

**TONIC FOR MOTHERS**

**DR. WILLIAMS' PINK PILLS ARE SAFE AND RELIABLE.**

**An Auburn Woman Tells How They Became Her Favorite Household Remedy for all Common Troubles.**

Motherhood may be the crowning blessing of a woman's life or it may bring grief and sorrow. Mrs. M. J. Wight, of 170 Seventh street, Auburn, Maine, relates her experience after the birth of her daughter in 1901 as follows: "I was all run down at the time the baby came and did not improve in health rapidly after. I was pale, thin, bloodless. My stomach distressed me being full of gas all the time and my heart fluttered so that I could scarcely breathe. I didn't get my strength back.

"I asked the doctor for some sort of tonic, but he was afraid to give me anything because I was nursing the little girl. But finally I remembered that a friend had recommended Dr. Williams' Pink Pills to me so I commenced using them and they did not affect the child at all. I gained in strength rapidly while the baby thrived also. When I expected my next child I started taking the pills again as a tonic and strengthener and had no such difficulty as before. I got up better and stronger and my strength came back much sooner.

"A year ago last winter I had an attack of rheumatism in the hands which went from one hand to the other. The joints swelled up and were so stiff I could not move them. The pain extended up through my arms and shoulders. I felt sick enough to go to bed but did not do so. This attack lasted for several months. The winter air hurt my lungs and I coughed occasionally. I tried several remedies but finally came back to the pills which had done me so much good before and found that they benefitted me almost at once. I have not been troubled since."

Dr. Williams' Pink Pills are not a "cure-all" but they have a wide application in the most common ills because they act directly on the blood. When the blood is pure and rich, the nerves are strong, the digestion is good and every organ of the body is toned up to do the work that nature expects of it. Dr. Williams' Pink Pills actually make new blood and assist nature in bringing about a cure. If you are afflicted with the Dr. Williams' Medicine Co., Schenectady, N. Y., for proof of what the pills have accomplished in cases like your own.

All druggists sell Dr. Williams' Pink Pills, or they will be sent by mail postpaid, on receipt of price, 50 cents per box, six boxes for \$2.50.

**Notes From Peyree's Hop Yard.**

The heavy rains of last week did great damage to this and neighboring yards. The hops are ripening rapidly, and there is great scarcity of pickers. Several yards in this vicinity are untouched yet because help cannot be secured. Lice are plentiful and mould is starting.

Severe colds are in order down here. Some of the pickers are completely prostrated.

Uncle "Doc" Humphreys, an old pioneer resident of the Waldo Hills, has been very low with pneumonia, but is considered out of danger.

A dance was given for the pickers by the Peyree boys last Saturday night, which was well patronized by this and neighboring yards.

This is certainly an ideal place for campers. The campers' headquarters is in the midst of an orchard, where luscious Bartlett pears, apples, prunes and evergreen blackberries grow in great abundance, and are to be had for the taking.

The hop business is a great industry, and is of untold benefit to an immense number of people who, by helping gather the crop, are enabled to procure for themselves both luxuries and necessities, which otherwise they would be compelled to do without, and long may the festive cries of "box full and wire down" be heard in our land.

**The Breath of Life.**

It's a significant fact that the strongest animal of its size, the gorilla, also has the largest lungs. Powerful lungs means powerful creatures. How to keep the breathing organs right should be man's chiefest study. Like thousands of others, Mrs. Ora A. Stephens of Fort Williams, O., has learned how to do this. She writes: "Three bottles of Dr. King's New Discovery stopped my cough of two years and cured me of what my friends thought consumption. Oh, it's grand for throat and lung troubles." Guaranteed by J. C. Perry, druggist. Price 50c and \$1.00. Trial bottle free.

**The Journal  
Woman's Page**

LATEST IDEAS ABOUT FASHIONS

**SOCIAL NEWS OF  
WESTERN OREGON**

**Tendered a Reception.**

A reception was tendered Rev. and Mrs. Edward Forrest Green, of Corvallis Tuesday by the members of the Congregational church, of which Rev. Green has been pastor for some years. Mrs. Green has been the head of the vocal department at the O. A. C., and has proven herself a most capable instructor. They are going to Ashland, where Mr. Green has accepted a call.

