

A MATTER OF HEALTH



Woodmen Meet Today.

Woodmen of the World of the district of which the Salem camp is a factor, are holding a district convention at McMinneville, today, for the purpose of electing 15 delegates to represent this district at the meeting of the supreme camp at Los Angeles, April 18. The delegates to McMinneville from Salem are Prof. W. C. Hawley, Prof. W. I. Staley, Messrs. L. R. Stinson, M. I. Capps, C. E. Williams, L. H. Fletcher, Lyman Pennell, C. T. Pomeroy, A. W. Drager, F. A. Welch, H. A. Thiessen, Paul C. Hansen. These gentlemen went to Portland last evening and on to McMinneville this morning, where they joined the representatives of the other lodges.

Prof. W. I. Staley is a candidate for election as one of the delegates to Los Angeles and is thought to have a very good chance of being elected. Prof. Hawley is candidate for re-election to the position of head manager, and has been mentioned for the vacancy left in the head consul's chair by the death of F. A. Falkenberg.

Like Finding Money.

Finding health is like finding money—so think those who are sick. When you have a cough, cold, sore throat, or chest irritation, better act promptly like W. C. Barber, of Sandy Level, Va. He says: "I had a terrible chest trouble, caused by smoke and coal dust on my lungs; but, after finding no relief in other remedies, I was cured by Dr. King's New Discovery for Consumption, Coughs and Colds." Greatest sale of any cough or lung medicine in the world. At J. C. Perry's drug store; 50c and \$1.00; guaranteed. Trial bottle free.

Another Real Estate Firm.

A. E. Bell, formerly of Osgood, Iowa, has opened a real estate office with the Voget Lumber Company, in the Bayne block, on State street. He is sending away a great deal of literature, and will be an active addition to the Salem force of immigration rustlers.

Got Off Cheap.

He may well think he has got off cheap, who, after having contracted constipation or indigestion, is still able to perfectly restore his health. Nothing will do this but Dr. King's New Life Pills. A quick, pleasant and certain cure for headache, constipation, etc. 25c at J. C. Perry's drug store; guaranteed.

A New Office.

Frank Davey and Mark H. Savage have opened an office at 492 State street, near High, for a real estate business.

The J. C. Ayer Co. Will Print Formulas of Medicines on Bottle

Having heard that the J. C. Ayer company had decided to give to the public the complete formula of each of its medicines, we interviewed the treasurer and general manager, Dr. Charles H. Stowell, in order to ascertain if this was true. Dr. Stowell said that it certainly was true, and that it was simply the conclusion of a plan which he had been working upon for a long time.

When asked what effect it would have upon the proprietary medicine business if all houses were obliged to publish their formulas, he said, in his opinion, it would favorably affect the sale of all those medicines founded upon merit, all those preparations that were genuine medicines. On the other hand, he believed just as strongly that it would mean the complete ruin of frauds, fakes, and swindles.

"It is a well-known fact that the public is being swindled out of hundreds of thousands, even millions of dollars each year, because of wildly exaggerated and positively untrue statements, glaringly displayed by the most lavish outlay of money. The J. C. Ayer company has nothing to hide. We know our medicines are good. We simply take the public into our confidence and frankly tell them just what they are getting for their money. That is all there is about it."

Concerning the great agitation which has been raised in certain quarters because some of these medicines contain alcohol, Dr. Stowell said: "Just use a little common sense and figure it out for yourself. The formula which will

iness, notary work, and examining titles. They both are well-known rustlers, and will be glad to list all of the property they can get hold of, either city or country. Call and see them if you are interested, or write to them. d-w-11

What Time Proves.

This thing of being sick and looking for a cure is a mighty serious business. People are not given to joking even at the first symptom of the approach of the Grim Destroyer. They do not want to be the subjects of experiment, but want medicine that has had the test of years behind it. A medicine that has been made and used for 20 years gives assurance of its worth, and can be taken with a faith that they have the very best cure the world affords. All this can be said about Dr. Guan's Improved Liver Pills as a remedy for sick headache, dyspepsia and indigestion, it begins right at the source of the trouble and removes the cause. Sold by all druggists for 25c per box. One pill a dose.

For sale by Dr. S. C. Stone, druggist.

Four Insane Patients.

Wong Hong and Ha Him, Chinamen, and George Clark, American, were brought to the insane asylum yesterday by Deputy Sheriff Parrot, of Portland. These three patients are all afflicted with a like trouble, the Chinamen became insane from "hitting the pipe," or smoking opium, and the white man is what is termed a "light artilleryman," on account of being a morphine fiend, taking injections with a syringe.

Robert Rich, of Baker City, was also committed by Deputy Sheriff Bogard and one guard.

Are You Engaged?

Engaged people should remember, that, after marriage, many quarrels can be avoided by keeping their digestions in good condition with Electric Bitters. S. A. Brown, of Bennettville, S. C., says: "For years my wife suffered intensely from dyspepsia, complicated with a torpid liver, until she lost her strength and vigor, and became a mere wreck of her former self. Then she tried Electric Bitters, which helped her at once, and finally made her entirely well. She is now strong and healthy." J. C. Perry, druggist, sells and guarantees them, at 50c a bottle.

