

The Taking Cold Habit

The old cold goes; a new one quickly comes. It's the story of a weak throat, a tendency to consumption. Ayer's Cherry Pectoral breaks up the taking-cold habit. It strengthens, heals. Ask your doctor to tell you all about it. We have an account! We publish the formulae of all our medicines. J. C. Ayer Co., Lowell, Mass.

X-RAYS

Life is an ocean, deep and wide, And men the ships that plow its tide. One of its shores is called the Whence, The other boundary is the Thence— Desire and Passion, Love and Hate, Greed, Friendship, Treachery, alternate To make its weather foul or fair; A treacherous sea; for some a snare That lures but to destroy, yet still, The creature of the Master's will.

For some fair breezes blow alone, And every sail draws taut and fair, With tropic islands here and there, Luscious, verdant, odor blown. With coral reefs, their white sands kissed By languorous waves of amethyst. The air seems quivering with delight And pleasure grows so exquisite It turns to pain. Such voyages Are for the few, not such as these May come to all; the fogs of chance Thence dangerous shoals of ignorance Wreck some; aye, most; while others wreck In passion's storms that sweep the deck And send the tumbling masts and spars To mingle with the billows' wars.

My life has been of both, alas! How swift the hours of Pleasure pass— How fly the years on silent wing When Momus laughs and Sirens sing, And Bacchus pours the golden wine, Filling Life's goblet to the brim, And Beauty, in itself divine, And pure as Love's own emblem, Youth's heart to ecstasy awakes, Until the soul of Music sings So joyous on its vibrant strings, That from pure happiness, it breaks.

How drag the lingering minutes when Around our bark the tempest drives And Furies shrieking for our lives Drive the wind spirits from their den— The fierce wind spirits of the north, And not a single star peeps forth— When darkness is as of the tomb, And every ray of hope is gone, And black, impenetrable gloom Apparently defies the dawn; Hours drag into eternities When souls encounter storms like these!

How sweet, how infinitely sweet, When the wild hurricane is past, To hear the soft waves rhythmic beat Upon a friendly shore at last— To find the haven of old age, To have at least a sweet content, Where storm comes not, nor billows rage And days in quietness are spent— And the wild passions of our youth, The hopes, the fears, the loves, the pains, The disappointments and the tears Have vanished, and but peace remains. —J. H. C.

This Shoe Store is a Great Money Saver.

It saves its patrons money in two ways. One way is in quoting prices on nearly every style of shoe it sells a little lower than other stores ask. The other way is in giving better shoe values for the money, when the price is the same as at other stores. If you buy shoes here, the result will be that you'll have more money left or you'll not have to buy shoes so often. In either case this is a money-saving shoe store. Take our women's \$1.50, \$2.50 or \$3.50 shoes, or our men's \$2.00, \$3.00 and \$3.50 shoes, for instance. The only way you can equal them for the price is to buy more just like them.

SALEM'S BIG SHOE STORE
OREGON SHOE COMPANY
THE SHOERS

School News

North School.

Attendance at North school is improving. Probably as much as ten per cent of the pupils have been out on account of sickness or other causes in the last few weeks, but the attendance is coming up now.

The classes in general are reviewing the term's work, and are given opportunity for pupils who have missed work to make it up, and make their grades. It may be thought that pupils are prevented from passing to a higher grade on account of failure in some one subject, on account of absence or otherwise. Such is not the case, unless the standing of all other subjects is very low; so low, that the pupil would be unable to make up the failure. If, on the other hand, the pupil fails in one subject and ranks well in the others, so that the one can be made up without taking too much time, the pupil is allowed to pass to the next grade on condition the failure will be made up.

An air of good cheer seems to prevail among students and teachers. The rooms are, without exception, neatly decorated with pictures and flowers and are very homelike.

On the board in Mr. Peble's room are pasted the following topics for composition work: For the 7A, George Rodgers Clark, King Philip, Pontiac, Robert Morris, Benjamin Franklin, Nathan Hale, Major Andre, and Molly Pitcher; for the 8B, Alexander Hamilton, Eli Whitney, Robert Fulton, Elias Howe and Samuel T. B. Morse. His class has been writing a number of compositions of a historical character, based on original research.

