

# DRAGGING

down pains are a symptom of the most serious trouble which can attack a woman, viz: falling of the womb. With this, generally, come irregular, painful, scanty or profuse periods, wasteful, weakening drains, dreadful backache, headache, nervousness, dizziness, irritability, tired feeling, inability to walk, loss of appetite, color and beauty. The cure is

## WINE OF CARDUI

### THE FEMALE REGULATOR,

that marvelous, curative extract, or natural wine, of herbs, which exerts such a wonderful, strengthening influence on all female organs. Cardui relieves pain, regulates the menses, stops drains and stimulates the womb muscles to pull the womb up into place.

It is a sure and permanent cure for all female complaints.

#### WRITE US A LETTER

Put aside all timidity and write us freely and frankly, in strictest confidence, telling us all your symptoms and troubles. We will send free advice (in plain, sealed envelope), how to cure them. Address: Ladies' Advisory Dept., The Chattanooga Medicine Co., Chattanooga, Tenn.

#### "I SUFFERED AWFUL PAIN

in my womb and ovaries," writes Mrs. Naomi Baker, of Webster Grove, Mo. "Also in my right and left sides, and my menses were very painful and irregular. Since taking Cardui, I feel like a new woman, and do not suffer as I did. It is the best medicine I ever had in my house."

## MUNICIPAL OWNERSHIP

Municipal ownership of waterworks and other public utilities means that whatever profits is earned goes to the people, and not to swell the fortune of private individuals or corporations. Oregon City is a town in point. The water plant there cost the city \$75,000 and there is a net profit now of about \$3,000 per year, and the debt on the works is already reduced to \$23,000 and is being swiftly paid off from the surplus income. Another case is that of Goldendale. The city was bonded in 1890 for \$10,000 to install a system of water works, and since that time improvements have been added to the amount of \$12,000, making a total amount of \$22,000 invested. Up to about two years ago the water was furnished by Hess & Cooper for \$12,000 per year, but at that time the city bought the pipe line at a cost of \$6,000, and now the city owns all its water system.

The revenue received by the city on the water is \$5,400 per year and the cost of maintaining the same is but \$4,800, or in other words, the system is paying about 22 per cent on the capital invested. The Sherman County Observer says: The Dalles has a bonded indebtedness of \$72,000 for the city water plant. The bonds come due in about seven years. Of this amount, \$52,000 for the first issue. Sufficient funds are now on hand to meet the payment due. Interest on this fund offsets the interest paid to the bondholders. A sinking fund is also rapidly accumulating for the latter issue of \$20,000, made a few years ago for an extension of the system. When the bonds are due payment will be made in full. The revenue from the water plant is \$1,700 a month in summer, and about \$1,500 a month in winter. Two men are employed to look after the system, at a salary of \$65 per month each. This, together with expense for repairs, leaves the city \$200 a month to place in the sinking fund. In a few years The Dalles will have a handsome income for all city expenses paid directly by the municipal water plant.—Corvallis Times.

"Wizard" Burbank Busy. The thousands of varieties of potatoes which were planted some time ago in Luther Burbank's experimental grounds, from which Mr. Burbank will carefully select specimens with the idea of producing a potato that will revolutionize the tuberworld, are all making rapid growth, says the San Francisco Examiner. It will not be until digging time comes that the selections will be made. Then hundreds of the potatoes will be discarded. Only a small percentage of the tubers will

## The Habit of Health

Many people have a habit of ailing. How much better it would be to learn to keep well. For health, after all, is largely a matter of habit, which all may acquire with a little practice.

## BEECHAM'S PILLS

teach good habits to Stomach, Liver, Kidneys and Bowels. If you are subject to Bilious Attacks, suffer from Constipation or are troubled with Indigestion, Nervousness or Headache, Beecham's Pills will reform all these bad habits and set an example of good health, which the body will quickly follow. You can break up all sickly habits by occasionally using the health suggestions transmitted by Beecham's Pills.

Sold Everywhere in Boxes. 10c and 25c.