Basket Ball Game at Chemawa.

The Indian girls at Chemawa defeated five of the fair daughters of Old Willamette last night, in Chemawa, in a game of basketball, by a score of 16 to 8. It was a good, fast game, but the Salem girls were outclassed by their darker sisters.

SALARY BILL LOST

City Council Fails to Increase Pay of Marshal or Recorder

The city council met last night in regular session with all the aldermen in attendance but Downing and Goodale.

The salary bill, increasing the salaries of the city marshal and recorder to \$1200 per year was read the third time and put upon its final passage. The bill failed to pass with 7 ayes and 6 noes.

The vote was as follows: Ayes, Acheson, Baker, Crossan, Frazier, Downing and Wallace. Nays, Bayne, Churchill, Gesner, Hughes, Jacobs, Skafte and Steusloff.

The committee on ways and means reported favorably on Recorder Moore's January report, and it was adopted.

The committee ordinances reported favorably upon the bill establishing a grade on North Commercial street, north of the North Mill creek bridge, and the report was adopted.

The committee on accounts and current expenses reported favorably on several claims against the city, which were ordered paid.

The committee on streets reported that the curb in front of the LaFore property was put on the regular line, and the street commissioner was ordered to have the other curbs placed in line.

Alderman Gesner stated that some committee was getting bids for the repair of the city jail, without authority, and said that they had got figures from one blacksmith, and given them to another, to allow him to bid under the original bid. This raised a loud protest from all the aldermen on the committee in regard to their innocence, and the matter was dropped for a time.

Fire hydrants were ordered placed on the corner of Miller and Saginaw streets and Commercial and Meyers streets.

The committee on health and police reported that they have examined the business portion of the city, and have found it in a very unsanitary condition, and recommended that the matter be attended to. The committee also reported in regard to improvements on the city jail, and the report was referred to the committee on public buildings.

A motion by Alderman Gesner, when the body adjourned, to adjourn until Friday night, when the matter of the South Commercial street bridge will be discussed.

On motion of Alderman Gesner \$200 was transferred from the general fund to the road fund. The committee on streets was instructed to ascertain the cost of a gravel screening plant. To report at the next regular meeting.

A motion of Alderman Gesner to reconsider the purchase of 2500 feet of new fire hose was lost, when it was learned that the hose was already ordered and on the way to Salem.

A petition for fire hydrants to be placed on 13th and Howard and 13th and Oxford streets was referred to the committee on fire and water.

A petition to vacate the alley of block 74, by George L. Rose, et al., was referred to the committee on streets.

A petition for an are light on 13th and Waller streets was referred to committee on lights.

The committee on bridges recommended that a concrete culvert and fill be placed across the old "pen ditch" on Lee street, between 18th and 19th, and the report was referred back to the committee to report the probable cost at the next meeting of the council.

An ordinance establishing a grade on South Commercial street was introduced and read the first and second time, and referred to the committee on ordinances, and the recorder was instructed to advertise the change in accordance with the charter.

The bill vacating the alley in block 3, which is the site of the new high school building, was read the first and second times and referred to the committee on ordinances.

A bill for an ordinance regulating the material of which sidewalks in the business portion of the city are to be built, and regulating the location of curbs was read the first and second times and referred to the committee on ordinances.

The ordinance to establish a grade on North Commercial street was read the third time and put on its final passage without opposition.

The committee on streets were instructed to draft a new ordinance regulating the placing of telephone and telegraph poles within the city streets.

A number of claims against the street committee were referred to the committee on parks, to separate the claims, as it is understood that a great number of these bills are for park improvements,

Catarrh

Invites Consumption

It weakens the delicate lung tissues, deranges the digestive organs, and breaks down the general health.

It often causes headache and dizziness, impairs the taste, smell and hearing, and affects the voice.

Being a constitutional disease it requires a constitutional remedy.

Hood's Sarsaparilla Radically and permanently cures catarrh of the nose, throat, stomach, bowels, and more delicate organs.

Read the testimonials.

No substitute for Hood's acts like Hood's. Be sure to get Hood's.

"I was troubled with catarrh 20 years. Seeing statements of cures by Hood's Sarsaparilla resolved to try it. Four bottles entirely cured me." WILLIAM SHERMAN, 1030 6th St., Milwaukee, Wis.

Hood's Sarsaparilla promises to cure and keeps the promise.

and it was decided that the money should come from the park fund.

On motion of Alderman Steusloff, Health Officer Lewis was ordered to inspect the mill race on Division and Front streets as to its sanitary condition.

The following report of collections by the city recorder was adopted:

From fines	\$ 40.00
From licenses	425.85
From fees	1.50
From miscellaneous	6.00

Total

AN EASY WAY

To Keep Well.

It is easy to keep well if we only observe each day a few simple rules of health.

