

Avoid alum and alum phosphate baking powders. The label law requires that all the ingredients be named on the labels. Look out for the alum compounds.

NOTE.—Safety lies in buying only Royal Baking Powder, which is a pure, cream of tartar baking powder, and the best that can be made.

WHEN A MAN MARRIES MONEY

(BY HELEN OLDFIELD.)

It would be difficult to find any one who would openly deny the statement that marrying for money is a despicable as well as a reprehensible thing to do. Even those who are apparently guilty of such action are quick to deny the charge and anxious to prove that, as the saying is, they have merely been sufficiently fortunate to love where the money is. The fortune hunter is condemned of all in fact and fiction, as "a sordid soul of earthly mold," who seldom has the grace to be honest. Indeed he cannot afford to be. Few women would give themselves to any man if they knew that their money constituted the chief, perhaps their only, attraction in the eyes of him who wooed them. Therefore, the mercenary suitor, perforce, feigns a personal affection which he does not feel, as a stepping stone to the wealth which he covets, and "Love stands shuddering by To see his fires lit for the shrine of gold."

Nevertheless, it would be gross injustice to conclude that all men who pay court to wealthy women are influenced by their money. The man who really loves a woman does not stop to think of her dot. Moreover, there are a few practical and experienced middle-aged people, parents and guardians for the most part, who are firmly convinced and maintain that it is almost as bad and fully as selfish if not as wicked for any man to persuade a woman to marry him when he has no means of support for himself, much less for a wife and family. For however charmingly poets and romanticists may talk of sentimental sorrow, it is only to the few that mental suffering exceeds bodily pain; and there are not many miseries in life so real and terrible as existence without food, the shelter, and the comforts which make it not merely pleasant but possible. No man, however much in love he may be, has any right to ask the woman whom he loves to be his wife unless he has the wherewithal to make her comfortable physically. The man who is unable to earn his own living has no business to marry; and he forfeits all claim to respect when he seeks a wife in order that she may keep him in idleness and luxury, even though he may do so with the full purpose of repaying by courteous attention and watchful care.

The right sort of man will insist that his wife's fortune, be it large or small, shall be settled absolutely upon herself before marriage, "as tight as the law can tie it"—so tightly that she cannot give it to him, however much she may wish to do so. True, it may well be that a wife's fortune may be the nucleus of a man's subsequent wealth, but none the less it is more manly and wiser to take no risks; better by far, for his sake as well as hers, to leave her money untouched. It behooves him to remember that it will be extremely hard for her to refuse him the use of it, if he should see fit to ask it. When once the money has been settled upon her he had best have nothing to do with it, except to exercise a judicious lookout against the possibility of loss or swindle.

No self-respecting man will be willing to assume the position of a dependent upon his father-in-law; he will, of course, wish to earn a living, even though he is obliged (for their pleasure) to live with his wife's par-

ents. Be sides it sometimes happens that:

"Even rich fathers aren't willing Always to come down with the pelf;

They'll say they began with a shilling,

And think you can do it yourself!"

When a manly, self-respecting lover is marrying for love and has money enough of his own to make marriage possible for people of moderate desires he must not be afraid of putting his exact position before his future wife. The more clearly things are understood before marriage the less danger there is of trouble and disappointment afterwards. If he cannot afford to give her all the luxuries to which she is used, it is no disgrace, and if the girl is unwilling to help him fight the battle of life it is better that he should know it before it is too late for retreat. Marriage makes such a wonderful difference in most women that it is difficult to guess what kind of a wife a given girl will be. One occasionally sees a lazy, discontented girl, who never did anything useful before she became engaged, work like a bee upon her tress and develop into an industrious, practical wife to a poor man, with a marvelous faculty of making the most of a small income.

But this fact cannot be taken as a reason why it should be prudent for a lover to select a sweetheart with similar drawbacks.

When two people marry upon a small income the brunt of the burden falls of necessity upon the wife. Romantic young girls are apt to think that love in a cottage, with little or nothing to live upon, is as blissful as poets and romancers represent it, and therefore to undertake it without due consideration. The woman who marries poverty must look forward to the constant pressure of petty cares, to narrow and perhaps unpleasant surroundings, to isolation from society, and to constant daily duties, from which there can be no honorable escape. To endure all this a woman must be reasonably sure not only of herself but of the man whom she marries; and the step is one which should by no means be undertaken without much thought and weighing of pros and cons. It does not require anything like so much courage to marry a poor man as to bear with cheerfulness and patience the consequences of the act. Where a strong and true love exists it will prove itself equal to every emergency, provided that there is common sense and strength of character to sustain it. Love cannot exist independently of respect and esteem and marriage is a severe test not only of love itself but of its sources of inspiration.