## INDIAN SCHOOL CLOSING

### Salem Training School Has Excellent Programs--Notes on Commencement Day

There was a large attendance of Salem people at the graduating exercises of the Salem Indian Training School at Chemawa Tuesday afternoon and evening, and all were highly pleased.

Superintendent Chalcraft, superintendent in charge of the Salem Indian school, has been in the service 22 years. Of this time he was 13 years at the Chehalis agency and Puyallup school. Then he came to the Salem school, retired from the service awhile, was four years supervisor of Indian schools, and then returned to Salem on Superintendent Potter's resignation.

Assistant Superintendent Campbell has been in the Indian service since 1881. He started on his official career in Carlisle, Pa., the mother of all modern Indian Training schools; was superintendent at Sisseton, S. Dak., transferred to the Wind River school, Shoshone reservation, Wyoming, then to Warm Springs, and thence to Salem.

Disciplinarian David E. Brewer has been reared in the Indian educational work. He was born an Indian near Tacoma, was officer at Forest Grove, and came with the school when it was located where it now is near Salem. He was detailed to take possession of the grounds before the first blow was struck on a building. For three years he has been living at his home near Tacoma, and on June 6th resumed his position at Chemawa.

Among the visitors on commencement day were several old pioneers, who gave most interesting reminiscences of their first visits to Chemawa. W. D. Claggett, whose old home place joins Chemawa on the west, has killed deer on nearly every acre of the site of the government school. He was first on the grounds 53 years ago this fall, and pointed to a little rise of ground on which the great water tank now stands where he killed two deer standing on one log. He did not say whether he stood on the one log or the deer. In those days when one met as many Indians as whites the white man saluted: "Klaheim." The Indian replied: "Ka mika clatawa." Good day. Where are you going? Both races were obliged to employ the jargon for intercourse. It was more necessary for the whites to speak Indian than for the Indians to speak white. John Minto, who was at the forenoon exercises, rode his pony over the site of this government school in 1845, or sixty years ago, from the Salem hills to St. Paul. The country was heavily timbered and there were more Indians than whites. Chemawa, as it was then pronounced, was four miles northwest on a bench of land, just above the river bottom. His salutation when he met an Indian was: "Klaheim, six." His Indian replied: "Nawitka," or "Klaheim, nawitka." Good day, friend. Good day, certainly. Of course the Indians of those days are gone. The missionary, civilization, whiskey and other concomitants of progress have wiped the red man of pioneerhood out of existence. His descendants are here to the third and fourth generation, with most generous representation of white blood. The Indian who slouched through the forest with panther tread to stalk his deer with bow and arrow or even elopier spear throw, is represented by the manly, upright figures of educated boys and girls. The only Indian gait left is on some little fellows right off the reservation. The rest walk "white." The general appearance and health of the boys and girls is excellent. They have bright eyes and happy faces, walk with jaunty and snappy step, are well fed and well clothed, as well they may be on an allowance of \$167 per capita, and all the comforts of government homes. There are about 500 children here, more than half of more or less white parentage, and 60 to 65 employes, mostly white. Excepting an epidemic of measles last winter, with one fatality, there is almost no hospital record to speak of. Good drainage, septic sewerage, plenty of good water, vegetables and fruit have done their work.

The Field Sports. Before a very large crowd and amid most beautiful weather, the following events were pulled off, Assistant Superintendent Campbell time keeper, Farrow starter, Woods clerk, Brewer marshal: Hurdle race, 120 yards: Silas Moon, 1st; Maselle William, 2d; time, 19 seconds. Second hurdle: Theo. McCulley, 1st; Martin Simpson, 2d; time, 16 seconds.