**Ebbert-Butler Wedding.**

Miss Lottie Butler and Mr. Henry M. Ebbert, both of Benton county, were married in Corvallis Tuesday. The bride formerly lived in Monmouth, Oregon, and has many friends there and in this city. The groom is a prosperous farmer living near Philomath, where they will reside.

**Dallas Couple Weds.**

Mr. W. R. Ellis, the well-known confectioner of Dallas, and Miss Minnie Bell Robertson were married at the home of the bride's parents, Mr. and Mrs. James Robertson, at that place Sunday. Both are prominent in social circles in Dallas, and have many friends.

**HERE AND THERE.**

**A Touch of Green on the Costume is Smart—Purses Match Gowns.**

Apple green, salad green, cabbage green—call it what you will, but if you would be in the swim have a touch of it on your hat, belt or parasol.

The latest decree of fashion in the matter of bags and purses is that they shall match the costume. This means, of course, that a new one must be purchased with each suit. There are, however, a good many modish women who find it possible to exist with two or three in quiet tones.

Polka dotted flannel is the latest craze of the sporting girl. An effective

be emphasized by wearing a string of coral beads. Hats of dull tones, suggesting their having been exposed to the sun, are the latest novelty in millinery. So



SMALL GIRL'S DRESS.

cleverly are they contrived that it is difficult to believe that the sun has not been at work upon them.

A shabby potticoat kills the smartest gown. Choose the underskirt to present a pleasing and harmonious contrast to the dress or to match the prevailing color in the hat. Study the art of holding up the skirt gracefully. Few women know how to accomplish this, and the general appearance of a costume is frequently spoiled by carelessness in this respect.

Very simple and childlike is the white china silk gown illustrated. The skirt is laid in plaits at the waist and trimmed at the bottom with graduated widths of white satin ribbon. The lace used is a pretty design in rather coarse German val.

**ATTRACTIVE TRIFLES.**

**If You Would Be Modish Wear Brown, Velvet to Be Worn in the Fall.**

Everything is brown, and if you want to be up to date you must wear brown gowns, shoes, gloves and parasols. So great has been the demand for brown that the shopkeepers and milliners have been driven almost wild, and shoe dealers can hardly meet the demand for shoes in all shades of tan.

The summer girl who goes in for white garb which delights the laundryman carries a little white satchel as spotless as the rest of her costume. It is a rival to the prevailing gold bag. A bag is a sign of the owner's taste. If she studies the perfection of detail and insists that every accessory of her cos-



SILK AND LACE BLOUSE.

tennis gown is made of white flannel with huge black dots. It has a short circular skirt and a simple round waist turned in at the neck, which is finished with a low turned down collar. The short sleeves have rolling cuffs. Beneath the collar is worn a scarlet silk scarf with flowing ends. Miss Marjorie Gould, the daughter of the railroad king, has a costume of this description.

Long black silk gloves are so scarce that when the merchants have any for sale they hang out a sign, "Long black Silk Gloves For Sale Today," as if they were advertising sausages or special brands of peas. On account of this dearth of black gloves gaus of tan are substituted. They are far more serviceable than white and can be worn with almost any colored dress.

A good looking duck outing hat is trimmed with two white breasts, one on each side, with a knot of soft white silk between.

The blouse illustrated is of pale blue tussore. Almost the entire front is composed of chunky lace outlined with bands of silk. For edging the high collar, forming a crossed tie and making the pompadour bows Peking silk is effectively used.

**CHIC STYLES.**

**A Pretty Coverlet For the Baby's Carriage—Dull Toned Hats.**

A coverlet for the baby's carriage is made of the finest swan embroidered in a pretty wreath design in flower colors, lined with tufted blue silk and given a frill of hemstitched mull.

The colors of your eyes should guide you in choosing the shade that suits you best. A girl with brown eyes and hair never looks prettier than when dressed up in varying tones of brown. Bright lips and a fresh complexion can



STRIPED YOKE SUIT.

tones be "just so" bags are far from an expensive item in the summer schedule of outfit.

