

**900 DROPS**

**CASTORIA**

For Infants and Children.

The Kind You Have Always Bought Bears the Signature of *Chas. H. Fletcher*

**CASTORIA**

THE CASTOR COMPANY, NEW YORK CITY.

Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of INFANTS & CHILDREN.

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and Loss of Sleep.

Fac-Simile Signature of *Chas. H. Fletcher* NEW YORK.

ALL DRUGGISTS AND Grocers sell 5 DROPS 15 CENTS.

EXACT COPY OF WRAPPER.

**CASTORIA**

For Infants and Children.

The Kind You Have Always Bought Bears the Signature of *Chas. H. Fletcher*

**CASTORIA**

THE CASTOR COMPANY, NEW YORK CITY.

**TRAIN THEIR FEET**

New York Schools go to the Other Extreme, and Teach Dancing in Schools

Dancing is the latest "exercise" along physical culture lines to be added to the New York public school curriculum.

The Wadleigh high school, the newest and largest of the high schools, having a roll call of nearly 3000, has a dancing class every day in the week for some division, and the casual visitor is struck by the wide awake expressions of the pupils' faces as compared with the dreamy or wandering or tired looks of the children in the class rooms.

The wholesome, athletic young woman instructor is very enthusiastic over the innovation.

"We begin the first year with the merely elementary steps like those any one who has ever attended a dancing school are familiar with—the point step, the change step and the combination as in the polka," she explained with animation. "We have a regular mazurka series, a schottische, the Highland fling, and besides these the advanced pupils learn many of the folk dances, the Irish, Swedish, German, which introduce a number of other steps, many of them with symbolic meaning.

"In seeing these dances and learning them a girl also learns a great deal about the people, the differences in national traits, methods of living and thought, but that is, of course, merely incidental and outside of the regular class work. The course takes only 25 minutes twice a week, not a long time to spend on physical development, surely not enough to cause a hue and cry, and surely not enough to do the girls any harm."

While the girls changed from the mazurka steps to the Highland fling, which gave them an opportunity to use arms and legs with a little more vigor, if not grace, some of the teachers expressed their views on the subject of this feature of educational work.

"It is absurd—the old idea, that education consisted of a certain amount of information concerning arithmetic, geography, spelling and grammar," said one. "The real education is the harmonious development of every part, and our experience with the gymnasium work in the school is that the physical helps the mental very much.

"After the girl has been studying for a while the drill in dancing and with the apparatus helps her, and she goes back to the desk with her blood circulating properly, her brain invigorated, and she takes up the sum she laid down in a discouraged mood with a renewed power of application."

**Sickening Shivering Fits**

of ague and malaria, can be relieved and cured with Electric Bitters. This is a pure, tonic medicine; of especial benefit in malaria, for it exerts a true curative influence on the disease, driving it entirely out of the system. It is much to be preferred to quinine, having none of this drug's bad after-effects. E. S. Munday, of Henrietta, Tex., writes: "My brother was very low with malarial fever and jaundice, till he took Electric Bitters, which saved his life. At J. C. Perry's drug store; price 50c guaranteed."

**Greatly in Demand.**

Nothing is more in demand than a medicine which meets modern requirements for a blood and system cleanser, such as Dr. King's New Life Pills. They are just what you need to cure stomach and liver troubles. Try them. At J. C. Perry's drug store, 25c., guaranteed.

"Gerald, what makes your eyes so red?"

"Are they red, Millie? Then it must be because I didn't sleep well, last night?"

"Are you troubled with insomnia? You ought to take something to cure it."

"But I don't want to be cured of it. I lie awake thinking of you."

It was plain sailing for Gerald after that.

**Oregon Suburban Auto Co.**

Automobile car leaves Willamette Hotel for Independence, week days, at 7 a. m. and 3:30 p. m. Returning leaves Independence at 8:30 and 5 p. m. Sundays leaves Salem at 8 a. m. and 3:30 p. m. Leaves Independence at 9:00 a. m. and 5 p. m. Connects at Independence with motor for Monmouth, Dallas and all points on the West Side. Special for evening parties.

6-17-1f M. F. BALDWIN, Mgr.

**The Southern Pacific Company**

Will sell tickets, Salem to Boswell Springs and return up to and including September 30, 1905, 1905, limited to 30 days, rate of \$5.55.

