

BY HOFER BROS.

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Take Thyself for an Outing.

In order to do this successfully you must begin by not taking the affairs of this old world too seriously. Turn yourself loose a little from the thought that this world would wag along very well without you.

Money-grubbing and sticking to the desk is a belief that is holding many a man and woman in mental slavery and preventing the real expansion of the individual in more instances than poverty is restricting them.

The determination that the world will not stand still if you quit a while is the first step in the mental preparation for an outing. The mind has a wonderful elasticity, if you take off a few of the clamps.

Are you sure you are not in such a rut mentally that you could not get any benefit physically if you went for an outing? Is it not a fact that you can resolve to get an outing right at home if you wish to?

The outing really can be had right at home, in your own neighborhood, and on the nearest hilltop, or in your own dooryard, if you are so minded. The capacity and determination are mental, and so is the outing.

The association of better thoughts, the purgation of self-examination and the tonic influence of resolving to express good will generally, instead of the opposite will allow your better nature to come into control.

As heaven is no longer believed to be a locality, but a mental state of harmony, so outings need not be limited to the seashore or mountains.

In fact an outing without the proper mental attitude or letting go of things material will do the outer man little good. So give yourself a set go mentally, and the rest will respond in proper time and order.

The Value of Unions.

There are those who have no use for unions of any kind. But that is a narrow view to take of human associations.

The principle of co-operation runs through all the efficient agencies of progress and civilization.

Unions are liable to abuses, as when they assail the rights of individuals and the freedom of contract.

Salem, as a city, has never been a stronghold of unionism, but that is because this has not been a strong center of employment for labor.

One of the labor unions that has survived and maintained its integrity has been the Carpenters' Union, which is still strong and active.

One reason for the success of the Carpenters' and Printers' Unions is that they listened to reason, and gave consideration to others.

The Carpenters have met conditions as they found them, and made the best of them for the advantage of the carpenters and the community.

The same spirit of toleration has dominated in the councils of the Printers' Union. Radical and oppressive methods have not been favored.

The Grange is one of the best illustrations of the value of the co-operative principle. So is the Oregon Fire Relief Association, and the farmers' mutual fire insurance companies.

There is not any limit to the application of the co-operative principle in human affairs, when projected on the altruistic principle.

A Portland Committee Report.

The transportation committees of the Portland Chamber of Commerce has rendered a good service by submitting a report on the undeveloped

Save Something

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It May Mean the Building of a Home, the Foundation of a Business or a College Education.

We receive deposits of one dollar or more at any time and pay interest at the rate of three per cent per annum, compounded semi-annually.

Savings Department, CAPITAL NATIONAL BANK

Ayer's

Hair Vigor. A splendid dressing for the hair. Keeps the hair soft and smooth, and prevents splitting at the ends. Quickly checks falling hair and cures all dandruff.

condition of this state, so far as railroads are concerned.

They help the movement along that insists in attracting attention to the necessity of the transportation companies now operating lines in Oregon developing their plants and more fully occupying the territory.

This is a legitimate demand of the people of Oregon that the railroad interests bear their part in opening up the country, instead of merely following in the wake of development without their co-operation.

The Portland committee report is weak in its final conclusion that what Oregon needs is a development of her waterways as a check or solution of the transportation problem.

The waterways can be improved and perfected, and will eventually be improved but the labor may all be appropriated by the railroad syndicate already in control of the situation in this state.

The Portland committee report will have an effect of making a tremendous amount of sentiment against the railroads, and may do good or harm, but its failure to suggest a reasonable line of work is noticeable.

The people ask only reasonable expansion and reasonable improvement of their present facilities. If the Harriman lines will expend only half their net earnings on new lines in Oregon this state would have little cause to complain.

Who Pays the Taxes?

The impression prevails that the taxpayer is entitled to special consideration. So he is, for without him the government could not be carried on successfully, local state or national.

We are told that when new school houses are to be built, when bridges are ordered constructed, or when public streets are to be built, that we must think and vote and pray for the taxpayer.

This may be all true, but the question is still left, who is the taxpayer? It is admitted that the man who owns a house and lot, merely for a home to live in for himself and family is a taxpayer.

But is the tax he pays the sheriff the only tax he pays? When he buys groceries or dry goods, or pays for water or light, or school books for his children, does he not pay taxes?

In other words, do not those who sell the ordinary consumer these necessities, or even meats and shoes and vegetables or newspapers, include in their charge their own bills for taxes, insurance, rent, etc.

