HEALTH Most Important

The manufacturers of Royal Baking Powder have had 40 years of scientific experience.

Every method of bread-andcake raising has been exhaustively studied in this country and

The result is a perfect product in Royal Baking Powder. There is no substitute for it. The purity and efficiency of Royal Baking Powder have sters. been commended by the highest authorities of the world.

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ROYAL BAKING

ABSOLUTELY PURE

DAILY CAPITAL JOURNAL

BY HOFER BROS.



OFFICIAL CENSUS SALEM. MAY, 1904, 13,287.

THOREAU AND THE SIMPLE LIFE.

Coincident with Pastor Wagner's teaching of the simple life comes the mlery of Thoreau's failure to live that life even to his own satisfaction,

The story is contained in portions of Thorean's journal, printed for the first time in the Atlantic Monthly.

Thorean says he could not live the simple life among men, and that he much preferred the society of a woodschmek.

He was unfitted by his bleals to live in the company of men, and there were so angels to associate with about his pend and woods. And so he was dissatisfied.

Issafar as any good may come from Thoreau's experiment of the simple life, lived alone it was thrown away. No one, knowing of his failure, will desire to make over the attempt.

No one can live the really simple life of bird and beast. And few desire

But there is a simple life, modified by necessity, that one may live. It in not the life of an anchorite. And it makes allowances for human fraif-

This is its essence! Be honest with yourself. Do not deceive yourself. Know yourself. He at peace with your welf. Live for yourself such a life as seems best for youself to live. You cannot live the simple life when you are in a jungle with yourself.

Simplicity is not a freak idea. It smust not be made a cult and wershipped. It is not a bad fad. Life is individual. To live by some other man's gastiers is to live a complex life. It in not your own. Eliminate the artificial, the showy, the false, the timeland just live.

Thoroau was a spiritual niggard. The people who form clubs and guilds for the promotion of the simple life-who exploit it-are aptritual garles.

MRS. CHADWICK'S VICTIMS.

Poor old Beckwith, who was the speeinl victim of "Cassie" Chadwick, is dead. She bogan weaving her spells about the old man some years ago and kept at him until the funds of the hank of which he was president in Oberlin, Ohio, were in her possession and all he had to show for the money of depositors was an alleged note made by Andrew Carnegie and such like fraudulent accurities. There probably is not an other case on record where us man in his position was so complete-By buncood. Mrs. Chadwick was gracases enough to say, when she heard of thir death, that she was "pained beyand expression by the news." She also volunteered the information that ine had "suffered from herat trouble und sinking spells from the time she ment became acquainted with him. This

will be readily believed, for she seemed to posses peculiar abilities for eausing heart trouble and sinking spells in her victims. Usually, however, these symptoms appeared after the dupe had discovered that he had been a fool. Ineidentally the death of Mr. Beckwith takes away a strong witness against the woman when she comes to trial. But it is believed there are enough others who, if they tell all they know, can give sufficient testimony to conviet her. It is generally conceded that had Andrew Carnegie died before the exposure the whole swindle would have

CHURCHES AND THEATERS.

Every little while some preacher delores what he believes to be the fact that the theaters are more successful in securing audiences than the churches.

It may be doubted if in any given ity more persons attend the theater than go to the churches. And all things onsidered it may be said that the churches succeed better than the the-

The theater has these advantages: It changes its netors and its performances frequently. It is always presenting something new. The church has the same message and the same man in the pulpit from Sunday to Sunday. And yet the churches are filled.

In another important feature the theater has an advantage. It adver- until proven guilty," but in this land tises thoroughly and successfully. A fraud business it seems that every man large percentage of its earnings go into is presumed guilty until proven innomodern advertising. Seldom does the cent, and it further seems to be prechurch spend a dollar for advertising; samed not the duty of the federal or if it does spend a little money it is courts, but the Portland daily newsinjudiciously spent.

And yet the church draws,

fails to advertise. It has the best to maintain that dignity and reverthing in the world. The demand is all ance due the government in such a proendy created. There can be no sub ceeding-Roseburg Plaindealer. stitution. It has a monopoly. Therefore it should advertise.

The church also makes a mistake when it permits its ministers to whine about church attendance and call fattention to the success of the theater and other "worldly" entertainments. ploring a small house, He never whines in public. He talks big houses. And works for them. And gets them,

The church is doing very well. In deed when one considers its methods, it does surprisingly well.

If with its tremendous advantage, t would adapt itself somewhat to the plane of the age it would achieve the of water on the conflagration, which of greatest success it has ever known.

FATE OF BAIL JUMPERS.

