

Sore Lungs

We want everybody who has a hard cold in the chest to use Ayer's Cherry Pectoral. Our long experience with it, over sixty years, tells us there is nothing its equal for coughs, colds in the chest, bronchitis, hoarseness, sore lungs, weak throats, and weak lungs. Doctors tell us the same thing. Ask your doctor about it. We have no secrets! We publish the formulas of all our medicines! J. C. Ayer & Co., Lowell, Mass.

BALANCE OF POWER LEAGUE WON

First Trial of New Way of Doing Things Political

Great Success of the New Method of Consolidating the Church Vote

The first trial of the Balance of Power League plan of carrying an election worked pretty well in Marion county and the whole state. This plan was invented and operated in connection with the Anti-Saloon league, and consisted of a committee composed of one from each church organization in the Anti-Saloon league, who met and made a ticket, and then promulgated it through their representatives to the various churches. The ticket was as follows:

Balance of Power Ticket.
U. S. Senator
STEPHEN A. LOWELL.
Representative in Congress
W. C. HAWLEY.
Governor
JAMES W. COMBIE.
Secretary of State
CLAUDE GATCH.
State Treasurer
E. V. CARTER.
Supreme Judge
ROBERT EAKIN.
Attorney General
A. M. CRAWFORD.
State Printer
WILLIS S. DUNIWAY.
State Senators
T. B. KAY.
JOHN A. RITCHIE.
Representatives.
H. D. MOUNT.
LLOYD T. REYNOLDS.
GEORGE F. RODGERS.
JOS. SETTLEMEIER.
JEROME T. SIMMONS.
Clerk of Marion County
R. D. ALLEN.
Treasurer of Marion County
SCOTT A. RIGGS.
Coroner of Marion County
A. M. CLOUGH.
County Commissioner
WILLIAM MILEY.
Justice of the Peace
DANIEL WEBSTER.

Human Blood Marks.
A tale of horror was told by marks of human blood in the home of J. H. Williams, a well known merchant of Bae, Ky. He writes: "Twenty years ago I had severe hemorrhages of the lungs, and was near death when I began taking Dr. King's New Discovery. It completely cured me and I have remained well ever since." It cures Hemorrhages, Chronic Coughs, Settled Colds, and Bronchitis, and is the only known cure for Weak Lungs. Every bottle guaranteed by J. C. Perry, druggist. 50c and \$1. Trial bottle free.

SAVING THE NAILS.
Early Settlers Burned Their Houses to Obtain Hardware.

One of the lessons to be learned at the Jamestown exposition, to be held at Hampton Roads next year and which is to be the most unique and probably the most interesting of exhibitions yet held, will be that mental and physical laziness often go hand in hand. The early settlers of Virginia naturally placed a high value upon iron and thought very little of wood, which was

everywhere plentiful. Iron, of course, was lying in the earth waiting to be smelted and shaped into useful forms. But the colonist who was mentally as well as physically lazy, preferred to proceed along lines of least resistance. Consequently, when he wished to remove to a more remote part of the forest, he applied a torch to his house and burned it to the ground in order to save the iron nails for use in the erection of his new home. It is obvious that this method of procedure continued indefinitely would have eventually destroyed the usefulness of the nails while at the same time it retarded the development of the iron industry. In addition to this, the flying sparks and spreading flames caused frequent destruction of other houses and communities, with the result that laws had finally to be passed forbidding this crude method of acquiring nails for building purposes.

The unique and wasteful system of collecting nails by the early settlers is but a repetition of the system pursued by the ancient Chinese in obtaining roast pork, according to Charles Lamb. Pork being at that time on the index purgatorium in China, its votaries were obliged to burn down their houses in order to have a surreptitious feast. As the pigs presumably lived in the houses, they were nicely roasted by the conflagration started by the Celestial epicurean firebugs.

WOMEN'S WOES.

Salem Women Are Finding Relief at Last.

It does seem that women have more than a fair share of the aches and pains that afflict humanity; they must "keep up," must attend to duties in spite of constantly aching backs, or headaches, dizzy spells, bearing down pains; they must stoop over, when to stoop means torture. They must walk and bend and work with racking pains and many aches from kidney ills. Kidneys cause more suffering than any other organ of the body. Keep the kidneys well and health is easily maintained. Read of a remedy for kidneys only that helps and cures the kidneys and is endorsed by people you know.

