

OLD AGE

DEPENDS NOT UPON YEARS BUT UPON VITAL FORCE.

In Salem lately there has been a good deal of discussion in regard to old people. Some at 50 years call themselves old, and really appear so, while others at 70 years seem active, vigorous and young.

It is not years, but it is loss of vital force that makes a person old. Weakened digestion, thin blood and poor circulation soon start functional powers and vitality on the wane, and then the symptoms of old age quickly appear.

A member of the G. W. Putnam Co. says "that old feeling may be warded off, and we wish every person in Salem who feels old, whether they are so in years or not, would try the great discovery Vinol. We know that it has vital principles which will in a natural manner strengthen digestion, send rich, red blood coursing through the veins, and give new life and strength to every organ of the body, and this is what makes the old feel young again."

Mrs. H. W. Avery says: "At the age of 89 I felt the need of a tonic, something to strengthen and build me up. For some time I have been taking Vinol, and I have found that it brings vigor and renewed vitality to the aged as nothing else will."

Vinol repairs worn tissues, checks the natural decline and replaces weakness with strength. It is an ideal body builder for old folks.

We promise you that Vinol is, first of all, agreeable, because it contains no fishy oil. Second, that it is a genuine cod liver medicine, containing all the medicinal curatives and strength-making elements taken direct from fresh cod livers; and third, we will return your money if it does not do exactly what we claim for it." G. W. Putnam, druggists.

Croup

Begins with the symptoms of a common cold; there is a chilliness, sneezing, sore throat, hot skin, quick pulse, hoarseness and impeded respiration. Give frequent small doses of Ballard's Horehound Syrup, (the child will cry for it) and at the first sign of a croupy cough, apply frequently Ballard's Snow Liniment to the throat.

Mrs. A. Vliet, New Castle, Colo. writes, March 18, 1932: I think Ballard's Horehound Syrup a wonderful remedy and so pleasant to take. For sale by D. J. Fry, Salem, Oregon.

Notice of Order for Construction of Wood Sidewalk.

To the several persons herein named: You are hereby notified that the Common Council of the City of Salem, Oregon, heretofore issued an order that you build a wood sidewalk six feet in width across the front of the property owned by you, and more particularly described opposite your name below. You are therefore notified to build the same within ten days from the date of this notice, or the city will build it, and assess the cost thereof against you and take a lien on said property, as in the charter of said city provided. The persons and property affected by this notice is as follows, to-wit:

Lena Bonne, owner of lots 4 and 5, block 42, University addition to Salem.
Joseph E. Wright, the south half of lot 5, in block 47, University addition.
J. A. Lackey, lot 4, in block 2, Mill addition to Salem.
A. Backstrom, the north half of lot 5, in block 47, University addition.
C. J. and Ariadne Simoral, lots 1 and 2, block 2, Queen Add addition to Salem.
I. Vanduyne, lots 3 and 4, block 1, Vanduyne addition to Salem.
Leonora Hullett, lot 24, Waller's addition to Salem.
L. R. Cuthaw, lot 20, Waller's addition to Salem.
D. T. Crosswell, lot 19, Waller's addition to Salem.
Minnie Bryan, lot 25 Waller's addition to Salem.

This notice is given by order of the Council the 6th day of February, 1936. The date of this notice is February 15, 1936.
W. A. MOORES,
Recorder.



ONE MILE OF GOOD ROAD

To Be Constructed in This Valley by the Government

(John E. Lathrop's Special to Capital Journal.)

Washington, D. C., Feb. 14.

I have addressed letters to County Judge John H. Scott, Salem, Oregon, and Judge O. A. Hartman, Pendleton, Oregon, informing that that through the efforts of Mr. Samuel Hill, of Seattle, who also has a residence in Washington, D. C., arrangements are being made for the government to build a sample mile of roadway in each of two localities in Oregon, Washington, Idaho, Montana, the Dakotas, and Minnesota. The good roads service of the department of agriculture will probably offer to furnish the machinery, crushers, rollers, experts and everything necessary to work, each county in which the work is conducted to furnish the raw material, the right of way and the common labor.

I wish to call attention to the fact that this plan has no feature of graft in it, for the reason that no money is asked for by any of those who come into the state from the outside, but everything furnished by the government, and is without expense to the people there. I desire to call attention to the fact that, through the efforts of Mr. Samuel Hill, Mr. James H. Hill and Mr. J. P. O'Brien have agreed to furnish transportation, and that the expense on the part of the government and the railroads will amount to many thousands of dollars.

