

# A HEALTHY FAMILY



Is the one that can rightfully boast of pure blood. When the rich, red wine of life is coursing through the veins it imparts vigor and strength to the body and healthy action to all parts of the system. A healthy family is a wealthy family; it may be poor in worldly goods, but possessed of a priceless jewel that all the riches of earth cannot buy. A healthy family may not carry in their veins the blood of titled nobles or distinguished ancestors, but vigorous health is always an evidence of the best and purest blood, for the vital fluid contains all material necessary for the making of bone and muscle and the growth and development of the body, and upon its purity rests our chances for good health. When the body is fed upon weak, sickly blood the system languishes, growth is stunted, disease enters without hindrance, and the simplest maladies are apt to develop into serious sickness. In so many ways does the blood become contaminated that the fewest number succeed in keeping this life-giving, health-sustaining fluid in a pure and natural state. We inherit the disease-tainted blood of ancestors, parents transmit to their children such impoverished and weak blood that their lives are a continuous battle against disease, and from earliest infancy are harassed by sores and the most dreadful skin eruptions, and heirs to some old family disease. No one has a right to throw upon the shoulders of posterity a disease that might have been cured, or allow the blood to remain impure without an effort to restore it to health. Rheumatism, Catarrh, Scrofula and many of the severer forms of skin diseases are frequently inherited, and only the most thorough constitutional treatment can remove them. Bad blood is responsible for more ill health than all other causes combined; it absorbs the poisons that gather in the system, and the germs and microbes floating in the air find their way into the circulation, and old sores and ulcers, Eczema, Boils, Malaria and a long train of other diseases follow.

If you do not come of a strong and vigorous family and your blood shows evidence of impurity, nothing will so quickly bring it back to a healthy condition as S. S. S., the most widely known and popular blood remedy on the market. It purifies and builds up weak, sluggish blood and stimulates the circulation, and thus rids the system of impurities. S. S. S. contains tonic as well as blood purifying properties, and builds up the general health, improves the appetite and digestion, and tones up the nerves while ridding the blood of all poisons and humors. Nothing reaches old chronic blood troubles like S. S. S., and being a strictly vegetable remedy can be taken by old and young without any bad after effects or injury to the system. As a blood purifier and tonic at this season S. S. S. has no superior. It puts the blood in good order, removes all poisonous accumulations, invigorates all parts of the system and prevents that debilitated, tired feeling common to this time of year. Keeping the blood healthy is the secret of all healthy families. Write us if in need of medical advice, which our physicians will furnish free of charge. Book on the blood and its diseases mailed free.



Some ten years ago I used your S. S. S. with the most satisfactory results. From childhood up I had been bothered with bad blood, characterized by skin eruptions and boils, especially bad in the summer. For five or six summers I had boils ranging from five to twenty in number each season. Our local physicians prescribed for me, but nothing they gave me did away with the annoying skin eruptions or prevented the boils from appearing. The burning accompanying the eruption was terrible, and I had as high as six boils at one time. My condition was truly a pitiable one when I began S. S. S. It seemed to be just the medicine needed in my case. It drove out all impurities and bad blood and restored the circulation to its original strength and purity, giving me permanent relief from the skin eruption and boils. This has been ten years ago and I have never had a return of the disease. I would state also that my husband has taken it with good results.

NEWARK, OHIO, MAY 23, 1905.  
MRS. J. D. ATHERTON.

**A Call Back to Boyhood.**  
Maybe you think now you will not go to the circus, but the chances are you will. There's no getting around the fact that it will be hot and stuffy in the 'big top.' It is true that a trip of carpet doesn't make a very effective cushion for hard board. Two hours is a long time to sit, even in 'reserved



**THERE'S A CONTRAST**  
In style and comfort between laundry work which is well done and that which is not. Hot weather especially makes this contrast felt. Work sent to the Salem Steam Laundry is always well done. The finish is perfect; no damage to goods. Orders called for and delivered. Your address on a postal card brings the wagon.  
Rough dry 5c per pound.