Mrs. Mary Bumgardner, of 424 Water street, Salem, Oregon, says: "I have found Doan's Kidney Pills a remedy that is worthy of all confidence and am pleased to endorse them so that other sufferers from kidney complaint may know how to get relief. I procured Doan's Kidney Pills at Dr. Stone's drug stores and several members of our family have used them with the most gratifying results. I took them myself for a tired aching back and a dragging down feeling that comes from irregular and deranged kidneys. The results were of the best. The aching and soreness was banished and the kidneys were rendered normal. My health became better in every way."

For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, N. Y., sole agents for the United States. Remember the name—Doan's—and take no other.

Great Military Tournament.
New York, April 23.—Today is the opening day of the tenth annual military tournament under the auspices of the Military Athletic league, which means that for one whole week Madison Square Garden will be the scene of the most interesting martial spectacles and contests. For many months the companies, troops and batteries of the various arms to be represented in the tournaments have been drilling and practicing for this event, and there is every reason to expect that the contests this year will surpass all previous contests of this kind ever seen here. Every night the program will be opened with athletic, which will be followed by military reviews, and there will be performances on Wednesday and Saturday afternoon. In the afternoon performances the boys of the various military schools will give their drills and athletic exhibitions. The league has offered valuable prizes to the winners in the various contests.

There will be a change in the commanders of the reviews every night, the list including Col. William E. Morris, Ninth regiment; Col. Samuel L. Welch, Sixty-ninth regiment of Buffalo; Col. William C. Bates, Seventy-first regiment; Col. Charles A. Denike, Tenth regiment; Col. N. B. Thornton, Twenty-second regiment; Lieut. Col. John W. Foote, Fourteenth regiment.

Major McClellan, Admiral Coughlan, Secretary of War Taft, General Grant, commanding the department of the east; Governor Higgins and General Mills from West Point, will be the reviewing officers.

Probably no exhibition by the U. S. cavalry that has ever been seen in any of the tournaments will equal that promised by the famous Troop C of the Fifteenth, from Fort Ethan Allen, Vt. First Lieutenant Samuel Van Lier commanding, and Second Lieutenant Victor S. Foster, second.

The absence of the U. S. field artillery will not be noticed, as the remark-

CLASSIFIED

FOR SALE.

For Sale.—DeLaval separator, nearly new. Bought for \$90, will sell for \$50 cash. Inquire of A. W. Nusom, Gervais, Route 2, or phone Farm 59.

For Sale.—New light and heavy spring wagons, carriages, carts, new and old buggies, buckboards and one delivery wagon, at the Salem Carriage and Wagon Factory. W. Fennel, prop., 801 to 805, North Liberty street. 4-9-1m

Farm for Sale.—83 acres of the best land in Marion county, 1 1/2 miles from Salem, 30 acres in cultivation, 1 acre in strawberries; large new house and barn. A bargain at \$50 per acre. Inquire at this office. 4-18-1f

WANTED—FEMALE HELP.

Wanted.—Experienced girl for general housework. Highest wages. Inquire 1049 Court street, Salem. 4-12-1f

WANTED—MALE HELP.

Men Wanted.—Sawmill and lumber yard laborers; \$2 per day. Woods men \$2.25 to \$3. Steady work. Apply to Booth-Kelly Lumber Co., Eugene, Oregon. 4-17-1f

WANTED.

Wanted.—A few fresh Jersey cows, to be No. 1. Phone 950. O. E. Price, 692 Front street, Salem, Or. 4-21-31*

LOST.

Lost.—A bundle of clothing somewhere between Epley's store and the high school. Leave at this office and receive reward. 4-21-31*

MUSIC STUDIOS.

Music Studio.—Frank E. Churehill, Musical Studio, Associate teacher Western Conservatory, Chicago, Ill., representing Inter-State System at Salem, Oregon. In the Gray block, room 3. Studio hours 9 to 12 and 2 to 5. 8-10-1f

Gold Dust Flour

Made by THE SIDNEY POWELL COMPANY, Sidney, Oregon. Made for family use. Ask your grocer for it. Bran and shorts always on hand.

P. B. Wallace AGENT

O. R. & N. TIME SAVER.

Chicago 17 Hours Nearer via this Popular Columbia River Route.