It is almost positively sure that the plan will go through as Mr. Hill has presented the matter so strongly to the department of agriculture, that the officials are enthusiastic for it. I have given personal attention to it, and insofar as I am competent to judge, assure you that the plan is excellent, and in the highest degree practical.

I am impressed by my visit to the East with the immense importance of forwarding the good roads movement. Before one's eyes are object lessons which tell the value to the farmers of applying to the public highways the same principles of transportation that govern railway men in handling their big systems. I wish to urge personally your hearty co-operation in this plan, and shall be glad to learn from you that you will give it.

Agonizing Burns.

Are instantly relieved and perfectly healed by Bucklen's Arnica Salve. C. Rivenbark, Jr., of Norfolk, Va., writes: "I burnt my knee dreadfully; that it blistered all over. Bucklen's Arnica Salve stopped the pain and healed it without a scar." Also heals all wounds and sores. 25c at J. C. Perry's drug store, Salem, Oregon.

Are You Restless at Night.

And harassed by a bad cough? Use Ballard's Horehound Syrup; it will secure you sound sleep and effect a prompt and radical cure. For sale by D. J. Fry.

Liberty Store

Seeds for the garden. Everything you want and everything fresh.

Highest prices paid for eggs.

E. W. SMITH, Prop

Steel Soled Shoes

Men's \$3.00, Boys' \$2.50 and \$2.00

The best wearing shoes sold in Salem.

345 State St., Opposite Patton's.

JACOB VOGT

Jewelry Goodness

We buy from the best manufacturers. It is our intention to sell the highest grade of jewelry. If a ring, a pin, a watch or any article of jewelry whatever goes from here which isn't as represented, we are here to give satisfaction—to make amends. We want your jewelry trade—we shall try to deserve it.

C. T. POMEROY

Jeweler and Optician, 318 State St.

TOOZE MAKING HEADWAY

Twenty Years Service to the Republican Party Counts for Something

A Hopprower, Hoppuyer, Produce Dealer and Successful Business Man

Walter L. Tooze is in Southern Oregon pushing his campaign for congress. He is meeting with great encouragement.

The statement telegraphed from Salem that all factions in Marion county were united on W. C. Hawley started quite a boom for that gentleman, until it was found to be false.

Mr. Tooze is a man who has been fighting the battles of Republicanism when other alleged leaders have been asleep or sulking in their tents. Tooze never sleeps or sulks, when there is work to be done for his party.

He is the same in business. He is tireless and irresponsible in keeping Woodburn, Marion county and Oregon to the front.

NO MAN IN OREGON COULD BE SENT TO CONGRESS WHO WOULD WORK AS HARD, STAY WITH IT DAY AND NIGHT, RUSTLE MORE FOR OREGON, THAN WALTER L. TOOZE. He is a man who is enterprising, employs labor, erects buildings, pays taxes, supports churches and schools, and is never a deadhead in any enterprise. He is a man who never fails to head a subscription list with something substantial in his own town.

MR. TOOZE IS A HOP GROWER AND A PRODUCE DEALER AND A LARGE SHIPPER.

When the primaries are held on April 20th Mr. Tooze will be found to have friends all over the district. Marion county factions are not all united on Mr. Hawley. The Oregonian correspondent at Salem will find that many parts of the county are solidly for Walter Tooze, the Woodburn man, and he will have strong support in Salem. It will be found that PORTLAND AND SALEM CANNOT DICTATE THE WHOLE CONGRESSIONAL DELEGATION. The rest of Oregon has some rights to a congressman.

State of Ohio, City of Toledo, Lucas County, ss

Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, county and state aforesaid, and that the said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of catarrh that cannot be cured by the use of Hall's Catarrh Cure.

FRANK J. CHENEY.

Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1896. A. W. GLEASON, Notary Public.

Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces of the system. Sold for testimonials free.

P. J. CHENEY & CO., Toledo O. Sold by druggists, 75c.

Take Hall's Family Pills for constipation.

Something that was Needed.

L. A. Geier, one of our enterprising business men, has opened on State street one of the neatest shoe blacking parlors in the state. He has also introduced an innovation in having a chair for ladies, a convenience which ladies will doubtless enjoy. The furnishings are attractive and entirely new. A tinge of attractiveness will be added to the stand by putting in potted plants of various sorts.

A Pleasant Way to Travel.