**Salem Steam Laundry**  
CORONEL J. OLMSTED, Prop.  
DOROUS D. OLMSTED, Manager.  
230 Liberty Street. Phone 411  
Leave orders in Dallas with J. J. Fidler, or at the Boy Confectionery Store

**HOLLISTER'S Rocky Mountain Tea Nuggets**  
A Day's Medicine for Busy People.  
Brings Golden Health and Renewed Vigor.  
A cure for Constipation, Indigestion, Live and Nervous Troubles, Pimples, Rosacea, Impure Blood, Bad Breath, Stomach Disorders, Headache and Backache. It's Rocky Mountain Tea in tablet form, 25 cents a box. Genuine made by HOLLISTER'S DRUG COMPANY, Madison, Wis.  
GOLDEN NUGGETS FOR SALLOW PEOPLE

**U. J. LEHMAN**  
Bath and doors. All kinds of house finishing. Phone 131 black. Also two sets of warehouse for rent; elevator and switching facilities.

seat," with an alleged back, and rub elbows with other sweltering mortals. And the performance is likely to be very similar to the one you saw last year. It's all right for mother and the children to go if they enjoy that sort of thing. They can go with the neighbors and you devoutly hope they'll have a good time.

That's about the way you feel this morning isn't it, staid man of business? But you haven't yet got a whiff of the circus day atmosphere.

Wait till you get down town and see what an early start our friends from the country have made on what is to be a solid day of enjoyment. Wait till you bump into the man with the red and blue balloons, the man with the lemo and the man with the wienies. Wait till the sound of the band draws you to the window and holds you there while the glittering gorgeousness of the parade goes by. That's the time that many sensible resolutions on the circus proposition go to pave the hot place. The whole business is a call back to boyhood. It is a call that always thrills. Wow! Just listen to the callope.

One can almost see you hastening home to lunch and telling the folks that the crowd is going to be so big that you guess you'll have to go along and look after the children yourself. And it will not hurt you either.—Sioux City Journal.



Nathan C. Schaefer, the new president of the National Educational association.



Consuelo, Dowager Duchess of Manchester, who occupies a royal lodge. King Edward has again manifested his regard for the duchess by giving her the use for a period of White Lodge, in Richmond Park.

**Grown Sky.**  
"Why don't you try to win the confidence of the people?"  
"Not now," said Senator Sorghum.  
"The people have been gold-bricked so much of late years that every time they see a man trying to make himself agreeable they get suspicious."—Washington Star.

**Notice to Taxpayers.**  
The board of equalization for Marion county, Oregon, will meet at the office of the county clerk Monday, August 28th, 1905, and publicly examine the assessment roll for the year 1905, and correct all errors in valuation, description or qualities of land, lots or other property.

All parties interested are requested to appear and examine their assessments for the year 1905, and have all errors corrected by said board if any there be.

FRED J. RICE,  
Assessor of Marion county, Or.  
Salem, Oregon, August 1st, 1905.