Miss Starr's room contains some very artistic and useful decorations. One of the front corners of the room is arranged with pictures of an instructive kind, in a manner very decorative. On large square card boards hung at other places are collections of various kinds of grasses, seeds, seed pods, nuts, etc; these are very interesting and instructive. On the walls also is some fine class work.

Miss Wenzler's room contains a nice collection of blooming plants. The front board is also decorated with a good drawing of Crater lake executed by Miss Lulu Buell. Miss Robertson, 5A and 6B, reports a new student, Edna Hoffman. Teachers are all busy making out monthly reports.

High School.

The window shades are up in the new building. They add greatly to the comfort of all. A great many were forced to wear eye shades before, but it is not necessary now.

Mildred Perkins, who left school some time ago, has returned.

Nellie Sykes is absent on account of sickness. Whispering and other disorders of similar character are reduced to a minimum in the general study room. Mr. Marlatt has expressed his satisfaction in regard to it, several times.

On opening school Monday morning Mr. Marlatt asked Tom Holman what the score of the basket ball game was. On the reply, "Twenty-seven to nine," the students gave a rousing cheer.

Yesterday at 1 o'clock the school had general assembly. Mr. Marlatt introduced a former room mate of his, Dr. Paul Rader of Portland, who addressed the students on, "The advantage of quick, consecutive thinking." His address was, on the whole, extremely humorous, as well as clear and to the point. Interest ran high and applause was frequent. Mr. Rader dwelt on the advantage of the proper kind of education, the education of the backbone and heart, as well as of the mind, and drew a number of illustrations, humorous, yet fitting. He talked 25 minutes, which was of great benefit to the student body. Mr. Marlatt intends to have him speak to the pupils again if possible.

Mr. Powers took the remainder of his American history period reflecting on the speech of Mr. Rader and applying it more closely to the students.

The Demosthenes literary society had its regular meeting yesterday evening. Forty members were present. Important business was transacted after which an impromptu program was rendered, consisting of a recitation by Horace Sykes; talk on Washington as a youth by Albert Minton; reading by Margarite Ostrander; talk on Washington as a president by Harvey Slater; Washington's influence on the people, by Alice Judson; recitation, Winona Savage; reading, Ruth Newmire.

The two new Standard dictionaries have arrived and are at the service of the pupils. They are complete and with the best binding.

The botany class is doing some supplementary work of a more practical nature than the text book. Mr. Smith has been giving a series of lectures on San Jose scale, codlin moth and other fruit plagues that infest the fruit of the valley. He went into detail in

the matters of the life of the insects, habits, and how the easiest destroyed. In all lines Mr. Smith tries to make his work as practical as possible, so that the student may be given the utmost good. Mr. Smith has brought a part of his own library for the use of the students, a set of 32 volumes of science. Miss Alta Cameron, Bess Harding and Edna Savage have also contributed to the library.

The physical geography class is making use of the hydrometer for observation work. Miss Rebecca Miles and Alta Altman have donated flowers to the science department.

The table for the chemical laboratory is completed and installed for use. It has a glass top and is provided with individual compartments. The apparatus is expected soon.

Pleasant and Most Effective

T. J. Chambers, editor Vindicator, Liberty, Texas, writes December 25, 1905:

"With pleasure and unreluctant by you I bear testimony to the curative power of Ballard's Horehound Syrup. I have used it and my family can cheerfully affirm it is the most effective and best remedy for coughs and colds I have ever used." Sold by D. J. Fry.

Since 1890 88,000,000 tons of sand have been removed from the estuary of the river Mersey.

A Famous Remedy for Sick Headache.

The cause of this complaint is not in the head at all; it comes from the stomach. A stomach that has become clogged by overeating, drinking or abuse in any manner, will warn you by bringing on sick headache. Cure the pain and distress in the stomach and the headache will stop of itself. All bilious attacks, dyspepsia, belching, bad taste in the mouth, muddled complexion, and yellow eyes are cured by this remedy. It is called Dr. Gunn's Improved Liver Pills, one for a dose, and is sold by druggists all over the U. S. for 25c per box.

Reduced Rates.

Productions of Savage's English Grand Opera Company, Portland, February 5, 6, 7. For the above occasion the Southern Pacific Company will sell round trip tickets at one and one-third fare. Sale dates February 5 and 6. Limit, February 8. From Eugene and north, branches included.