Franklin was right when he said "Lost time is never found again."

The O. R. & N., in addition to giving you 200 miles along the matchless Columbia river, saves you 17 hours to Chicago. It is the Short line to Lewiston, Short line to the Palouse country, Short line to Spokane, Short line to the Coeur d'Alene country, Short line to Salt Lake City, Short line to Denver, Short line to Kansas City, Short line to Omaha, Short line to Chicago, Short line to all points east.

Three trains daily, 9:15 a. m., 8:15 p. m. and 6:15 p. m. The "Chicago-Portland Special" is as fine as the finest. Every comfort of home.

For particulars ask any agent of the Southern Pacific company, or write A. L. CRAIG, GENERAL PASSENGER AGENT, PORTLAND, OR.

able performances by the Third battery, N. O., under Major Baquin of Brooklyn, will give a number of interesting drills. Other notable features will be the infantry drills of the U. S. infantry from Fort Jay and the sensational drills and evolutions of the Highlanders from Canada. A humorous feature of the show will be the worst bucking mule from Fort Meyer, which only one man in the garrison can ride. It is expected that a number of officers of the French cruiser squadron, now on a visit to this country, will visit the show some time during the week.

Sure Cure For Piles.

Itching piles produce moisture and cause itching; this form, as well as blind, bleeding or protruding piles are cured by Dr. Bo-sank's Pile Remedy. Stops itching and bleeding. Absorbs tumors. 50c a jar at druggists, or sent by mail. Treatise free. Write me about your case. Dr. Bo-sank, Phila., Pa.

MISCELLANEOUS.

Salem Iron Works—Founders, machinists and blacksmiths. Manufacturers of all kinds of sawmill machinery. Hop and fruit drying stoves, etc. Manufacturers of the Salem Iron Works Hop Press. 11-29-1m

Hotel Scott—Newly furnished, everything clean and first class. Rooms at reasonable prices. In Cottle block, Salem. A. Scott, prop. 7-4-1f

Wanted.—Turkeys, geese, ducks, chickens and all farm produce. Highest cash prices paid for same. Capital Commission Company, 267 Commercial street. Telephone 179.

At Your Stepmother's—She can steam clean or dye them, and save you a new suit, press and repair, relines, furnish buttons. The most delicate fabrics can be cleaned by her dry cleaning method without injury. It does not shrink or change its color. It is next to The Journal office, 221 Commercial street.

TONSorial

Evans' Barber Shop.—Everything new and up to date. Finest porcelain baths. Shaving, 15c, haircutting 25c, baths 25c. First class bootblacks. C. W. Evans, Proprietor.

VETERINARY SURGEON

Dr. E. J. Young—Veterinary surgeon and dentist, 33 years' experience. All work guaranteed. Difficult surgical operations a specialty. Phone 581. Office at Club Stables. Phone 7, Salem, Oregon. 3-9-1f

CONCRETE AND CEMENT WORK. J. P. Veatch, contractor and builder of cement walks. Septic sewer tanks, foundations and floors, 828 Marion street. 3-5-1f

LODGES.

Foresters of America—Court Sherwood Foresters, No. 19. Meets Tuesday in Hurst hall, State street. U. S. Rider, C. R.; A. L. Brown, F. S.

Central Lodge No. 18, K. of P.—Castle Hall in Holman block, corner State and Liberty streets. Tuesday of each week at 7:30 p. m. J. G. Graham, C. C.; W. L. Staley, K. of R. and S.

Modern Woodmen of America—Oregon Cedar Camp, No. 5246. Meets every Thursday evening at 8 o'clock. Holman Hall. W. W. Hill, V. C.; F. A. Turner, Clerk.

Woodman of World.—Meet every Friday night at 7:30, in Holman Hall. A. J. Bamey, C. C. P. L. Frazier, clerk. 1-10-1f

LIVERY AND SALE STABLES.

73 IS THE PHONE NUMBER OF THE RED FRONT STABLES

M. L. HARROD, PROPRIETOR, 271 CHEMUKETA STREET.

Feed Barn.—Special attention to transient teams. Farmers' patronage solicited. Waiting rooms for ladies. We also carry a full line of feed. Located at Club Stables, corner Liberty and Ferry streets. Phone Main 7. Prunk & Darby. 12-14-6m

THAT TOOK THE TWO MEDALS THIS IS THE FLOUR



Trademark.