## PERSONALS

Dr. E. A. Pierce is a Portland visitor today.  
W. H. Steusloff was in Albany yesterday.  
Miss Jennie Goode went to Portland this morning.  
L. R. Stinson was a passenger for Portland last evening.  
James and John Albert were Chemawa visitors last evening.  
George Patterson and wife left last evening for San Francisco.  
Miss Hallie Thomas, came down from Turner yesterday afternoon.  
Roy Bishop, of the Kay woolen mills, went to Portland yesterday.  
C. D. Gabrielson and family have returned from an outing at Melama.  
Watt Shipp, the Salem cyclist, was one of the Portland-bound Elks today.  
F. E. Post and family went to McCoy yesterday for a two weeks' vacation.  
Rev. George Babcock, of Wisconsin, is visiting his mother in this city for a few days.  
Mrs. G. M. Hansen has returned from an extended visit to Portland and the exposition.  
P. F. McGee went to Portland last evening, to take in the sights at the fair for a few days.  
F. J. Miner, of Aberdeen, Wn., is visiting his brother-in-law, Capt. S. B. Ormsby, for a few days.  
Mrs. Eva Beal and son have returned from a short visit to their former home in Forest Grove.  
Prof. James Withycombe, who it is said aspires to be the next governor of Oregon, was in Salem yesterday.  
Rev. W. H. Selleck was among the number attending the commencement exercises at Chemawa last night.  
Mr. and Mrs. T. W. Miles, of Ashland, have returned home after a visit with friends at Portland and this city.  
Perry Jones, R. Rulifson and C. Abrams, guards at the Lewis and Clark fair, returned to their post of duty last night.  
Frank Rineman has returned from a two weeks' outing at Breitenbush Springs. He reports a very pleasant time.  
Mr. Charles Shipp left yesterday for the mountains on the McKenzie river, his favorite hunting and fishing grounds.  
Miss Maud Drake, of Tacoma, who has been visiting with Miss Bertha Mahaffie for the past two weeks, returned to her home today.  
Mr. and Mrs. G. G. Brown, Mr. and Mrs. E. M. LaFore and Miss Sadie Palmer left this morning for a two weeks' outing at Cascadia.  
Mrs. D. B. Mackie, of Portland and the Misses Weyer, of Elmira, New York, are at the home of Mrs. Mackie's mother, Mrs. Hughes.  
F. W. Durbin, Ray Gilbert and Arthur Benson were among the Elks going to Portland last evening to make the advance preparations for today.  
Chas. Hayden, wife and sister, of Minnesota, who have been at the Mathews' farm, east of the asylum, for several days, started on their return this morning.  
Z. J. Riggs, wife and sister-in-law, Miss Reading, of San Francisco, went to Portland this morning to meet the mother and sister of Mrs. Riggs, who came up from Portland by boat.  
Mr. and Mrs. O. B. Vale, George Whitaker and daughter, Nora; Jesse Johns and Miss Bessie Johns and Mr. and Mrs. Tommy Golden were a South Salem party going to the fair today.  
Between 50 and 100 Salem people took the afternoon overland for Chemawa yesterday to attend the commencement exercises of the Indian school. They returned on the late train last night.  
Mr. and Mrs. W. H. Campbell, of Campbell, Neb., have stopped off in Salem while on their way to the fair to visit with old friends and neighbors for a few days. They are the guests of C. E. Budlong, on East State street.  
Miss Musa Gear, who has been spending the summer at the parental home in the Waldo Hills and Newport, started on her return to New York last evening. She will spend another month resting on the farm of a friend up the Hudson before resuming her newspaper work.

## MARKET QUOTATIONS TODAY

"Make Salem a Good Home Market."

**Poultry—at Steiner's Market.**  
Eggs—Per dozen, 20c.  
Ducks—11@12c.  
Hens—9@10c.  
Frys—12c.

**Baker, Lawrence & Baker.**  
Eggs—Per dozen, 20c.

**Fruits, Vegetables, Etc.**  
Potatoes—25@30c.  
Onions—1 1/2c.

**Tropical Fruits.**  
Bananas—5 1/2c lb.  
Oranges—\$4.50@45.00.  
Lemons—\$5.50@45.00.

**Live Stock Market.**  
Steers—2 1/2c.  
Cows—1 1/2@2c.  
Sheep—4c.  
Dressed veal—6c.  
Fat hogs—5 1/2c.  
Baled Clover—\$7.00@7.50.  
Cheat—\$7.  
Timothy—\$9@49.50.  
Grain—\$7@47.50.  
Bran—\$22.50.  
Shorts—\$24.50.

**Eggs, Butter and Cream.**  
By Commercial Cream Co.  
Butter—25c.  
Butter fat—27 1/2c at station.  
Grain, Hops and Flour.  
Oats—Choice white, \$1.0.  
Barley—\$19@20.  
Flour—\$3.95.  
Wheat—67 1/2@70c.

