

A FOOLISH PLAN



"It is a joy to eat—I welcome my dinner hour. Because I find indigestion with August Flower." Constipation is the result of indigestion, biliousness, flatulency, loss of appetite, self-poisoning, anemia, emaciation, uric acid, neuralgia in various parts of the system, catarrhal inflammation of the intestinal canal and numerous other ailments that rob life of its pleasures if they do not finally rob you of life itself.

"I'm bound in the bowels," is a common expression of people who look miserable and are miserable—yet who persist in "letting nature take its course."

What a foolish plan, when nature could be aided by the use of Green's August Flower, which is nature's own remedy for constipation and all stomach ills.

August Flower gives new life to the liver and insures healthy stools.

Two sizes, 25c and 75c. All druggists.

Sold in Salem by S. C. Stone.

A Challenge to Mankind.

The attempt to scale Mount McKinley, in Alaska, which Dr. Frederick Cook and a party of fellow scientists and explorers will begin early next month from the head of Cook's inlet, is a brave assault upon what is probably the world's most difficult task in exploration. That Dr. Cook, who tried to ascend the mountain in 1903 and failed, will now be able to reach the top is extremely doubtful, but he will at least add to the world's store of knowledge. For the ascent is to be undertaken on the southeast side, where no adventurer has yet climbed, and where more than 1000 square miles of area remain unknown to the geographer.

There is good reason for describing this as the greatest of all explorations. McKinley rises 29,464 feet above the sea, according to a triangulation by the United States geographical survey. Higher points have been reached—24,000 feet is now the record—but not on the edge of the Arctic circle. Mount Everest, in the Himalayas, 29,000 feet, has not yet been scaled, but save in the rarity of the atmosphere, causing

"mountain sickness," it presents fewer difficulties than McKinley. The Himalayan snow line is at about 10,000 feet, and pack animals can be taken to nearly 20,000 feet. Mount Aconcagua, in the Andes, 23,000 feet, has twice been climbed with little or no atmospheric prostration and almost without putting a boot in snow.

Nature has set a harder problem on the sheer, ice-bound sides of McKinley. Robert Dunn, a member of Dr. Cook's first party, writes for the New York Evening Post an account of the appalling conditions found there—conditions which combine all the perils of mountaineering and Arctic exploration, the problems of the Matterhorn and the pole. The Himalayan and Andean peaks rise out of high ranges, which offer a gradual approach; McKinley, says Mr. Dunn, rises abruptly out of a 2600-foot plain. Its highest base of attack, the point to which animals may go, is 5000 feet, leaving 15,000 feet to be climbed on foot, all through regions of perpetual snow and ice. Thus it presents several thousand feet or more of actual climbing under vastly harder conditions of climate and footing than are to be met on either Everest or Aconcagua.

But this is not all. Mr. Dunn tells of the 1903 expedition, which tried the ascent from the northeast side. The explorers reached an altitude of 11,000 feet. They found it impossible to travel the ravines because of the soft snow, the frequent snowslides and avalanches, and the "remarkable hanging glaciers, the largest inland ice avenues in the world." It is necessary to hold to the ridges, which are twenty miles or more apart. Reaching the heights named, the climbers were baffled by walls of rock, rising sheer 5000 feet above them. They did not return, however, until they had made an almost complete circuit of the mountain, finding everywhere the same vast glaciers, the same abrupt walls of granite towering a mile into the icy air the same great depth of snow, resulting from a constant precipitation. Mr. Dunn's conclusion is that this peak, North America's greatest elevation, will not be conquered in a single summer, and that the ascent can only be accomplished, if it is accomplished at all, in two seasons by a party with unexampled equipment, establishing a base far up the mountain and giving its first summer to thorough exploration for possible avenues of access through the precipitous walls that everywhere defy man's daring. He believes the

Bad Stomach Makes Bad Blood.

You can not make sweet butter in a foul, unclean churn. The stomach serves as a churn in which to agitate, work up and disintegrate our food as it is being digested. If it be weak, sluggish and foul the result will be torpid, sluggish liver and bad, impure blood.

The ingredients of Dr. Pierce's Golden Medical Discovery are just such as best serve to correct and cure all such derangements. It is made up without a drop of alcohol in its composition; chemically pure, triple-refined glycerine being used instead of the commonly employed alcohol. Now this glycerine is of itself a valuable medicine, instead of a deleterious agent like alcohol, especially in the cure of weak stomach, dyspepsia and the various forms of indigestion. Prof. Finley Ellingwood, M. D., of Bennett Medical College, Chicago, says of it:

"In dyspepsia it serves an excellent purpose. It is one of the best manufactured products of the present time in its action upon enfeebled, disordered stomachs; especially if there is ulceration or catarrhal gastritis (catarrhal inflammation of the stomach). It is a most efficient preparation. Glycerine will relieve many cases of pyrosis (heartburn) and excessive gastric acidity. It is useful in chronic intestinal dyspepsia, especially if accompanied by constipation. It is a powerful agent in chronic constipation, stimulating the secretory and excretory functions of the intestinal tract."

