The Crown of Womanhood Is Motherhood.

THE crown of womanhood is motherhood. But uneasy lies the head that wears the crown or anticipates this coronation, when there is a lack of womanly strength to bear the burdens of maternal dignity and duty. And how few women come to this critical time with adequate strength. The reason why so many women sink under the strain of motherhood is because they are unprepared. Is preparation then required for motherhood? asks the young woman. And every experienced mother answers—"Yes." "I unhesitatingly advise expectant mothers to use Doctor Pierce's Favorite Prescription," writes Mrs. Stephens. The reason for this advice is that Dr. Pierce's Favorite Prescription is the best preparative for the maternal function. No matter how healthy and strong a woman may be, she cannot use "Favorite Prescription" as a preparative for maternity without gain of health and comfort. But it is the women who are not strong who best appreciate the great benefits received from the use of "Favorite Prescription." For one thing its use makes the baby's advent practically painless. It has in many cases reduced days of suffering to a few brief hours. It has changed the period of anxiety and struggle into a time of ease and comfort.

ALCOHOLIC TONICS.

A great many women feeling the need of a tonic take a cocktail, whisky, or what is just as bad, some widely advertised tonics or compounds which contain a large percentage of alcohol. Doctor Pierce's medicines are guaranteed to be entirely free from alcohol or narcotics—made of roots and herbs which cannot harm the most delicate system but have a wholesome, life-giving, tonic-effect upon the system. Tonics made largely of alcohol interfere with the digestion of certain foods, and as doses increase the alcohol absorbed gets into the blood and shrinks the red blood corpuscles. As the blood feeds the nerves the nerves get improper nourishment and the mother becomes nervous. As the nerves suffer so does the skin.

Better stick to a health-giving tonic that has in the past third of a century sold more widely than any other.

WHAT AGE DOES.

We are told that wine is better when old; we know that most people have more confidence in a physician of mature age who has had large experience; why not trust this "Favorite Prescription" of Dr. Pierce, that has proved its worth by the continuous large sales in every part of the country, assisted by the constant praise given it by women everywhere.

MOTHER OF THE FAMILY.

The anxious mother of the family oftentimes carries the whole burden of responsibility so far as the home medication of common ailments of the girls or boys is concerned. The cost of the doctor's visits is very often much too great. At such times the mother is invited to write to Dr. R. V. Pierce, of Buffalo, N. Y., for medical advice, which is given free. Correspondence is held strictly confidential.

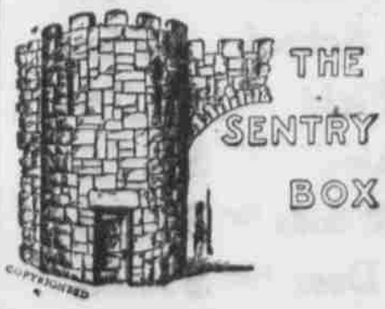
Backed up by over a third of a century of remarkable and uniform cures, a record such as no other remedy for the diseases and weaknesses peculiar to women ever attained, the proprietors and makers of Dr. Pierce's Favorite Prescription now feel fully warranted in offering to pay $500 in legal money of the United States for any case of Leucorrhea, Female Weakness, Prolapsus, or Falling of Womb, which they cannot cure. All the World's Dispensary Medical Association, Proprietors, of Buffalo, N. Y., ask is a fair and reasonable trial of their means of cure.

"As your 'Favorite Prescription' has done so much for me, I am pleased to tell you my experience," writes Mrs. Belle Griffith, of Cherokee, Ky. "I had been troubled with indigestion, female troubles and urinary trouble for three years, also neuralgia and a dizzy headache; after taking eight bottles of Dr. Pierce's medicines I was greatly improved in health. Can sew on machine now, something I had not done in three years, and can eat almost anything I wish. Am pleased to recommend Dr. Pierce's medicine to any of my friends. I feel that you have a wonderful remedy."

"For fifteen years I sufferd each month with severe pains, and this suffering increased until my general health became so poor I could hardly get around," writes Mrs. M. D. Jones, of Buncom, Oregon. "My husband wished me to write to Dr. Pierce, which I did, and he advised his 'Favorite Prescription' and 'Pleasant Pellets.' When I commenced taking these medicines could hardly stand on my feet, and to sit down was even worse than standing. Before I had taken one bottle of the 'Favorite Prescription' I began to feel better, and since taking ten bottles of 'Favorite Prescription' and three vials of Dr. Pierce's Pellets I feel stronger than I have for years. I believe that all women suffering as I did can be cured by Dr. Pierce's Favorite Prescription."

WHAT MARRIED WOMEN

Should know is contained in the Common Sense Medical Adviser. Send 21 one-cent stamps for the paper-covered book, or 31 stamps for the cloth-bound volume. Address Dr. R. V. Pierce, Buffalo, N. Y.