**Portland Market.**  
Wheat—Walla Walls, 85@84c.  
Valley—85@87c.  
Flour—Valley, straights, \$4.10; Graham, \$4.00.  
Hay, Feed, Etc.  
Baled Cheat—\$10.  
Oats—Choice white, \$1.35@1.40.  
Millstuff—Bran, \$19.00.  
Hay—Timothy, \$13.00.  
Potatoes—\$1.15@1.20.  
Poultry—Chickens, mixed, 12 1/2@13c; per lb; hens, 13c per lb; roosters, old, 10c per lb; fryers, 22c per lb; ducks, \$4.00@9.00 per doz.; geese 8@9c per lb; turkeys, 17@18c per lb; dressed, 20@21 1/2c per lb; squabs, \$2.50@3.00 per doz.  
Pork—Dressed, 7 1/2@8c.  
Beef—Dressed, 2 1/2@5c.  
Veal—5@8c.  
Mutton—Dressed, 6 1/2@7 1/2c.  
Hops—Contract, 1905, 16c; 1904 crop, 25c for choice; 23@24c for primes and mediums.  
Wool—1905 clip, valley, coarse to medium, 24 1/2@25 1/2c; fine, 26 1/2@28c; Eastern Oregon, 19@23 1/2c.  
Mohair—Nominal, 30@31c.  
Butter—Fancy creamery, 20@21 1/2c; dairy, 14 1/2@17c; store, 15@16c.

## REDUCED EXCURSION RATES.

To the Seaside and Mountain Resorts for the Summer Vacations.  
On and after June 1, 1905, the Southern Pacific, in connection with the Corvallis & Eastern railroad will have on sale round trip tickets from points on their lines to Newport, Yaquina and Detroit at very low rates, good for return until October 10, 1905.  
Three day tickets to Newport and Yaquina, good going Saturdays and returning Mondays are also on sale from all east side points Portland to Eugene inclusive, and from all west side points, enabling people to visit their families and spend Sunday at the seaside.  
Season tickets from all east side points Portland to Eugene inclusive, and from all west side points are also on sale to Detroit at very low rates with stop over privileges at Mill City or any point east enabling tourists to visit the Santiam and Breitenbush Hot Springs in the Cascade mountains, which can be reached in one day.  
Season tickets will be good for return from all points until October 10. Three day tickets will be good going Saturdays and returning Mondays only. Tickets from Portland and vicinity will be good for return via the east or west side at option of passenger. Tickets from Eugene and vicinity will be good going via the Lebanon Springfield branch, if desired. Baggage on Newport tickets checked through to Newport; on Yaquina tickets to Yaquina only.  
S. P. trains connect with the Q. & E. at Albany and Corvallis for Yaquina and Newport. Trains on the C. & E. for Detroit will leave Albany at 7:30 a. m., enabling tourists to the Hot Springs to reach there the same day. Trains from and to Corvallis connect with all east side trains on the S. P.  
Full information as to rates, time tables, etc., can be obtained on application to J. Mayo, Gen. Pass. Agt., & E. B. B., Albany; W. E. Coman, G. P. A., S. P. Co., Portland or to any S. P. or Q. & E. agent.  
Rate from Salem to Newport \$5.00.  
Rate from Salem to Yaquina \$4.50.  
Rate from Salem to Detroit \$3.60.  
Three-day rate from Salem to Yaquina or Newport \$3.00. 6-1-1f



**UNION PACIFIC**  
Three Trains to the East Daily.  
Through Pullman standard and tourist sleeping cars daily to Olympia, Chicago, Spokane; tourist sleeping cars daily to Kansas City; through Pullman tourist sleeping cars (personally conducted) weekly to Chicago; reclining chair cars (seats free) to the East daily.

