

DAILY CAPITAL JOURNAL

BY HOFER BROS.

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The time has come for this city to enter upon a greater era of improvements.

If Salem is to hold the position of second city of the state SOMETHING MUST BE DONE.

If Salem is to remain the metropolis of the Willamette valley, we cannot sit still and brood over the past.

The construction of the fine broken rock street south of the city should be followed by another street north.

Whenever that street is completed there will be demand for other streets of the same or better character.

Only the utmost activity and the greatest pressure of the mossback elements CAN STOP THE FEVER FOR BETTER STREETS.

But hasn't the time come for those ultra-conservative elements to recognize the inevitable and allow this city to go forward?

Any capitalist who would buy all the business blocks of this city and pave the streets at his own expense would give the town a boom.

Such an enterprising capitalist would double his money on every foot of business property he would buy and improve.

This city should go forward and build modern streets and modern bridges such as are suitable to a Capital City.

The improvements of the streets, putting in water mains and better lighting the city WILL TEND TO KEEP THE STATE CAPITAL HERE.

If an era of general improvements is not entered upon, this city will not be long the second city in the state, or even the third.

With new electric lines, with hundreds of new houses, with all business firms prospering, there is no limit to what can be done here.

If Salem would take up new industries, move for a new railroad east and west across the valley; there would be a foundation for a city here.

We are doing well enough. We cannot complain as a city that we have not enjoyed a steady growth. BUT ARE WE DOING ALL WE CAN OR SHOULD?

This coming year \$100,000 should be expended on new streets and at least one new railroad secured. These things are possible.

INSURANCE INSPECTION.

The examination of Francis Hendricks, state superintendent of insurance, has brought out the fact that the annual official investigation of life insurance companies in New York has always been of a merely superficial sort.

This sort of supervision amounts to nothing. The work was practically all done by subordinates, and Hendricks knew little about it. And it is noticeable that his assistants were appointed on the "highest recommendations"; that is, through the pull of politicians like Senator Platt, who are hand in glove with the men and the corporations who have been working insurance funds for their private profit.

There is evident need of federal supervision of life insurance companies.

Rheumatism

Does not let go of you when you apply lotions or liniments. It simply loosens its hold for a while. Why? Because to get rid of it you must correct the acid condition of the blood on which it depends. Hood's Sarsaparilla has cured thousands.

Nineteen hundred and six will soon be here, and it will be in order to figure up how much money you have saved in 1905. If you desire, our Savings Department will help you save more in 1906 than you did in 1905. Now is the best time in all the year to open a savings account, and lay your plans for regularly adding to it a portion of your income. Include a resolve to save a part of your income in your good resolutions for the new year. Deposits of one dollar or more can be made any time.

SAVINGS BANK DEPARTMENT, CAPITAL NATIONAL BANK.

A Doctor's Medicine

Ayer's Cherry Pectoral is not a simple cough syrup. It is a strong medicine, a doctor's medicine. It cures hard cases, severe and desperate cases. Especially good in bronchitis, pleurisy, consumption. Ask your doctor all about this.

It might not prove wholly effective, but it could scarcely fail to be of far more benefit than such scrutiny as state officials usually give.

HAWLEY A CANDIDATE.

Prof. Willis C. Hawley, of Willamette University, has announced his candidacy for congress in this district.

His platform reiterates the good things expressed in the platforms of Messrs. Toose and Huston, and adds a few more good things of his own.

The direct primary law does away with conventions to nominate and each aspirant MUST MAKE HIS OWN PLATFORM DECLARATIONS.

It would not be a bad idea if these three candidates would arrange a number of joint meetings and canvass the district, and let the people judge for themselves, after seeing the men, which they wish to elect.

This is a day of Democratic tendencies and candidates cannot get too close to the people. ALL ASPIRANTS FOR OFFICE SHOULD BE REQUIRED TO DO THIS, and no candidates should be projected from a fictitious basis.

Professor Hawley is a fellow townsman of ours, and a man who, in his private life and labors as an educator, has a high standing. His friends and neighbors may not all support him, but all wish him well.