They must, or they could not do business. So it follows that the plain, ordinary customer pays his own taxes, and the taxes of a great many other people into the bargain. The common people who have no lands or houses pay taxes they wot not of.

The question remains, who pays the tax? The man in a position to get back on the rest shifts the bill of taxation, and it falls on those not able to get back on the other fellows.

When you come right down to it is not the laborer, with a family, who doesn't own any property the biggest taxpayer? Those whose names appear most on the taxrolls may indeed pay the least taxes of any.

Pioneers Hold Picnic.

The Waldo Hills Pioneer Association was fully organized at a picnic held on the farm of John A. Hunt, near Clymer, Saturday. A large number of pioneers and sons and daughters of pioneers were present, and a very enjoyable time was had by all.

CASTORIA For Infants and Children.

The Kind You Have Always Bought Bears the Signature of *W. D. Parke*

Irrigation Congress to Meet.

Portland, Ore., July 17.—One of the most important of the many gatherings in Portland this summer will be the meeting of the National Irrigation Congress next month. Through increased interesting matters pertaining to irrigation, the scope of the congress has been so enlarged that the work of the forthcoming session will be systematized by dividing it into five sections, each conducted by a chairman recognized as an eminent authority in his line.

In the various sections information will be dispensed regarding the increasing of production by irrigation in the humid as well as in the arid sections; forestry problems in New England and along the Appalachian chain, as well as along the Rocky and Sierra Ne-

vada mountains; engineering applied to protect from devastation by floods; drainage of the submerged areas; directing and conducting the water to its most beneficial use; climatology with special reference to the service of the weather bureau throughout the United States, and colonization of new areas developed through irrigation.

The respective sections will be presided over by the following leaders: Forestry, Gifford Pinchot, Bureau of Forestry, Washington, D. C.; production by irrigation, Dr. A. C. True, experiment station director, Washington, D. C.; engineering and mechanics, Frederick H. Newell, reclamation service, Washington, D. C.; climatology, H. E. Williams, weather bureau, Washington, D. C.; rural settlement, Charles W. Eberlein, land agent Southern Pacific land department, San Francisco.

In the engineering and mechanics section will be held a gathering of the field engineers of the government having charge of work on the great enterprises being carried forward under supervision of the reclamation service, and those yet to be taken up and approved scattered throughout 14 states and territories. Not only will delegates have the chance to discuss features of the work with engineers engaged in the respective localities, but they will also have access to the elaborate and comprehensive exhibit of the reclamation service bureau in the government building at the Lewis and Clark exposition. This exhibit contains many models, photographs and other features showing the magnitude of the work undertaken by the reclamation service.

Money in Cherries.

A Royal Ann cherry tree 26 years old and 60 feet high, at the farm house of B. Rasmussen, two and a half miles northeast of town, produced this year 820 pounds of cherries. Mr. Rasmussen sold most of the fruit at 4 cents a pound, realizing the sum of \$27.95 for what he sold. He used the balance, which, at the price quoted, would have brought the value of the crop from this tree up to \$32.80. And it wasn't a good year for cherries, either. —McMinville Reporter.

A Matter of Business.

"I hear the Widow Catchem is to be married again," said the undertaker's wife, "and for the fifth time, too. It's perfectly scandalous—don't you think so?"

"You must excuse me, my dear," replied her husband, "but it would hardly be right for me to say anything against Mrs. Catchem. She is one of my best customers." —Chicago News.

An Improvement.

Mother—The professor says he can make a concert singer out of Grayee. What do you think of the idea?
Father—Splendid. She wouldn't sing in the parlor anymore, would she? —Detroit Free Press.

No Appetite

Means loss of vitality, vigor or tone, and is often a precursor of prostrating sickness. This is why it is serious. The best thing you can do is to take the great alternative and tonic **Hood's Sarsaparilla** Which has cured thousands.

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FOR PANCAKES, MUFFINS AND PLUM PUDDING. Package for 7 loaves 20c 10-pound sack 65c

The Club Stables
First-class Livery and Cab Line. Funeral turnouts a specialty. Tally-ho for picnics and excursion parties. Phone Main 241. Corner Liberty and Ferry. **Chs. W. Yanke Prop.**

Fruit Inspector Appointed.

In pursuance with the law passed at the last session of the legislature, the county court has appointed E. C. Armstrong as county fruit inspector. The law which creates this office specifies that the inspector shall inspect the orchards of the county, enforce the existing horticultural laws, and recommend needed legislation. The law states that the man for this office must be recommended by the secretary of the state horticultural commission, and must be fully competent to do the work. His salary will be \$3 a day for the time actually spent in the required work.

