

# Every Heart Beat

Forces about 8 ounces of blood out of the heart, and sends it couraging through the veins to the remotest part of the body. This is the amount required by nature to nourish and sustain your body. Every ounce less than this means a shortage in nature's supply of building-up material. A weak heart cannot meet this demand, and consequently you suffer. If your heart skips a beat, or flutters, palpitates, pains you, or you have shortness of breath, you may be sure that the heart is working imperfectly.

Dr. Miles' Heart Cure will strengthen the heart muscles and nerves.

"I had been a great sufferer for 15 years. At the time I commenced taking Dr. Miles' Heart Cure I had been confined to my bed for four months. I had frequent sinking spells, sometimes as many as three in a day, during which my heart would seem to stop beating. Reconsulting the editing of a physician to reexamine me. Before finishing the first bottle the sinking spells had ceased, and I took altogether five bottles for a complete cure. I now enjoy perfect health, and am very grateful for this wonderful medicine, for it is the means of my being with my family now."

REBECCA BIENSTOCK,

1219 Yandee St., Indianapolis, Ind.  
Dr. Miles' Heart Cure is sold by your druggist, who will guarantee that the first bottle will benefit. If it fails he will refund your money.  
Miles Medical Co., Elkhart, Ind.



## EXPERT WORK

Myopia lenses ought to be ground strictly to order. Ready-ground stock lenses no more fit than would ready-made false teeth. The Munsell Optical Co. grinds each lens especially for each eye. Our workshops have all the latest, modern and expensive machinery known to the Optical craft. Our employees are expert. If we fit your glasses they will be exactly right. Consultation costs you nothing. Booklet, with valuable information about the human eye, FREE.

**Munsell Optical Co.**  
MACLEAN BLD. 4th & WASH STS. PORTLAND

# HEROIC WORDS FIGURE

By Rev. Dr. Newell Dwight Hillis.

Some biographies of heroes are long, and yet they leave the central figure a vague and shadowy form. The memorabilia of Jesus are short, and yet we know Him as we know a familiar friend of yesterday. From His features not one line is lacking. His flower like childhood, the purity of His youth, the majesty and beauty of His increasing manhood, the atmosphere of character that He carried—all, all are fully known. Standing on the hilltop, we look down upon a populous valley holding in its lap shining towns and cities, and from the mount we look down across the career of Jesus, bright with parables, sparkling with deeds of mercy, glorious with wonder words and works. Once none so little but that Jesus was less in honor; now, none so exalted as singer, scientist, reformer, artist, poet, but that He seeks to borrow new fame by linking his name with One whose star has climbed zenithward into solitary preeminence.

In the republic every citizen is one-eighty-millionth of a king. In the civilization of today every leader who has conquered the love of the generation he has served is one fraction of the Christ life, and has borrowed his inspiration and ideal from the Carpenter's Son. More wonderful than all else is His unfolding perfection. In general perfection means the purgation of imperfections. Slowly some Thorwaldsen rubs off a speck of marble dust here and sandpapers the roughness there. Slowly, with here a stroke and there a stroke, the artist carries his canvas toward ideal beauty. With infinite caresses and interlacations the poet polishes his perfect verse. Success is the residuum left after a thousand artistic failures.

With God it is otherwise. All His sweet briar has to do is to unroll. So it is with Jesus. He unfolded each faculty as a rose its petals. Lo, there was nothing to be added, and nothing to be taken away. And yet he grew in wisdom. By experience, by work,

by travel, and conversation he gathered knowledge about the fields, the woods, the sea, the sky, about men, tools, and events. Also, what we never would have dared to say the word of God says. His memorabilia declares—He "grew in favor with God." God's confidence and love were increasing events, marching steadily toward the day when the voice was heard whispering, "Thou art my Beloved Son, in whom I am well pleased." And this message falling on the inner ear was the bliss of His solitude and the reward of His work.

If we can trust our analysis of the Magnificat of Mary, His mother was the most gifted intellect of her time. No spring rises higher than its source, and Mary the singer explains the sweetness of the song. In that far off era the Sabbath with its hours whitened by prayer and perfumed with aspiration, lent riches to His mind and heart.