Nothing to Learn From Them.

But to say that we have as much to learn from the Japanese as the Japanese have to learn from us is an extravagant statement of the case. Racially, speaking in the physical sense, the people of the United States have no desire or intention to take anything from the Mongolian stock. The Japanese are undersized and not handsome according to any occidental standard. No intermingling of their strain of blood is wanted or could be viewed as other than a lowering of the highest physical develop-

ment and personal comeliness "We're as good as you" is something the yellow race cannot assert in a physical sense. There is a proper pride of pure blood, and the white race will tolerate no yellow or other blend of a degenerate nature. In this fundamental respect Americans propose to learn nothing from the Japanese. The Japanese are more than welcome to keep their own strain of blood, their type of countenance and stature from any American admixture. A barrier line exists here that can never be crossed, and nothing can go into treaties that will alter the natural flat against miscegenatory ideas. There are already too many mongrels in the world, and the white race is not in favor of their increase. Between the white and the yellow races little in common exists in social methods and aspirations. While the Japanese are an interesting and deserving people, Americans do not want them for kindred.

Not much of value was obtained from the Japanese when communication was first opened about fifty years ago. They have learned a vast deal from the white race and been acute in the application of the borrowed knowledge. Their navies and military science are modeled from the nations of the west. Their machinery and practical science are copied from the same sources, and so are their railroads, electric appliances and commercial methods. Their constitutional forms of government are wholly imitative. The torpedoes with which they stole a march on the Russian ships were invented by Americans, Englishmen or Frenchmen. Their latest war was with a topheavy autocracy bent on wicked territorial aggression. They would be foolish to plume themselves on that conflict as a true test of racial superiority or equality. When the truth is calmly analyzed it will be perceived that the people of the United States have little that they can learn from the Japanese with any advantage to themselves. The progress of the white race was satisfactory during the centuries that Japan was sealed against all foreign intercourse. What went on during that period among the Japanese was of little consequence to the rest of mankind.—St. Louis Globe-Democrat.

Spirits Are Not "Whisky."

New York, Dec. 21.—James Wilson, secretary of agriculture, and Dr. H. Wiley, chief of the bureau of chemistry, today ruled that Bourdon whisky, colored and flavored and labeled "blended whisky," cannot be in future described as "whisky," as it is simply a spurious imitation of the genuine article. The ruling was made for food inspection guidance, and as a very large number of dealers will be affected by it an appeal has been lodged.

Dairy Congress for 1907.

Rotterdam, Dec. 22.—The National Dairy congress, which will be held in The Hague in June, has received full recognition by her majesty the queen, who is taking a great interest in its success. Among the subjects to be discussed are the unification of chemical methods for the examination of milk, butter and cheese and of milk, butter and cheese control. Experts from all parts of the world will be present.

A Weak Heart

Seldom gets strong again without help. Awake or asleep, it never stops, and consequently has no period of rest or relaxation in which to regain lost vigor. You should avoid exertion, excitement and worry as much as possible, to relax the strain, and take Dr. Miles' Heart Cure, which is a heart tonic, to strengthen and restore vigor to the heart nerves and muscles. The symptoms of a weak heart are shortness of breath, palpitation, feeble or too rapid pulse, hungry spells, hot flashes, dizziness, smothering spells, pain in heart or side, etc.

"I had been treated for heart disease by different physicians without any improvement. Finally my doctor informed me that there was little hope of my ever being able to do a day's work again. About that time a gentleman called upon me, and said, 'I heard of your condition, and have come to tell you that Dr. Miles' Heart Cure saved my life, and I want you to try it.' I did so, and after a week or so I went to my physician and told him I had been taking Dr. Miles' Heart Cure. He examined me and said, 'God bless Miles' Heart Cure, it has made you better in a few days than I ever expected to see you again.' I am now well, having fully regained my health by the use of this remedy."

