

DOCTORS DISCUSS DISEASE

Appendicitis Prevented and Cured by Castor Oil and Fasting---No Drugs

"Two ounces of castor oil and a one-day fast will cure any stage of appendicitis in the early stages." So declared Dr. S. A. Brown at the morning session of the homeopathic society at Alisky hall, at Portland, Wednesday. The discussion which followed no disagreement with the doctor as to his method of treatment, the remarks being upon other phases of the dread disease.

Appendicitis is not caused by the flowing of orange seeds, cherry or brass buttons, as some folks suppose. It comes about through machinations of a cute little germ which crawls down the throaty-nilly and propagates to beat the drum, finally building its nest in a corner of the vermiform appendix and giving the owner thereof a deal of trouble. The easiest way to rid of this naughty germ, is not to let him out, nest and all, but to slide along with castor oil, and then naturally starve him to death. Dr. Brown's paper dealt in a degree with these troubles in general. As the germ for the circulation of the appendix germ Dr. Brown mentioned, afterwards left to thaw out for several days, and then not thoroughly cured. He said in part:

"We hear a good deal about appendicitis, much more than we used to hear 15 or 20 years ago. How is this? Do we have more appendicitis than in former years, or do we recognize the disease with more certainty? I believe that the disease is more frequent and that we understand it better, and are more certain in our diagnosis."

Germ Does the Business.
There is a cause for appendicitis, what is it? A germ inimical to the system passes through the stomach, multiplies in the small and large intestines. Then it attacks the appendix and we have appendicitis. When it is taken out of cold storage it is sent through the city and often kept some days in the shop before being sold. During that period the meat gets dusty and germs settle on it and multiply by the million.

As we only partly cook our steaks, perhaps many of the germs are not destroyed before the meat is eaten. The consequence is that in case our digestion in the stomach is not perfect, the germs pass on to the small large intestines, and we are on our way to an attack of appendicitis. At times, when the first cramps begin, if we sent two ounces of castor oil through and thoroughly flush the system with water the attack will subside. Then no solid food or even milk could be given for two or three days. The toxins have poisoned the nervous system so as to stop normal peristaltic action, no medicine or physic will be of any use. All fresh meats should be thoroughly cooked, and all milk should be boiled if it is infected with any germ inimical to life."

Good looks bring happiness. Friends are more for us when we meet them with a clean, smiling face, bright eyes sparkling with health, which comes from taking Hollister's Rocky Mountain Tea, 35 cents, Tea or Tablets. Dr. Hollister's drug store.

WAS IT FOR THIS WE MET?

(Richard Le Gallienne, in the Metropolitan Magazine.)
Was it for this we met—to part like this?
Was it for this we loved—to lose this way?
Can this be April reddening into May?
And will the woods grow green, and never miss
Beneath their boughs the murmur of our bliss,
The happy children of a summer day?
Was it for this we loved—to lose this way?
Was it for this we met—to part like this?

O little haunted river, will you run
Still through the trees, and leap the rocks in foam,
Yet hear no more our voices blend with yours?
If thus the painted scenes of love endure
Earth's flood of flowers and heaven's azure dome,
O can the play be ended, quite, quite done?

A Curious Fish of the Sea of Galilee.

In the sea of Galilee, or Lake Tiberias, as it is also called, there is a strange fish named the Chromis simonis, which is more careful of its young than fish generally are. The male takes the eggs in his mouth and keeps them in his natural side pockets, where they are regularly hatched and remain until able to shift for themselves. By this ingenious arrangement the brood is comparatively guarded against its natural enemies. It is easily fed, too, but it is a puzzle how the little ones escape being eaten alive. A while ago says a traveler writing to a religious contemporary, I found in my net a number of these fish without eyes.

Others of the species, when I lifted them up, dropped a number of little fishes out of their mouths, which swam away hastily. The natives explained the phenomenon. The blind chromis is the victim of sea hawks. When these birds have eaten their fill they begin to look for tritons. After catching a fish they hit its forehead with their sharp beak, knocking out the middle part, in which their eyes are set. The bony structure is dropped into the water, but the eyes are eaten by the birds with great relish. Strangely enough, the fish generally survive this rough treatment. The wounds heal quickly in water, and they continue to ply the lake for food as if nothing had happened.—London Standard.

Very Annoying to Some People.

People that are known to be weak and sickly, by their neighbors, are asked the question every day whether they are feeling better. Do you feel stronger? Are you gaining flesh? Their friends know if they are gaining flesh it is one of the sure signs of returning health. If they can only get a remedy that will make solid, healthy flesh, recovery is assured. People with nervous troubles, loss of flesh and strength, no ambition, languid, and always tired, have thin, watery blood. The food they eat does not nourish them, it does not make blood. If after each meal they would take Dr. Blood and Nerve Tonic their food would be turned into rich, red blood, making solid flesh and strength. The tablets are sold in boxes by all druggists for 75 cents, or three boxes for \$2. People who use this tonic gain in solid flesh from one to three pounds per week; they feel better and know they are on the road to health.

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PORTLAND CAR MEN ORGANIZE.

Revive Old Charter and 95 Per Cent of Employees Join Union.

Portland, Or., June 14.—The street car men of Portland reorganized their union yesterday morning in a meeting which began at 2 o'clock and did not end until 5. The meeting was largely attended and very enthusiastic.

Under Charles H. Gram, of the American Federation of Labor, and R. C. Cornelius, of San Francisco, the organization was effected. The union in Portland is Local Division No. 181 of the Amalgamated Association of Street Railway Employees of America. J. H. Jones, of the Federated Trades, presided at the meeting.