Often it is said that His handicraft was against Jesus. Not so. His needs were few. His work was in the open air. Bending over the plow, Cincinnati meditated his laws. Tending his flocks, David wrought out his songs. Moving slowly along the furrow, Burns found his music. In all ages the creek and the plow have united work and health to reflection and genius.

Nor must we forget the influence upon Jesus of the semi-annual processions to Jerusalem. Never was there such a college of mortals as the two weeks in Jerusalem, where the greatest teachers and singers and dreamers out of all the world were assembled. It is easy for the flower to bloom and the fruit to ripen when the air of the hothouse is made fervent. And ripeness for the intellect and growth for the heart were natural and spontaneous in that hour, when the air was quick with spiritual life. Sitting in the open window, when the first star came out, while holding his mother Monica's hand, Augustine had his first vision of the City of God, and entered upon his career as a world teacher. When Christ first was quickened, when the vision became a hope, and the hope a faith, and the faith a purpose, and the purpose a plan to achieve the Messiahship, we do not know. That sacred hour is like the throne of God, girt about with silence, clouds and mystery.

### Wild Fowl Fast Disappearing.

Washington, Jan. 12.—The report of the United States agricultural department just issued regarding the threatened extinction of wild fowl will be of interest to hunters all over the country for its disclosure a state of facts which point to the total extinction of wild duck, teal, wild geese, and all wild water fowl in the near future. The canvass back and the red-head, once very common along the Atlantic coast from Florida to Nova Scotia are now exceedingly scarce and of the great flocks that formerly covered Chesapeake bay few now migrate thither, but in the Carolinas a few flocks winter on the coast. So rapidly are wild fowl diminishing in Minnesota that it has been found necessary to pass a law prohibiting, not only the export of ducks, but even their sale within the state limit. Department experts are of the opinion that the enforcement of moderately stringent protective laws and the establishment of preserves in the states where water fowl can be sure of safety and shelter will not only avert the threatened extinction of certain species but to the increase of all water fowl to a point somewhere near the recent abundance. Wells W. Cook, of the biological survey of the agricultural department asserts that the great diminution in wild fowl has been caused by the spring shooting and destruction in breeding grounds by farmers, but Mr. Cook in winding up his report states that the prairie district of central Canada, comprising large portions of Manitoba, Saskatchewan, and Alberta are the "Jacks" paradise. He further states that within the United States the favored region for wild fowl is the north-eastern part of Montana, the northern half of North Dakota and the northwestern part of Minnesota as this vast region is crowded with lakes, ponds, sloughs and marshes which furnish ideal resting grounds and unlimited food for wild fowl.

Rev. Carlisle, P. B. Martin, L. L. D. Of Waverly, Tex., writes: "Of a morning, when first arising, I often find a troublesome collection of phlegm which produces a cough and is very hard to dislodge; but a small quantity of Ballard's Horehound Syrup will at once dislodge it, and the trouble is over. I know of no medicine that is equal to it, and it is so pleasant to take. I can most cordially recommend it to all persons needing a medicine for throat or lung trouble." Sold by D. J. Fry.

**All Women**  
should assist Nature at those times when the system is upset, the nervous tone low and a feeling of depression or languor exists. An experience of over 50 years warrants the statement that no medicine gives such prompt relief as

# Beecham's Pills

Sold Everywhere. In boxes 10c. and 25c.



**HARPER WHISKY**  
The Aristocrat among the hickies of the Old School. Without a peer. For sale by A. SCHREIBER.

# PATENTS

60 YEARS' EXPERIENCE  
TRADE MARKS DESIGNS  
COPYRIGHTS & C.  
Persons sending a sketch and description may quickly ascertain our opinion from whether an invention is probably patentable. Communications strictly confidential. HANDBOOK on Patents sent free. Oldest agency for securing patents. Patents taken through Munn & Co. receive special notice, without charge, in the  
**Scientific American.**  
A handsomely illustrated weekly. Largest circulation of any scientific journal. Terms, \$3 a year, four months, \$1. Sold by all newsdealers.  
**MUNN & Co., 361 Broadway, New York**  
Branch Office, 65 F St., Washington, D. C.