R. R. LANSING, Bensenville, N. Y.

Dr. Miles' Heart Cure is sold by your druggist, who will guarantee that the first bottle will benefit. If it fails he will refund your money.

Miles Medical Co., Elkhart, Ind.

SOW WESTERN SEEDS IN WESTERN SOIL

Here's a SPECIAL OFFER to make New Friends for LILLY'S Northern Grown Seeds

LILLY'S Vegetable seeds are grown on and adapted to this coast. These 10 varieties are the aristocrats of the kitchen-garden. They represent the acme of Lilly effort, the result of years of careful seed selection and cultivation. This Special Offer gives you \$1.50 in these seeds for \$1.00. Read the descriptions, all of which are carefully and conservatively made. Living up to the catalogue description is what has built up the reputation of Lilly's Best Seeds.

PUGET SOUND SPECIAL TOMATO.

This miniature, from a photograph, gives you an idea how the tomato produces. Is an early dwarf, stands free from the ground, with hard, firm, round stalks. Yields large clusters of round, firm, luscious fruit, beautiful rich color, free from blemish, stands shipment splendidly. A three-season leader; popular everywhere. Perfected by us on our experiment grounds at Brighton Beach, and can be obtained solely from us. Sold only in sealed packets. Ounce, 60c; packet, 10c.

GOLDEN JERSEY WAX BEAN. Brittle, tender, broad, thick—the best of all the yellow pod bush beans. Stringless. Beautiful golden color and delicious flavor. Vigorous, reliable, and an abundant producer. 4-lb., 25c; packet, 10c.

JACK FROST SWEET CORN. Plump, milky kernels, that melt in your mouth; tender, sweet, prolific—really phenomenal. Dwarf variety, permitting close planting. Very hardy. Jack Frost seed has been perfected by ourselves on Puget Sound, is thoroughly acclimated and peculiarly adapted to Pacific Coast conditions. Not only season's earliest, but longest and latest producer. We cannot say too much in endorsement of this corn. Large packet, 15c.

LILLY'S GLORY CABBAGE. Glorious in flavor, gloriously sound, a glorious grower and a glorious shipper. Lilly ships tons of this cabbage seed across the continent, as this variety, perfected on Puget Sound, is admitted to be the best cabbage grown. Even rounder and more solid than the

Danish Ball Head, and infinitely better adapted to Pacific coast conditions. True to type, every head like its neighbor, symmetrical, white inside and solid to the core. 4-lb., \$1.25; 1-oz., 35c; packet, 10c.

PRIDE OF THE PACIFIC CUCUMBER.

Almost a seedless cucumber, the seeds being small and few. Perfectly smooth, very dark green, beautiful white flesh, perfect cucumber flavor, exceptionally firm, crisp and delicious. Grows 10 to 18 inches long, always straight, and dark green until ripe. Vine hardy and vigorous; enormously productive; yields early and late in season. 4-lb., 65c; 2-oz., 40c; oz., 25c; packet, 10c.

ENGLISH FORCING LETTUCE.

Large, crisp, tender; best variety for home culture, because easily grown outdoors or in frames; rich color, ideal for garnishing. Hotels gladly pay one-third more for this lettuce. Stands more neglect in watering, and does not quickly run to seed. Most profitable for market purposes because quickly ready in fine large bunches of beautiful light green, which never spot. 4-lb., 60c; oz., 20c; packet, 10c.

MT. RAINIER PEA.

Dark, rich green, well-filled pods, creamy and delicious; enormously productive. Propagated in Washington, and the best early pea ever offered to western growers. Especially valuable for market gardeners, commanding the highest prices through the season. Large packet, 10c.

CRIMSON GLOBE BEET.

Close grain flesh, very sweet, tender, blood red, delicately zoned with white. Exceedingly smooth surface. Finest in form, flavor and color. Free from woody, fibrous roots. Grows uniform in size—about three inches through. Matures early. Pkt., 10c.

GOLDEN HALF-LONG CARROT.

Best of all the yellow varieties. Very sweet, close in texture, golden yellow, solid, very smooth, attains large size, has small core, and adapted to all soils; under good cultivation yields 25 to 30 tons per acre. Ready for table at all times during growth. Equally valuable for stock. A market favorite. 4-lb., 25c; packet, 10c.

CRIMSON GIANT RADISH. The larger it grows the solidier it gets; twice the ordinary size. As hard as a bullet, white tender and deliciously crisp. Retains goodness long after maturity. 4-lb., 40c; packet, 10c.

