

THAT SATISFIED EX-PRESSION

Comes only when the eye glass clips hold tight when you smile or when you frown.

We have the neatest and best eye glass mounting at present on the market. We are changing other makes every day. It's the only neat mounting which will stay on in warm weather. No trouble to show it. It's our business to fit glasses, and we do it correctly.

Chas. H. Hinges

New Jewelry and Optical Store

123 Commercial St. Next to Capital National Bank.

MARKET QUOTATIONS TODAY

"Make Salem a Good Home Market."

Poultry—At Steiner's Market.
Eggs—Per doz., 13c.
Chickens—10c@11.
Fryers—9c.
Ducks—10c.
Poultry, Eggs, Etc.
Eggs—Per doz., 13c.
Butter, retail—30c.
Hens—10@11c.
Fryers—10c.
Geese—7@8c.
Ducks—9c.

Fruits, Vegetables, Etc.
Potatoes—20@25c.
Onions—1 1/4c.
Apples—\$1.75 per bushel.
Carrots—35c per bushel.
Beets—35c per bushel.
Tropical Fruits.
Bananas—5 1/2c lb.
Oranges—\$2@2.75.
Lemons—\$2@2.75.

Live Stock Market.
Steers—21-25c.
Cows—11-25c.
Sheep—4c.
Dressed veal—6c.
Fat Hogs—5 1/2c.
Grain, Feed.
Baled clover—\$3.
Oats—\$6.50@7.
Timothy—\$9@9.50.
Grain—\$8.
Bran—\$21.
Shorts—\$21.
Butter and Cream.

Portland Market.
Wheat, Club—69 1/4@70 1/4.
Valley—73c.
Bluestem—70@72c.
Oats—Choice White, \$28.
Millstuffs—Bran, \$17.
Hay—Timothy, \$9@11.
Potatoes—50@60c.
Poultry—Average old hens, 11@12c.
mixed chickens, 10@10 1/2c; broilers, 15@17c; young roosters, 10c; old roosters, 8@9c; dressed chickens, 13@14c; turkeys, live, 16@17c; turkeys, dressed, 18@20c; geese, live, pound, 10@10c; geese, dressed, per pound, 12@14c; ducks, 16@18c; pigeons, \$1@1 1/2; squabs, \$2@2 1/2.
Pork—Dressed, 6@7 1/2c.
Beef—Dressed, 2@5c.
Mutton—Dressed, 4@8 1/2c.
Hops—Oregon, 1905, 10@11c; old, 10@11c.
Wool—1905 clip, valley, coarse to medium, 24@26c; Eastern Oregon, 14@21c.
Mohair—Nominal, 30c.
Butter—Fancy creamery, 27 1/2@30c; com, 16@16 1/2c.

SHOE SALE

My stock of shoes for men reduced in price. No old stock. Closing out ladies' shoes. Now's your chance.

JACOB VOGT,
Opposite Patton Bros.

O. C. T. Co's

Steamers Pomona and Altona leave for Portland Monday, Wednesday and Friday at 10 a. m. Tuesday, Thursday and Saturday at 7 a. m. For Corvallis Tuesday, Thursday and Saturday about 6:30 p. m.

M. P. BALDWIN, Agent.

Duck Foot of Trade Street.

HOTEL OREGON

CORNER OF SEVENTH AND STARK STREETS, PORTLAND.

Portland's New and Modern Hotel. Rates \$1 per Day and Up. European Plan—Free Bus.

(Daily Capital Journal on file.) Props.

WRIGHT-DICKINSON HOTEL CO.,

BABES AND BOOKS

We come now to the personal equation in our method of attracting children. Children are unwittingly the severest critics grown people have. They know almost unerringly the person who will "play fair," and it is to that kind of person they turn with their desires and pressures. An assistant in the children's department must have a real love for children, patience, enthusiasm, the instincts of a teacher, and above all, innate refinement—in fact, one might say she ought to have all the graces and virtues. Every bit of knowledge is levied on, as you may surmise when you think of fulfilling such requests as these, which came simultaneously: Child on right side—"Say, teacher, gimme 'High Water,' will ye?" Child on left—"An' I want a bok about General Custer, please;" while still another is pining for "Optical works—stories by Longfellow." Our opportunities for teaching are unique and may require unsystematic means, but our results are far-reaching. We have a distinct advantage over the school teacher, because those children who come to us do so voluntarily. We, therefore, do not have to overcome any prejudice in their minds. They find us friendly and glad to give them what they want. Do they feel that they must read this or that, or that they are being taught? We hope not, for we believe, like President Eliot, that if you succeed in making a child feel that he is following out a line of study which he has chosen that he is through his own powers accomplishing something, you have done the best possible educational work. You have awakened the creative spirit and given him the power of independent thinking. Let children choose their own books from among many, but be sure the "many" are first well considered.

