

Great Reduction

On National Biscuit Company's package goods.

- Graham Crackers. Were 15c, now10c
- All 15c Grades Now 10c.
- Oat Meal Crackers10c
- Old Time Sugar Cookies10c
- Social Tea Biscuit10c
- Vanilla Wafers10c
- Frotana10c
- Five O'Clock Tea10c
- Fancy Assortment10c
- Cocoanut Dainties10c
- Cheese Sandwiches10c
- Butter Thin Wafers10c
- Albert Biscuits10c
- Nabisco, in tin25 and 10c
- Uneceda Ginger Wafers10c
- Uneceda Biscuit3c

FULLER & DOUGLAS,

Salem's Leading Grocers, Confectioners and Bakers.

456-460 State Street.

Phone 182-187

CARE OF THE EYES

If school teachers would drill their pupils daily in calisthenics for the eyes, as well as the rest of the body, the proportion of school children wearing glasses would be greatly lessened.

Take care of your general health. Get plenty of sleep, and as regularly as possible. Remember, the eyes draw their nourishment from the same source as the rest of the body, viz, the blood.

Always close the eyes for a few seconds when changing suddenly to a bright light. Do not face a light to read, write or work by.

Do not sleep facing a light; not even moonlight.

When your eyes are very tired, bathe them in hot and cold water alternately; first hot, then cold. Apply the hot and cold water also to the back of the head and neck, at the base of the brain. The hot application relieves congestion; the cold stimulates the blood and nerve vessels to renewed activity.

Massage the back of the head and neck, and along the spine. Notice the course of the optic nerve.

Cultivate a cheerful, happy frame of mind; with kindness and love in the heart. The eyes express the emotions. They are indeed "the windows of the soul." From a phrenological standpoint, this is readily understood.

Hold some small object in your hand (a pin will do); look at the head of it and change the focusing distance by bringing it to your nose; then extending as far as you can reach; varying from right to left; high to low; and vice versa, describing circles in different directions. While at this exercise glance upward, raising up with some object at a distance. Vary the distance and direction.—Dr. R. W. Travis in Medical Talk for the Home.

Personals

W. Hudson is visiting in Portland today.

Paul H. Sroat went to Portland this morning.

Dr. J. W. Ransom, of Turner, was a Salem visitor.

Oswald West was a Portland bound passenger this morning.

Mr. and Mrs. H. J. Ottenheimer went to Portland this morning.

Dr. C. W. Lowe, of Eugene, arrived in the city this morning.

Hon. J. B. Looney, of Jefferson, came down to Salem this morning.

Miss Ida Haas, of Oakland, California, is visiting her parents here.

Bussel Catlin, the hop buyer, was a northbound passenger this morning.

Clyde Laughhead has returned from San Francisco, where he spent the winter.

Mrs. J. C. Lee was among the Portland bound passengers yesterday afternoon.

John Haas, who has been visiting his brother, the druggist, went to Portland this morning.

Miss Rose Fleming, of Omaha, Neb., is visiting at the home of her uncle, R. B. Fleming.

Miss Lulu Stahley has returned to her home in Albany, after a brief visit with friends here.

Miss Mayme Crawford, of Corvallis, who has been the guest of friends here, has returned home.

Mr. and Mrs. Frank Holmes returned from several days' visit in Portland on the morning train.

Miss Edith Chamberlain, of Oregon City, who has been visiting friends here, returned home this morning.

Mrs. Anna Beatrice Sheldon, of Portland, arrived on the morning train. She will sing at the musicale this evening.

J. B. Looney, a prominent farmer residing near Jefferson, returned home today, after a brief business visit here.

Mrs. A. F. Farr, of Chicago, who has been visiting her parents, Mr. and Mrs. Frank Rollo, of this city, left this morning for home.

L. R. Stinson went to Turner today.

J. C. Lee, the mining broker, returned home today from a business trip to Portland and other cities.

Attorney-General Crawford went to Portland yesterday afternoon, in the interests of his candidacy. He was accompanied by Mrs. Crawford, who will visit friends.

Miss Belle Crouse, who has had charge of the primary grades at the reform school for some months past, went to Portland this morning, to become a nurse in one of the hospitals of that city.

J. B. Olmsted, supreme medical director of the United Artisans' lodge, returned to Portland this morning. Last evening he attended an Artisans' gathering at Independence, and was accompanied by a score of delegates of Capital Assembly No. 84, from this city.

Grammar School Baseball League.

A meeting of the principals of the city schools and Secretary Forbes, of the Young Men's Christian Association, was held at the high school yesterday afternoon to organize a baseball league among the grammar schools of the city. After a thorough discussion, the meeting adjourned to meet at the association rooms on Thursday afternoon, when delegations of the boys from the different schools will be present and organization completed.

A Lucky Postmistress.