When combined, in just the right proportions, with Golden Seal root, Stone root, Black Cherry bark, Queen's root, Blood-root and Mandrake root, or the extracts of these, as in Dr. Pierce's Golden Medical Discovery, there can be no doubt of its great efficacy in the cure of all stomach, liver and intestinal disorders and derangements. These several ingredients have the strongest endorsement in all such cases of such eminent medical leaders as Prof. R. Bartholow, M. D., of Jefferson Medical College, Chicago; Prof. Robert A. Hare, M. D., of Medical Department, University of Pa.; Prof. Laurence Johnson, M. D., Medical Department, University of New York; Prof. Edwin M. Hale, M. D., Hahnemann Medical College, Chicago; Prof. John M. Scudder, M. D., and Prof. John King, M. D., Authors of the American Dispensary, and scores of others among the leading medical men of our land. Who can doubt the curative virtues of a medicine the ingredients of which have such a professional endorsement?

Constipation cured by Doctor Pierce's Pleasant Pellets. One or two a dose.

feet will be even more costly than was that of the Duke d'Abruzzi who ascended Mount St. Elias in Alaska, 28,000 feet, only in his fifth attempt, and then at a cost of \$50,000.—Tacoma Ledger.

Sure Cure for Piles.

Itching Piles produce moisture and cause itching, this form, as well as Blind, Bleeding or Protruding Piles are cured by Dr. Bosanck's Pile Remedy. Stops itching and bleeding. Absorbs tumors. 50c a jar at druggists or sent by mail. Treatise free. Write me about your case. Dr. Bosanck, Philadelphia, Pa.

American Magazine for June.

"The Rebirth of the Corporation" by Judge Peter S. Grosscup in the American Magazine for June is a splendid example of constructive criticism in the treatment of current questions. Instead of exploiting evils, it sets forth a radical but sane remedy for the trust problem. Another important question—franchises—is treated with cutting satire by John McAuley Palmer in "The Parable of the Pickpocket." A departure in magazine literature is the publication in this number of Charles Klein's successful drama, "The Lion and the Mouse," told in story form by Owen Johnson. Arthur Goodrich describes the picturesque career of Horace Fletcher, and throws some new light on "Fletcherism." Another of Arthur Train's interesting criminal narratives is "The Last of the Wire-Tappers," the story of an amazing swindle. The pictorial feature of this number is a series of remarkable photographs by William L. Finley, illustrating "Home Life in a Gulf Colony." The camera has been thrust into the very nests of the birds. With the second installment of the "Mystery," the new serial by Stewart Edward White and Samuel Hopkins Adams, the action takes a new turn and the interest deepens. "At Mediator's Place," by Holman Day, is a story of unusual power. Other writers are Herman Whitaker, George Allan England, Don Marquis and Caroline Lockhart.

Stayton Is Booming.

E. D. Alexander, editor of the Stayton Mail, and W. L. Freres were in the city yesterday afternoon, renewing acquaintances. Mr. Alexander states that the little town of Stayton is experiencing unusual prosperity. "The woolen mills are expecting their new machinery, and within 60 days it is probable that it will be installed. We have several buildings and residences in course of construction, and with more in view. A. D. Gardner has recently purchased 1000 cords of hem wood, and will soon begin the erection of an excelsior plant. The Lee Brown & Son sawmill is running at full blast. In fact the town is moving ahead," said he. Editor Alexander is an enthusiastic booster for the town of his adoption, and is a genial gentleman.

Summer School

The first term of the Capital Summer Normal opens on May 1st, to continue eight weeks. Tuition \$10. Summer School of Primary Methods. Opens June 11th, to continue three weeks. Address J. J. Kraps, or County Superintendent E. T. Moore, Salem Or. 4-14-3m.

CLASSIFIED

FOR SALE.

For Sale.—A two-story, six-room house new, in Englewood, with two lots, barn, well and fenced. A bargain to a quick buyer. W. H. Dalrymple, P. O. box 242, Salem. 5-14-1m

For Sale.—A good residence; located at 580 Liberty street; price reasonable. For particulars address Chas. Burgraf, Albany, Or. 5-25-1f

FOR RENT.