The only feature of our work which savors of the school curriculum is the reference work. In that we endeavor to supply collateral reading matter and material on any given composition subject. When subjects are announced, we gather together all useful books and make lists. The library is glad to do all it can in that way, but we cannot promise always to give such wonderful information as this little girl put in her composition on "The Misunderstood Pig": "The pig is a sweet, clean, docile, intelligent animal."—Adelaide Bowles Malby, children's librarian, Buffalo public library.

Rheumatic Children.
Rheumatism is much more frequent in children than in grown people; especially that form called acute rheumatism. Many times the symptoms of rheumatism in children are attributed to growing pains when, in reality, rheumatism is developing. As is well known, acute rheumatism in children is liable to produce heart disease, from which the child rarely recovers. The patient may live several years, but is an invalid, and there is little hope for his entire recovery. Therefore, it is very important that rheumatism in children should be guarded against in every possible way.

There are three things that mothers can do to guard their children against rheumatism, especially during the cold weather.

First—See that they are dressed in warm flannels, or at least fleece lined cotton undergarments; that their feet are kept dry by wearing over shoes when out doors, which should be immediately removed when indoors.

Second—An over indulgence in sweets, cheap candies, syrups and sugar tends to the production of rheumatism. Hence, the use of such things, especially between meals, should be prohibited. A liberal amount of sweets with meals should be allowed, but cheap candies between meals are productive of urates in the blood, which are a predisposing cause of rheumatism.

Third—The child should be encouraged to drink freely of pure water. The habit of taking a glass of water before each meal is a good one. To keep this up during the cold weather requires some attention on the part of the mother. During the warm weather the child is naturally inclined to drink water enough without any prompting, but during the winter season, when rheumatism is more prevalent, drinking water is neglected.—Medical Talk for the Home.

The Fashion Stables

Formerly Simpson's Stables.
Up-to-date livery and cab line. Funeral turnouts a specialty. Tally-ho for picnics and excursions. Phone 44.
Chas. W. Yanka, Prop.
247 and 249 High Street.

Attractions of the Army.

In the first place, any young American who is worth his salt is ambitious to make of himself a power in the world. He wants to count for something. Leaving the choice of his life work out of the question, the young man has always one idea—to get to the top of something that is worth while. That is the fundamental American desire. Can the army satisfy it? I believe not. To be a good soldier you must fight great battles. We are a peaceful people. We have no entangling alliances. The only nation with whom we could, geographically, have an important land war is Great Britain—and fortunately such a crime against civilization is almost impossible. Great struggles like our Civil war that try out men and burn off rotten timber, our country is not at all likely to have. Even if it does in all probability the reputations to be made will be mostly made by those who are in command of volunteers.

But even setting aside the value of the prizes in the army, are those prizes reasonably attainable? In the army, except in war time, under the grade of field officer (and actually under the grade of colonel) there is only one means of promotion—the dropping out of men ahead of you. A young man entering the army today must count on spending from five to seven years as a second lieutenant and from ten to fifteen as a first lieutenant. He will be middle-aged before he has anything of his own with which to work. He will then pass slowly through the grade of captain, and eventually, when he is within a couple of years of his forced retirement, he may reach the grade of colonel, and he may possibly be retired as a brigadier.

The financial conditions in the army are another matter for serious consideration. The standard of living is much more extravagant than in civil life, and the actual difference in expense does not allow an equal comparison between the circumstances of army officers and civilians receiving the same salary. On entering the foot service a second lieutenant receives \$1400 a year. A first lieutenant gets \$1500, a lieutenant colonel not more than \$3000, and a colonel in the beginning, \$3500. This pay—up to the grade of lieutenant colonel—is increased 10 per cent for every five years' service until the total increase is 40 per cent. After that no further increase is made.