A. L. CRAIG, Gen. Pass Agent.

CASTORIA.

The Kind You Have Always Bought

After Fruit Pests.

County Fruit Inspector Armstrong was in the city today, but goes to Woodburn this afternoon. He says this is the time to spray, and the owners of trees must not wait for him to come and notify them, or bring the sprayer to them, as the county cannot afford to pay for that kind of work, nor has he time to do it. There are a number of good spraying outfits in the city, and he thinks that they should all be put to work at once. Mr. Armstrong is also the fruit inspector for Linn county, and says work is progressing favorably in that county the people all having entered into the work, and are cooperating with him in his effort to exterminate pests.

You Must Sleep.

If you cannot, it is due to an irritated or congested state of the brain, which will soon develop into nervous prostration. Nature demands sleep, and it is as important as food; it is a part of her building and sustaining process. This period of unconsciousness relaxes the mental and physical strain, and allows nature to restore exhausted vitality.

Dr. Miles' Nerve brings refreshing sleep, because it soothes the irritation and removes the congestion.

It is also a nerve builder; it nourishes and strengthens every nerve in your body, and creates energy in all the organs.

Nothing will give strength and vitality as surely and quickly as Dr. Miles' Nerve.

"During the past winter I had two attacks of LaGrippe which left me very weak, and in bad condition. I was so nervous I could not sleep. My wife, after trying different remedies, went for a doctor. The doctor was out, and a neighbor recommended Dr. Miles' Nerve, and she brought home a bottle. I had not slept for some time, and had terrible pains in my head. After taking a few doses of Nerve the pain was not so severe, and I slept. I am now taking the second bottle, and am very much improved." HENRY M. SMITH, Underhill, Vt.

Dr. Miles' Nerve is sold by your druggist, who will guarantee that the first bottle will benefit. If it fails, he will refund your money. Miles Medical Co., Elkhart, Ind.

New Instrument Has Arrived

The latest up-to-date instrument has now been installed, and the measuring of defective eyesight in no longer guess work. Come in and see if your glasses are correct; if not, the new instrument will detect any mistake. We carry all the latest mountings in eyeglasses and spectacle frames.

WE GRIND OUR OWN LENSES

Repairs of any description made same as new. All the prominent physicians endorse our method of fitting glasses and our new kind of lenses.

Chas. H. Hinges

New Jewelry and Optical Store
123 Commercial St. Next to Capital National Bank.

The Petaluma Incubator

A pretty shrewd business man of Salem, noticing a Petaluma incubator on our floor yesterday, remarked: "Why don't you stick that out in front and label it the 'mortgage raiser'?" That's a good suggestion. It is a name the incubator has earned, and the good news who lay the eggs for it, also. Our incubator sales are highly satisfactory this year, and you make more honest money for the time expended with an incubator than most any other way. Send for some literature and see how it strikes you, or come and see them on our floor.

A Grim Tragedy.

Is daily enacted in thousands of homes, as Death claims, in each one, another victim of consumption or pneumonia. But when coughs or colds are properly treated, the tragedy is averted. F. G. Huntley of Oakland, Ind., writes: "My wife had the consumption, and three doctors gave her up. Finally she took Dr. King's new Discovery for consumption, coughs and colds, which cured her, and today she is well and strong." It kills the germs of all diseases. One dose relieves. Guaranteed at 50c and \$1.00 by J. C. Perry, druggist. Trial bottle free.

The Czar has been so busy dodging that he has not had time to suggest that the whole matter be taken to The League for settlement.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of *Chas. H. Fletcher*

The above is the usual verdict of the traveler using the Missouri Pacific railway between the Pacific coast and the east, and we believe that the service and accommodations given merit this statement. From Denver, Colorado Springs and Denver there are two through trains daily to Kansas City and St. Louis, carrying Pullman's latest standard electric-lighted sleeping cars, chair cars and up-to-date dining cars. The same excellent service is operated from Kansas City and St. Louis to Memphis, Little Rock and Hot Springs. If you are going east or south, write for particulars and full information.

W. C. M'BRIDE, Gen. Agt., 124 Third St., Portland Ore.

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At 9:30.

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Next Edison Theatre.

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