one asking (by postal card or letter), for the same, addressed to Dr. R. V. Pierce, Buffalo, N. Y., and giving the writer's full post-office address plainly written.

Don't accept a substitute of unknown composition for this non-secret MEDICINE OF KNOWN COMPOSITION

If there is no crooked work in Salem and Marion county public business, so much the better. But that no one shall even hint at it, is asking too much.

The grange wants an agricultural president of the agricultural college. That's strange.—Albany Democrat. Yes, it is passing strange! Why not put in a two-by-four politician?

Only One of a Kind

Receiving a shipment of spring hats each day, and there will be no two of these hats alike in Salem.

ONLY LARGE EXCLUSIVE MILLINERY STORE IN SALEM

Is showing the very newest and most up-to-date millinery to be secured in the Eastern market centers, and as such has been favored since the season opened, by an unprecedented patronage from people of taste, who prefer the best, and appreciate exclusiveness in style and design.

FISK HATS. GAGE HATS. Hand-tailored street and suit hats in latest New York patterns. Our milliner is direct from the East.

MISS M. D. EVANS, With Jos. Meyers & Sons

A SQUARE DEAL

AND A FAIR TRIAL OF OUR FARM IMPLEMENTS AND MACHINERY OF ALL KINDS. IF YOU ARE NOT SATISFIED WITH A FAIR TRIAL YOU NEED NOT BUY.

I SELL TRACTION AND STATIONERY ENGINES, NICHOLS AND SHEPARD'S RED RIVER SEPARATORS, HAY BALERS, STREET AND ROAD GRADING MACHINERY.

WE HANDLE THE BYRD WAGONS, ENGER BUGGIES, HACKS AND CARRIAGES.

WE ARE AGENTS FOR THE ADRIANCE, BUCKEYE MOWERS, CLIPPER PLOWS AND BLUE RIBBON CULTIVATORS, ALSO SOME SECOND HAND FARM IMPLEMENTS AND WAGONS VERY CHEAP.

PAINTS, OILS AND VARNISHES AT WHOLESALE AND RETAIL, GLASS AND STAINS OF ALL KINDS, AND PAINTERS SUPPLIES.

BUGGY TOPS, DASHBOARDS, WHIPS, ROBES, ETC. CORRESPONDENCE SOLICITED, CIRCULARS AND DESCRIPTIVE CATALOGUES FURNISHED ON APPLICATION.

GEO. B. JACOB, Prop.

PHONE 464 MAIN COR. FRONT AND PINE STREETS