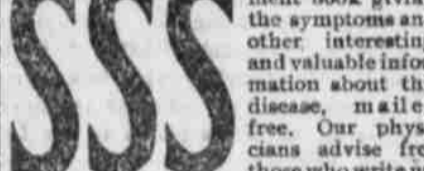
Mr. Armstrong is a fruit grower living north of Salem, and is well prepared for the position. He will no doubt be able to render good service to the fruit growing industry.

Tommy Booth, son of a well known granger of Down's Station, near Silverton, had the misfortune to fall from his bicycle Monday morning, and as a result received a broken leg.

DREAD OF HUMANITY

I am compelled by a sense of gratitude to tell you the great good your remedy has done me in a case of Contagious Blood Poison. Among other symptoms I was severely afflicted with Rheumatism, and got almost past going. The disease got a firm hold upon my system; my blood was thoroughly poisoned with the virus. I lost in weight, was run down, had sore throat, eruptions, spotsches and other evidences of the disease. I was truly in a bad shape when I began the use of S. S. S., but the persistent use of it brought me out of my trouble safe and sound, and I have the courage to publicly testify to the virtues of your great blood remedy, S. S. S., and to recommend it to all blood-poison sufferers, sincerely believing if it is taken according to directions, and given a fair trial, it will thoroughly eliminate every particle of the virus. **JAMES CURRAN, Stark Hotel, Greensburg, Pa.**

Painful swellings in the groins, red eruptions upon the skin, sores in the mouth and loss of hair and eyebrows, are some of the symptoms of this vile disease. S. S. S. is an antidote for the awful virus that attacks and destroys even the bones. S. S. S. contains no Mercury, Potash or other mineral ingredient. We offer \$1.00 for proof that it is not absolutely vegetable. Home treatment book giving the symptoms and other interesting and valuable information about this disease, mailed free. Our physicians advise free those who write us.



The Swift Specific Company, Atlanta, Ga.

EXCURSION RATES

During the Lewis and Clark exposition the O. C. T. Co. will make the following rate: Salem to Portland, one way, 75 cents; round trip, \$1.00. Tickets good for ten days. Boats leaving daily at 7 a. m., except Sunday.
M. P. BALDWIN, Agt., Dock Foot of Trade Street.

New Lange Hotel

Corner Sixth and Washington streets, Portland, Or., (next to Imperial). Strictly fireproof and modern. Rates lowest for first-class service. Steam heat and elevator, elegant cafe and bar in connection. On direct line to fair grounds. F. Lange, proprietor; Sam Basman, manager, formerly of Omaha, Neb.



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Every man is who looks neat and irreproachable in beautifully laundered linen. Every one admires the man whose linen is always faultless in its finish and color, and who has it laundered at the Salem Steam Laundry. We make your linen look like gentlemen's linen—white, clear, spotless and with a finish that is perfection itself.

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GOOD AS GOLD.
And as unvarying in its hold on public confidence is the product of our mills. The family flour par excellence; like gold it has created a standard of its own. Makes delicious and wholesome bread, and is economical in baking. Goes farther and is better than other flours. Low priced, high grade—the best. Our popular brands can not be improved upon.

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Anything quite as delicious as our coffee at 35c a lb. In fact, all the groceries we sell are of the tempting quality. If you want something that will please the inner man thoroughly, try our tea at 50c per lb.

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Successors to Harritt & Lawrence.



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Three little words of big significance when combined in a pair of shoes as they are in every pair we sell; because they stand for beauty and grace of appearance, for the luxury and satisfaction of possessing shoes that are absolutely without discomfort or irritation of any kind, and for economy's sake, which few can afford to disregard.



THE PICK OF THE FOREST

Has been taken to supply the stock lumber in our yards. Our stock is complete with all kinds of lumber. Just received a car load of No 1 shingles, also a car of fine shakes. We are able to fill any and all kinds of orders. Come and let us show you our stock. Yard and office near Southern Pacific passenger depot. Phone Main 651.

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The famous seaside resort for the Willamette Valley. Tickets at reduced rates will be sold until September 30, 1905, by the

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Do not neglect this opportunity to take in the fresh sea breezes and sunbathing.

Season Rate From Salem \$5.00

These tickets are limited to October 10, 1905.

Saturday Excursion Rate \$3.00

These tickets are sold only on Saturdays, and limited for return the following Monday.

For tickets and full information call on **A. COMEGYS, Agent, Salem.**

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JACOB VOGT