6-5-1f

**CHILDREN CRY FOR FLETCHER'S CASTORIA.**

**Stories of Places.**

This tale comes from New Caledonia, where a ship was loading up with natives to work in Australia: "There was a man and a girl—a young couple, they seemed. She had a youngster, who began yelling at sight of the boat. 'Can't take that youngster,' the boss shouted. The woman said she wanted to come, too. 'No, we can't ship that squalling little beast. Leave him with his auntie.' There was no auntie in sight. So the Kanaka man, after taking a look around, caught the kiddy by the heels, swung her round like a rabbit, and dashed her head agin a tree. 'She was only a girl, anyway,' he said, and slung her body into the boat and were shipped aboard."

In Norway on paydays saloons are closed and savings banks open until midnight. Servant girls hire for half a year at a time by contract at public registry offices. There is a telegraph box on every street car. One writes the message, puts on the right number of stamps and drops it in the box. Farmers can borrow money from the government at 3 per cent. There are practically no illiterates. The average wage earnings are \$88 a year. There are more reindeer than horses, more sheep than cows.

A Moscow writer, J. Novicow, says, that Russians are among the least cruel people of Europe, instancing in proof that no popular sports of a brutal character, such as cock fights, bull fights, even boxing or pugilism, are ever observed among them; much less is lynch law to be met with.

**Spoiled Her Beauty.**

Harriet Howard, of 209 W. 34th St., New York, at one time had her beauty spoiled with skin trouble. She writes: "I had salt rheum or eczema for years, but nothing would cure it until I used Bucklen's Arnica Salve." A quick and sure healer for cuts, burns and sores. 25c at J. C. Perry's drug store.

**Hacks in Place of Autos.**

The big auto carriage, which is used to carry passengers to and from Independence, is now being overhauled and cleaned up, and when the improvements are completed the machine will be "run to beat thunder," declares Dave Pugh, the chauffeur, who is now running the auto. Mr. Baldwin, manager of the concern, has provided a conveyance for his customers in the way of a hack to carry passengers until the machine is in commission again.

**CHILDREN CRY FOR FLETCHER'S CASTORIA.**

Housekeeper—I cannot understand why your eggs have been so small lately.

Grocer—Nor I. But what can I do?

Housekeeper—Why don't you leave them a little longer in the nest?

**HOLLISTER'S Rocky Mountain Tea Nuggets**

A Bury Medicine for Bury People. Brings Golden Health and Renewed Vigor. A specific for Constipation, Indigestion, Liver and Kidney Troubles, Pimples, Eczema, Impure Blood, Bad Breath, Stomachic Bowels, Headache and Backache. It's Rocky Mountain Tea in tablet form, 95 cents a box. Genuine made by HOLLISTER DRUG COMPANY, Madison, Wis. THE NEW NUGGETS FOR SALLOW BEES.

**BRICK**

Brick furnished in large or small quantities. Pressed brick made to order. Yard on State street, south of penitentiary.

**SALEM BRICK YARD.**

A. A. BURTON, Prop.

**ICE** Call Wagon or Telephone 451 Black

**Buy Coupons and Save Money.**

**Salem Ice Co.**

**Gold Dust Flour**

Made by THE SIDNEY POWELL COMPANY, Sidney, Oregon. Made for family use. Ask your grocer for it. Bran and shorts always on hand.

**P. B. Wallace AGENT**

Edison Photograph Agency. Gasoline Lamps, Mantels, Gasolins. Typewriters, New, Second-Hand, Best. 214 Com' 7 St. Phone Main 401.

**Classified**

**DO YOU WANT TO SELL YOUR FARM?**

Do you want to buy or sell anything?

Here is your opportunity to insert your advertisement in two newspapers for the price of one.

For a limited time all "For Sale," "For Rent," and all "Wanted" ads will be inserted in **The Portland Daily Journal** and **The Capital Journal** for **One Cent a Word.**

The Portland Journal is the best circulated newspaper in Oregon. It goes daily into 22,000 homes and reaches that large army of people who are constantly buying and selling something.

When you go to Portland call at the Journal office and see the largest and best newspaper press in Oregon. It will print, paste, cut and fold papers in four colors with one impression at the rate of 24,000 an hour. Visitors welcome.

The Capital Journal is the leading paper in Oregon outside of Portland, and this combination advertising rates will produce more returns for the small cost than any other in the state.

Send your advertisements to the Capital Journal office and we will send copy to the Portland Journal.