Captain Carter served a term of five years in prison for embezzlement and defrauding the government, in connection with the improvement of the harbor at Savanuah, but his companions, in crime, Gaynor and Greene, have escaped until new by fleeing to Canada and fighting their extradition on one plea or another. They were indicted in 1899 and on going to Canada forfeited bail bonds in the sum of \$40,000 each. The decision of the Canadian judges have been favorable to the embezzlers until the United States garried the case to the privy council of England, the highest court in that country. That court reversed the two judgments by which Gaynor and Greene were set free and charges them with the costs of the appeal. These get their just deserts, although long

OREGON'S

EXPOSITION

Is described in

SUNSET MAGAZINE

March Number

Has a finely illustrated article on the Great Centenial-just the thing to send east. Many news articles, some good stories, clever verses and interesting miscellany. Vigorous work by entertaining

SOLD by all NEWSDEALERS

X-RAYS

Money may talk, but small change

The rich beau is always a Prince

At any rate a woman doesn't told her shoulders

The writer's cramp is often the render's best friend.

The fisherman's profit might be called

Boats are stranded in shallow water, men in deep water.

or reach, as we all can testify. A woman can say more things with

Sour grapes are not always beyond

fewer words than a man. If the heathen only knew how we neglect our own to serve him he would

doubtiess be a better heathen.

We have heard a great deal about "every man being presumed innocent popers to try, convict and condemn the accused. We would like to know There must be a reason. There is wherein the prosecution is justified a reason. The church ministers to a in turning over to the newspapers great human need. It appeals to what prior to trial, all private papers and is highest and best in life. A great documentary evidence obtained against vacuum requires to be filled. A great the defendant in these prospective longing clamors to be satisfied. Men trial cases, that the public may form and women realize that they are three | conclusive opinions and become prejfold beings and that to cultivate body udiced long before the cases are called and mind alone is only two-thirds of in the courts and the defendants are culture. The man whose spiritual life given a hearing? To prejudice the pubis atrophied may not feel this, but the lie appears to be the object sought in normal man does. This is the church's the present newspaper trials. There opportunity and the reason for its ex is entirely too much "grandstand playing" and "appealing to the gal-The church makes a mistake when it leries' in this prolonged prosecution

CIGARETTES CAUSE BLAZE.

Small Boys Smoking "Pills" Set Barn on Fire.

A barn belonging to Dr. H. C. Epley, on Marion street, between Liberty and High, was set on fire and nearly destroyed yesterday afternoon by some small boys who had a desire to smoke cigarettes without being observed by their parents. The fire was discovered about 4 o'clock in the afternoon, and an alarm turned in. The fire department responded promptly, making a good run, and quickly having a stream fectually quelled it. It was not learned who the boys were who started the fire, they making good their escape during the excitement.

Fruitland.

Miss Jessie Pugh, of Salem, is visiting friends in Fruitland.

Mrs. Hostetter has purchased the J. P. Wisner property, and the family is noving in this week,

Sunday school will be held at Fruitland at 10 a. m. Preaching services at 11 a. m. and Y. P. A. at 7 p. m. Preaching services are to be held twice a mouth, the first and third Sunday of each month.

The main feature of the Literary and Debating Society Tuesday evening was the valentine box. The valentines were exhibited as the names were called, and much laughter ensued. The usual program was rendered. The question for the debate was decided in favor of two worthics are now in a fair way to the affirmative. The officers for this month are Mr. Wagner, president; Mr. Fred Bradley, vice-president; Miss Elva Walton, secretary and treasurer; Miss Mabel Jones, editor.

Mr. Arthur Bramlet returned Saturday from a business trip.

Mr. Frazer, our enterprising blacksmith, keeps the anvil ringing early and late.

Successful Men

Started early to save. Some people call it luck, but it's just thrift and economy.

Lay the "corner stone" of your success by starting a savings accounts. It will give you a feeling of satisfaction and security and encourage you to make regular additions to your rapidly growing fund

Savings Bank Department Capital National Bank.



Dear Doctor -

I oure you so much for you saved my mamais life she was augel sich - the Doctor come and Papa cried - so did I -The Doctor could not help herbut aunt Ermma - She told Thama to take Dr. Fierce's Fourrate Prescription - and so she got well in mough time. I thank you very much

Enid Decker.

Many mothers of families in the United tells you plainly and frankly what you States have reason to be grateful to the do need, and the best possible method of person who recommended Dr. Pierce's improving your health. If you are a Payorite Prescription. This is a medicine specially prescribed for diseases of duties of life, you should have good womankind. It does not cure eczema, medical advice of a confidential nature. catarrh in all its forms, nor heart dis- If you're the mother of children, you ease, for it is put up for the single pur- may want advice about yourself and how pose of curing diseases peculiar to nom-best to put your system in order that en. It has a reputation of over thirty-five years of cures, and has sold more largely on this continent than any other not readily yield to treatment, or to medicine for women. Another point in people who are past the youthful stage its favor—it does not contain a single of life and want confidential advice about drop of alcohol or of any narcotic. It their ailments or their physical condi-is purely vegetable. An alcoholic com-tion, Dr. Pierce offers careful considera-tion and the best medical advice within an should take. Womanly weakness his power, free of cost.
will always bring on nervous irritability " 'Favorite Prescription' is indeed an and a nervous condition, for which alco- ideal medicine for women, and by far hol is the worst thing in the world. the best I have known to restore lost What the woman needs is a vegetable health and strength," writes Mrs. R. C. tonic, like Dr. Pierce's Favorite Prescription, which will build up her delicate system and bring about a healthy years, being troubled with menorrhagin. nesses of women, and the manufacturers pains and frequent headaches. Would offer to pay \$500 reward for any case of often awake from sleep in such pain and Leucorrhea, Female Weakness, Prolap- suffering it would be hours before I sus, or Falling of Womb, which they cannot cure. All they ask is a fair and dreaded the long nights as well as the reasonable trial.

