The Habit of Health

Many people have a habit of ailing. How much better it would be to learn to keep well. For health, after all, is largely a matter of habit, which all may acquire with a little practise.

BEECHAM'S PILLS

teach good habits to Stomach, Liver, Kidneys and Bowels. If you are subject to Bilious Attacks, suffer from Constipation or are troubled with Indigestion, Nervousness or Headache, Beecham's Pills will reform all these bad habits and set an example of good health, which the body will quickly follow. You can break up all sickly habits by occasionally using the health suggestions transmitted by Beecham's Pills.

Sold Everywhere in Boxes. 10c and 25c.

SOCIAL SIDE OF THANKSGIVING

And Some of the Customs and Entertainments Pertaining to the Day and Its Observance.

Thanksgiving Time.

It's rah for the glad Thanksgiving time
When all the land's in tune
In singing a gay and glorious rhyme
For blessing, and gift, and boon.
When those in Salem and those in York
And those that dwell in between
The bubbling bottle of cider uncork
And over the turkey lean.

O show me the man who gives no thanks
On this our great National day
And I'll show you a chap who is deep in the ranks
Of trouble, and strife, and fray.
I'll show you a chap who dwells wholly upon
The side of the world that's grim,
And never has dreamed that the golden sun
And the moon belonged to him.

I'll show you a man who never has thought
That the Katy'did's song at night,
Is fuller of harmony richly wrought
Than Wagner himself could write.
Who never has stood on the storm-swept coast
And gazed at the glorious sea,
And uttered the perfectly righteous boast:
"That ocean belongs to me!"

O show me the man who will not praise
For blessings beyond compare
And I'll show you the fellow who thinks he pays
A tax for breathing the air;
Who reckons his joys not for what they are
But wholly for what they cost,
And never looks up at the twinkling star
But down in a search for frost.

* * *

A College Song.

In the good old football time,
In the good old football time,
Rolling down the five-yard line,
Scoring all the time;
Around the end and thro' the line,
That's a very good sign
That O. A. C. or W. U. beats.
In the good old football time.

* * *

Surprise Party.

One of the most pleasant parties that has occurred among the younger set, was a surprise party given last Saturday evening at the home of Mrs. W. H. Sloper, 221 Front street, in honor of her son, Leon's birthday.

"Five hundred" was played, after which a light luncheon was served.

He received many pretty and useful gifts.

The guests were: Mr. and Mrs. R. Sloper, Mrs. Henry Meyers, and the Misses Lillie Loftin, Mary Carter, Margaret Carter and Messrs. Eugene Slater, Charles Scott and E. J. Lally.

* * *

Thanksgiving plans have occupied the time and attention of society the past week. Many prominent social functions have been given, notable among them being the "500" parties of Mrs. Henry B. Thielsen, and Mrs. Hans William Thielsen, Monday and Wednesday. Preparations are being made for the entertainment of college lads and lassies, who have returned for a short vacation at home.

Thanksgiving is pre-eminently the day for family reunions but if your family is scattered and it is impossible to have the members all together, then invite those friends who are not likely to take part in a family reunion of their own. Ask one or two of the young women of your acquaintance who are without relatives and by all means, ask your bachelor friends who most generally find this the dullest day of the year.

If your friends would enjoy the football game tomorrow between Willamette and O. A. C., give them a football dinner, and have all the decorations suggestive of the great American game.

Salem people will have many friends from out of town visit them tomorrow. A large number of Corvallis people will be in the city to see the game.

To Entertain the Legislature.

The Illihee club of Salem has appointed a special committee on providing entertainment for the members of the general assembly and their friends during the next session. The club at its elegant new quarters in the Elks building will keep open house and the members of the legislature will be provided with cards as the guests of the city during their forty days stay at the Capital, and at least one elaborate reception and program of amusement will be provided for the law makers. This has not yet been outlined or agreed upon, but the makeup of the commitee ist sufficient guaranty of the success of the undertaking whatever it may be. The committee is composed of Squire Farrar, A. N. Gilbert, Hal D. Patton, F. D. Thielsen and A. N. Moores. The large and ample accommodations will make it easy to take care of a large number of visitors and the Illihee club proposes to have another committee to look up strangers and visitors to the city who are here for a short time or to look over the Capital City with a view of making this their home. It will perform an important service in this line and be a great aid in developing a better civic spirit in Salem.

* * *

Military Ball Tonight.

Among the many Thanksgiving festivities tonight will be the ball given by the company "M" boys, O. N. G., at the armory which promises to be a delightful event.

* * *

Married Tomorrow Evening.