For Rent.—Furnished and unfurnished rooms at 790 North Commercial street. M. A. Dice, prop. 5-1-1f

WANTED—MALE HELP.

Wanted.—Man with team to plow hop yard. Call on Mrs. Lizzie Huber, one fourth mile north of Lincoln, or call at 195 High street. Wong Him. 5-30-3t

WANTED.

Wanted.—Branch managers wanted, \$20 cash weekly. Live at home. Experience unnecessary. Aluminum Hanger Company, Chatfield, Minn. 5-14-1m

WATER COMPANY.

SALEM WATER COMPANY OFFICE CITY HALL. For water service apply at office. Bills payable monthly in advance. Make all complaints at the office.

Hsie Wing Sang Co.

Chinese and Japanese Fancy and Dry Goods. Special new line of summer goods. Made by us. Wrappers, Underwear, Waists, Dress Goods, Silks. Very low prices. 346 Court street, Salem, Or.

BRICK

Brick furnished in large or small quantities. Pressed brick made to order. Yard on State street, south of Penitentiary.

SALEM BRICK YARD.

A. A. BURTON, Prop.



When You Greet Your Best Girl

You should always be well groomed and well dressed and have your lines immaculate in its snowy whiteness and exquisite finish. You can keep it that way constantly, and at small cost when you have it laundered at the

SALEM STEAM LAUNDRY.

Colonel J. Olmstead, Prop. Dorus D. Olmstead, Mgr. Phone 25. 136-166 Liberty St.

Boil Drinking Water.

While the work of enlarging the filtering system is in progress it would be better for all to boil their drinking water.—The progress of the work will be noted in this paper. 5-19-1f.

HOLLISTER'S Rocky Mountain Tea Nuggets A Bary Medicine for Bary People. Brings Golden Health and Renewed Vigor. A specific for Constipation, Indigestion, Liver and Kidney Troubles, Pimples, Eczema, Itchiness, Bad Breath, Sluggish Bowels, Headache and Backache. It's Rocky Mountain Tea in tablet form. 25 cents a box. Genuine made by HOLLISTER'S DRUG COMPANY, Madison, Wis. GOLDEN NUGGETS FOR SALLOW PEOPLE



BUILDING ANYTHING?

Then let us furnish the lumber. It will pay you to see us. We believe in small profits and satisfied customers.

GOODALE LUMBER CO.

Phone 22.

MISCELLANEOUS.

Salem Iron Works—Founders, machinists and blacksmiths. Manufacturers of all kinds of sawmill machinery. Hop and fruit drying stoves, etc. Manufacturers of the Salem Iron Works Hop Press. 11-29-1m

Wanted.—Turkeys, geese, ducks, chickens and all farm produce. Highest cash price paid for same. Capital Commission Company, 267 Commercial street. Telephone 179.

Hotel Scott—Newly furnished, everything clean and first class. Rooms at reasonable prices. In Cottle block, Salem. A. Scott, prop. 7-4-1f.

At Your Step-mother's—She can steam clean or dye them, and have you a new suit, press and repair, relines, furnish buttons. The most delicate fabrics can be cleaned by her dry cleaning method without injury. It does not shrink or change its color. It is next to The Journal office, 221 Commercial street.

TONSorial.

Evans' Barber Shop.—Everything new and up to date. Finest porcelain baths. Shaving, 15c, haircutting 25c. Baths 25c. First class bootblack. C. W. Evans, Proprietor.

MUSIC STUDIOS.

Music Studio.—Frank E. Churchill, Musical Studio. Associate teacher Western Conservatory, Chicago, Ill., representing Inter-State System at Salem, Oregon. In the Gray block, room 3. Studio hours 9 to 12 and 2 to 5. 5-19-1f

LIVERY AND SALE STABLES.

73 IS THE PHONE NUMBER OF THE RED FRONT STABLES. M. L. HARROD, PROPRIETOR, 271 CHEMERKETA STREET.

Feed Barn.—Special attention to transient teams. Farmers' patronage solicited. Waiting rooms for ladies. We also carry a full line of feed. Located at Club Stables, corner Liberty and Ferry streets. Phone Main 7. Prunk & Darby. 12-14-6m

HOTEL OREGON

Corner of Seventh and Stark Streets, Portland, Oregon.

The new and modern hotel of the city caters particularly to residents of Salem and other Oregon cities. European plan. Free bus. Rates \$1.00 per day and upward. Handsomest grill in the West, and prices as low as in places less attractive. Daily Capital Journal on file.

WRIGHT-DICKENSON HOTEL CO.

