# Ladies!

Would you be free from the ills that bring paleness, lassitude and depression? Would you be glad to avoid sick headache, biliousness and constipation?

Would you possess the pink cheeks, the bright eyes, the buoyant spirits that make splendid and attractive womanhood? To be well and happy

# Take BEECHAM'S PILLS

They have made thousands of women healthy and strong. For preserving youth and beauty, Beecham's Pills have no equal. They positively remove all irregularities, relieve constipation and are the stepping-stone to health. Compounded entirely of vegetable ingredients, they act mildly on the most delicate constitution and may be taken with absolute safety by maid or mother. Every woman who values her health should take Beecham's Pills.

# Do It Now

Sold Everywhere in Boxes.

10c. and 25c.



# **CHOP SUEY** at the

## The Chinese Restaurant

153 High Street, Upstair,

First-class in all appointments. mous Li Hung Chung Chop Suey, and Yakama.

WUEY SEN LOW & CO., PROPS.



A L WAYS SATISFIES

Let us figure on your next order

Phone: Main 1243 217 South Commercial St. American Federation of Labor.

national or international unions, for the country. The Western Farmers for 4000 or more, two delegates; 8000 vention, and it is not expected that the more, four delegates; 32,000 or more, with any serious opposition. five delegates; 64,000 or more, six dellabor unions, one delegate.

Among the most important matters. which will come for consideration in the convention are the questions in regard to the exclusion of Mongolian labor, the matter concerning the movement among printers all over the country in favor of an eight hour working injunctions. day and the proposition of forming a Parmers' union to be affiliated with the American Federation of Labor, It is stated on good authority that the convention will insist upon the rigid enforcement of the laws excluding Chinese labor from this country. It is also stated that the movement in favor of an eight hour day for the printers will be warmly supported by the Fed-

It is understood that a determined

If you sit on the fence and chew a straw at planting time you aren't liable to be so awfuly rushed at barvest time-increased business is the harvest from good advertising-the Capital Journal kind.

- PROHOEOUSEONOEOUSEONOEOUSEONOES CHOROEOUSEONOES

effort will be made on the part of the ty-fifth annual convention of the the unionization of the farmers of river, on the Wallace road. Mr. Wiso \$1.25; squabs, \$2@\$2.50 American Federation of Labor, coinci- this country and their affiliation with Mr. Bunkhorn was still busy crating dent with the silver jubilee of the or- the American Pederation of Labor berries and shipping them to the Portganization, which was founded in this for mutual benefit and protection. In city a quarter of a century ago, was Wisconsin and Minnesota a number of opened here today. Samuel Gompers, farmers' unions have been formed althe president of the federation, called ready and, according to the statement the convention to order and delivered of the officials of the Federation, the the opening address, in which he out affiliation of these farmers' unions lined the various important questions with the American Pederation of Lawhich are to be considered and acted bor is merely a matter of time. The upon by the convention. The number leaders of the Pederation are highly of delegates attending the meeting is enthusiastic over the prospect of an place for ladies and gentlemen to get about 600. The representation is dis alliance with city wage workers with all kinds of Chinese dishes and the fa- tributed on the following basis: From the farm hunds and farmers all over less than 4000 members, one delegate; Unions have sent delegates to the conor more, three delegates; 16000 or proposition of an affiliation will meet

There is a strong faction which ad egates, and so on at the same ratio, vocates not only the exclusion of Chi-From central labor bodies and state neso labor, but also of Japanese, Cofederations, and from local trades reass and others, and it is expected unions, not having a national or in that an extension of the existing externational union, and from federal clusion laws will be strongly advocat ed. As to European immigration it will probably recommend to order od neational tests and a poll tax. Other important matters which will be given considerable attention are the question of a universal eight hour; day, child labor, sweat shops and federal

Among the entertainment features of the convention will be a banquet for the delegates and a trip in a special train over the great terminal circuit about this city, which has become famous during the past year by the great number of important societies and individuals who have inspected the tennage producing districts and the method of handling the traffic.

Son Lost Mother.

\*\* Consumption rune in our family, and through it I lost my mother," writes B. B. Reid of Harmony, Me. "For the past five years, however, on the slightest sign of a Cough or Cold. I have taken Dr. King's New Discovery for Consumption, which has saved me from serious lung trouble." His mother's death was a sad loss for Mr. Reid, but he learned that lung trouble must not be neglected, and how to cure it. Quickest relief and cure for coughs and colds. Price 50a and \$1.00; guaranteed, at J. C. Perry's Drug Store. Trial bottle free.

A Bargain.

House and lot on North Mill street, south side, two doors from Commercial, house, story and a half, six rooms, lot 66x145 feet. Terms cash, or will take a two-hores team in part payment. Call on premises, 11-13-1wk

# EXAMINE WATER MAINS

The four-inch water mains, to whose lack of sufficient water pressure was attributed a great deal of the department's difficulty in coping with the late cannery fire, was thoroughly tested Monday afternoon by a council committee, accompanied by Chief Savage of the fire department. This examination of the mains is preliminary to a report to be made to the council this evening, when the question of installing a number of new fire bydrants will be settled.