# Bargains

Get yourself a new home now We have some cheap, on easy PAYMENTS; good house, corner Mill and 22nd streets, \$800.  
One 6-room house and lot, 22nd street, \$500.  
Good 4-room house and lot, 21st street for \$400.  
Good 4-room house and lot, 20th and Mill streets, \$450.  
Good 6-room house and lot, 20th and Mill streets, \$500.  
Good 8-room house and 3 lots 21st and Chemeketa streets, \$1,500.  
Two houses North Liberty, 2 lots each, \$600.  
Nice acreage property cheap.  
An 80 acre with 6-room house, barn, orchard, etc., for only \$900.  
35 acres fine bottom land, near Marion, with fair improvements, cheap, \$900.  
A beautiful 52-acre, good improvement, etc., near Turner, fine house and location, \$3,200.  
See me for anything in my line if you want work, or want help of any kind, leave your order here.

**R. R. Ryan**  
546 State Street.

BUY  
**Sulphur, Blue Vitrol AND ALL Spray Material AT FRY'S Drug Store**  
Prices Absolutely Lowest

# PURE FOOD LAWS

Fully enforced at our shop, and the best meats of all kinds, as well as pure lard, sausages and everything in our line.  
**F. A. KURTZ'S MARKET**  
277 N. Com. st. Phone 205

# DR. KUM

**Wonderful CHINESE DOCTOR**  
Will treat you with Oriental herbs and cure any disease without operation or pain.  
Dr. Kum is known everywhere in Salem, and has cured many prominent people here. He has lived in Salem for 20 years, and can be trusted. He uses many medicines unknown to white doctors, and with them can cure catarrh, asthma, lung troubles, rheumatism, stomach, liver, and kidney diseases.  
Dr. Kum makes a specialty of dropsy and female troubles. His remedies cure private diseases when everything else fails. He has hundreds of testimonials, and gives consultation free. Prices for medicines very moderate. Persons in the country can write for blank. Send stamp.  
If you want some extra fine tea, get from us.  
**DR. KUM BOW WO CO.,**  
167 South High street, Salem, Oregon

# USE ELECTRIC SIGNS!

Electric light is the magnet that draws trade. Keep your store bright and you'll be kept busy.

A show window brilliantly illuminated with Electric Light makes many a sale. It attracts attention, makes it easy for your display to be examined and shows your goods to the best advantage.

An electric sign will make a name for you and when your name is made it will burn it in the public's eyes and minds. It is an investment that pays big dividends. Our representative will explain how.

**Portland General Electric Company**

240 Commercial St., Salem, Ore.

# Rostein & Greenbaum's CLEARANCE SALE

NOW ON UNTIL JANUARY 16TH

**A FEW OF OUR TRADE WINNERS**

<b>Ladies' Hose</b>	3 pair heavy gray for .....25c	<b>Men's Underwear</b>	40c grade, now .....25c
	15c heavy black, now .....12c		50c grade, now .....40c
<b>Children's Hose</b>			\$1.25 and \$1.50 odd wool shirts and drawers, now .....75c
	10c heavy ribbed, now .....8c	<b>Men's Sox</b>	6 pairs heavy cotton for .....25c
	20c fine ribbed, now .....15c		10c black sox, now .....7 1/2c
<b>Toweling</b>		<b>Lace Curtains</b>	\$1.25 grade, 3 yds long, now 85c pr
	Good cotton, now, yd .....4 1/2c		\$1.50 grade, 3 yds long, now \$1.00 pr
	7 1/2c flaxine, now yd .....6c		\$2.00 grade, 3 yds long, now \$1.25 pr
	10c flaxine, now yd .....7 1/2c	<b>Bed Spreads</b>	\$1.00 large size, now .....69c
<b>Oil Cloth</b>	20c standard grade, yd .....15c		\$1.25 large size, now .....90c
<b>Outing Flannel</b>			\$1.75 large size, now .....\$1.25
	12c plain colors, yd .....9c	<b>Muslin Underwear</b>	Gowns from .....35c up
	10c grade, figured, yd .....8 1/2c		Skirts from .....40c up
	9c grade, figured, yd .....7 1/2c		Drawers from .....30c up
<b>Shirting</b>	12 1/2c heavy twilled .....9 1/2c	<b>Ladies' Underwear</b>	Heavy cotton, now .....20c
<b>Muslins</b>			60c union suits, now .....40c
	10c grade in mill end remnants, yd .....6 1/2c		\$1.00 union suits, now .....60c
<b>Colored Table Damask</b>			
	In mill end remnants, 50c grades now .....25c yd		