Third hurdle: Silas Moon, 1st; Theo. McCulley, 2d; time, 17 seconds. Running 100 yard dash: James Smith, 1st; Levi Soeter, 2d; Joe Jurado, 3d; time, 10 seconds. Pole vault: Merl Poland, 9 feet, 6 inches; Silas Moon, 9 feet 5 inches; Oswald Wiggins, 9 feet 3 inches. Running, 220 yard dash: Jim Smith first, Joseph Jurado second, Levi Loster third; time 24 seconds. Running high jump: Oswald Wiggins 4 feet 9 inches, Asa Bagnell 4 feet 7 inches, Merl Poland 4 feet 6 inches, Charles Bolton 4 feet 6 inches. Running, 440 yards: Peter Casey first, Levi Loster second, Theo McCulley, H. Quappum; time 59 1/2 seconds. Shot put: Jim Smith 34 feet 6 inches, 34 feet 3 inches; Silas Moon 30 feet 7 inches, 31 feet 8 inches, 30 feet 9 inches; Theo McCulley 26 feet 6 inches, 28 feet 1 inch, 28 feet 1 inch. Mile run: Marselle Willson first, Joe Jurado second, Eugene Williams 3, Frank Rosenberg, Opie Gowdy, Arthur Tyler; time 5 minutes 23 seconds.

The graduating exercises in the afternoon were attended by a large number of Salem people and residents of the suburbs about Chemawa. The program was carried out in the usual creditable manner. All Indian school superintendents excel in some line, and the bright faces of employes and children indicate that Mr. and Mrs. Chalcraft are doing good work that counts in the permanent upbuilding of the educational work entrusted to them.

The brass band has been reorganized by Mr. Teabo, strong man of Chemawa baseball team. He has his players well in hand and they are doing some good team work on the wind instruments. After the band concert and dress parade the evening program was rendered. More of the bright Chemawa boys and girls took part. Mrs. Campbell and Miss Campbell conducting the musical features. The whole concluded with a well presented farce.

Personal Mention. W. C. Price and wife were at the exercises. He was pastor of the Methodist church and at the agency at Blackfoot, Southern Idaho, before locating in Salem four years ago. He bought the Lyons property on the Garden road, and rented a place on State street. Mr. Price expressed himself highly pleased with the excellent quality of the work done in every department of this school.

Riley Ritchie, who has a berry farm between Chemawa and Salem. He grows four acres strawberries, selling 9173 pounds from 12,800 plants. For 7179 pounds he got 34 cents. The rest were sold on the place at \$1 a crate. His total cash from a first year crop, except 4000 plants, was \$316.32.

H. L. Ritchey of Spokane has been visiting his father at Mt. Angel, and his brother near Salem. He left last night for home.

A. Korb was at the Chemawa commencement with his old friend, L. W. Oglevie, and son of Burr Oak, Kansas. They left last night for California to visit relatives. They thought Mr. Korb had done well in coming to Salem last March.

Mrs. Alice Ward and sister, Miss Dora Adams of Illinois, are guests of Mr. and Mrs. L. D. Henry. They witnessed the exercises and praised them very highly.

Grave Trouble Foreseen. It needs but little foresight to tell, that when your stomach and liver are badly affected, grave troubles ahead, unless you take the proper medicine for your disease, as Mrs. John A. Young, of Clay, N. Y., did. She says: "I had neuralgia of the liver and stomach, my heart was weakened, and I could not eat. I was very bad for a long time, but in Electric Bitters I found just what I needed, for they quickly relieved and cured me." Best medicine for weak women. Sold under guarantee by J. C. Perry, Druggist, m, Or., at 50c a bottle.

Proposals for Roofing. Sealed proposals endorsed "Proposals for re-roofing" will be received by the superintendent of the Oregon State Penitentiary for re-roofing the foundry buildings at the Penitentiary (consisting approximately of 460 squares), until August 22, 1905, at 2 o'clock p. m., at the Penitentiary, and then publicly opened.

Specifications can be seen at the office of the Superintendent of the Penitentiary and Pugh & Legg, architects, Salem, Oregon.

Bids must be submitted on forms obtained from the Superintendent.

The board hereby reserves the right to reject and all bids.

C. W. JAMES, Superintendent. Salem, Oregon, August 8, 1905. 8-11-14-16-19

The Southern Pacific company Will sell tickets, Salem to Roswell Springs and return up to and including September 30, 1905, limited to 30 days, rate of \$5.55. 65-1f

CHILDREN CRY FOR FLETCHER'S CASTORIA.