The all important thing is to keep the stomach right and to do this it is not necessary to diet or to follow a set rule or bill of fare. Such pampering simply makes a capricious appetite and a feeling that certain favorite articles of food must be avoided.

Prof. Fiechold gives pretty good advice on this subject; he says: "I am 68 years old and have never had a serious illness, and at the same time my life has been largely an indoor one, but I early discovered that the way to keep healthy was to keep a healthy stomach, not by eating bran crackers or dieting of any sort; on the contrary I always eat what my appetite craves, but daily for the past eight years I have made it a practice to take one or two of Stuart's Dyspepsia Tablets after each meal and I attribute my robust health for a man of my years to the regular daily use of Stuart's Tablets."

My physician first advised me to use them because he said they were perfectly harmless and were not a secret patent medicine, but contained only the natural digestives, pepsines and diastase, and after using them a few weeks I have never ceased to thank him for his advice.

I honestly believe the habit of taking Stuart's Dyspepsia Tablets after meals is the real health habit, because their use brings health to the sick and ailing and preserves health to the well and strong."

Men and women past fifty years of age need a safe digestive after meals to insure a perfect digestion and to ward off disease, and the safest, best known most widely used is Stuart's Dyspepsia Tablets.

They are found in every well regulated household from Maine to California and in Great Britain and Australia are rapidly pushing their way into popular favor.

All druggists sell Stuart's Dyspepsia Tablets, full sized packages at 50 cents, and for a weak stomach a fifty cent package will often do fifty dollars' worth of good.

\$100 Reward, \$100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.

Address F. J. CHENEY & CO., Toledo, Ohio.

Sold by Druggists, 75c.

Take Hall's Family Pills for constipation.

Sure Cure for Piles.

itching piles produce moisture and cause itching, this form, as well as Bleeding or Protruding Piles are cured by Dr. Bo-sank-o's Pile Remedy. Stops itching and bleeding. Absorbs tumors. 50c a jar at drugist, or sent by mail. Treaties free. Write me about your case. Dr. Bo-sank-o, Phila., Pa.

For sale by Dr. S. C. Stone, druggist.

Dissolution of Partnership.

Notice is hereby given to the public that the co-partnership between E. L. Irvin and M. C. Petteys, under the firm name of Irvin & Petteys, has this day been mutually dissolved. All bills heretofore contracted by the firm of Irvin & Petteys will be settled by their successors, and all accounts due the old firm are payable to E. L. Irvin & Co.

Dated this 23d day of February, 1905. 2-24-1w

E. L. IRVIN,
M. C. PETTEYS.

Spray Your Fruit Trees.

Persons having fruit trees and ornamental trees that, under the state law, are required to be sprayed at this season of the year, are requested to leave their orders at F. A. Wiggins' implement house or with the Oregon Nursery Company. The expense is very small, and the increase in fruit and quality will more than repay all cost to the owner. Or apply to E. C. Armstrong, manager of the city spraying outfit, who will at once attend to the matter. 2-27-1f



We predict continuous satisfaction to those who favor us with their patronage. Our constant thought is to make our store the ideal one, the comfort and convenience of our patrons, and suggestion to further your interests will be heartily welcome.

Harritt & Lawrence



THIS ONLY WAS THE WITCHCRAFT SHE USED

You'll find the secret of her successful baking to lie in the fact that she uses Wild Rose flour. Makes tempting, toothsome, wholesome bread, cake, pastry. Goes farther and is cheaper—because much better—than other brands. Always uniform in quality, reliable, economical. Best on the market for the money. A family flour that once tried becomes the household favorite.

Salem Flouring Mills

Lawn Mowers

We have the best that money can buy ---also cheap ones. Let us show them to you.

R. M. Wade & Co.

IF YOU HAVE MONEY TO SEND THROUGH THE MAIL

Come to the Salem State Bank and buy a draft. The cheapest, the safest and most convenient way of sending money.

L. K. PAGE, President.

E. W. HAZARD, Cashier.

Wall Paper

Latest designs in stock, and good work guaranteed. We have the small store and small prices

E. L. Lemmon
299 Liberty St.
Phone 2475

MADAME DEAN'S FRENCH FEMALE PILLS.

A Safe, Certain Remedy for Nervousness, Headaches, Stomach Troubles, Constipation, etc. Sold in Salem by S. C. Stone.



DEFY ANYONE TO COME NEAR IT

In purity, smoothness, mellowness or richness of flavor the distillers of the Cedar Brook whiskey will if we call on them. No one should be without a bottle of this choice whiskey in the house as a preventive of grip, pneumonia and other maladies coming from colds. A little Cedar Brook whiskey will warm the blood, stop or prevent chills and cure colds like a charm.

E. Eckerlen
WHOLESALE HOUSE

Fine Property at a Bargain

Choice piece residence property on principal street within three blocks business part of city.

Nice large, modern home, about one acre of ground near school and car line, all kinds of fruit, beautiful shrubbery, etc. All modern conveniences.

These are both extra choice buys for homes or investments.

DERBY & WILSON,
244 Commercial St. Salem, Oregon