

A MATTER OF HEALTH

ROYAL

BAKING POWDER
 Absolutely Pure
HAS NO SUBSTITUTE

The Trimmer.

During the American Bar Association's convention in St. Louis, President James Hagerman talked one afternoon about trimmers.

"The trimmer," he said, "would be all right, perhaps, did he not always trim too much. I have never seen a trimmer yet who did not remind me greatly of old John Thompson, of Clairmont."

"Thompson, of Clairmont, had trimmed so successfully all his life long that he had never accomplished anything. He had never dared to hold a positive opinion. He had never dared to do a positive and downright deed. Finally he came to die, and the minister called on him."

"The minister and Thompson talked together a long time. At the end the minister said:

"Now, John, do you renounce the devil and all his works?"

"Oh, sir," said Thompson meekly,

"don't ask me that. I am going into a strange country, and I don't want to make myself enemies."

Not a Sick Day Since.

"I was taken severely sick with kidney trouble. I tried all sorts of medicines, none of which relieved me. One day I saw an ad of your Electric Bitters and determined to try that. After taking a few doses I felt relieved, and soon thereafter was entirely cured, and have not seen a sick day since. Neighbors of mine have been cured of Rheumatism, Neuralgia, Liver and Kidney troubles and General Debility." This is what B. F. Bass, of Fremont, N. C., writes. Only 50c at J. C. Perry's drug store.

Frank Brown was arrested in Portland last night for the larceny of 20,000 cigars from a railroad box car. The Portland police are determined to break up a gang of thieves that has infested the railroad yards for several months.



Miss Ethel M. Lytle, Soprano in Belshazzar.

Comfort in shoes

If your shoes are not comfortable you don't want them. But "comfortable" ought to mean more than ease to your feet.

You want the comfort of good looks, of long wear; of price economy. Get it all—ease, looks, service, price—in Selz Royal Blue \$3.50 shoe.

We sell a lot of these good shoes; the more we sell, the more we sell.

SELZ

NEW YORK FASHION LETTER

New York, Nov. 30.—No dandy of old France ever had more or fancier waistcoats than the up-to-date girl. Hers, to be sure, are sewed into the coat of her tailor-made costume and are only infinitesimal affairs, but they are of every hue of the rainbow, and some of them look as if they had been made from a portion of the parlor chairs. It is very easy to have a number of these waistcoats and to make them so that they can be quickly hooked or basted into your coat.

A little girl, who has but one tailored suit this winter, a broadcloth gown of seal brown, wears with it for morning shopping a waistcoat of white pique and a small brown toque. For calling she has a violet velvet vest and a violet toque. For more dressy occasions she possesses a waistcoat of yellow brocade satin to correspond with a white hat and a yellow plume, and for the theater in the evening she has an elaborate vest of white satin embroidered in gold and edged with a fall of accordion plated chiffon. Nothing is more fetching than the stiff white pique vest for morning wear. White pique always gives a woman that clean dainty business-like look without in the least detracting from her femininity.

To make such a set of waistcoats it is best first to select a suit which already contains a good waistcoat, or to have your tailor make one which has the proper curve and fit. After that the thing is easy, for you have only to rip it out and duplicate it in any sort of shade or material. A strikingly pretty waistcoat to go with a navy blue suit might be made of red broadcloth braided in gold or black.

It is never the dress or the coat a woman wears which really makes or mars her appearance; it is these dainty little touches, these bits of individuality or the lack of them. There are some women worth could not make look smart, whose housemaids take their old gowns, trim them over, touch them up and go forth looking better in the cast-off garments than their mistresses in them at first hand.

Those new walking skirts, with flare contrived in a dozen ways, have brought about a revolution in petticoats. They've done more, for trying to hold

out that voluminous flare in its proper way has been too much for the petticoats, until kinds have been evolved especially for the work.

The circular flounce has proven most satisfactory—the more circular it is the better. And the deeper it is the better, too, until, in some of the prettiest, it seems as though the petticoat were cut in half—the upper part (to the knees) plain and close fitting, and the other half all frills and flare. The usual way of getting at the necessary flare is to make the flounce of a succession of tiny circular ruffles, with the top one shaped to fit the skirt, and each starting where the last leaves off until the last one is several times the width of the first. Then the flounce falls in ripples that holds the skirt out well.