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# Nobody To Blame But Yourself

ALMOST OUR ENTIRE STOCK OF FURNITURE IS OFFERED DURING THE REMAINDER OF AUGUST AT

## From 10 to 35 per Cent Off

THIS GREAT SAVING TO PURCHASERS IS HAVING THE DESIRED EFFECT. OUR INVENTORY, TAKEN AUGUST 1ST, TELLS US WE HAVE TOO MUCH STORED IN OUR BASEMENT, HENCE WE DECIDED TO CLEAR OUT THE SURPLUS BEFORE OUR FALL AND WINTER PURCHASES BEGIN TO ARRIVE. A SINGLE PIECE OF FURNITURE FOR AN ENTIRE HOUSE CAN BE HAD AT THIS GREAT CLEARANCE SALE.

IT IS UP TO YOU. BUY NOW, OR FOREVER REFRAIN FROM SAYING "FURNITURE IS TOO EXPENSIVE."

ALL OUR TENTS WILL BE CLOSED OUT.

## House Furnishing Co

177 Liberty Street.

## Butter Fat 27 1-2

PER POUND AND WE PAY EXPRESS CHARGES.

## Commercial Cream Company

#### Glaring Inconsistency.

The glaring inconsistency between preaching and practice were never better illustrated than when, on "peace day" last week word was received that General Wood had just succeeded in killing 300 Moros in the Philippines. Thus while the people of America were down on their knees praying for "peace," and while school children were being given special instructions against the horrors and brutalities of war and the beauties and beneficence of peace one of our own generals leading an army of our own troops was engaged in killing some people who belonged to us—by right of purchase.

To be sure the need of peace instruction has been fostered by the war between Russia and Japan, and it was the example of these two warring nations that prompted the peace proclamation, and it seems right and proper that the spectacle of war which these two nations are furnishing the world should be used as a great teacher for peace.

The quickness with which enthusiastic peace advocates have seen their opportunity in this respect is commendable. But how about the Philippine beam in our own eye? Is it right or consistent for the American nation to carry on a war against the Filipinos while condemning war between Russia and Japan? Another thing, when the causes of the two wars are studied, are they not fundamentally the same? Russia wants certain territory that Japan wants. If Russia succeeds in getting this territory she may eventually invade Japan and seek to Russianize her. The Philippines claim territory which the United States wants. If the United States is allowed to acquire complete mastery over all this territory, she will either Americanize the Filipino or wipe him from the face of the earth.

According to dispatches these 300 Filipinos which General Wood killed were well armed, which fact lends special significance to a victory that cost only seven lives, and more than warrants the general's eloquent felicitations on the neatness and dispatch with which his troops performed their "dangerous and difficult" task. An eminent student of races of men and international policies, one pecu-

larly fitted to discuss these matters, recently said: "In attempting to transplant the Philippines their social and political institutions, products of the unique conditions of the United States, the Americans show a remarkable blindness to the causes of their own development, for every natural circumstance which has contributed to the growth of a distinctly American civilization is wanting in the Philippine islands."

Great minds may differ on this question, but this nation could certainly afford to be consistent and cease to prate of peace while engaged in active war.—Columbus Press.

#### Agonizing Burns.

Are instantly relieved and perfectly healed by Bucklen's Arnica Salve. C. Rivenbark, Jr., of Norfolk, Va., writes: "I burnt my knee dreadfully; that it blistered all over. Bucklen's Arnica Salve stopped the pain, and healed it without a scar." Also heals all wounds and sores. 25c at J. C. Perry's, Druggist, Salem Oregon.

#### CHILDREN CRY FOR FLETCHER'S CASTORIA.



LIGHT AND DELICIOUS HOME MADE BREAD Is always the kind that rewards the housewife or cook for using the Salem flour. Its always sure to give the utmost satisfaction, and "win golden opinions from all sorts of people" for her skill as a good bread maker. Our superior Salem flour is unexcelled for high quality and fine flavor, and is pure and healthful. SALEM FLOURING MILLS.