LEGISLATION FOR PURE FOOD.

Why Public Sentiment Must Be Aroused and Concentrated.

Congress has adjourned without taking effective action on the subject of the adulteration of foods, drinks and medicines, although the voice of the people was practically unanimous in favor of such action.

The "Hepburn Bill," which had passed the house at two sessions, was pending in the senate. It is a drastic measure, and is believed by its friends to meet the necessity of providing remedies for much of the existing evil. But a powerful lobby was secretly at work against the bill, and the senate failed to act.

Without waiting for legislation, the department of agriculture has taken action within the scope of its own supposed authority, and is defining more rigidly the conditions under which food products may be offered for sale in the United States. The new regulations fix standards for meats, wines, milk and groceries, which seem to establish purity in foods. They prohibit the use of acids and other preservatives in meats—a regulation based upon the results of experiments made by Dr. Wiley and his famous "poison squad" during the past year.

But it is both safer and more effective that this vital question should be settled by specific statute rather than by administrative action. There is no reason why legislation should not be promptly enacted that would be conclusive on the subject. There is certainly no lack of information for the law-making power.

The Hepburn bill had the endorsement of the greatest of all the farmers' organizations, the National Grange, and of 30 odd state granges; it has been approved and endorsed by the largest commercial and scientific body that ever convened in the business interest of the country—the National Pure Food congress, with delegates from 38 states and territories.

Meantime, proofs multiply as to the extent and dangers of the abuse aimed at. Of 6000 samples of food products of 61 different kinds examined last year at the Connecticut agricultural experiment station, more than 2000 were found to be adulterated, according to the ninth report, issued February 21, 1905. Many of the forms of food adulterations at the present time are quite innocuous, apparently, as far as health is concerned, but are frauds and worthless makeweights added to increase profits or meet competition in price. In this class are ground coffee, spices and cream of tartar.

Among the forms of adulteration dangerous to health the report finds that chemical antiseptics, borax and formaldehyde are used largely with milk "as a substitute for cleanliness in the dairy." Of 81 samples of tomato catsup and chili sauce examined, 79 were colored red with dyes and 77 were preserved with salicylic or benzoic acid.

In a demonstration in New York recently, Prof. Shepard, chemist for the food commissioner, made some startling revelations. With the coal tar dye extracted from a pint bottle of port wine taken from the original package, he dyed a brilliant "wine color" nine square feet of heavy woolen cloth. Soloman knew what he was talking about when he warned his public "to look not upon the wine when it is red." From a bottle of certain "home-made tomato catsup" the professor extracted enough coal tar dye to illuminate nine square feet of woolen cloth. Two square yards of flannel were dyed from a single bottle of pop.

All adulterations are unjust to the consumer who buys and pays for articles supposedly pure. They are unjust to the dealer who becomes subject to legal penalties and alienates customers, while entirely innocent of intentional fraud. They are unjust to the manufacturer of honest goods, because they undermine his trade by the substitution of spurious articles. They are unjust to the producers of farm, orchard, and like products, because they bring them into competition with chemically prepared imitations. They are unjust to parents who teach their boys to be honest, and send them forth to meet, as their first instruction in business life, that commercial dishonesty is not dishonest; that commercial frauds are legitimate, and that to sell "just as good" an article is allowable if the customer is stupid enough to submit to it.

It is the mission of the Sentry to advocate effective remedies for standing abuses. Here is a flagrant abuse, and the proposed law seems to offer an adequate remedy. Public opinion should be at once concentrated in an emphatic demand that the remedy be applied—a demand so emphatic and unanimous, that, at the next session of congress, not even the obstructionists of the senate will venture to disregard it. That demand must result in national law that every package of food shall bear upon it in exact and definite terms a statement of every ingredient contained therein.

Then if a man wants syrup made partly from sugar cane and partly from glucose, he can knowingly purchase it, and if he is willing to eat colored butter, let him be warned it is colored, and just what the coloring is, and make the penalty for further deceit of the people in regard to food a heavy fine and imprisonment.

THE SENTRY.

Note—Responsibility for the opinions and utterances of "The Sentry" is assumed by the Sentry Box Bureau, of 825 Vermont avenue, Washington, D. C.—[Editor.]

Gould's New Railroad.

New Orleans, La., April 22.—It is reported on high authority that plans are now complete for a railroad which will give the Gould interests their long cherished coast line from Texas to this city. It will be built from Houston, Texas, to Alexandria, La., north of and parallel with the Southern Pacific, and over this route enter New Orleans. In Texas the new line will penetrate a virgin forest of oak and long leaf pine, touch the principal oil fields of the two states and cut through a rich rice section.

