

A Wonderful Record.
 Made up by improved and exact Dr. Pierce's Favorite Prescription, a most efficient remedy for regulating all the womanly functions, correcting displacements, as proflages, antevergency, retroversion, overcoming painfulness, toning up the nerves and bringing about a perfect state of health. It cures all headache, periodical headaches, dragging-down distress in the pelvic region, the pain and tenderness over the abdominal region, dries up the watery catarrhal drain, cures all the weakness and overcomes every sign of weakness incident to the organs of the female.

Dr. Pierce's Favorite Prescription is the only medicine for women, the makers of which are not afraid to print their names on the wrapper, thereby insuring their patrons into their full confidence. It is the only medicine for women, every ingredient of which has the strongest possible endorsement of the most eminent medical practitioners and writers of our day, recommending it for the diseases for which the favorite prescription is used. It is the only medicine for women, sold by druggists, which does not contain a large percentage of alcohol, so useful in the long run, especially to delicate women. It has more genuine strength to its credit than all other medicines for women combined, having cured thousands of sufferers from the falling table and the surgeon's knife, and restored delicate, weak women to strong and vigorous health and vitality. It is a motherhood possible, where there is no motherhood before, thereby brightening and making happy many a woman in the advent of little ones to brighten the marital bonds and add sunshine where gloom and despondency reigned before.

Write to Dr. R. V. Pierce. He will send good, fatherly, professional advice, in a plain, sealed envelope, absolutely free. Address him at Buffalo, N. Y.

Dr. Pierce's Pleasant Pellets do not irritate. They effectually cleanse the system of accumulated impurities.

The People's Common Sense Medical Adviser, by Dr. Pierce, 1008 pages, is sent on receipt of stamps to pay expense of mailing only. Send 21 one-cent stamps in the book in paper covers, or 31 stamps of the cloth-bound volume. Address above.

WHITE SLAVE ESCAPES.

Conditions in Florida Turpentine Camps.

New York, Aug. 3.—Another man returned from Florida to the East yesterday with a story of peonage in Florida, and another letter had been received from a man there begging aid. There are still 50 inmates who are known to have started for the Florida camps within the last six months, who have not been heard of since.

Dr. Krill, who lived with his sister, Jennie Abramovitz, came home after an absence in Florida of several weeks. When he left this city for the turpentine camps he was in good health. When he came home Saturday his sister did not know where he was, and attempted to drive him out of her flat. His back was black and still marked with deep scars where he said he had been whipped. He had been taken to Jacksonville, he said, and from there to Mateo. He was then carried to a camp in the woods, where there were but and negro guards. At the end of two weeks, he said, he found that he owed the company \$24 above what he had promised \$12 a week. He was ill, strong, and decided to escape. One night he ran away one night, and in the morning found that he was lost. Later in the day he was recaptured and beaten.

The next morning while he was at work in the swamp one of those with whom he had shared the company's money slipped \$30 to him, which he hid he kept hidden in a boot. This he did not dare to escape, but he begged Krill to take the money, and Krill was possible to get North so as to tell the horrors of the slave camp. That night when he saw the guards were asleep, Krill slipped through the lines and managed to reach a city. He worked his way as far as Baltimore, and from there walked to his sister's home in this city.

Mrs. Bernard Sklut, of 292 Cherry street, received the following letter from her son yesterday, dated Mobile, Ala.:

"I do not dare to give the exact name where I am. This is written at night and forwarded by a friend in greater danger than I am. If he could be caught with it he would be treated like a hog, as others have been escaped and walked 100 miles in four days, when I was found and brought back and beaten. One thing would say, and that is that the negroes would not do it if they were afraid of the white men.

CHEAP EXCURSION RATE EAST

FOR SUMMER SEASON

The Southern Pacific Company will special round-trip tickets to east points on June 4, 6, 7, 23, 25, July 1 and 3, August 7, 8, 9, Sept. 8, 10, 1906, to Chicago, St. Louis, Milwaukee, St. Paul, Omaha, Sioux City, St. Joe, Leavenworth, Kansas City, Denver, Colorado Springs and Pueblo. Good going ten days and return ninety days from sale date; but not beyond October 31, 1906. For particulars call on agents. A. L. Craig, General Passenger Agent, Portland.