Every person should learn just what the red package looks like and the economy in using Allen's self rising B. B. B. Flour. It is the most nutritious blend of grains that can be made. You know that easy digestion and perfect assimilation of food is necessary for good health.

Any person can digest hot griddle cakes, Boston Muffins, Boston Brown Bread or Fruit Pudding made from our blend of pure food flour, and the simplicity in making it up and the assurance of having it just right, every time, should be considered.

Ask your grocer for it and if he is out of it send his name to us and we will supply you with a sample package free. Grocers who study your welfare and their own profit, will supply you with these goods at all times.

ALLEN'S B. B. B. FLOUR CO. Pacific Coast Factory, San Jose, Cal.

OSTEOPATHS.

Dr. W. L. Mercer.—Graduate of Kirksville, Mo., under founder of osteopathy. Rooms 25-26 Breyman bldg., Commercial St., phone 919. Residence 419 N. Summer st., phone 614. Treats acute and chronic diseases. Examinations free.

Dr. E. H. White.—Graduate of Kirksville, Mo., under founder of osteopathy. Room 21 Breyman bldg., Commercial st., phone 87. Residence 590 State, cor. Church, phone 1116. Treats acute and chronic diseases. Examinations free.

PHYSICIAN AND SURGEON.

Dr. Cartwright—Has resumed general practice, and will be found in room 16, over Ladd & Bush's bank. Office hours 11 a. m. to 4 p. m. Office phone Main 16, residence phone Main 107. 12-20-1f

Dr. Lane and Griffin—Cure Drug, Liquor and Tobacco habits in from two to three days actual treatment. Cures guaranteed. Their institute is at 961 Mill street. Phone No. 647. Persons desiring information can obtain it at downtown office, room 6, Holman block, Salem. 3-26-1f

BASH AND DOOR FACTORIES.

Frank M. Brown—Manufacturer of sash, doors, mouldings. All kinds of house finish and hardwood work. Front street between State and Court.

WATER COMPANY.

SALEM WATER COMPANY
OFFICE CITY HALL.
For water service apply at office. Bills payable monthly in advance. Make all complaints at the office.



When You Greet Your Best Girl

You should always be well groomed and well dressed and have your lines immaculate in its snowy whiteness and exquisite finish. You can keep it that way constantly, and at small cost when you have it laundered at the **SALEM STEAM LAUNDRY.** Colonel J. Olmstead, Prop. Doris D. Olmstead, Mgr. Phone 25. 136-166 Liberty St.

Fruit Growers

TAKE NOTICE

NOW IS THE TIME TO ORDER

BERRY CRATES

BERRY BOXES

ORCHARD BOXES

FRUIT TRAYS

And all kinds of boxes. See us.

Salem Box Factory

Phone 308. South Salem

BRICK

Brick furnished in large or small quantities. Pressed brick made to order. Yard on State street, south of Penitentiary.

SALEM BRICK YARD.

A. A. BURTON, Prop.

The Fashion Stables

Formerly Simpson's Stables. Up-to-date livery and cab line. Funeral turnouts a specialty. Tally-ho for parties and excursions. Phone 44. Chas. W. Yankke, Prop. 247 and 249 High Street.

NEW LANGE HOTEL

When you visit Portland, Or., be sure you stop at The New Lange Hotel, next door to the Imperial. Rates, 50c, 75c, and \$1.00 per day. Electric lights, call bells, elevator, steam heat, free bath and free bus. All out side rooms with running water.

HOLLISTER'S

Rocky Mountain Tea Nuggets
A Bary Medicine for Bary People. Brings Golden Health and Renewed Vigor. A specific for Constipation, Indigestion, Liver and Kidney Troubles, Pimples, Eczema, Itchy Skin, Bad Breath, Sluggish Bowels, Headache and Backache. It's Rocky Mountain Tea in tablet form. 25 cents a box. Genuine made by Hollister's Drug Company, Madison, Wis. GOLDEN NUGGETS FOR SALLOW PEOPLE

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS
Bears the Signature of

Chas. H. Fletcher

The Kind You Have Always Bought

In Use For Over 30 Years.

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