**FOR SALE.**

For Sale.—Seven-room residence, barn, large half block, electric lights, bath, hot and cold city water. E. Hofer, Journal office.

For Sale.—Small dry fir wood, at \$3.25 per cord. Phone Black 2061. T. L. Davidson, Jr., Morningside. 1-20-1f

For Sale.—Two lots, with new house and barn, good improvements. At a bargain. Inquire of Glover & Patton's blacksmith shop, 430 Court street. 5-23-1f

For Sale.—Orders taken for wood, in lots of five or more cords. Salem Steam Laundry. 7-25-1wk

**FOR RENT.**

For Rent.—A seven-room house. Call on A. Schrieber, 424 High street. 6-13-1f

For Rent.—Furnished and unfurnished rooms, also good-sized barn. Inquire of M. A. Dice, 790 Commercial street, three blocks below Marion square. 7-15-1f

**WANTED—FEMALE HELP.**

Wanted.—Chambermaid at the Willamette Hotel. 7-14-1f

**MISCELLANEOUS.**

Shirt Waists and Summer Gowns—Made in the best style and workmanship. Terms reasonable. Address or call on Mrs. H. Milner, 20th and Center streets. 5-29-1f

Lost.—On along road, about a week ago, a pair of single buggy lines and part of bridle—cause runaway. Finder return to Journal office for reward. 7-26-3\*

The Tillson Co.—Dealers in chopped feed, seed bran, hay, flour dried fruit, etc. High street, adjoining opera house. 6-1-7f.

Strawberry Crates—Tin tops and hallocks at lowest prices. Capital Commission Co. Phone Main 2231, opposite Willamette Hotel, Salem, Oregon.

Salem Iron Works—Founders, machinists and blacksmiths. Manufacturers of all kinds of sawmill machinery. Hop and fruit drying stoves, etc. Manufacturers of the O. K. Grubber. Shand & Marcus. 11-29-1m

Hotel Scott—Newly furnished, everything clean and first class. Rooms at reasonable prices. In Cottle block, Salem. A. Scott, prop. 7-6-1f.

Say—Have you tried H. H. Pauls for meats? He has the best sausage in town. Come and try it, and be convinced. 410 East State street.

Davey & Savage.—Real Estate, Loans and Insurance, Conveyancing and Examining Titles. Notary work done. Bring us list of your property for sale, 492 State street, near High. 3-8-1f

Lost.—Lady's leather purse, containing small purse with some gold and silver coins, eye glasses and other valuables. Finder please leave at Journal office and receive reward. 7-24-1wk

Commercial Cream Co. 9-13-1f

We Are—Now paying 16c for eggs.

**WANTED.**

Wanted.—Man for outside work, at Willamette Hotel; steady job. 7-26-3f

**OSTEOPATHS.**

Osteopath—Dr. W. L. Mercer, graduate of the American School of Osteopathy, Kirksville, Mo. Office Breyman building, Commercial street. Rooms 25 and 26. Phone Red 2413. New residence, 419 North Summer street. Phone 323 Red. 6-10-1f

**PHYSICIAN AND SURGEON**

Dr. E. C. Dalton—Physician and Surgeon, Rooms 12-13 Bush Bank building. Phone Main 761. Residence Willamette Hotel. Phone Main 2601. 7-26-1f

**BAKERS.**

Capital Bakery—Ulton & Rutherford, proprietors, 125 Court street. Fresh bread, pies and cakes daily. Macaroni, lady fingers, angel and devil's food cake, candies, nuts, etc. Deliveries made to any part of the city. Phone White 321. 5-1-1f

**CLEANING AND DYE WORK.**

CALL ON YOUR STEPMOTHER AT the Salem Dye Works when you want your clothes cleaned, dyed, repaired or pressed, reined, velvet collars on; also suit pressed by the month. You can get anything cleaned, from a pair of gloves to the most elaborate silk gown. Mrs. C. H. Walker, Prop., 195 Commercial street.

**FASH AND DOOR FACTORIES.**

Frank M. Brown—Manufacturer of sash, doors, mouldings. All kinds of house finish and hardwood work. Front street between State and Court.

A. M. Hanson—Manufacturer of all kinds sash, doors, mouldings, wood work, house finish and office fixtures. Estimates furnished. Cor. Mill and Church street. Phone Red 211.

**ARCHITECT.**

W. D. Fugh—Architect and superintendent, plans furnished for all classes of building and structural work. Office 116 State street, Tlign block, Salem, Oregon.