HOW TO SPEND SUNDAY AND HAVE NO "BLUE MONDAY"

Don't eat too much.
 Don't stay up late Sunday night.
 Don't get tired trying to be amused.
 Don't dress too much.
 Don't see to many friends.
 Do eat light meals at regular hours.
 Do rise at the regular time.
 Do have complete change in surroundings.
 Do associate with persons who rest and amuse.
 Do have quiet pleasure.
 How business women may escape the "blues" on Monday morning is a problem that most of them would like to solve, for nine out of ten if asked would acknowledge that they dread the day. Often, too, before they discover the cause of their headaches and general lassitude they are really ill with some nervous disorder which is in reality brought on by too much Sunday or holiday celebration. This, at least, is the opinion of a woman physician whose practice on the first day of the week consists largely of women and girls who have worked so hard trying to have a good time Sunday that they have made themselves sick.

"If working girls would only realize, aside from a moral point, that on Sunday they should rest, that their bodies and minds need it after the duties of the week," she says, "fewer of them would go into offices and shops on Monday morning feeling blue, tired and wishing that they could have stayed home in bed. If I had my way with business women I should insist upon Sunday being observed as a day of rest—rest in the broadest sense. I should make it a rule that all thought of the daily work be banished; that nothing that is a part of the regular routine of duties be referred to during the day; that none of the wearing apparel used during the business hours be put on; even associates that are regularly encountered in the work should not be seen.

"In this way a complete change is secured, whether a woman goes out of town for a day or afternoon or stay at home. By following these simple suggestions an entire change of thought, in fact, a different atmosphere, is created, and this, without any kind of amusement, is both restful and refreshing, for it helps the worker to get out of herself into another world, as it were, so that on Mondays she goes to work with a renewed feeling of interest in her duties and a mind at peace with the world.

"So thoroughly do I believe that change is restful and essential in a busy life that if home duties or the weather prevent one's going out of the house I advise changing the position of chairs, bric-a-brac, from one room to another, or if a girl is boarding, then placing a chair in an unfamiliar position, or turning the pictures with the glass to the walls for relief from the monotony of every day existence.

"Though every woman has her own definition for rest, it seems to me the most normal sort is that which makes a quiet day. An hour or even less spent in church where there is beautiful music and a short service disposes of the first part of the day. After dinner a call on friends who are entirely congenial, and who give one a different viewpoint from that which is necessary during the week, is stimulating and at the same time restful. Or a walk in the country or park, a boat ride if a secluded spot can be found where quiet is possible, is decidedly beneficial, especially to persons of nervous temperaments. A concert or a lecture are equally good if the latter is on a subject that is of interest and will not fatigue the brain by demanding too much thought to comprehend the meaning.

"Crowds should be avoided, whether on boats, cars or on promenades, for there is surely nothing elevating in being pushed and jostled about by hundreds of people, all of whom, are bent upon getting some kind of amusement and therefore are, as a rule, not particularly considerate about how they elbow those whom they pass. With the majority of women, especially those of an excitable nature, struggling with a crowd brings on a feeling of irritation and oftentimes anger, that occasionally ends in a headache of even sickness in the stomach that spoils the day of rest.

"How many girls, and women, too, get up early on Sunday morning, prepare a lunch and hurry off for a train or boat excursion, feeling physically tired before even they get started. The day is spent in different surroundings, to be sure, but in

sight-seeing there is always a crowd, and they get home late at night more wearied after the day's outing than after a day of hard work. It is little wonder, then, after a day spent in this way, that the next morning is blue Monday?

"For the very few who need this excitement to keep them happy such a Sunday's pleasures is necessary, but to the average woman it is inexpressibly wearing to nerves and body.

"Sunday means to many women, and men, too, a time for feasting, and they eat more and richer food on this day than any other during the week, when they are physically better able to digest it, because they are working. Beginning with a late breakfast, as many do, they have an extra heavy dinner at noon, when ordinarily they are in the habit of taking a lunch. This alone throws the routine of the whole day out of gear. As a rule there is some kind of light refreshments eaten during the afternoon. Then tea is served at the usual dinner hour and many girls before retiring have another lunch. By this time, with little exercise, the stomach is so overloaded with rich foods that pains caused by acute indigestion sometimes keep the person from sleeping, or else cause by a heavy dull feeling in the head that is uncomfortable. Is it any wonder after such a day of feasting that the next day the work has no interest for the girls?