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Dr. Pierce by letter, giving him all possible information about their condition, symptoms, etc., and received in return health has improved. I feel well and good medical advice which cost them mothing. This is why we advise you to flesh and never looked better. My adwrite to Dr. R. V. Pierce, the founder vice to suffering women is to take the of the Invalids' Hotel and Surgical In- 'Favorite Prescription' and they will Dr. Pierce by no means confines him-

self to prescribing his well-known medi- knowledge of yourself. You should cines. He tells you in the most com- read The People's Common Sense Medmon-sense way what ails you, what you ical Adviser, by R. V. Pierce, M. D. ought to do, what line of treatment Send 21 cents in one-cent stamps, for should be followed out in your particular this 1008 page book in paper covers, or case, and if your case does not indicate 31 cents for the cloth-bound.

It cures the drains and weak- My back ached and I had bearing-down could close my weary eyes again. I weary days. Consulted two different If you want to know what ails you physicians hoping to get relief, but find-the United States mail will bring you ing that their medicine did not seem to cure me I tried Dr. Pierce's Favorite Prescription, as a friend had recom-Many people owe their present good mended it so strongly. Am glad that I health to the fact that they consulted followed her advice for it was the only medicine for me. Every ache and pain has gone, and not only this, my general strong, have a fine appetite, have gamed never be disappointed with the results."

The most important knowledge is the need of his proprietary medicine, he Dr. R. V. Pierce, Buffalo, N. Y.

PERSO

Hon, I. H. Bingham went to Grove this morning.

Rev. E. A. Child left yested Salem-Eugene Register.

Senator Miller returned to h n Lebanon this morning.

Senator and Mrs. Booth, of a returned home this morning. Hon. G. F. Griffith, of Euro turned to his home this morning W. W. Johnson, ex-fire this

us been very ill, is much being Hon. Schiller B. Hermann ler is home at Myrtle Point tonigle Walter Hoquim, state printers age, leaves for Portland this m Senator and Mrs. Kuykerhi urned to their home in Eugen

Prof. Wann has returned to his in Eugene, after spending a fer in this city.

Charles Jennings, state primer ate page, will return to his homes gene tonight. Chief Justice Wolverton, of in

preme court, went to Albany this ng on business. Justice Bean, of the supreme went to Eugene today to spend &

with his family. Chief Clerk Mummy, of the m ills committee, returned to his he Eugene this morning.

Mrs. E. A. Thatcher, of this en tended the funeral of Mrs. G. B. b held at Silverton last Wedneday,

H. E. Ankeny, of Eugene, who lown for the windup of the legisle returned to his home this morning C. C. Hogue, chief clerk of thel and Clark investigation committee turned to his home in Albany lasts Jos Garrow, of Corvallis, was it

ity this week, en route to Pen and from there he went to San! W. G. Wood, of Albany, no nome this morning, after a short

with his son-in-law, State Printer! County School Superintendent 1 Robinson, of Multnomah county, m

he city yesterday, watching the of the legislature. George Funk, of Portland, while een a clerk on the printing count s spending Sunday in Dallas and

go from there to Portland. Fred P. Nutting, editor of the any Democrat, was in the city night, to see the close of the tw third legislative assembly.

Floyd Churchill, the Albany p who has been in the city on h went to Jefferson this morning

will return to Albany tonight. W. A. Grace, of Silverton, was it ity Thursday, to accompany his r, who recently underwent and

ion in a hospital here, home. Hon. Joe Graham, of this city, o Cottage Grove this morning ! end the district convention of the

f P., which is being held there Among the Silverton people is \$4 he past week were Dr. D. G. Cha Newsum, Dell Davenport, Mr. and i. H. Riches, G. A. Bock, W. E. and Mrs. Rovelstad.

Mrs. Edythe Tozier-Weatherrel vas appointed special commit from Oregon to the St. Louis fat Governor Chamberlain, has returns is in the city, the guest of her bes State Printing Expert Albert To

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Nine people out of ten neglect their teeth simply becaus of the suffering incurred in having dental work done. all those so situated I wish to say that whether it be a fill ing, crown or extracting I can do it positively without an pain whatever. I don't ask you to take my word for it simply ask your neighbor, I have done his dental work in al

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