

Health of American Women

A Subject Much Discussed at Women's Clubs—The Future of a Country Depends on the Health of Its Women.



Mrs. T. C. Willadsen Miss Mattie Henry

At the New York State Assembly of Mothers, a prominent New York doctor told the 500 women present that healthy American women were so rare as to be almost extinct.

This seems to be a sweeping statement of the condition of American women. Yet how many do you know who are perfectly well and do not have some trouble arising from a derangement of the female organism which manifests itself in headaches, backaches, nervousness, that bearing-down feeling, painful or irregular periods, pelvic catarrh, displacement of the female organs, indigestion or sleeplessness? There is a tried and true remedy for all these ailments. Lydia E. Pinkham's Vegetable Compound has restored more American women to health than all other remedies in the world. It regulates, strengthens and cures diseases of the female organism as nothing else can. For thirty years it has been curing the worst forms of female complaints.

Such testimony as the following should be convincing.

Mrs. T. C. Willadsen, of Manning, S. C., writes:

Dear Mrs. Pinkham—
"I can truly say that you have saved my life and I cannot express my gratitude to you in words. For two years I spent lots of money in doctoring without any benefit for female irregularity and I had given up all hopes of ever being well again, but I was persuaded by Lydia E. Pinkham's Vegetable Compound and three bottles have restored me to perfect health. Had it not been for you I would have been in my grave to-day."

Lydia E. Pinkham's Vegetable Compound Succeeds Where Others Fail

Miss Mattie Henry, Vice-President of Danville Art Club, Danville, Va., writes:

Dear Mrs. Pinkham—
"Many years' suffering with female weakness, inflammation and a broken down system made me more anxious to die than to live, but Lydia E. Pinkham's Vegetable Compound has restored my health and I am so grateful for it that I want every suffering woman to know what Lydia E. Pinkham's Vegetable Compound will do for her."

When women are troubled with irregular, suppressed or painful periods, weakness, pelvic catarrh, displacements, that bearing-down feeling, inflammation, backache, bloating (or flatulency), general debility, indigestion, and nervous prostration, or are beset with such symptoms as dizziness, faintness, lassitude, excitability, irritability, nervousness, sleeplessness, melancholy, "all-gone" and "want-to-be-left-alone" feelings, blues, and hopelessness, they should remember there is one tried and true remedy. Lydia E. Pinkham's Vegetable Compound at once removes such troubles. No other medicine in the world has received such unqualified endorsement. No other medicine has such a record of cures of female troubles. Refuse to buy any other medicine, for you need the best.

Mrs. Pinkham invites all sick women to write her for advice. The present Mrs. Pinkham is the daughter-in-law of Lydia E. Pinkham, her assistant before her decease, and for twenty-five years since her advice has been freely given to sick women. Her advice and medicine have restored thousands to health. Address, Lynn, Mass.

106 Years Old Today.

Bridgeport, Conn., Feb. 21.—Mrs. Deborah Silliman of Easton is celebrating her 106th birthday today. She is still fairly strong, although she has not fully recovered from an attack of illness she had last summer. It was expected that she would not survive, but so remarkable was her vitality that she rallied after three weeks' of serious illness and was once more able to be up and around the house.

Mrs. Silliman lives with her grandson Frederick E. Silliman; within a mile of the house where she was born on February 21, 1800. She remembers the stirring times of the War of 1812 as well, she says, as if they had occurred yesterday. Mrs. Silliman has never travelled in a railroad train and has not even seen a trolley car. She has most of her faculties unimpaired and reads without glasses, but is almost completely deaf. She believes in plain living and regular habits.

MONTHLY MISERY

is one of woman's worst afflictions. It always leaves you weaker, and is sure to shorten your life and make your beauty fade. To stop pain take Wine of Cardui and it will help to relieve your misery, regulate your functions, make you well, beautiful and strong. It is a reliable remedy for dragging down pains, backache, headache, nervousness, irritability, sleeplessness, dizziness, fainting spells, and similar troubles. A safe and efficient medicine for all women's pains and sickness.

Mrs. J. L. Eroadhead of Clanton, Ala. writes: "I have used Cardui for my disease, which was one peculiar to women, and it has completely cured me."

AT ALL DRUG STORES, IN \$1.00 BOTTLES

WRITE US A LETTER describing fully your symptoms and we will send you 50¢ of Advice in plain sealed envelope. Ladies' Advisory Dept., The Chattanooga Medicine Co., Chattanooga 2, Tenn.