The wedding of Miss Hattie Miles and Mr. Grover Long will take place tomorrow evening at the home of the bride's aunt, Mrs. W. N. Savage, in East Salem. The affair will be quite largely attended, as both have many friends. Miss Miles has lived in this city for some years past, and is a most charming young lady. Mr. Long is a former Eugene man, but is now a resident of Los Angeles, where they will live.

* * *

The Thanksgiving Girl.

The sweetest, most alluring girl of the year is the Thanksgiving girl, and her admirers are legion.

In the first place she is so wholesouled—she really enjoys things, and does not hesitate to say so—she is so happy herself that she makes the world seem a good place to live in after all, and reminds us how many things we have to be really and truly thankful for—her for one.

Young men used to be obliged to take girls to the Thanksgiving ball game— the biggest of the year—who knew positively nothing of the game, and left with a very vague idea as to which side won; they clapped and yelled at the wrong time, and made their escorts secretly wish they had gone with the boys.

But the Thanksgiving girl has changed all this; she knows that no young man really enjoys taking a girl to the game who is utterly ignorant of the rules, and who has to have every move explained—and then doesn't understand. So the girl studies the game, even if she has to devote a few Saturdays sitting in a cold grandstand "getting on to the rules, and incidentally the correct terms—she does not want to betray ignorance by using a medley of baseball and football terms, irrespective of their meaning.

If she really likes sports the chances are that she will become a football enthusiast while she is learning the different moves and so will take a real instead of a perfunctory interest in the Thanksgiving game. Of course she will be well supplied with flowers of the team color—the young man will attend to that.

But the Thanksgiving girl is not pre-eminently a football girl, but a very charming home girl who can make delicious foaming chocolate, besides being able to prepare the dinner itself if necessary. She is the sort of a girl whom men think it a pleasure to wait on and seek to please, and she is usually overwhelmed with flowers and attentions.

There is no need to wish this girl joy, but we can wish that every lonesome young man will find her prototype on Thanksgiving day, even though it may make him feel the lonesome homeliness of bacherlorhood more than ever before.

As surely as children learn to speak the language of their parents so surely will Hollister's Rocky Mountain Tea make them well and keep them well. Tea or Tablets, 35 cents. For sale at Dr. Stone's store.

PROMISE MAY BE BROKEN

Washington Supreme Court Decides Hard Fought Breach of Promise Suit

An opinion that has been awaited with interest by the law and medical professions and others was handed down Saturday at Olympia, Wash., by the supreme court in the breach of promise case of Grover vs. Zook, from King county. The judgment of the lower court is reversed and the action ordered dismissed.

Zook, whose parents died of pulmonary tuberculosis (consumption), and who had a hereditary taint of the disease himself, became engaged to marry Miss Grover, who was seriously affected with the same malady. The supreme court holds that such an agreement between a man and woman thus afflicted is not binding upon either, and that either may withdraw therefrom without being liable in damages for breach of promise. The decision is based solely upon the ground of public policy —regard for the health and happiness of all concerned, and particularly in consideration of unborn children.

The opinion is written by Judge Root and concurred in by all the other judges. A large number of authorities are cited—both legal and medical—and copious quotations taken from many supporting this court's conclusions. Among other things the court says:

"In the domain of morals it is a maxim that a bad promise is better broken than kept. Moral considerations must have a predominating influence upon such a question as now confronts us. In fact, they constitute the reason, the basis and the life of the law applicable in a case of this character.

"The most profound philosophers join with the wisest statesmen in maintaining the proposition that the home is the unity of the state, and the the character of a people and the stability and welfare of the nation must largely depend upon the healthful and wholesome influence of the home life. By reason of this we find the home and the members thereof, especially the young and dependent, sheltered by the protecting care of various statutes, all being evidences and expressions of that public policy which deems the home and its inmates appropriate objects of the solicitude and care of the state.

"The paramount consideration involved in the determination of this case is not that appertaining solely to the parties in this action (although as to each of them it is of great importance), but it is as to the community, the state and to humanity in general. Here we have a man and woman engaged to be married. The man is of a family several members of which died of pulmonary consumption. The woman is afflicted with the same disease to such an extent that it became necessary for her to go to a distant portion of the country to recuperate, which she does, returning with the affliction still upon her and with small, if any, assurances of recovery. Under these circumstances, if the marriage were to be consummated, what would be the natural consequences to be anticipated.

"Unconditional promises of marriage exchanged by a man and woman imply respectively that each is physically, morally and legally competent to enter the status of matrimony and capable, in so far as he or she knows or has reason to believe, of effectuating the principal purposes of the marriage relation. One of the most important functions of wedlock is the procreation of children. Offspring are the natural result and oftimes the chief purpose of marriage.