Ms. Mrs. Alexander of Cary, Me., who has found Dr. King's New Life Pills to be the best remedy she ever tried for keeping the stomach, liver and bowels in perfect order. You'll agree with her if you try these painless purifiers that infuse new life. Guaranteed by J. C. Perry, druggist. Price 25c.

"What Dost Thou Here?"

(From Goodwin's Salt Lake Weekly.) And behold, the Lord passed by and a great and strong wind rent the mountains, and broke in pieces the rocks before the Lord; but the Lord was not in the wind; and after the wind an earthquake; but the Lord was not in the earthquake.

And after the earthquake a fire; but the Lord was not in the fire; and after the fire a still small voice.

And it was so, when Elijah heard it, that he wrapped his face in his mantle, and went out, stood in the entering in of the cave. And behold, there came a voice unto him and said: What dost thou here, Elijah?

At the sea port of Norddetch of the Frisian islands, a tower is being erected, to be completed in the coming summer, where is to be probably the most important wireless telegraph station in the world. Germany is alert to place guards about her dominions. From this station she can talk to half the world.

There may be winds to rend the mountains and break in pieces the rocks; there may be earthquakes; there may be fires; but after the winds, the earthquakes and the fires, the still small



Easter Clothing

Every man likes to be attired well on Easter Sunday.

Now is a splendid time to select the new spring suit, top coat, and many other dress accessories. Suits and top coats.

\$12.50, \$15.00, \$20.00, to \$25.00

Spring Shapes in Hats

In the very latest colors—black, pearl, tan—fancy bands, made of the highest qualities.

Roberts \$3.00 Hat and the John B. Stetson make.

EASTER NECKWEAR

A splendid showing of Easter cravats at 50c

Salem Woolen Mill Store

BE JOLLY
But don't be **JOLLIED**

You are jolly when you buy and use the kind of PRINTING THAT BRINGS RESULTS, you are jollied when you are led to believe that poor printing is cheap printing, and that such printing pays. The printing Elliott does is good printing, and because it is good printing it is CHEAP.

ELLIOTT 233 South Commercial St.
Phone Main 21243

During the Record Race.
The dark-goggled, leather-jacketed chauffeur lowered his head like a ram and chucked with glee.
"We are now going at 100 miles an hour!" he shrieked.
"Great heavens!" gasped the novice at his side. "Isn't there chance of an accident?"
"Fear not! Don't you see that we carry emergency tires?"
"I—I know, but I—I'd feel better if we had a few emergency arms and legs along."
But the chauffeur laughed demoniacally and turned the curve on one wheel.
—Columbus Dispatch.

How About That Cake?

Was the last one light, or did it fall down because some one walked across the kitchen floor? If you used

Eppley's Perfection Baking Powder

You had no ill luck. If you haven't tried it, ask your neighbor. The self-rising glass jars are handy.
SOLD BY ALL GROCERS.

A TERRIFIC HIT

San Francisco pays unusual tribute to the art of Creston Clarke in "Monsieur Beaucaire",

What one well-known critic says: "Creston Clarke's performance of 'Beaucaire' is only equaled by Mansfield's 'Beau Brummell.' He is the only other actor who can ever touch that old-fashioned comedy. He has the grace, the polish, the ease which made affectations of that society accomplishments. He has a repose which is rare among actors nowadays, and in this part his assumption of the French manner and speech is almost perfect. The audience last night was very enthusiastic. Mr. Clarke is reminiscent of Edwin Booth, with a pair of merry eyes, when his uncle had the melancholy. His voice is magnetic; his personality even more so. There is thought in the face, and no other actor has such persuasive power."

Peter Robinson, in San Francisco Chronicle.

UNQUESTIONABLY THE DRAMATIC EVENT OF THE SEASON.

Grand Opera House, Saturday April 14th.

GOVERNOR PRESENTS AWARDS

The presentation of the awards to the expert riflemen of Company M, O. N. G., was witnessed by a large number of friends last evening. Only two members of the company were absent, and the drill which the men were put through was one of the best ever seen at the armory. The roll of honor was read by Governor Chamberlain, and the 30 militia men stepped forward to receive the decorations. The governor made an address, in which he paid a high compliment to the Oregon National Guard, in general, and to Company M, in particular.

The men then returned to the ranks and were addressed by Adjutant-General Finzer, who urged the men to prepare themselves for the tournament to be held at Sea Girt, New Jersey, and expressed the hope that the local company would send more than two men to take part in this year's contest.