Reorganization was effected under the old charter. The charter was supposed to have been surrendered several years ago, but had been kept in good standing in anticipation of a revival in favor of unionism. At the meeting a full list of officers was elected, including a president, vice-president, secretary, treasurer, conductor, and sentinel. It was an open meeting, to which all the carmen of Portland were invited and was held in Union hall.

"This organization, which represents 75,000 street car men in the United States and Canada, is said by its organizers to have 95 per cent of the Portland car men on the membership roll. Green buttons, the official badge, were distributed at the meeting. Special cars had been rented from the railway company to transport the union men to their homes after the session.

That Tired Feeling.

If you are languid, depressed, incapable for work, it indicates that your liver is out of order. Herbine will assist nature to throw off headaches, rheumatism and ailments akin to nervousness and restore the energy and vitality of sound and perfect health. J. J. Hubbard, Temple, Texas, writes: "I have used Herbine for the past year. It has done me more good than all the doctors. It is the best medicine ever made for chills and fever." 50c. For sale by D. J. Fry.

German Evangelical Synod Meets.
Schenectady, N. Y., June 14.—The annual convention of the Atlantic District of the German Evangelical synod

of North America opened here today at the German Friedens Kirche. The opening services will be held at the church this evening and will be conducted by the Rev. C. J. Noshren of New York. The first regular business session will be held tomorrow morning. The morning was principally devoted to the reception of delegates and sightseeing. On Saturday the ministers attending the conference will make an excursion to Forest Park, Ballston lake. On Sunday afternoon the delegates will go to Albany to attend the services in connection with the dedication of the bells at the German Evangelical church in that city. The convention will close on Monday, when the officers for the ensuing year will be elected.

Beware of Ointments for Catarrh that Contain Mercury.

As mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free.

Sold by druggists. Price, 75c per bottle. Take Hall's Family Pills for constipation.

Bible Printed in 400 Languages.

The British and Foreign Bible Society now distributes the scriptures in no fewer than 400 languages.

During last year the Bible was issued in the following new languages: Ladakhi, Singpho, Kuliviu, Meoh (for Kachari), Ziguai, Laotian, Saa, Bemba, colloquial Arabic, East Santo, Bri-Bri.

Ladakhi is spoken on the Tibet frontier. Singpho is the language of the people residing among the hills in the far east of Assam. Kuliviu is spoken on one of the islands in the New Hebrides. The people pay for these books with arrow root.

Meoh is a dialect spoken by about

a quarter of a million people living on plains of North Assam. Ziguai is spoken by the Wa-Zigulas, who cover a large area in German East Africa. Laotian is spoken by the Laos tribes, who live in the interior of Annam, French Indo-China, and in order to print this, special type has to be cast from designs that have been supplied by native scribes.

Saa is spoken on the island of Mwala, one of the British Solomon islands which have become Christianized. Bemba is spoken by the tribes living in Central Africa to the north of Lake Bangweolo.

Colloquial Arabic is being prepared for the unlearned in Egypt who do not understand classical Arabic. East Santo is another of the many languages spoken in the New Hebrides.

Bri-Bri is the language of Indians near Panama.

At Winnipeg the society's depot supplies the scripture in 43 languages to the polyglot stream of emigrants pouring into Canada. Amid the babel of tongues in Johannesburg Bible in 2 languages have been sold, but the resources of the depot there were beaten when a newcomer to the "Golden City" asked for a Bible in Icelandic. There was a record output of the scriptures last year, the volumes issued being only a few short of six millions.—London Express.

Death from Lockjaw

Never follows an injury dressed with Bucklen's Arnica Salve. Its antiseptic and healing properties prevent blood poisoning. Chas. Oswald, merchant, of Rensselaersville, N. Y., writes: "It cured Seth Burch, of this place, of the ugliest sore on his neck I ever saw." Cures cuts, wounds, burns, and sores. 25c at J. C. Perry's drug store.

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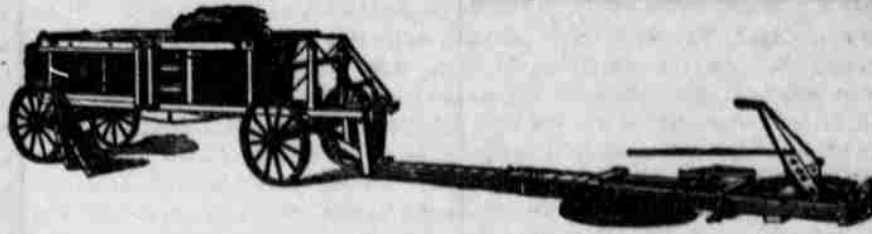
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His Bargain.

Mr. Ferguson, who had passed a grocery store on his way home, laid a sack of apples on the kitchen table. "They're big red ones," he said, "from Colorado, and the best you ever tasted."

"What did you pay for them?" asked Mrs. Ferguson.

"That's what I was going to tell you. The grocer said he didn't sell them by the peck. They were two for 5 cents. I asked him what half a peck would be worth. He figured a little and said they would cost me 40 cents. I took 'em before he had time to back out. Buying apples by the piece is too expensive for family use."

Mrs. Ferguson emptied the apples out on the table and counted them.

"There are only fifteen of them, George," she announced. "He cheated you out of one!"

"I wouldn't be as penurious and unbusinesslike as you are for a thousand dollars!" he snapped, slamming the door behind him as he went out.—Chicago Tribune.

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