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Second: that Royal Baking Powder makes food good to taste.

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From Our Exchanges.

Spiritual authority of the Christian ministry was the theme upon which Dr. Lyman Abbott spoke to the Congregationalist ministers of Boston recently. He said, "If we are to do our work as it should be done, we must speak with authority; but of late there has been a sense of dread lest we assume this prerogative to too extreme a point. The result has been that we have gone to quite the other extreme. We have had to meet so many of those changing conditions of life which are sweeping men away from the church, that it is high time we possessed some secret so that we may speak with authority. When the prophets came to speak they did not play with their subject; they spoke with authority; and so did Jesus, and Paul no less. Where, then, did they get this authority? Not from the Bible, for that book was not then written; not from the church, for that did not exist—at least, when Moses spoke. Christ did not get it from the church, for the church excommunicated him, and the Jewish church turned out Paul. Neither did this authority come from reason, for there is nothing of the argumentative in the Old Testament. It was not derived from miracles, for there are those in the New Testament who did not perform miracles. Neither did it rest on fulfilled prophecy." But Dr. Abbott finds the authority in spiritual experience, which is primary in the individual; it cannot be borrowed, but it can be reinforced. We are not more impressed by his sources of authority than by the practical necessity of it. No one can thoughtfully observe the religious conditions of today and not be made to pause by the wondrous power even of assumed authority. Multitudes are following unworthy leadership because of the authority of the voice speaking; multitudes are deserting worthy leaders because they have lost the note of authority. The ministry that comes before the world with a positive, an assertive, a confident message shall not want for a following.—The Universalist Leader.

Henry S. Pritchett, president of Massachusetts Institute of Technology, at the recent Religious Education association in Boston said:

The education of the conscience of mankind is not a matter of ethics, but of religion; not a matter of moral distinctions and of rules of life, but a matter of spiritual development in a new environment; not a matter of high ethical appreciation, but a matter of the divine life in the individual human soul. If men are to be led through the wilderness of freedom into the promised land of a higher religious consciousness and a deeper service, it will come

only through religious leadership, through one capable of dealing with the conditions of the day and of the age—the age of reason and freedom.

If our theology has not truth in it which takes hold of the lives of men and reshapes them in the image of Christ, it is not a true theology, whether it is old or new, let us tell that and nothing else. Let us stop preaching about the gospel, and begin to preach through one capable of dealing with the burning of the tool long enough; now let us see what kind of work we can do with it.—Washington Gladden, The Congregationalist.

The great end and rich blessing of the Christian revelation is the perfect union and communion of the soul with God. There is obtained a possession of the divine Presence and a clear consciousness of the nearness of God. This is a fulfillment of the declaration, "If a man love me, he will keep my words; and my Father will love him, and he will come unto him, and make our abode with him.—The Watchman.

Some Doubtful Don'ts.

Don't sneer—it leads to snarling.
Don't be a baiter—it's mighty poor bait.

Don't toy with fate—it might prove a fatal toy.

Don't be blue—you might mar your color scheme.

Don't patch up a quarrel—get another piece of cloth.

Don't rock the boat—go home and rock the baby.

Don't be unreasonable—when there's no reason for it.

Don't work your friends—nor be worked by them.

Don't bear false witness—some people won't bear it.

Don't doctor your scales—when you weigh your words.

Don't grumble—your aching tooth will attend to that.

Don't look wise—some folks might think you're erratic.

Don't swear roundly—give everything a square deal.

Don't know it all—leave something for the encyclopedias.

Don't raise a row—it's more profitable to raise the wind.

Don't resist a good impulse—and you'll have no bad ones.

Don't throw away opportunities—your enemy might find them.

Don't look for thorns—on the other fellow's olive branch of peace.

Don't be envious—green might not harmonize with your complexion.

Don't knock all the time—stop a while and repair your hammer.

Life Line.

If you have been wronged, try and forget it, because thinking out it only accentuates the sting.

Do not be hasty in criticism, for you may condemn a course that would be exactly your own were conditions reversed.

We find it easy to be just to those who are stronger than we are; we must be merciful to those who are weaker, or we abuse our power.

There is need for all the sunshine in the world. If you do not care for the brightness yourself, look about you and see that that you do not throw a shadow across another's way.

If the birds sing for you as you go along on a path of flowers, tell of it. Many who never hear the songs of the birds would like to learn occasionally that they do really sing.

A little thoughtfulness goes a long way toward lightening the burdens of others—a kind word, a cherry salutation, a sympathetic inquiry, a slight service, have their influence in a way that cannot be effected by more pretentious attentions. Neglect no opportunity that may offer along this line if you would be happy.

Uncle Eph's Sayings.

Ah eel kin tangle your fish line up mighty bad, but he good entin' if you get him out.

You kin drive a boss mos' anywhere; but if a mule say he aint a' gwine, why he aint; an' he stubborn eruff ter keep his word.

Ah 'possum nevah takes de pout; no matted how much trouble hangin' over his head, he jes goes on smilin' and lookin' pleased like.

Ah niggah know he kin draw moah rashuns on his acre er cotton den he kin on two acres er cohn; hence he gwine ter plant de cotton.

When white folks git 'ligion dey kin keep deyselfes still, cause dey's ust ter good things; but when ah niggah gits hit he gwine ter shout an' enjoy himself.