WINE OF CARDUI THAT SATISFIED EXPRESSION

Comes only when the eye glass clips hold tight when you smile or when you frown. We have the neatest and best eye glass mounting at present on the market. We are changing other makes every day. It's the only neat mounting which will stay on in warm weather. No trouble to show it. It's our business to fit glasses, and we do it correctly.

Chas. H. Hinges

New Jewelry and Optical Store

123 Commercial St. Next to Capital National Bank.

FIGHTING WALTER TOOZE

Nearly All the Old Machines Against Him

Comments of the Press On Other Political Candidates

(Silvertonian Appeal.)

Hon. Walter L. Tooze of Woodburn is attracting great attention just now and the opposing factions have occasion for alarm. Mr. Tooze is conducting his campaign with the same degree of success that he has always conducted his business affairs and failure in his case seems to be among the impossibilities.

The enemy, in resorting to all kinds of tactics to defeat him, shows the value of the man, and this is more of a help to him in his efforts to secure the congressional nomination than a hindrance.

Walter is a self made man, and is to be congratulated upon the fact that he did a good job of it. From his early childhood to the present time he has fought his battle for success alone, and it is evident that he has been crowned with success. At the age of five years he was left an orphan, but ambition for study afforded him a successful education and when he landed in Newberg, Oregon, in 1877, he was without a home, without money, and without any thing to encourage him in life except grit and determination to carve out a successful career. Like most successful men he began his efforts for himself as a farm hand, from which he was graduated into more congenial work in Washington, Yamhill and Marion counties. By hard work and careful management he succeeded in increasing his finances to a considerable amount and a few years later he embarked in mercantile business, where he also met with success. From the time he first started in business in Woodburn to this, he has always manifested public spiritedness and much of the success of that well developed town is due to his energy and ability. So successful has he been in Woodburn that he has for some time been known as the produce and merchant king of French Prairie. He has served as postmaster at that place for eight years, and his record as postmaster is without blemish. The same can be said of him in all positions of trust wherein he has been honored, and the people of this, the First congressional district, can make no better selection than to support him in this campaign.

The time has come when Oregon feels the need of development more than ever before. We need deeper coast harbors, an open Willamette river, free locks at Oregon City, and many other things that can only be accomplished by means of tireless efforts on the part of such men as Mr. Tooze, and if the Republicans of this district have home interests at heart they will combine for Tooze.

INDIRECT TAXATION. (The New Age.)

The indirect tax for Oregon as proposed by Frank T. Wrightman, who is a Republican candidate for the nomination for secretary of state, is an excellent proposition—one that should be approved by the people generally—and if adopted would relieve them of a large part of the burden of direct taxation. Mr. Wrightman has made an especial study of this subject for years, as his position as assistant secretary of state gave him an excellent opportunity to do, and he has evolved a plan in detail that if adopted and put into practice would be worth a very large sum of money every year to the people of Oregon. Of course, as secretary of state, Mr. Wrightman could not enact any laws, but he could make suggestions and give advice to the legislature that would be of great benefit to them.

Mr. Wrightman is sincerely and earnestly in favor of raising a large part if not all of the revenues required to run the state government by indirect taxation—the taxation of corporations and franchises—and this ought to be done. The people have to insist upon it. They have submitted to the present injustice system of taxation for too long already, and in their own interest ought to heed and follow Mr. Wrightman's advice.

New Jersey has not for years taxed her people one penny for the maintenance of the state, all the money for that expense coming from the indirect tax levied against corporations and the state has pulled out of debt and now has too much money on hand. Other

GAMBLING WITH DEATH.

What Many of Us Are Doing Three Times a Day.

For everything we get something is taken away. Every act pulls two ways. Some men in power dole out their souls for it. They can't have soul and power at the same time.

And so, in this quick living age, most of us can't have energy and health at the same time. One or the other must be lost, and it is usually health.

We know we are doing wrong and would like to reform, but we have a morbid fear of being laughed at if we aim to live and eat according to conscience and good sense.

Some of us break away for awhile and enslave ourselves to a diet. We read about the hardy Scotsman being fed on porridge and oatcake, making soldiers of muscle and dash, and how Caesar's army was fed on corn. But the diet doesn't last long. We quickly swing back into the great line, eating and drinking to fulness like the rest, eating anything and everything at any time, and any way we find it. We say "what is a stomach for if it isn't to obey the palate?"

But there is really no one rule applicable to everybody's stomach. What one man may eat another may not.

But the dyspeptic should remember that the death list has a dark shadow hovering over it with a long bony finger pointing to "died of heart disease." Physicians will tell us that there are few cases of heart disease that do not come from a stomach derangement.