CARING FOR THE BRAIN

Because the grosser organs of the body complain at first more vigorously than the brain when maltreated, we spend most of our lives curing their ailments. Indigestion, dyspepsia and the many ailments of the stomach, liver, heart, lungs and the other organs we seek to cure by care or medicine. But brain exhaustion is scarcely noticeable at first; then we find ourselves less able to work, and when the break comes it is usually terrible and final. If any care at all is accorded this most important and delicate organ it is by means of the so-called "brain foods."

What, then, can we do to care for the brain? Sleep, says Dr. Wallace. If mental exhaustion causes the head to throb, the blood may be drawn down by means of hot foot baths before retiring; this will be found highly conducive to dispelling nightmare or any form of insomnia due to overwork of the brain. But "regularity of the observance of the hours of rest and sleep should be accorded the position of foremost importance. Some men can do their best mental work late at night and in the small hours of the morning, while others are intellectually far brighter and more vigorous before breakfast.

There is really no general law in these matters, except this—that the early riser should regularly rise early, and the late sitter systematically sit late. It is also perfectly true that the amount of sleep necessary for the restoration of the functional capabilities of the brain can be determined only by the personal experience of the owner of the organ. There can be no definite law into himself in this respect. The natural rule for a healthy man to observe is to sleep till he wakes spontaneously, and the true physiologic limit in this regard can only be determined physiologically, by the healthy brain which has been resting and has strictly hygienic surroundings. When overstimulation or other form of overexertion is tried, more subsequent rest will be required to restore the lost equilibrium. And, although the brain may for a time be driven at a rate of too high pressure and cheated of its due allowance of sleep, the inevitable consequence of such treatment, if prolonged, is a mental and physical breakdown."

Maud—Isn't 5 and 20 too old to hope for any improvement? I should say not. One just begins to live. Take Hollister's Rocky Mountain Tea. You will be blooming fair at 0.35 cents, Tea or Tablets. Dr. Stone's Drug Store.

GREAT THEATER DISASTER

Second Anniversary of the Burning of the Iroquois Theater in Chicago

Chicago, Dec. 30.—Two years ago today the Iroquois theater was destroyed by fire and nearly six hundred lives, mostly women and children, were lost in the holocaust. The day is observed here generally and flags are at half-mast everywhere. Many of the churches held special memorial services this evening. The graves of the hundred of victims of the disaster in the various cemeteries were decorated with wreaths and other floral offerings. The graves of the unidentified victims were also decorated.

The fire at the Iroquois theater was the most appalling disaster that ever visited this city, and will long be remembered by hundreds of families who lost one or more of their members in the catastrophe. The fire originated on the stage of the theater during the matinee performance of December 30, 1903, at a time when every part of the house was crowded with the usual holiday crowds of women and children. The theater was practically new, having been opened only a few weeks previous to the fire. The attraction was "Bluebeard," which had been running there since the opening night. It is believed that sparks from one of the spot-lights stationed on the sides of the stage ignited some of the flimsy pieces of scenery in the wings, and in a few moments the blaze spread upwards toward the flies. Some of the actors and employes tried to beat out the flames, but did not succeed, and the signal was given to drop the fireproof curtain. Owing to the fact that a rope, with which the "aerial ballet" was manipulated, had been so fastened that it obstructed the movements of the curtain, the latter could not be lowered for some time. When it was finally released the fire had made such progress on the stage that the employes became panic-stricken and opened the large double door in the rear of the stage and leading to the court behind the theater, through which the scenery was brought into and out of the theater. The terrible draft caused the "fireproof" curtain, a thin and flimsy affair, to bulge out in the house, and in a few minutes it tore and fell and immense volumes of smoke and flames poured into the auditorium. At that time most of the seats in the house had been emptied by the panic-stricken spectators, and they were crowding through the few doors as fast as they could. When the smoke and flames poured into the auditorium, sweeping the whole interior, hundreds were overcome. They fell in heaps right at the exits and were suffocated by the smoke and heat. Those on top of the pile were scorched beyond recognition. The situation was greatly aggravated by the fact that the ushers, thinking only of their own safety, had fled for their lives, without stopping long enough to unlock and unbolt the safety exits provided for on every floor. The spectators, finding the safety exits bolted and locked, were compelled to make their exit through the main exits on the Randolph street side. While crowded around these exits during the jam they were overpowered by the smoke and flames and perished. Only a few escaped over the fire escape which they reached from the balcony. The fire was soon under control. At first it was not thought the loss of lives had been great, and the full extent of the disaster was not realized until the firemen reached the upper floors of the house, where they found the dead piled up six or eight high, all headed for the exits, and those on top terribly burned. The scenes which followed beggar description. The police department took charge of the removal of the hundreds of bodies, and they were taken to the various morgues and undertaking establishments, where they were laid in rows on the bare floors to await identification. Many of the bodies were so terribly burned that recognition was impossible. Many of the bodies were not identified until several months after the catastrophe, and a large number of them were never identified. The case was investigated by the coroner, and the blame fixed upon the owners and builders of the house, the building department and some of the employes of the theater. Since then hundreds of suits for damages growing out of the

