

First Rule of Health

Ask your doctor, "What is the first great rule of health?" Nine doctors out of ten will quickly reply, "Keep the bowels regular." While you are about it, ask him another question, "What do you think of Ayer's Pills for constipation?" We are willing to trust him. Are you?
We have no secrets! We publish the formulas of all our preparations.
J. C. Ayer Co., Lowell, Mass.

THE SIGN OF THE CROSS

The Boston Herald recently published the following article regarding the "The Sign of the Cross" which is to be presented at the Grand opera house on Thursday evening, November 22: "Most magnificent of all the attractions offered at Boston music hall this year is William Greet's original London production of Wilson Barrett's great religious drama, 'The Sign of the Cross.' The play has been commended by many eminent authorities for its beneficial moral influence, but it is certainly not lacking in the element of intense interest and the opening performances of the present run provoked storms of the most enthusiastic approval. The work of the present company is of a remarkably high order. Of the players much might be



Dacla, in "Sign of the Cross," said in praise, but the points of excellence are too many for enumeration. "The Sign of the Cross" is a play which can live on forever. This has been demonstrated by its visit to several towns where it has been offered for the last five or six years, with business on the increase instead of decreasing. Mr. H. G. Craerla booked the play in St. Louis for the week of January 12th, where it has been seen many times, and to the surprise of himself and the management the receipts the first night were several hundred dollars greater than ever before demonstrating that a good play with strong features, a fine cast and superb stage settings, can live almost forever.

ONLY A CHOSEN FEW.

Audience Was Small but Very Appreciative at the Play Last Night.

During the entire season up to date, with one or two glittering exceptions, the poor shows that have come to the Salem Grand opera house have been greeted by splendid audiences and vice versa. The regular rule prevailed last night.

The whimsical, farcical comedy "The Marriage of Kitty," was presented to only a few people, but they were very appreciative; in fact they were enthusiastic. It was not perhaps altogether owing to the fault of the Salem people to discern the merit of the attraction this time, but until yesterday, it was expected by many people that the floods in the northwest would delay the company in the Puget sound country and that there would be no show last evening. This uncertainty kept many away. Then, it must be admitted that Salem dearly loves melodrama and this comedy, with its delightful and somewhat nonsensical wit, is the direct antithesis of melodrama, and well they stayed away.

Miss Florence Gear played the leading role in a delightful manner and was supported more than ordinarily well. She kept the audience in a roar of laughter all the way through the three acts of the comedy. She sang two or three little stunts well and received encores and curtain calls, galore.

"The Marriage of Kitty" may not be adapted to those of the Salem people who stayed at home last night but it certainly pleased those who were fortunate enough to take in the show.

Prehistoric Man in Ohio Valley.

The explorations of the Baum village site in Ohio have brought to light many points of interest concerning the home life of a prehistoric people who had risen above the level of mere children of the forest, depending upon the wild wood for their subsistence. They had established homes, a developed agriculture and had collected and provided storage for food supplies for future use. Therefore the Baum village site culture in all essential points resembles the culture of the Gartner village site along the Scioto, and the Fort Ancient and other culture sites along the Miami; establishing the fact that at one time the valleys of southern and central Ohio were peopled by a culture which was quite uniform throughout the entire section, and for convenience I have termed these early inhabitants the Fort Ancient Culture. The manufacture of their

implements such as scrapers, awls, needles and fish hooks, as well as the many implements in stone, as shown by the various stages in the manufacture of these implements was in every respect similar throughout the entire region. In the manufacture of pottery, and especially in regard to their designs and shapes, they were quite similar, and it would be impossible to distinguish the Fort Ancient pottery from the Baum, and the Baum from the Gartner village site pottery. In the same valleys occupied by the Fort Ancient Culture we find evidence of a higher culture, and for my convenience I have designated this culture the Hopewell Culture, taking the articles secured by Professor Moorehead from the Hopewell mounds as the type. The Fort Ancient Culture occupied portions of the valleys which were later occupied by the Hopewell Culture, as was evidenced by the results of the explorations of the Harness mound group during the summer of 1905. After completing the explorations of the Harness mound, the articles taken therefrom being of the higher culture, I examined a mound located outside of the great circle and not far distant from the Harness group, directly to the south, and found this mound to be a burial mound of the Fort Ancient Culture. At the center of the mound, and a few feet under the surface, was found an intrusive cremated burial, similar in every respect to the cremated burials of the Harness mound. The artifacts of the Hopewell Culture can in almost every object used in common by the two cultures be readily distinguished from those of the Fort Ancient Culture by the portrayal of the esthetic ideas of the artisan.