The above is the usual verdict of the traveler using the Missouri Pacific railway between the Pacific coast and the east, and we believe that the service and accommodations given merit this statement. From Denver, Colorado Springs and Denver there are two through trains daily to Kansas City and St. Louis, carrying Pullman's latest standard electric-lighted sleeping cars, chair cars and up-to-date dining cars. The same excellent service is operated from Kansas City and St. Louis to Memphis, Little Rock and Hot Springs. If you are going east or south, write for particulars and full information.

W. C. M'BRIDE, Gen. Agt., 124 Third St., Portland, Ore.

FARNHAM HELD UP AT LAST

Captured on Six Charges at San Bernardino After Six Months Chase

C. E. Farnham, who held out at Salem for several months last year as an alleged map peddler, and who defrauded a number of Salem business men out of money, has been captured at last.

J. Conner of the Hotel Willamette, has been on his track with detectives for six months, determined to make an example of a professional hotel beat.

He left Salem early in the fall, went to Seattle, Washington, where, under an assumed name, he defrauded all who came in contact with him. On Tuesday Deputy Sheriff Minto left for San Francisco, where he secured requisition papers after a conference with the governor and attorney general of California. The Sunday Oregonian had this:

Los Angeles, Cal., Feb. 17.—(Special.)—F. C. Farnham, wanted in Salem, has been arrested at San Bernardino.

Sheriff Culver had a wire from Harry Minto that Farnham was held on six charges.

Farnham left unpaid bills at Salem to the amount of hundreds of dollars.

GAMBLING WITH DEATH.

What Many of Us Are Doing Three Times a Day.

For everything we get something is taken away. Every act pulls two ways. Some men in power dole out their souls for it. They can't have soul and power at the same time.

And so, in this quick living age, most of us can't have energy and health at the same time. One or the other must be lost, and it is usually health.

We know we are doing wrong and would like to reform, but we have a morbid fear of being laughed at if we aim to live and eat according to conscience and good sense.

Some of us break away for awhile and enslave ourselves to a diet. We read about the hardy Scotsman being fed on porridge and oatmeal, making soldiers of muscle and dash, and how Caesar's army was fed on corn. But the diet doesn't last long. We quickly swing back into the great line, eating and drinking to fulness like the rest, eating anything and everything at any time, and any way we find it. We say "what is a stomach for if it isn't to obey the palate?"

But there is really no one rule applicable to everybody's stomach. What one man may eat another may not.

But the dyspeptic should remember that the death list has a dark shadow hovering over it with a long bony finger pointing to "died of heart disease." Physicians will tell us that there are few cases of heart disease that do not come from a stomach derangement.

At every meal we may be brewing for ourselves a terrible case of dyspepsia. It may come upon us after breakfast tomorrow morning, or after that oyster supper tomorrow night.

Acute indigestion means that you have even chances for death or life. That's the gamble you are taking. That precious gastric juice decides, as a rule, whether you continue to live or not.

Therefore, if you feel your food lies like a "hump of lead" on your stomach, beware! Your gastric juice is weak. It can't dispose of the food in time to prevent fermentation. Take something that will do it effectively, and at once. Take Stuart's Dyspepsia Tablets, the most powerful tablets in the world for the relief of all kinds of stomach trouble, nausea, indigestion, the worst cases of dyspepsia, fermentation, bloaty feeling, sourness, heartburn and brash.

One grain of an ingredient of these tablets will digest 3000 grains of food. Your stomach needs a rest at once. Stuart's Dyspepsia Tablets will relieve your stomach of more than two-thirds of the work it has to do, digesting perfectly whatever food there is in your stomach.

You can't do your work well or be cheerful, or have energy or vim or ambition, when your stomach is bad. Make yourself feel good after a hearty meal, feel good all over, clear your mind and make you enjoy life, by taking Stuart's Dyspepsia Tablets. Give your stomach a rest, so it can right itself, then you need fear nothing. You can get these tablets anywhere for 50 cents a package.

THAT SATISFIED EXPRESSION

Comes only when the eye glass clips hold tight when you smile or when you frown.

We have the neatest and best eye glass mounting at present on the market. We are changing other makes every day. It's the only neat mounting which will stay on in warm weather. No trouble to show it. It's our business to fit glasses, and we do it correctly.

Chas. H. Hinges

New Jewelry and Optical Store
123 Commercial St. Next to Capital National Bank.

lars. His hotel bill at the Willamette was \$140, and Landlord Conner swore out a warrant under the hotel fraud act.

Pretty Safe Rule to Go By.