At a meeting of the council the matter of placing several new fire hydrants, to be erected on four-inch mains, was delayed until the members could have a report of the efficiency of a four-inch main in fighting a fire, At the time a number of councilmen objected to using any more four inch mains for fire hydrants, as the pressure from such mains, they said, would not send a stream of water more than twenty feet from a hose nozzle,

Others demand that even such a supply of water was better than nothing, especially at the North school, which had absolutely no fire protection, and in the neighborhood of the Gideon Stolz plant, which has petitioned the council for more fire hydrants.

If the mains are found to give an inadequate pressure, the council will take up immediately with the water company the question of the construction of six inch or larger mains wherever required. The council is now thoroughly interested in the matter of sufficient water supply in case of fire, and is trying to supply as quickly as possible whatever deficiencies exist in water service.

Ripe Red Raspberries.

Berries ripe on the bush are still being picked in Salem and vicinity, though Thanksgiving day has already been proclaimed, and turkeys are already beginning to appear upon dinner tables. This morning a branch fairly laden with red, rips raspberries was brought into The Journal office by Mr. William Wisener, who stated that he ner said that less than one month ago large numbers of berries, either ripe and ready for the picking, or rapidly becoming so.

#### An English Author Wrote.

"No shade, no shine, no fruit, no flowers, no leaves,-November!" Many Americans would add no freedom from catarrh, which is so aggravated during this month that it becomes constantly troublesome. There is abundant proof. that catarrh is a constitutional disease. It is related to scrofula and consumption, being one of the wasting diseases. Hood's Sarsaparilla has shown that what is capable of gradieating scrofula completely cures catarrh, and taken in time prevents consumption. We cannot see how any sufferer can put off taking this medicine, in view of the widely published record of its radical and permanent cures. It is undoubtedly America's greatest medicine for America's greatest disease-catarrh.

### CASTORIA For Infants and Children.

the Kind You Have Always Bought

Byars the Rignature of Chart Helicher

## Woven Wire Fencing

Car of fencing to arrive about No-vember 20th. Place your orders now, and get reduced price. Write for par-ticulars. Prices always the lowest on poultry netting, posts, gates, plain and barb wire and shingles.

Walter Morley

60 Court Street, Salem

## Gold Dust Flour

Made by THE SIDNEY POW-ER COMPANY, Bidney, Oregon. Made for family use. Ask your grocer for it. Bran and shorts always on hand.

P. B. Wallace AGENT

# MARKET QUOTA-TIONS TODAY

"Make Salem a Good Home Market."

Poultry-at Steiner's Market. Eggs-Per dozen, 30c. Hons-81/2c. Frys-814c. Ducks-9c.

Poultry, Eggs, Etc. Eggs-Per dozen, 30c, Butter, retall-35e. Hens-81/2c. Frys-Sc.

Fruits, Vegetabres, Etc. Potatoes-25e. Onions-11/4 c. Apples-85c per bushel. Carrots-85e per bushel. Beets-35c per bushel. Pears-\$1.00 per ewt.

Tropical Fruits. Bananas-51/2c Ib. Oranges-\$4.00. Lemons-\$4.50@\$5.00. Live Stock Market.

Bteers-214c.

Cows-11/4@2c. Sheep-4c. Dressed veal-6c. Fat hogs-5%c. Grain, Feed.

Baled Clover-\$7.00@\$7.50. Cheat-\$6.50@\$7. Timothy-\$9@\$9.50, Grain-\$7@\$7.50. Bran-#22. Bhorte-\$23.

Butter and Cream. By Commercial Cream Co Butter-321/c. Butter fat-30e at station.

Flour, wholesale-\$3.75 per barrel Flour, retail-\$1.05 per sack.

Portland Market. Wheat, Club-75@76e. Valley-73@75e Bluestem-76@77c. Oats-Choice White, \$25@\$25.50. Millstuff-Bran, \$18, Hay-Timothy-\$11@\$15.

Potatoes-50@70e. Poultry-Average old hens, 11@13e; young roosters, 10@11c; springs, 11%@ 13%e; dressed chickens 12@14c; turkeys, live, 17@19c; turkeys, dressed, choice, 200223c; geese, live, per pound, had cut it from a bush in Runkhorn's 8@9c; geese, dressed, per pound, 10@ berry patch, on the west side of the |11e; ducks, 14@141/c;; pigeons, \$1@

Pork-Dressed, 66071/2c. Beef-Dressed, 1@41/2c. Mutton-Dressed, 6%@7%c.

Wool-1905 elip, valley, coarse to medium, 25@27c; Eastern Oregon,

19@21e. Mohair-Nominal, 30e. Butter-Fancy creamery, 30@3214c;

store, 16@16%c.