"While pleasure is the rightful reward for work, particularly when the latter has been well done, I would advise a woman to select a kind that will not make her discontented with her business duties, nor one that is so different from every day routine that she will be constantly wishing for a life such as she lived on the day off, and so neglect the work that means her livelihood while she indulges in dreams of her experiences on Sunday and longs to repeat it.

"For women who go in for golf, tennis or swimming the best plan is I think, to play during the morning, so that the afternoon can be spent quietly getting the much-needed rest, and then if they get to bed early there should be no blue Monday the following day."

The End of the World

Of troubles that robbed E. H. Wolfe, of Bear Grove, Ia., of all usefulness, came when he began taking Electric Bitters. He writes: "Two years ago Kidney Trouble caused me great suffering, which I would never have survived had I not taken Electric Bitters. They also cured me of General Debility." Sure cure for all Stomach, Liver and Kidney complaints, Blood Diseases, Headache, Dizziness and Weakness or bodily decline. Price, 50c. Guaranteed by J. C. Perry's drug store.

SUGAR REFINERIES.

Places Where Sugar Is Made to Be as Bad as Packing Houses.

The following article from the Appeal to Reason on the New York sugar refineries shows that conditions in the refineries are almost as bad as in the packing houses. The Appeal says:

Investigation of the conditions under which men work their lives away in Havemeyer's sugar refineries in New York reveal a state of affairs rivaling those uncovered in "The Jungle," in the Chicago packing houses.

There is not the revolting stench of rotting meats to nauseate, but in other respects the situation is not less horrible. There is the same slavery, the same paltry pay, the same sordid surroundings, the same unspeakable squalor.

And does my lady who is so fastidious that she will not allow a lump of sugar to come in contact with her fingers, but with silver tongs daintily drops the white cube of compressed sweetness into her cup of tea—does she imagine for a moment that all this care insures cleanliness for her beverage?

Surprised indeed would she be if she could see how the crude sugar is handled at these refineries, as related by the daily papers. True, they are great at "cleaning up" in these places—the floors are carefully swept—and scraped—each day. For a broom is not effective in cleaning the floor. And of what do these sweepings consist? They are a dirty, sticky, disgusting mess of brown sugar mixed with mud which the workmen have carried, in on their boots and trampled and ground into the mass all day while they expectorate tobacco juice upon the mix-

Would You Believe Your Best Friend?

Dentistry is one thing about which the average person knows little or nothing, and for that reason it is to your advantage to have your dental work done by a man who has a reputation for high class work. I charge you less money for my work than any dentist in Salem. The reason for it is this, I use every up-to-date appliance known to the profession that will save time and pain. I buy my material in wholesale lots for my different offices, yes, I'll venture to say, that my material account for one month is as large or larger than that of all other dentists in Salem combined. The best advertisement I can get is a satisfied patient. Here are just four of them. I have hundreds of others.

JULY 25, 1906.
 DR. B. E. WRIGHT IS CERTAINLY A TIME SAVER AND FOE TO PAIN. HE PUT ON TWO GOLD CROWNS, ONE PORCELAIN CROWN, AND PUT IN A LARGE GOLD FILLING IN ABOUT 2 1/2 HOURS. HIS WORK WAS PAINLESS AND IS SATISFACTORY. THE WORK WAS ALL DONE IN THE TIME IT REQUIRED ANOTHER DENTIST TO PUT IN ONE FILLING.
 CHAS. GEHLEN, STAYTON.

JULY 4TH, 1906.
 IF YOU WANT PAINLESS DENTISTRY, GO TO DR. B. E. WRIGHT. HE PUT ON A CROWN FOR ME ABSOLUTELY WITHOUT PAIN.
 C. D. SLAUGHTER, SCOTTS MILLS, ORE.

JULY 25, 1906.
 IF DR. WRIGHT CAN'T PLEASE YOU WITH A SET OF TEETH, NO DENTIST CAN. I HAD A PARTIAL LOWER PLATE MADE SOME YEARS AGO, AND WHICH WAS WORTHLESS. I WENT TO DR. WRIGHT AND HE MADE ME ONE WHICH DOES THE WORK LIKE NATURAL TEETH.
 MRS. KYLE, 1648 MISSION.