When there is a feeling that the heart or lungs, blood or liver, brain or nerves are diseased, at once commence to doctor the stomach. This is the foundation of the trouble in 90 cases out of every 100. Commence to regulate the digestive organs, get them in healthy working condition, and the other troubles will save of themselves. Diseases which have their beginning in the stomach must be cured through the stomach. The medicine for stomach disorders and half the ills of life, is Dr. Gunn's Improved Liver Pills. They are sold by all druggists for 25c per box. One pill is a dose. These pills put all the digestive organs in good condition so that disease has no basis to work upon.

North Salem Meetings.

The Sunday evening service at the Church of God, in North Salem, was led by Messrs Virgil Vinayard, William Beatty and others. Prof. Anderson conducted the singing. The evangelistic meetings which have been in progress in the church the past week will continue during the week, with Rev. W. H. Selleck in charge. The interest in the meetings has been growing and several conversions are reported.

Prune Orchard.

For sale in Sunny Side Fruit Farm No. 13, lots 3 and 7, containing 20 1/2 acres, 18 acres in trees, about half and half Italian and Petites, a few pear and apple trees; planted in 1893, and known in the Rosedale neighborhood as the Brownell orchard. Last year's fruit brought near \$900. Receipts for last five years can be shown. Bids in writing for the above orchard will be received by the undersigned till noon March 15, 1936. Privilege reserved of rejecting any or all bids. Time can be given in part, with usual interest and security. A large cash first payment would be considered with favor. For any further information call on or address Wm. Stroud, rural route No. 4, Salem, Oregon, agent for the heirs of Sands Brownell. 2-16-1m

Excursions Every Hour.

In order to give the people of Salem an opportunity to see the beautiful country south of Salem, and to see the development being made by the company, the Citizens' Light & Traction Company will run excursion cars to the rock quarry, south of Odd Fellows' cemetery, leaving the Willamette hotel on even hours. Enjoy a pleasant ride, and see for yourself. If



Old Trusty Incubator

This is without doubt the best and most satisfactory incubator made. The regulator is the most simple and reliable part. Any child can understand and operate it. The lamp is perfectly safe, and it hatches a larger per cent than any other machine. The price is the lowest on the market. Come in and see how it is made, and have us show you how it operates.

D. A. WHITE & SON

FEEDMEN and SEEDMEN
255 Com'l Phone 160



Jack of All Trades

The most economical power plant in use today.

This is something that every farmer or fruit raiser will sooner or later own.

Those who own a Fairbanks-Morse outfit are more than pleased, for they "deliver the goods" every time. There are over 40 of these in use in our territory now, all placed in the past four years, and they are all giving the best of satisfaction.

SPRAY OUTFITS
PUMPS
GRINDING MACHINES
WOOD SAWS
CREAM SEPARATORS
WELL DRILLS

And any number of other things can be successfully run with the Fairbanks-Morse engine.

Call and see it or send for catalog.

F. A. Wiggins

IMPLEMENT HOUSE.

255-257 Liberty Street.
Farm Implements, Wheels, Automobiles, Sewing Machines and Supplies.

Get Your Money's Worth

7 lbs. New Clean Beans.....25c
4 lbs. Best Japan Rice.....25c
3 lbs. Fancy Dried Peaches.....25c
2 lbs. Fancy Dried Apricots.....25c
2 lbs. Fancy Dried Apples.....25c
3 cans Blue Ribbon Corn.....25c
3 cans Blue Ribbon Tomatoes.....25c
Fancy Catsup, per bottle.....20c
Fancy Catsup, per gallon.....50c
20 good Oranges for.....25c

A. L. Harvey

Fine Groceries.
CORNER COURT AND HIGH STS.
PHONE 216.

Emma B. Ashford

Graduate dermatologist, hair and scalp specialist. Our methods are the latest and most scientific known, all the latest appliances for the treatment of the complexion, hair, skin and scalp. Every affliction of the human face eradicated, wrinkles, tan, freckles, moth patches, blackheads, moles, warts, red surface veins, superfluous hair, etc., removed. Facial massage. Nothing known to science as a means of removing and preventing wrinkles, developing facial beauty, rounding out angles and improving the expression equals it. It copies nature's efforts, assist nature and is everywhere in accord with natural laws, therefore it can be relied upon to produce unvarying and satisfactory results. Positively no evil effects from electrolysis or any facial treatments. Best references given. Consultations and advice free. Eldridge block, 293 1/2 Commercial street.