There are many other sides from which the army may be considered, but they all present subordinate views of the situation as it is. Good fellowship, the excitement of an occasional skirmish, the interest of moving about from place to place, and the native love that is born in some men for things military, are matters that all have their weight. But the fact remains that in the army a man leads a life with a narrow and uncompromising future. He is required to live up too well for his salary. If he marries, unless he has outside means, he cannot provide as he should for his wife and children while he lives; and if he dies he leaves them either to take the position of dependents or to struggle for their daily bread.—The World's Work.

CASTORIA.
The Kind You Have Always Bought
Beware the Imitations
of *Castoria*

Vinol builds you up and keeps you up



Our delicious Cod Liver preparation without oil.

Better than old-fashioned cod liver oil and emulsions to restore health for

Old people, delicate children, weak run-down persons, and after sickness, colds, coughs, bronchitis and all throat and lung troubles.

Try it on our guarantee.

G. W. Putnam Co.,
Druggists, Salem, Or.

Colonist Rates

Commencing February 15th, and continuing daily to and including April 7th, and from September 15th until October 31, 1906, colonist tickets will be sold from the East to all points on Oregon lines via Portland. Following rates from Omaha, Neb.: Council Bluffs, Ia., \$25; Kansas City, Mo., \$25; Denver, Colo., \$35; St. Joseph, Mo., \$25; St. Louis, Mo., \$30; Chicago, Ill., \$33. If you desire you can make deposit with agents and tickets will be furnished your friends in the East. A. L. CRAIG, General Passenger Agent.

BRICK

Brick furnished in large or small quantities. Pressed brick made to order. Yard on State street, south of penitentiary.

SALEM BRICK YARD.

A. A. BURTON, Prop.

MADAME DEAN'S FRENCH FEMALE PILLS.
A Safe, Certain Remedy for Dyspepsia, Indigestion, Liver Troubles, Biliousness, Headache, Neuralgia, Rheumatism, Gravel, Gout, Catarrh of the Bladder, etc. Sold in Salem by S. G. Stone.



Save Money On Groceries

7 lbs. New Clean Beans.....25c
4 lbs. Best Japan Rice.....25c
2 lbs. Fancy Dried Peaches.....25c
2 lbs. Fancy Dried Apricots.....25c
2 lbs. Fancy Dried Apples.....25c
3 cans Blue Ribbon Corn.....25c
3 cans Blue Ribbon Tomatoes...25c
Fancy Catsup, per bottle20c
Fancy Catsup, per gallon.....50c
20 good Oranges for.....25c

A. L. Harvey

Fine Groceries.
CORNER COURT AND HIGH STS.
PHONE 216.

THE SALEM STEAM LAUNDRY

Is doing family washing at the low rate of five cents a pound. At this price we wash everything, we starch everything intended to be starched. We iron and finish everything that can be done by machinery, including knit, flannel and woolen underwear; also all flat work, such as sheets, slips, tablecloths, napkins, counterpanes, towels, handkerchiefs, tray cloths, dollies, etc. Balance hand work is returned rough dried. The fuel, the soap, the starch, the blueing and other utensils, to say nothing of human toil required for the washing at home, cannot be bought cheap enough to do all this work at so small a price.

Telephone 25, or drop us a card and our solicitor will call and explain about this work in detail.

THE SALEM STEAM LAUNDRY
Special rate for regular family work for sixty days.

FOR SALE

Fifteen acres, all in cultivation, within one mile of Salem. House, barn, and 3 acres of fruit. This is the finest kind of river bottom land and can be had on very easy terms for only \$2000.

Don't forget our OOOB BAY LOTS for \$35.00. Buy one and in a few years it will make you some money.

Derby and Willson

Jewelry Goodness

We buy from the best manufacturers. It is our intention to sell the highest grade of jewelry. If a ring, a pin, a watch or any article of jewelry whatever goes from here which isn't as represented, we are here to give satisfaction—to make amends. We want your jewelry trade—we shall try to deserve it.

C. T. POMEROY

Jeweler and Optician, 318 State St.

Campaign Rates

To new subscribers to the Daily and Weekly Capital Journal.

Help sustain Republican National Policies and elect the ticket in Oregon by circulating the Journal.

Daily Journal 4 mos. on trial \$1.00.

Weekly " 4 mos. on trial 25c

One copy free to person getting up the club.

HOFER BROS.