As soon as dismissed the militia men gave three rousing cheers for the visiting officers, who expressed themselves as particularly well pleased with Salem's contingent of the Oregon National Guard. The men decorated were as follows:

- Expert Riflemen.**
Corporal U. S. Rider, Sergeant Ralph White.
- Sharpshooter.**
Private Walter Pearmine.
- Marksmen.**
Corporal Chester Abrams, Private Karl McReynolds, Private Roy Bailey, Private Clyde Rumbaugh, Sergeant R. M. Duncan, Lieutenant Carl Abrams, Private Archie Humphreys, Private Floyd McReynolds, Sergeant Earl J. Sperry, Private Clarence H. Roberts, Sergeant Lewis E. Judson, Private Herman Glenn, Captain Chas. A. Murphy, Private Herbert Nutter, Private Ernest Haas, Private Roscoe Shelton, Leroy C. Bullifson, Perry W. Jones, Lieutenant Richard W. Holman, Private Robert Judson, George W. Hiron, Frank Jory, Sergeant Fred Kress, Sergeant Harry H. Lucas, Private Hewitt, Corporal A. France, Musician R. D. Goodwin, Private Frank M. Mapes, Private Clyde Laughhead.

Is the Moon Inhabited?
Science has proven that the moon has an atmosphere, which makes life in some form possible on that satellite; but not for human beings who have a hard enough time on this earth of ours; especially those who don't know that Electric Bitters cure headache, biliousness, malaria, chills and fever, jaundice, dyspepsia, dizziness, torpid liver, kidney complaints, general debility and female weakness. Unequaled as a general tonic and appetizer for weak persons, especially for the aged. It induces sound sleep. Fully guaranteed by J. C. Perry, Druggist. Price only 50c.

For the Elderly Home.
A crew of men is employed getting the grounds in condition for the excavation to be made for the new Elk building. Some of the apple trees planted when Salem was in its infancy, and Mount Hood was a hole in the ground, are being cut down to make room for the stately home of the local herd.

Take Fledge One.
William Herboldt, a subject of the emperor of Germany, has declared his intention to become a citizen of the United States.

CASTORIA
The Kind You Have Always Bought

Bears the Signature of *Wm. C. Little*

Getting Back at Him.
"I refused this poem not over six months ago," said the editor. "Why do you again submit it?"
"I thought that possibly your taste had developed by this time," replied the poet, with a gleam of satisfaction in his eyes.—Milwaukee Sentinel.

CASTORIA
For Infants and Children.
The Kind You Have Always Bought

Bears the Signature of *Wm. C. Little*

X-RAYS

Virgil's fiery lake of Avernus was probably located on Vesuvius.

The two things that remain and abide with a man are a dog and a jag.

Might as well begin practicing on that sample ballot—you will need the education.

Even Ann Shaw would not be so anxious to vote, if she could see that sample blanket ballot.

It would hardly be classed as bad taste, when one thinks of the mass of cinders and ashes being vomited by Vesuvius, to say that the old volcano was just raising hell.

J. G. Kelley yesterday filed a claim on Marion lake. He wants the water for municipal, domestic and irrigating purposes. The lake does not belong to Vesuvius, to say that the old volcano was just raising hell.

Ballard's Horehound Syrup.
Immediately relieves hoarse, croupy cough; oppressed, rattling, rasping and difficult breathing. Henry C. Stearns, druggist, Shullsburg, Wis., writes, May 20, 1902: "I have been selling Ballard's Horehound Syrup for two years, and have never had a preparation that has given better satisfaction. I notice that when I sell a bottle they come back for more. I can honestly recommend it." 25c, 50c and \$1. Sold by D. J. Fry.

President Coleman, at the first chapel gathering of the new term, which began yesterday, made the announcement of a gift of \$2000 to the University. The name of the donor is withheld, but \$1000 is to provide a loan fund for the needy and deserving students, while the other \$1000 is to serve as a nucleus for the establishment of an electrical engineering department. It looks as though the attendance for the term would be much larger than that of a year ago.

Sure Cure For Piles.
Itching piles produce moisture and cause itching; this form, as well as blind, bleeding or protruding piles are cured by Dr. Ross's Pile Remedy. Stops itching and bleeding. Absorbs tumors 50c a jar at druggists, or sent by mail. Treatise free. Write me about your case. Dr. Bosanko, Phila., Pa.

Summer School
The first term of the Capital Summer Normal opens on May 1st, to continue eight weeks. Tuition \$10. Summer School of Primary Methods. Opens June 11th, to continue three weeks. Address J. J. Kraps, or County Superintendent E. T. Moore, Salem Or.

Dr. Stone's Drug Store
Does a strictly cash business, owes no one, and no one owes it; carries large stock; its shelves, counters and show-cases are loaded with drugs, medicines, notions, toilet articles, wines and liquors of all kinds for medicinal purposes. Dr. Stone is a regular graduate in medicine and has had many years of experience in the practice. Consultations are free. Prescriptions are free, and only regular prices for medicines. Dr. Stone can be found at his drug store, Salem, Oregon, from 8 in the morning until 9 at night.