loss of life and injuries received during the fire have been filed against the proprietors of the ill-fated Iroquois theater. The amount of damages asked aggregates several million dollars.

The Ridgely-Deering Wedding.

Washington, D. C., Dec. 3.—St. John's church will be the scene of a fashionable wedding this afternoon, when William B. Ridgely, the comptroller of the currency, and Miss Katherine Deering will be married in the presence of a select number of their friends and relatives. The general public will not be admitted to the ceremony. Miss Catherine Cullom Ridgely and Miss Eleanor Ridgely, the two daughters of the bridegroom, will be the bridesmaids, while Mr. Frank Jones, of Chicago, an intimate friend of Mr. Ridgely, will act as best man. Mr. Ridgely has been a widower for some years. His first wife was the daughter of Senator Cullom, of Illinois.

Will Arrange N. E. A. Program.

Chicago, Dec. 30.—President William H. Maxwell, president of the National Educational association, and the 18 department presidents of the association will hold a conference here today to arrange for the program of the 44th national convention of the National Educational association, which will be held at Asbury Park and Ocean Grove July 3 to 7 of next year.

Pain in the Head

Is a danger signal, warning you that the brain nerves are exhausted—irritated, and are undergoing an unnatural strain.

Frequent and prolonged attacks of pain weaken the generative power of the nerve cells of the brain, and lead to loss of memory, melancholy, spasms, epilepsy, and frequently insanity.

When the brain nerves are weakened they are unable to supply sufficient nerve force to the nerves that control the lungs, heart, stomach and other organs, and these organs are thus robbed of energy, and unable to meet the demands upon them, and they get sick.

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IT DRAWS HARD

On a woman's vitality to do work for which she is unfitted, and we wonder how some of the women of our land live through a single season of pleasure or dissipation. They will say with tears in their eyes, when they mention the subject at all, "it's a hard pull," that with pain, weakness and weariness they are "almost dragged out."

Many in this condition, resort to alcohol, stimulants and "invigorants," the after effects of which are very injurious. Dr. R. V. Pierce, forty years ago found that women were being mistreated through ignorance or carelessness and determined to devote his life and energies to their relief.

Having found the cause of their suffering, he next sought for the means of relief, and found in Nature's laboratory—the earth, certain roots, which had remarkable and valuable medicinal virtues for the cure of these ailments.

Using chemically pure glycerine, of proper strength instead of alcohol, he prepared extracts of these, and the result was so satisfactory that the combination became his "Favorite Prescription." The roots used are: Lady's Slipper root, Black Cohosh root, Unicorn root, Blue Cohosh root and Golden Seal root. The world knows it as DR. PIERCE'S FAVORITE PRESCRIPTION, which has the wonderful and unparalleled record of a half-million of cures in the last forty years.

Write to Dr. Pierce, Buffalo, N. Y., for advice, given without charge. "I am glad to be able to testify as to the merits of Dr. Pierce's Favorite Prescription for the many ills that women suffer with," writes Miss Gertrude Mitchell (President Young Ladies Christian Endeavor Society), 43 Columbia Street, E. Detroit, Mich. "After many years of suffering and pain, I took your medicine, and in a short time began to feel stronger, became more regular and didn't have the bearing-down pains which had been my lot for so long. Shall never cease to be very grateful that it was brought to my notice. I have no pains, and feel much stronger generally."

Dr. Pierce's Pellets cleanse the clogged system from accumulated impurities.



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