SPECIAL PRICE OFFER.

\$1.50 worth of above seeds for \$1.00.
\$1.00 worth of above seeds (one packet of each variety, with packet of Old Fashioned Flower Garden Seeds thrown in free) for 75c.
Six 10c packets, with Flower Garden packet, 50c.
Three 10c packets, 25c.
Above prices are postage paid.

Grow LILLY'S SEEDS AND GROW RICH

Plant Lilly's Best Northern Grown Seeds, grown on this coast for this coast, and be sure of profit. You will find that the saying, "Best for the West" is true in every case, and that Lilly's Best Seeds will give you best results. The above are only ten varieties of Lilly's Best vegetable seeds. For information as to the full line, write for

LILLY'S 1907 SEED CATALOG.

Which will be sent free, postpaid, on request. Lilly's 1907 catalog surpasses all previous books in attractiveness and completeness of plant information. It is thoroughly dependable, and besides containing descriptions, price lists and culture directions of thousands of varieties of seeds, bulbs, roots and cuttings, it is a handbook of information on poultry foods, poultry supplies, stock foods, fertilizers, garden supplies, sprays, horticultural supplies, etc. If you want one, free, mark an X in the white square.

HOW TO ORDER.

Mark an X in each white square opposite the variety of seed you wish to order, mark the quantity in square or on margin, figure up the total, clip out the ad., and remit in same envelope with the clipped ad. Be sure and write your name and address plainly, filling in the following blank:

Clip ad. and mail to

CHAS. H. LILLY Co.
Seattle, Wash.

Enclosed is \$....., for which please send me \$..... worth of Lilly's Best Vegetable Seeds, as marked above.

Name.....

Address 30

Wages and Hours in Great Britain.

London, Dec. 22.—The annual report of the board of trade on wages and hours of labor in the United Kingdom was published today, from which it appears that the changes in wages during the year resulted in a net reduction. The amount of decrease, however, measured in weekly loss of wages, is very small, smaller in fact than for the four preceding years, while in the first half of the present year there was, on the whole, a decided upward movement. In the four years, 1901 to 1904, reductions in the rates of wages of coal miners formed a predominant factor.

In 1905 the wages in the industry continued to decline, but there was an important advance in the cotton trade, and wages also rose in the pig iron, and iron and steel manufacturing industries. The report goes on to say: "Taking into account the various dates at which the changes in 1905 came into operation, the net decrease in the year's wages bill due to the changes recorded in this report may be roughly estimated at \$554,781, as compared with a decrease of \$4,564,777 in 1905 and \$11,952,950 in 1902." For the first half of this year 832,526 workpeople had a net increase in their

wages, the total increase in all wages amounting to \$130,000 a week, and for the same time the hours of work were decreased by 41,802. The report winds up by stating that wages at present are high and food cheap.

New Cure for Epilepsy.

J. B. Waterman, of Watertown, O., rural free delivery, writes: "My daughter, afflicted for years with epilepsy, was cured by Dr. King's New Life Pills. She has not had an attack for over two years." Best body cleansers and life giving tonic pills on earth; 25c at J. C. Perry's drug store.

Footballs and Supplies \$1 up.

Air Rifles \$1.00, \$1.50

Ingersoll Watches \$1, \$1.25, \$1.50.

Shot Guns. \$5.00 up.

Jerseys all colors \$2, \$2.50, \$2.75

Have a fine umbrella made to order.

Punching Bags \$1.50 up to \$5.

Ammunition for Rifle and Shotguns.

Hunting Knives, Axes, etc.

Pocket Knives at any price

Razors, Strops and Hones

Hand Carts \$3.50, \$5.00

\$8.50

Gymnasium Suits \$1.00

Velocipedes \$1.00 \$1.25, \$2, \$2.50

Express Wagons

Sun Typewriters

Boxing Gloves \$1 up to \$6.50.

Baseball Gloves Etc.

Rifles \$2.50 and up.

Sweaters 2.50, \$3.00, 3.50

IT'S EASY TO CHOOSE A Suitable Christmas Gift FROM OUR FINE LINE OF Sporting Goods

Watt Shipp
THE BICYCLE MAN

Sun Paperwriter \$40

Pocket Cutlery Standard