Dis is de time o' yeah when a crow know more about who's plantin' cohn an' who aint den de circuit rider, an' he gwine ter cum ter see you ef yer don't watch out.

The Dreamer.

Why should we assume to despair of the dreamer? Why should we go about under the spell of commercialism with the fever of gain in our blood and the stain of lucre on our hands and imagine that beyond the substantiality or materialism there is no attraction save for

For over a third of a century Dr. Pierce's Golden Medical Discovery more than any Blood Purifier

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AN Imitation of NATURE'S METHOD of restoring waste of tissue and impoverishment of the blood and nervous force is used when you take an alternative extract of herbs and roots, without the use of alcohol, like Dr. Pierce's Golden Medical Discovery. This vegetable medicine coaxes the digestive functions and helps in the assimilation of food, or rather takes from the food just the nutriment the blood requires.

Along with its use one should take exercise in the outdoor air, get all one can of God's sunlight and air; a mild breathing exercise practiced each day. This "Medical Discovery" gives no false stimulation, because it does not contain alcohol or a narcotic. It helps digestion and the assimilation of such elements in the food as are required for the blood. Instead of a cod liver oil, against which the already sensitive stomach will declare open rebellion, this tonic has a pacifying action upon the sensitive stomach and gives to the blood the food elements the tissues require. It maintains one's nutrition by enabling him to eat, retain, digest and assimilate nutritious food. It overcomes gastric irritability and symptoms of indigestion, and, in this way, fever, night-sweats, headaches, etc., are done away with.

Dr. Pierce's Golden Medical Discovery purifies the blood and entirely eradicates the poisons that breed and feed disease. It thus cures scrofula, eczema, erysipelas, boils, pimples, and other eruptions that mar and scar the skin. Pure blood is essential to good health. The weak, run-down, debilitated condition which so many people experience is commonly the effect of impure blood. Dr. Pierce's Golden Medical Discovery not only cleanses the blood of impurities, but it increases the activity of the blood-

making glands, and it enriches the body with an abundant supply of pure, rich blood.

No matter how powerful the intellect or the resources of intellectual power, it must be backed up by physical force. Every day the youth or man must manufacture a pint of rich, arterial blood, that is pure, stimulating to the brain, and that can rebuild the tissues that were destroyed in yesterday's work.

"I have been a sufferer from indigestion for some thirty years, at times," writes Mr. S. W. Mullenax, of Circleville, W. Va., "and have used medicine from several of our best physicians, which gave me only a little temporary relief. They said I could never be cured. Last winter I was stricken with the worst spell I ever had. I suffered with such severe pains in the pit of my stomach that I could neither work nor sleep, and my weight went down from one hundred and ninety-five pounds to one hundred and sixty pounds in about two months' time. I then concluded that I would try Dr. Pierce's Golden Medical Discovery. By the time the first bottle was gone, I felt some relief from my severe suffering so continued until I had used four bottles of 'Golden Medical Discovery' and two vials of 'Pleasant Pellets.' I am truly thankful for the great benefit which I have received from your medicine, and can cordially recommend it to others."

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Found the Way.

The young man in the barber's chair squirmed uneasily. The barber had been subjecting him to a cross-examination. His business, his family secrets and his past condition of servitude had all been wormed out of him while the man with the razor had lathered his face and scraped at it. Now the razor was no longer in use, but the cross-examination continued.

"Your hair is very gray," began the barber.

"Yes," was the surly reply.

"And you are a young man."

"Yes."

"What made it so gray?"

The young man hesitated.

"Well, if you must know, and you will promise never to let it out, I will tell you," he said. "You see, I have served a term in the penitentiary and the life there affected me so that my hair turned gray."

"You served a term in the penitentiary? What did you do?"

"Why, I shot a man."

"You shot a man? What did you do that for?"

"Well, you see the man was a barber."

"A barber?"

"Yes, he used to shave me and ask me so many questions that it got me mad. I lost my temper one day and shot him. I did not mean to kill him, but I was unlucky."

"Oh!"

The conversation came to a sudden pause. The barber dried his customer's face, applied the powder gingerly, combed his hair with the greatest care and waited until he had put on his collar and tie before he called "Next!"

Now the young man gets shaved at that shop every day.

"I have found a way of keeping a barber quiet," he explains to his friends.

CHILDREN CRY FOR

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You Get Up

In the morning tired, languid, and frequently with a headache that is almost unbearable. You have been nervous, restless and sleepless night after night, and gloomy and irritable during the day. This nervous exhaustion affects the heart, lungs and other organs that depend upon the nerves for motive power. Then the stomach fails to digest the food; the heart action is weak, and circulation poor, and the kidneys and liver inactive.

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"My wife was subject to severe mental strain, which resulted in nervous prostration. The first symptoms were uncontrollable crying and melancholy spells, which increased to such an extent that for over a year she would have a spell every day of from four to six hours duration. She required the constant attention of her physician and attendants. She suffered great pain and anguish. The best physicians attending her could give no relief, and she finally became almost of unsound mind. As a last resort I began giving her Dr. Miles' Nervine, and Tonic, and noticed that her spells next day were not so severe, and they gradually disappeared altogether. She has had no recurrence of the spells, and is gaining in health and strength."

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