#### FOR SALE.

Four-room cottage, Morningside addition. Plastered walls, lot 50 by 150. Just the place for small family. Will sell for each or easy payments. Price, \$550. Stop paying real, own your own home. Address C. M. Lockwood, 214 N. Commercial st., Salem, Oregon.

HOLLISTER'S Rocky Mountain Tea Nuggets A Busy Medicine for Busy People. Brings Golden Health and Renewed Vigor.

GOLDEN MUSGETS FOR SALLOW PEOP -

#### U. J. LEHMAN

Sash and doors. All kinds of house finishing. 'Phone 131 black. Also two floors of warehouse for cent; elevator and switching facilities.



#### Good Pork Weather

Comes with Nevember, and we have Itching Piles produce moisture and some fine specimens of choice pork, hams, bacon and pork products of all kinds, that will be toothsome these cold mornings with your buckwheat cakes. Delicious fresh hams shoulders and loins for reasting will restrict the shoulders and loins for reasting with your buckwheat cakes. loins, for roasting will prove a treat, sorbs tumors. 50e a jar at druggists, For Thanksgiving we will have cute little sucking pigs for roasting, juicy, luscious and tender.

E. C. CROSS. State Street Market. Phone 291

# OREGON

SHORT LINE AND UNION PACIFIC

Three Trains to the East Dally, Through Pullman standard and tourist sleeping cars daily to Olympia Chicage, Spokane; touriet alceping cars daily to Kansas City; through Pullman tourist sleeping cars (pm. sonally conducted) weekly to Chies. go; reclining chair cars (seats free)

to the East dully. O HOURS 70

No Change of Cons		
DEPART	TIME SCHEDULES From Portland, Or.	ARRIVA FROM
g 15 a. m	Salt Lake, Denver, Ft. Worth, Omaha, Kansas City, St. Louis, Chicago and East.	1212
Atlantio Express 8:16 p. m., via Hont- logiou	Salt Lake, Denver Ft. Worth, Omaha, Kansaa City, St. Louis, Unicago and East.	7:15 a, g
St. Pani Past Mail 6 1/ r. 22. Via Spokane	Walls Walls, Lewiston, spokane, Wallsce, Pullman, Minnespotts at Paul, Duluth, Milwauke-Chicago, and Rast.	8: A N

Ocean and River Schedule, For San Francisco-Every five day at 8 p. m. For Astoria, way points and North Bench-Daily (except Busday) at 8 p. m.; Saturday at 10 p. m. Daily service (water permitting) on Willamette and Yamhill rivers.

For fuller information ask or write your nearest ticket agent, or A. L. CHAIG.

General Passenger Agent. The Oregon Bailroad & Navigation Co., Portland, Oregen.

WINTER BATES TO YAQUINA BAY

Oregon's Greatest Recreation and Health Resort at the Newport Beaches,

As a winter health and recreation resort Newport is the one par small lence. Recognizing this, and wishing to give the people an opportunity to breathe the fresh, pure ozone of the ocean, the Southern Pacific and Orvallie and Eastern railroads will resume the sale of tickets through te Yaquina bay Saturday, October II, and will sell same throughout the winter and spring on every

Wednesday and Saturday.

The rates will be the same as duing the summer and will be good for return 30 days from date of sale. Dr. Minthorn's Sanitary Sea Baths will be in operation during the entire winter, and treatments will be gives daily. Hot and cold salt water baths can be taken every day in the santarium, and for anyone desiring rest, recreation and health, no place on the Pacific Northwest can be found equal to Yaquina bay.

Other Health Resorts Closed. During the winter nearly all other health resorts are closed or difficult to reach, and none of them have the

advantages of Newpert and vicinity as regards climate, points of interest, recreation and amusement. For parties desiring to enjoy fishing, hunting, or seeing the ocean in sunshine and storm this famous resort is unequaled. The surroundings are ideal-beautiful seesery, climate mild, healthful and isvigorating.

Cottage and Rent Cheap. Neat clean cottages, either furnished

or partly so, can be rented in the immediate neighborhood of the sanitary baths at about \$5 per month. Plenty of fresh milk, vegetables, honey, fruit. and all household necessities can be obtained at the lowest possible cost, while all kinds of fish and the famous rock oysters can be had in abundance for the trouble of securing them.

People troubled with the loss of appetite, insomnia, rheumatism or rus down from any cause, will find Newport an ideal place to regain their health and vigor, or for rest and please

Full information as to rates, checking of baggage, etc., can be obtained from any S. P. or C. E. agent, or from A. L. Craig, general passenger agent S. P. Co., Portland; of J. C. Maye, general passenger agent C. & E., Ak bany, Oregon.

Rates from Salem to Yaquina, \$4.50

Sure Cure for Piles.

cause itching, this form, as well as Blind, Bleeding or Protrucing Piles or sent by mail. Treatise free, Write me about your case. Dr. Bosanko, Phila., Pa.