Steamers Pomona and Altona leave for Portland Monday, Wednesday and Friday, at 10 a. m. Tuesday, Thursday and Saturday at 9 a. m. Leave for Corvallis Tuesday, Thursday and Saturday about 6:30 p. m. For Albany daily except Sunday about 6:30 p. m.

M. P. Baldwin, Agt

The Fashion Stables

Formerly Simpson's Stables. Up-to-date livery and cab line. Funeral turnouts a specialty. Tally-ho for picnics and excursions. Phone 44. Chas. W. Yarnke, Prop. 247 and 249 High Street.

COMMENCEMENT ANNOUNCEMENTS

I HAVE just received a fine assortment of Commencement Announcements. You are invited to call and look them over.

ELLIOTT PRINTER

For Sale.—Six room house in South Salem.

OSTROPATHY.

Dr. W. L. Mercer.—Graduate of Kirksville, Mo., under founder of osteopathy. Rooms 25-26 Breyman bldg., Commercial St., phone 913. Residences 419 N. Summer st., phone 614. Treats acute and chronic diseases. Examinations free.

Dr. B. H. White.—Graduate of Kirksville, Mo., under founder of osteopathy. Room 21 Breyman bldg., Commercial st., phone 57. Residences 590 State, cor. Church, phone 1110. Treats acute and chronic diseases. Examinations free.

SASH AND DOOR FACTORIES.

Frank M. Brown—Manufacturer of sash, doors, mouldings. All kinds of house finish and hardwood work. Front street between State and Court.

LODGES.

Foresters of America—Court Sherwood Foresters, No. 19. Meets Tuesday in Hurst hall, State street. U. S. Rider, C. R.; A. L. Brown, F. S.

Central Lodge No. 18, K. of F.—Oastle Hall in Helman block, corner State and Liberty streets. Tuesday of each week at 7:30 p. m. J. G. Graham, C. C.; W. I. Staley, K. of R. and R.

Modern Woodmen of America—Oregon Cedar Camp, No. 5246. Meets every Thursday evening at 8 o'clock. Holman Hall. W. W. Hill, V. G.; F. A. Turner, Clerk.

Woodmen of World.—Meet every Friday night at 7:30, in Helman Hall. A. J. Bamy, C. C. P. L. Francis, clerk. 1-10-1f

VETERINARY SURGEON

Dr. E. J. Young—Veterinary surgeon and dentist, 33 years' experience. All work guaranteed. Difficult surgical operations a specialty. Phone 581. Office at Club Stables. Phone 7, Salem, Oregon. 5-9-1f

REAL ESTATE.

Some of Our Bargains.—One new 6-room cottage, modern, only \$1250. Good, new 5-room house and two lots, only \$850. Furniture and fixtures in large rooming house very cheap. This property must be sold. If you want to buy, see us. We have the goods. If you want to sell, list your property with us. We sell it. Swegle & Smith, phone 459, No. 492 State street.

H. S. Gile & Co.

Wholesale Merchants and Dealers in FRUIT AND PRODUCE.

We have large supplies of berry boxes, both tin top and folding, also crates. Get your supplies here. We buy butter, eggs, poultry, produce, etc. Pay cash.

CASTORIA.

The Kind You Have Always Bought Bears the Signature of

Wm. D. Mitchell

Gold Dust Flour

Made by THE SIDNEY POWELL COMPANY, Sidney, Oregon. Made for family use. Ask your grocer for it. Bran and shorts always on hand.

P. B. Wallace AGENT



SPRING LAMB.

Is always good. We sell meats of the very highest quality. Whether you want lamb, beef, mutton or pork, get it from us.

H. C. CROSS

CASTORIA For Infants and Children.

The Kind You Have Always Bought

Bears the Signature

of

Wm. D. Mitchell

In Use

For Over

Thirty Years

CASTORIA

THE CASTORIA COMPANY, NEW YORK CITY.

STALLION Tidal Wave

Will remain two or three seasons at the Fair Grounds, Oregon, for the service of mares. Examine carefully his breeding; examine him as an individual; examine his racing qualities before choosing a stallion for your mares. Then if you find fault with him the expense you have been to to use him will be cheerfully paid by the owner. Mares from a distance will be furnished good pasture free of charge. Due care and caution will be given to prevent accidents, but will not be responsible should any occur. For the convenience of owners of mares TIDAL WAVE will be at Independence Thursday of each week. Season service the low price of \$20, with return privileges. Owner S. B. Bailey. Address S. B. Lindsey or Alpha Bailey, Fair Grounds, Oregon. 4-14-3m.