**DRAYMEN.**

White & Cummins, do a general dray and transfer business, meet all trains. Phones, down town, Main 2181, residences, Blue 15, red 2076. Stand 218 Commercial street 9-13-1m

**LODGES.**

Salem Camp, No. 118, Woodmen of the World—Meets in Holman Hall every Friday at 7:30 p. m. L. R. Stinson, consul; P. L. Fraser, clerk.

Foresters of America—Court Sherwood Foresters No. 19. Meets Friday in Turner block. Ira Jorgensen, C. R.; A. L. Brown, Sec.

**Central Lodge No. 18, K. of P.—**Castle Hall in Holman block, corner State and Liberty streets. Tuesday of each week at 7:30 p. m. T. J. Cronise, C. C.; W. L. Staley, K. of R. and S.

Modern Woodmen of America—Oregon Cedar Camp, No. 5246. Meets every Thursday evening at 8 o'clock, Holman Hall. E. E. Matten, V. C.; A. L. Brown, Clerk.

**WATER COMPANY.**

**SALEM WATER COMPANY** OFFICE CITY HALL.

For water service apply at office. Bills payable monthly in advance. Make all complaints at the office.

**Just In**

Our new line of 1905 wall paper has just arrived. All latest patterns at reasonable prices. Call and see our stock and be convinced that our paper and prices are right. Remember the place.

**E. L. Lemmon** 299 Liberty St. Phone 2475

**Hue Wing Sang Co**

All kinds of fancy Dry Goods, Silks, Embroideries, Laces. Make up new line Gents' and Ladies' Furnishing Goods, Suits, Wrappers, Skirts, White Underwear. Sale cheap. Court street, Salem, Oregon. Phone Black 2155. 340 Court St., corner alley.

**CASTORIA.**

The Kind You Have Always Bought

Signature of *Chas. H. Fletcher*



Ray W. Jones, Minnesota's lieutenant-governor, who may govern Alaska in succession to Governor Brady.

**Clever Little Stories.**

She entered a large department store to buy a yard of silk, which the clerk told her would cost 75 cents. Her purchase left a remnant of one and one-half yards. The clerk suggested that she buy the remnant. "What will you take for it?" asked the woman. "Fifty cents, madam," replied the clerk. "Well, I'll take it, but you can keep the yard you've just torn off." The clerk was staggered for a minute, but appreciating the humor of the proposal made the exchange.

A long-winded member of the Massachusetts legislature was delivering a political address in a town not far from Boston. He had been speaking for nearly an hour when an old Scotchman arose and walked out of the hall. At the door he met the village hackman, who was waiting to drive the orator to the station. "Is he done yet, Sandy?" asked the man on the box. The venerable Scot turned about, "Aye," said he "he's done long ago, but he will na stop."

One day as a train from the East pulled up at the little station of a most depressing town in the fever and ague district of Arkansas, a passenger, thrusting his head out of the car window asked of a dejected looking citizen who was leaning against the station door: "Tell me, what do you call this dried up, dreary, God-forsaken place?" "That's near enough, stranger," replied the native in a melancholy voice, "let it go at that."

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Reg. No. 26531 **RED SEAL** Tri'l 2:06 Rec. 2:10

**SIRE OF JO SEAL, 2:11 1/4.**

Sired by Red Heart 2:19 1/4, the sire of Chain Shot 2:08 1/4. Red Seal 2:10, Etc.

Dam ALICE M. (trial) 2:25, ... by Mark Field (son of Geo. Wilkes), Dam of Red Seal 2:10 A. sire of Daisy Fields 2:08 1/4, Mam-lawood 2:19 1/4.

Second dam DAY BELL, ... by Advance, sire of Mairaska 2:25, etc. Dam of Veritas 2:16 1/4, Vindex 2:29 1/4.

Third dam daughter of Tippeo Salt, a thoroughbred.

RED HEART is by Red Wilkes, out of Sweetheart, by Sultan; second dam Minnehaha, the dam of Beautiful Bella, etc. RED SEAL stands 15.1, compactly built, with great quality and a sure sire of great speed. He will make the season of 1905 at the

**OREGON STATE FAIR GROUNDS**

Terms \$40 Season

With the usual return privilege. Good pasturage at reasonable rates to mares sent from a distance.

**SAM CASTO, Fair Grounds, Or.**