My conclusions are, that the builders of the Baum mound were isochronological with the dwellers in the Baum village, for in all the sites of the Fort Ancient Culture examined, the inhabitants had an intertribal trade, as evidenced by the copper, ocean shells and mica there found; that the dwellers in this village were pre-Columbian, as no objects showing European contact were met with and the village was occupied by the same culture in all its parts.—William C. Mills in Records of the Past.

Neuralgia Pains.

Rheumatism, lumbago and sciatic pains yield to the penetrating influence of Ballard's Snow Lintiment. It penetrates to the nerves and bone and being absorbed into the blood, its healing properties are conveyed to every part of the body, and effect some wonderful cures. 25c, 50c and \$1.00. For sale by D. J. Fry's drug store.

TO RIVAL HOOD RIVER.

Aurora Orchardists Will Take Care of Their Orchards.

Aurora, Ore., Nov. 21.—A number of farmers and fruit growers in this section are going to clean up their orchards, and keep them so in order to raise a good grade of fruit. In former years fruit from this section commanded good prices. Most of the orchard owners are well pleased with the decision rendered last week at Oregon City by Judge McBride, holding that the fruit spraying law is constitutional, and they have signified their intention to abide by it, and see that their neighbors do the same, so as to make the orchard cleaning universal. There are several good orchards in this section that raise just as good apples as the Hood River fruit, and it will not be long, the orchard men claim, before the Aurora district will be as famous for its apples and other fruits, as it is for its hops.

Faith and Fact.

Faith is one thing and fact is another, it some times takes any amount of faith to produce one fact. Years of earnest work and faith have produced one fact about medicine that is deserving of mention here. If people who are troubled with general weakness through overwork, dissipation or exposure can get a remedy that will make rich red blood from the food they eat, their return to health is assured. Good blood is the life of the body as well as the nerves. Weak, sickly, pale people who suffer with indigestion dyspepsia, sick headache, loss of strength and ambition, having dizzy spells and always tired, can be cured sound and well with Dr. Gunn's Blood and Nerve Tonic. Sold by druggists for 75c per box, or 3 boxes for \$2. This tonic acts in a common sense way, curing disease by giving strength to resist it.

Peace congresses will sit more or less vainly as long as it is genuine fun for boys to kill a toad.

Why Vinol Is Better Than Any Other Remedy to Restore Health and Strength



Vinol

WE RETURN MONEY IF IT FAILS TO GIVE SATISFACTION
G. W. PUTNAM CO., Druggists

Because Vinol is a real Cod Liver Preparation and does not contain a single disagreeable or harmful ingredient and is not a secret formula.
Because Vinol contains all the medicinal elements—the soothing, healing, strengthening and flesh creative properties of Cod Liver Oil—but without oil or grease.
Because everything in Vinol,—except the tonic iron and a fine old wine,—is actually extracted from fresh cods' livers and their oil.
Because Vinol is deliciously palatable and agreeable under all conditions. Everybody likes it.
Because Vinol tones up the system, strengthens every organ, nerve, muscle and fibre of the whole body and thus overcomes weakness by thoroughly eradicating the cause of disease.
That's Why Vinol is altogether different and better than any other remedy for Coughs, Colds, Bronchitis, and all Throat, Lung and Wasting Diseases.
That's Why Vinol Restores Health and Strength to Delicate Children, Feeble Old People, Weak and Sickly Persons, Nursing Mothers, and Convalescents.

PAPER FROM PAPYRUS

Reviving a thousand-year-old industry, a band of capitalists and scientists of England are going to introduce a formidable competition into the paper making of both the United States and England. These men won't care whether the forests of the world are in the hands of the paper trust or not. For they are going to manufacture news and book as well as wall paper and kindred articles, out of papyrus.

The papyrus farms will be in Egypt. The cultivation of this plant has been extinct for over a thousand years. The papyrus reeds, at first, will be brought to England and made into pulp in an English mill until sufficient trade has been worked up. Then the papyrus syndicate will build its own mills in Egypt and ship the pulp.

More and Cheaper Paper.

H. E. Winter, secretary of the newly formed papyrus syndicate, in an interview gave many interesting details.

"Twenty million dollars" worth of paper alone is made in England annually. We shall produce a better quality of paper and sell it at a much cheaper price. The present sources of supply for the paper trade are being rapidly used up. Only recently Norway had to legislate to prevent the depletion of its forests. Canada and the United States will soon follow suit.