Persistent rumor continues to reach this side of the water prophesying great things for the vogue of velvet next season. The fact that Paris dress-makers and milliners are using a great deal of velvet as trimming for summer dresses and hats is a very decided point in favor of the popularity of this becoming fabric later on.

The striped suit illustrated is carried out in black and white voile. There is a deep reversed hem at the bottom of the skirt, which is a two piece circular with a bias seam down the front. The little jacket is trimmed with raspberry velvet. JUDIC CHOLLET.



**Change of LIFE**



**Need Not Bring Suffering and Misery**

This perfectly natural change in a woman's life is too often accompanied by painful, distressing symptoms due to female troubles and slight irregularities in her delicate organism.

The woman who passes this change without the development of tumors, cancers, or chronic invalidism enters a new field of happiness and usefulness in the domestic circle and in social activity. Her physical system should receive the necessary assistance at this critical period.

**Lydia E. Pinkham's Vegetable Compound**

is exactly suited to woman's needs at this time. It strengthens and cures all derangements of the female organism, it overcomes the hot flashes and dizzy fainting spells, and all other distressing symptoms.

**I Was in Bed for Three Weeks**

DEAR MRS. PINKHAM:—I suffered a great deal during Change of Life. For eleven weeks I had hemorrhages and it made me so weak I was in bed for three weeks. I began taking Lydia E. Pinkham's Vegetable Compound, although it was against my doctor's will and I had to hide it. I took it regularly until I had taken five bottles, and it brought me out all right, a perfectly strong, well woman. My one can tell how healthy I am by looking at my picture, and any one can write to me or my daughter about our wonderful cures.

Mrs. F. M. MUSHRUSH, East Chicago, Ind.

The whole secret of safety at this time of life is thorough preparation before the change begins. Fortify the system with a course of Lydia E. Pinkham's Vegetable Compound. This wonderful medicine has carried thousands of women through this danger period.

No such helpful advice to women who are sick can be had anywhere as will be received free by addressing Mrs. Pinkham, Lynn, Mass. Mrs. Pinkham is daughter-in-law of Lydia E. Pinkham, and for twenty-five years under her direction, and since her decease, she has been advising sick women free of charge.

**Lydia E. Pinkham's Vegetable Compound Cures Where Others Fail**

**Improvements at Y. M. C. A.**

Great improvements are in progress at the Y. M. C. A. The rooms occupied by the association are undergoing remodeling and are being renovated throughout. Something like \$3500 will be spent in the improvements, which, when completed, will make the Y. M. C. A. headquarters one of the most convenient in the northwest.

The office of the secretary has been changed so as to give a view of the reception rooms. Probably the change that will be most appreciated by the members will be the installation of new baths and increasing the floor area of the gymnasium, which will be 72 by 56 feet.

Moreover two stairways have been provided in case of fire, thus making the building convenient in time of emergency. There will be one stairway on the east and one of the west.

The shower baths that were adjoining the gymnasium have been taken out and will be installed on the lower floor. Dressing rooms will be provided for boys and for men, and everything is planned so as to make the building convenient throughout.

The night classes will begin October 15.

Secretary Forbes is optimistic and believes the present year will be the most successful in the history of the organization.

"What we need," he said, "is membership, and we'll work to increase it."

**A Pleasant Way to Travel.**

The above is the usual verdict of the traveler using the Missouri Pacific railway between the Pacific coast and the East, and we believe that the service and accommodations given merit this statement. From Denver, Colorado Springs and Denver there are two through trains daily to Kansas City and St. Louis, carrying Pullman's latest standard electric-lighted sleeping cars, chair cars and up-to-date dining cars. The same excellent service is operated from Kansas City and St. Louis to Memphis, Little Rock and Hot Springs. If you are going East or South, write for particulars and full information.

W. C. McBRIDE, Gen. Agt.  
134 Third St., Portland, Or.

Don't buy your winter supply of flour until you have tried a sack of

**NEW PERFECTION FLOUR MADE BY CAPITAL CITY MILLS**

It is the best flour ever sold in Salem. Remember our cereals are strictly up-to-date. We have the latest up-to-date mill on the coast. Try it. The mill that makes Salem famous as a wheat market.

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