## 70 HOURS PORTLAND TO CHICAGO

DEPART FOR	TIME SCHEDULES From Portland, Or.	ARRIVE FROM
Chicago Special 9:15 a. m. via Huntington	Salt Lake, Denver, Ft. Worth, Omaha, Kansas City, St. Louis, Chicago and East	5:25 p. m.
Atlantic Express 8:15 p. m. via Huntington	Salt Lake, Denver, Ft. Worth, Omaha, Kansas City, St. Louis, Chicago and East	7:15 a. m.
St. Paul Fast Mail 8:15 p. m. via Spokane	Walla Walla, Lewiston, Spokane, Wallace, Pullman, Minneapolis, St. Paul, Detroit, Milwaukee, Chicago, and East	8: a. m.

**Ocean and River Schedule.**  
For San Francisco—Every five days at 8 p. m. For Astoria, way points and North Beach—Daily (except Sunday) at 8 p. m.; Saturday at 10 p. m. Daily service (water permitting) on Willamette and Yamhill rivers.  
For fuller information ask or write your nearest ticket agent, or  
A. L. CRAIG,  
General Passenger Agent,  
The Oregon Railroad & Navigation Co., Portland, Oregon.

## CORVALLIS & EASTERN RAILROAD

**TIME CARD N. & E.**

**No 2 for Yaquina—**  
Leaves Albany ..... 12:45 P.M.  
Leaves Corvallis ..... 1:45 P.M.  
Arrives Yaquina ..... 5:45 P.M.

**No. 1 Returning—**  
Leaves Yaquina ..... 7:15 A.M.  
Leaves Corvallis ..... 11:30 A.M.  
Arrives Albany ..... 12:15 P.M.

**No. 3 for Albany-Detroit—**  
Leaves Albany for Detroit 7:30 A.M.  
Arrives Detroit ..... 12:30 P.M.

**No 4 from Detroit—**  
Leaves Detroit ..... 1:30 P.M.  
Arrives Albany ..... 6:30 P.M.

**No. 5 for Albany—**  
Leaves Corvallis ..... 6:30 A.M.  
Arrives Albany ..... 7:10 A.M.

**No. 6 for Corvallis—**  
Leaves Albany ..... 2:40 P.M.  
Arrives Corvallis ..... 3:20 P.M.

**No. 7 for Albany—**  
Leaves Corvallis ..... 6:00 P.M.  
Arrives Albany ..... 6:40 P.M.

**No. 8 for Corvallis—**  
Leaves Albany ..... 9:15 P.M.  
Arrives Corvallis ..... 9:55 P.M.

Train No. 1 arrives in Albany in time to connect with the S. P. southbound train.  
Train No. 2 connects with the S. P. trains at Corvallis and Albany, giving direct service to Newport and adjacent beaches.  
Train No. 3 leaves Albany for Detroit at 7:30 a. m., arriving there in ample time to reach the Breitenbush hot springs the same day.  
Train No. 4 between Albany and Detroit connects with the Eugene local at Albany, also with local from Corvallis.  
Train No. 5 leaves Corvallis at 6:30 a. m., arrives at Albany 7:10 a. m., in time to catch Eugene local to Portland and train to Detroit.  
Train No. 6 leaves Albany for Corvallis at 2:40 p. m., after the arrival of S. P. northbound overland.  
Train No. 7 leaves Corvallis at 6:00 p. m., arrives in Albany at 6:40 p. m. in time to connect with the local for Eugene and way points.  
Train No. 8 leaves Albany for Corvallis at 9:15 p. m., after the arrival of the S. P. local from Portland.  
For further information apply to  
J. C. MAYO, Gen. Pass. Agt.  
T. COCKERELL, Agent, Albany.  
H. H. CRONISE, Agent, Corvallis.

**Hue Wing Sang Co**  
All kinds of fancy Dry Goods, Silks, Embroideries, Laces, Make up new line Gents' and Ladies' Furnishing Goods, Suits, Wrappers, Shirts, White Underwear. Sale cheap. Court street, Salem, Oregon. Phone Black 2155. 244 Court St., corner alley.

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WAGONMAKER AND BLACKSMITH  
All kinds of repair work. Good rigs and gentle horses for hire.  
701 Center Street, Salem.