"We have for some years been working on our scheme. Mr. Smedley Norton, the author and explorer, was commissioned to revive the seventh century papyrus reed. The Nile grass, commonly known as papyrus, is not the real thing. Mr. Norton discovered some true papyrus seeds in remote parts of Syria and Palestine, near the river Jordan, and the sea of Galilee, and cultivation has begun.

Plants Real Papyrus.

"We have now an immense tract of land situated on the Nile in Egypt. Mr. C. B. Clarke, the botanical expert of Kew Gardens, has certified that our plants are the real papyrus. After exhaustive experiments, Dr. Querin Weir, consulting chemist and analyst to the Paper Makers' association of Great Britain, has produced the most admirable pulp. A committee of experts has outlined for us all the methods for cultivation and for paper manufacture and we are now going ahead. Papyrus grows in water from seven to ten feet high. We gather three crops a year. Our land is irrigated by the Nile and is only plowed every five years.

"We will begin manufacture of paper in the spring when we will have 100,000 tons of papyrus ready for the market. Experiments have proved that the yield of papyrus pulp, after bleaching, is much larger than esparto pulp and exceedingly strong. We expect to use it for the manufacture of all the things now being made out of paper. Our proposition is one which will mark a tremendous revolution in the paper trade."

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The Control of the Colorado River.

In the midst of the recent political excitement not enough attention was given by most persons to a work of vast magnitude whose consequences to southern California will be momentous. This was the regulation or control of the Colorado river.

It is now an old story of how that turbulent stream, breaking away from its channel, poured a great flood into the Salton sink and created a lake in the bed of the ancient sea. For months, up to a few days ago, the lake kept constantly expanding and growing deeper, and it began to appear at one time as though the whole face of the country would be permanently changed.

But the engineers, under the direction of Epes Randolph, grappled with the problem and mastered it. They have dammed up the new outlet cut by the river and have turned the stream to its ancient bed. The vast mass of water, instead of being a menace, will again be harnessed into the beneficial channels of irrigation and will continue to make a garden spot of the Imperial valley.

The work has been so well and so thoroughly done that there is not the slightest danger of a recurrence of the catastrophe which promised to make again a desert of what was the most fertile bit of soil in the world, surpassing even the lands overflowed by the Nile.

This is one of the occasions when one may properly say that "peace hath her victories no less renowned than war." The engineer is, in these workaday years of ours, a greater and a more useful man than the warrior.

The Texas Wonder.

Cures all kidney, bladder and rheumatic trouble; sold by all druggists, or two months' treatment by mail for \$1. Dr. E. W. Hall, 2926 Olive street, St. Louis, Mo. Send for testimonials. Sold by Stone's drug store. dw-1yr

Aurora Is Growing.

Aurora, Or., Nov. 21.—Within the past three months business has increased to such an extent in the postoffice here that Postmaster Snyder has ordered a number of new lock boxes, which will be placed in position this week. The boxes are of the latest pattern, the keyless kind, and will be a great convenience to the patrons of the office. This is now a third class office, and ranks with Woodburn and Silverton, which towns are many times larger than Aurora. Five rural routes run out from this office, and a heavy mail is handled daily.

Aquatic.

Guzzler—I once lived on water for ten days.
Fluddub—Why didn't you take one of the fast boats over?—Exchange.

HORSE THIEF LOCATED.

Mrs. J. D. Horner's Horse Found the Possession of Young Austrian.

The horse belonging to Mrs. J. D. Horner, that was taken from the postoffice grounds in this city, last Wednesday morning, was discovered yesterday in the possession of a young boy about 21 years of age. The boy was apprehended at Cottage Grove, and was riding the horse when arrested. Special Deputy Sheriff D. W. Gibson went to Cottage Grove this morning, and will bring the young Austrian to Salem.



OUR MEATS ARE ALWAYS THE BEST.

For we take especial care to select none but the best, and our customers can always depend upon getting the best in the market at right prices when they buy at our market.

E. C. CROSS,

State Street Market Phone 27



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The best place to buy is where the best stock of lumber is carried. The entire building trade know there is not a finer stock of lumber than that carried by us. We are ready to fill the largest contract promptly. We don't keep the buyer waiting. That's a very important point. Near S. P. passenger depot. Phone 52 Main. GOODALE LUMBER CO.

THE WISEST MAN PUTS HIS FOOT IN IT

once in a while—the shining proof of his wisdom being the putting of his feet in a comfort-giving pair of shoes purchasable here. You can't beat our \$3.50 shoes anywhere on this land. For patent leathers and special lasts we charge more, but sure. But you'll get full value for every dollar you spend with us on shoe leather.

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CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher.

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