JULY 25, 1906.
 NEARLY A YEAR AGO I HAD DR. WRIGHT MAKE ME AN UPPER SET OF TEETH, AND CAN SAY THAT THEY ARE A PERFECT FIT.
 MRS. R. OMLEY, YEW PARK, SALEM, OREGON.

Just remember what I have said and what others say of my work, then come and see me this fall or when you are ready. I don't say my work is infallible, but I do say this: Whenever any work is unsatisfactory I will gladly rectify it without any cost to the patient. Gold Crowns and Bridge Work, \$5.00; Plates that are guaranteed to fit, \$5.00. Fillings, 50c.

Dr. B. E. Wright, The Painless Dentist.

STEUSLOFF BUILDING, COURT ST. HOURS: 8 A. M. TO 5 P. M., 7 TO 8 P. M. SUNDAYS 10 A. M. TO 12 M. PHONE 206 MAIN.

SPORTSMEN, ATTENTION!

Fishing Excursion to the Santiam and Breitenbush Rivers—Round Trip \$2.00.

For the benefit of those who desire to spend a Sunday in the mountains, fishing in the famous Santiam and Breitenbush rivers, the Southern Pacific has made arrangements to sell tickets, Salem to Detroit at the low rate of \$2.00 for the round trip, which will be good going on train No. 13, leaving Salem at 6:32 p. m. Saturday, August 11th, and on special train on the C. & E. to Detroit, which leaves Albany at 7:30, immediately after the arrival of No. 13 in Albany, and for return on special train leaving Detroit early Monday morning, August 13th, and arriving in Albany in time to connect with the Roseburg local for Salem, which leaves Albany at 7:30 a. m.

This is a golden opportunity for those who desire a day in the mountains catching the speckled beauties, which abound in the Santiam and Breitenbush rivers. Stop over will be allowed at any point east of Mill City desired. Remember the date, Saturday, August 11, 1906.
 7-27-td

Young Girl Makes Good Horse Trade

Miss Hazel Panting, the 16-year-old daughter of Col. J. A. Panting, who is a thorough horsewoman and as good a rancher as most men, yesterday wrote her father from the Durkee ranch asking him to approve half a dozen horse trades she was about to make. The colonel smilingly said that he might as well sanction the dickers, because he very well knew they had been completed and even a telegraph order would not stop the deals. "That girl is pretty smart and I'll trust her anyway. The fact of the matter is I think she has secured some young horses in exchange for old ones."—Baker City Herald.

Southern Pacific Time Card, Effective July 3d.

Toward Portland. Train Arrives.

No. 10—5:23 a. m., Oregon express.
 No. 14—8:23 a. m., Cottage Grove express.
 No. 12—3:29 p. m., Oregon express.
 No. 22—11:08 a. m., through fast freight.
 No. 226—11:55 a. m., local way freight. Departs 12:45 p. m. Toward San Francisco.
 No. 15—10:50 p. m., California express.
 No. 13—6:32 p. m., Cottage Grove express.
 No. 11—11:13 a. m., California express.
 No. 225—11:25 a. m., local way freight.
 No. 221—2:20 a. m., through fast freight. Departs 11:55 a. m. tf

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 For Infants and Children.
 The Kind You Have Always Bought
 Bears the Signature of *Dr. J. C. Peck*

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 We are in the market for oats, barley or wheat.
 Highest cash prices paid
 Free Sacks
 We furnish free all sacks for grain that we buy.
 Be sure and call and see us when ready to sell as we are paying the very highest prices that the market will stand.

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MADAME DEAN'S FRENCH FEMALE PILLS.
 A Rare, Certain Relief for Women's Menstruation. NEVER KNOWN TO FAIL. Safe! Pure! Ready! Reliable! Sold everywhere. Price \$1.00 per box. Will send three boxes free to the first woman who writes for them. Sample free. If your druggist does not have them, write your order to the UNITED MEDICAL CO., 307 N. LANSING, PA.
 Sold in Salem by S. O. Stone.

Men Wanted.
 Sawmill and lumber yard laborers, \$2.25 per day. Woodsmen, \$2.25 to \$3.00. Steady work. Apply to Booth-Kelly Lumber Co., Eugene, Or. 5-22-td