At every meal we may be brooding for ourselves a terrible case of dyspepsia. It may come upon us after breakfast tomorrow morning, or after that oyster supper tomorrow night.

Acute indigestion means that you have even chances for death or life. That's the gamble you are taking. That precious gastric juice decides, as a rule, whether you continue to live or not.

Therefore, if you feel your food lies like a "lump of lead" on your stomach, beware! Your gastric juice is weak. It can't dispose of the food in time to prevent fermentation. Take something that will do it effectively, and at once. Take Stuart's Dyspepsia Tablets, the most powerful tablets in the world for the relief of all kinds of stomach trouble, nausea, indigestion, the worst cases of dyspepsia, sourness, heartburn and brash.

One grain of an ingredient of these tablets will digest 3000 grains of food. Your stomach needs a rest at once. Stuart's Dyspepsia Tablets will relieve your stomach of more than two-thirds of the work it has to do, digesting perfectly whatever food there is in your stomach.

You can't do your work well or be cheerful, or have energy or vim or ambition, when your stomach is bad. Make yourself feel good after a hearty meal, feel good all over, clear your mind and make you enjoy life, by taking Stuart's Dyspepsia Tablets.

Give your stomach a rest, so it can right itself, then you need fear nothing. You can get these tablets anywhere for 50 cents a package.

States are doing the same thing and why should not Oregon? Mr. Wrightman has the facts and figures and knowledge sufficient to introduce this system in Oregon, depending of course upon the legislature, and for the benefit of the commonwealth it should be given a trial.

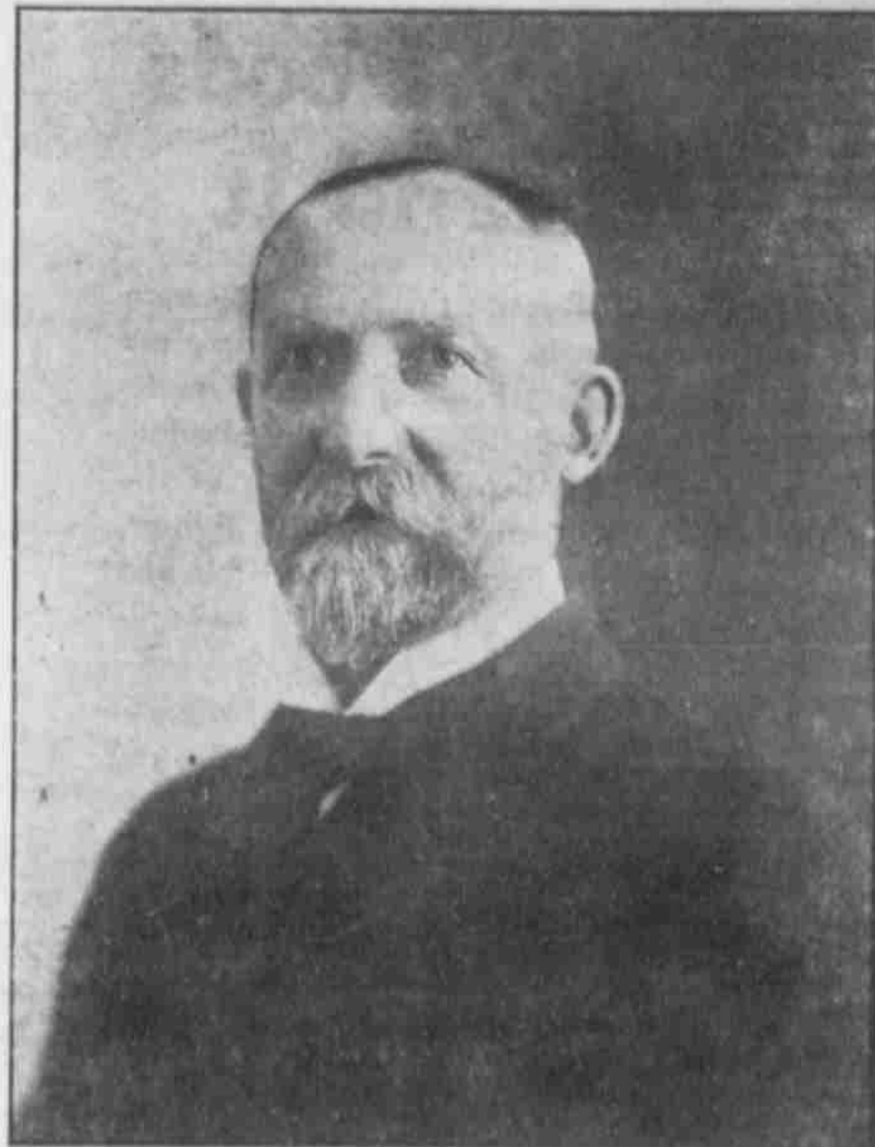
It costs, roughly speaking, \$700,000 annually for this state. Of this amount a half million is collected from the taxpayers of the state, the property owners who pay county taxes. There is no need whatever of their paying a quarter that much. A proper system of indirect taxation will raise the most if not all of it. Mr. Wrightman's work on and interest in this problem should and will gain many votes for him.