The road will form the base of a triangle of Gould lines, connecting the International at Galveston with the Texas & Pacific at New Orleans. In Texas, the road will be built under the name of the Houston, Beaumont and Red River, and in Louisiana it will be known as the Louisiana Coast Line.

Full of Tragic Meaning

are these lines from J. H. Simmons, of Casey, Ia. Think what might have resulted from his terrible cough if he had not taken the medicine about which he writes: "I had a fearful cough that disturbed my night's rest. I tried everything, but nothing would relieve it, until I took Dr. King's New Discovery for Consumption, Coughs and Colds, which completely cured me." Instantly relieves and permanently cures all throat and lung diseases; prevents grip and pneumonia. At J. C. Perry's, druggist; guaranteed; 50c and $1.00. Trial bottle free.

HOLLISTER'S
Rocky Mountain Tea Nuggets
A Busy Medicine for Busy People.
Brings Golden Health and Renewed Vigor.
A specific for Constipation, Indigestion, Live and Kidney Troubles, Pimples, Eczema, Impure Blood, Bad Breath, Sluggish Bowels, Headache and Backache. It's Rocky Mountain Tea in tablet form, 35 cents a box. Genuine made by Hollister Drug Company, Madison, Wis.
GOLDEN NUGGETS FOR SALLOW PEOPLE

Settlers' Convention.

Galveston, Texas, April 22.—The arival of a number of delegates who were delayed en route increased the attendance at the opening today of the second day's session of the Northern Settlers' convention. The forenoon was devoted chiefly to addresses by some of the visiting governors, including Governor Glenn of North Carolina, Davis of Arkansas and Blanchard of Louisiana.

This afternoon papers were presented as follows: "Louisiana as a Home for the Homeseeker," Dr. Stubbs, of Louisiana; "What the Railroads Have and Are Doing for the Southwest," Hon. Norman K. Kittrell; "Railroads and the Farmer, Then and Now," Hon. J. W. Riggins of Texas.

Getting Ready for Woodmen.

Chattanooga, Tenn., April 22.—The program of events and other preliminary arrangements for the international convention of Woodmen of the World, to be held here two weeks hence, are practically complete. Convention headquarters have already been opened and from now until the date of the gathering the local committees will be kept busy arranging for the reception and entertainment of the visitors who will be here from all parts of the United States and Canada.

The women's auxiliary of the order, composed of the wives, daughters or sisters of the Woodmen, will meet in Chattanooga at the same time.

Summons Christian Party.

Rock Island, Ill., April 22.—W. R. Bankert, of Davenport, national chairman of the United Christian party, has issued a call for a national convention to be held in this city next month. The call is addressed "to all the common people who labor and are heavy laden with unnesseceary, burdensome tax by false kings and unlawful trusts and systems of government that cannot exist without war, and to all who believe in Christ and Christian government."

The purposes of the convention will be "to counsel and confer with one another for the advancement of His kingdom on earth and in the interest of more popular Christian government through the initiative and referendum, on a world wide platform that stands for union in His name, for the fulfillment of God's law through direct legislation of the people governed by the golden rule.

Dr. Stone's Drug Store
does a strictly cash business, owes no one, and no one owes it; carries large stock; its shelves, counters and showcases are loaded with drugs, medicines, notions, toilet articles, wines and liquors of all kinds for medical purposes. Dr. Stone is a regular graduate in medicine and has had many years of experience in the practice. Consultations are free. Prescriptions are free, and only regular prices for medicine. Dr. Stone can be found at his drug store, Salem, Oregon, from 6 in the morning until 9 at night.

No mercury, no minerals, no danger in Hollister's Rocky Mountain Tea. The greatest family tonic known. Brings good health to all who use it. 35 cents, Tea or Tablets. Stone's Drug Store.

PHOTOS

THE SATISFACTORY KIND THE KIND THAT WILL PLEASE YOU. ALL OF OUR WORK IS UP-TO-DATE AND QUICK SERVICE GUARANTEED.

THE
TROVER--CRONISE STUDIO

During the absence of Mr. and Mrs. Trover the Studio is under the management of Mr. Chas. Y. Lamb, formerly of McAlpine & Lamb, Portland, Oregon.

Creeping Upwards

That's what we are doing every day. All admit that our meals are even growing better, and the crowds are growing larger daily.

COFFEY'S RESTAURANT
205 Commercial Street

To the Women

Some Women are just a trifle timid about going to a bank to transact business, And why? Simply because they are not familiar with the rules of banking. This shouldn't be so, and, indeed this isn't so with those who come to this bank; for we aim to make every transaction so clear and plain, that dealing with e bank soon becomes to them an easy habit.

We appreciate the partonage of women. Their business with us is already large and steadily increasing. If you are not now a patron, then please consider this invitation to become one.

SALEM STATE BANK

L. K. PAGE, President
E. W. HAZARD, Cashier