"That the thought of bringing a child into the world should be one of the most serious that can engage the mind of human being needs but to be suggested. Born amidst the most favorable environment, there lies before every babe a life of uncertainty so great that no worthy parent may contemplate it without a tremor of apprehension. Thus launched upon the sea of time and eternity, what parent can dwell upon the birth of his child without the keenest sense of anxiety and responsibility? If the child born in health and with a body of vigor be a matter of deep concern to a parent, what must be said of the advent of a babe burdened with the hereditary plague of consumption?

"That pulmonary tuberculosis is both contagious and hereditary as well as infectious admits of little, if any, doubt. That a mother seriously ill with that disease and a father with a heriditary taint thereof in his blood could bring forth a child exempt therefrom is unbelieveable. For parents thus afflicted to bring into the world a child would be not only detrimental to the welfare of the state and an offense to the instincts of humanity, but it would be, as against the innocent babe, a moral wrong most abhorrent. Such a child must of necessity be a burden of itself and others and devoid of the joys and blessings that make life endurable.

"In declining to carry out this promise of marriage, it may be presumed that appellant apprehended the natural ani legitimate consequence of such a union. In addition to the thought of progeny, there would be also that of the aggravation of the disease as to both himself and prospective wife, the medical expert evidence showing that the intimate association of married life would tend to augment the ravages of the malady upon each."

The Last Straw.

Manager—Do you know what the papers are saying about you?

Actress (disdainfully)—What are they saying?

Manager—Nothing.

Actress (strongly agitated) — Heavens! What impudence!—New York Press.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure. F. J. Cheney & Co. Toledo, O.

We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by his firm.

WALDIND, KINNAN & MARVIN, Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75c per bottle. Sold by all druggists.

Take Hall's Family Pills for constipation.

Thousands Have Kidney Trouble and Never Suspect it.

How To Find Out.

Fill a bottle or common glass with your water and let it stand twenty-four hours; a sediment or settling indicates an unhealthy condition of the kidneys; if it stains your linen it is evidence of kidney trouble; too frequent desire to pass it or pain in the back is also convincing proof that the kidneys and bladder are out of order.

What To Do.

There is comfort in the knowledge so often expressed, that Dr. Kilmer's Swamp-Root, the great kidney remedy, fulfills every wish in curing rheumatism, pain in the back, kidneys, liver, bladder and every part of the urinary passage. It corrects inability to hold water and scalding pain in passing it, or bad effects following use of liquor, wine or beer, and overcomes that unpleasant necessity of being compelled to go often during the day, and to get up many times during the night. The mild and the extraordinary effect of **Swamp-Root** is soon realized. It stands the highest for its wonderful cures of the most distressing cases. If you need a medicine you should have the best. Sold by druggists in fifty-cent and one-dollar sizes.

You may have a sample bottle and a book that tells all about it, both sent free by mail. Address Dr. Kilmer & Co., Binghamton, N. Y. When writing mention this paper and don't make any mistake, but remember the name, Dr. Kilmer's Swamp-Root, and the address, Binghamton, N. Y.

Home of Swamp-Root.

Does What Other Stoves Fail to Do

In almost every house there is a room that the heat from the other stoves or furnace fails to reach. It may be a room on the "weather" side, or one having no heat connection. It may be a cold hallway. No matter in what part of the house—whether room or hallway—it can soon be made snug and cozy with a

PERFECTION Oil Heater

(Equipped with Smokeless Device)

Unlike ordinary oil heaters the **Perfection** gives satisfaction always. First and foremost it is absolutely safe—you cannot turn the wick too high or too low. Gives intense heat without smoke or smell because equipped with smokeless device. Can be easily carried from room to room. As easy to operate as a lamp. Ornamental as well as useful. Made in two finishes—nickel and japan. Brass oil fount beautifully embossed. Holds 4 quarts of oil and burns 9 hours. There's real satisfaction in a Perfection Oil Heater. Every heater warranted. If not at your dealer's write our nearest agency for descriptive circular.

The Rayo Lamp makes the home bright. Is the safest and best lamp for all-round household use. Gives a clear, steady light. Fitted with latest improved burner. Made of brass throughout and nickel plated. Every lamp warranted. Suitable for library, dining room, parlor or bedroom. If not at your dealer's write to nearest agency.

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DRUMMERS' SAMPLES

..CARPETS..

ON SALE

MONDAY, TUESDAY AND WEDNESDAY

THIS WEEK

INGRAINS, each, - - - 25c
BRUSSELS, VELVETS, AXMINSTERS
and WILTONS, at from 35c to $1.00

These are wonderful Bargains and we do not expect them to last the three days.

THE HOUSE FURNISHING CO.

177 Liberty Street, Salem, Ore.