Favorable Comment.

Dr. James Withycombe, the director of the experiment station of the Oregon Agricultural college, came down from Junction City yesterday morning, where he attended a farmers' meeting and delivered an address on the subject of diversified farming. He has a number of meetings to attend during the next few weeks, where subjects in which farmers are interested are to be the themes for lectures, and he is kept busy with these and those duties devolving upon him as a director of the experiment station.

Dr. Withycombe, who is a prominent candidate for the Republican nomination for governor, has thus far been given little opportunity to look after his political fences, his duties at the college taking up his time, but so well is he known in the state and so popular has he become that his campaign

DR. JAMES WITHYCOMBE



Candidate for the Republican Nomination for Governor.

I, James Withycombe, reside at Corvallis, Benton county, Oregon, and my postoffice address is "Corvallis, Oregon." I am a duly registered member of the Republican party. If I am nominated for the office of Governor, at the primary nominating election to be held in the State of Oregon the 20th day of April, 1906, I will accept the nomination, and will not withdraw, and if I am elected I will qualify as such officer.

If I am nominated and elected I will, during my term of office, advocate and support:

- Taxation of franchises and gross earnings tax on telegraph, telephone expense and sleeping car corporations.
- Uniform assessment and taxation of railroads.
- State regulation and examination of state and private banks, trust companies and savings banks.
- Protection of the state in its ownership of public lands.
- A board of control for state institutions.
- One board for management of normal schools.
- Improvement of the Columbia and Willamette rivers and coast seaports.
- National ownership of the Oregon City locks.
- Constitutional amendment permitting the governor or people to veto individual items of appropriations.
- An honest and fearless performance of public duty.

JAMES WITHYCOMBE

is practically taking care of itself and he is steadily growing in the estimation of his fellow Republicans, while support is coming to him from all classes of citizens without regard to party affiliations.—Albany Herald.

J. H. Aitkin, (Eugene Daily Register.)

J. H. Aitkin of Huntington, candidate for state treasurer, was in the city Wednesday looking after his interests with reference to his candidacy. Mr. Aitkin made this office a pleasant call and impressed the political man as a strong and clean man. The Baker City Herald has the following to say of him:

J. H. Aitkin, candidate for the nomination for state treasurer on the Republican ticket, is one of the best known men in Oregon.

He has been prominent in the public life for many years and during that time has traveled quite extensively over the state. He is considered to be one of the strongest men on the state ticket today, and being an eastern Oregon man, his strength in this section is not questioned.

Jones for Recorder. (Silverton Appeal.)

Beyond all possible doubt W. L. Jones of Jefferson will be the next county recorder. Mr. Jones is making no extraordinary effort in his own behalf, but he has expressed a desire to become a candidate before the Republicans of this county and they are making the effort for him, or in other words, he is going in on his merits. He has been a resident in this county practically all his life, and an active Republican since he attained his maturity. We know of no reason why it shouldn't be Jones as well as Smith or Brown. For county recorder look for the name Jones.

Gearin a Democrat. (Western Oregon.)

Senator Gearin, if the telegraphic reports may be credited, has considerably cleared the political atmosphere of Oregon. When he left Portland in December last to take his place in the senate, it was announced with considerable volume of voice

that he was a Roosevelt supporter. In some quarters this was intended to debauch Republicans and make it possible to elect a senator next winter. This is changed now, and by Mr. Gearin himself, who from New York last Saturday announced that he would be governed by the action of the Democratic caucus of senators. He will now refuse to support President Roosevelt's foreign policy. Some of Mr. Gearin's friends commend his action on the ground that it will bring Democratic support to his Oregon projects. They forget that while he may secure votes from the minority, the same course of action will alienate the support of the majority without which no legislation favorable to Oregon can be enacted. Republicans there so that it is not safe to desert the party, and further if their ideas are to be adopted and carried out by the national administration, only Republican representatives can be depended on to make effective such policies.

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