But the shirred ruffles that have found their way on so many dresses are echoed in the petticoats, too. A circular flounce (one that reaches to the knees) is made up of two or three ruffles—circular, too, but full, and shirred on with headings to each other and to the foundation. And some are strapped, which gives a little "body" to the ruffle, and some trimmed with little pink ruchings put in where the ruffles join.

Sometimes the ruffles are cut in deep points, but that's not an overly satisfactory way of having them made, for it's the very edge of the skirt that needs the fullness most of all, and the points take away from it a little. But a pretty way to use the points is to have the top of the flounce pointed, or to trim above the flounce with pointed rows of narrow velvet ribbon.

For the street gown, which is to be trimmed and show a jacket of some smartness, the shops offer many patterns and widths of braid, which are much employed by good dressmakers. These are frequently put on to outline the velvet or cloth trimmings, and it seems quite the fad to use several braids in different designs on one gown. Another inexpensive trimming—for some of the braids are by no means dear—is a taffeta braiding made and employed by dressmakers in colors to contrast with the gown's texture. This odd yet simple garniture, embellished with rosettes of the same, and in a dull green, is shown on a gown of yellowish brown cloth. Black mirror velvet smartens another jacket gown in messenger blue, and a third one in gray displays a vest of green kid barred and laced with black velvet ribbon. These three costumes and another in old French green, whose beetle back jacket is of quite unusual broadcloth, are all made of American broadcloth at \$1.50 a yard.

Numberless fancy wools and velvet materials are seen as cheap and cheaper, and on women of taste and good figure some odd frocks evolved from these materials are highly effective.

A striped velveteen in gray and black shapes a gown in a plain skirt and jacket model. The jacket is made in blouse fashion, with long, double skirts and full puffed sleeves. The stock is of plain gray, braided with black, and the collar and cuffs of black velvet.

A second costume showing a sort of violet and black zibeline is made magnificent with bands of violet mirror velvet. The tight fitting coat of this, which has a good deal of the look of the '70s skirt to the knees. A stiff and cape shaped trimming of velvet bands ornaments the shoulders of the body part, which closes with a square buckle trimming made of the velvet.

Many coarse laces which are effective in pattern but cheap in price, form sleeve falls and jabots for these smart frocks. And, of course, whenever a rich button or handsome belt buckle can be afforded it is brought into service. A simple button which gives good results is in shape of a wooden mold covered with velvet. These, in large sizes, are seen on a number of the evening coats of directoire character, and often the coats themselves are made of a coarse hairy cloth which is left unlined. This cloth is not dear—\$2 a yard and up—but the rose tints and dim blues and greens of the dyes are very charming.

Furry details for such gowns afford much license for fancy and knack of buffers, for a number of the fur sets are milliner made or fashioned at home. Several manufactured materials are used for these, all of which imitate furs, and are plainly imitations, yet are none the less admired for that.

ESTELLE CLAIREMONT.

Sure Cure for Piles.
 Itching piles produce moisture and cause itching, this form, as well as Bleeding or Protruding Piles are cured by Dr. Bo-san-ko's Pile Remedy Stops itching and bleeding. Absorbs tumors. 50c a jar at druggist, or sent by mail. Treaties free. Write me about your case. Dr. Bo-sanko, Phila., Pa.
 Fore sale by Dr. S. C. Stone, druggist.

HAPPY AND HEALTHY

A Beautiful Canadian Girl Saved From Catarrh of the Lungs by Pe-ru-na.



MISS FLORENCE KENAH.

Miss Florence E. Kenah, 434 Maria street, Ottawa, Ont., writes:
 "A few months ago I caught a severe cold, which settled on my lungs and remained there so persistently that I became alarmed. I took medicine without benefit, until my digestive organs became upset, and my head and back began to ache severely and frequently. I was advised to try Peruna, and although I had little faith, I felt so sick that I was ready to try anything. It brought me relief at once, and I felt that I had the right medicine at last. Within three weeks I was completely restored and have enjoyed perfect health since."
 "I now have the greatest faith in Peruna."

F. E. KENAH

WOMEN should beware of contracting catarrh. The cold wind and rain, slush and mud of winter are especially conducive to catarrhal derangements. Few women escape.

Upon the first symptoms of catching cold Peruna should be taken. It fortifies the system against colds and catarrh.

The following letter gives one young woman's experience with Peruna:
 Miss Rose Gerbing is a popular society woman of Crown Point, Ind., and she writes the following:

"Recently I took a long drive in the country, and being too thinly clad I caught a bad cold which settled on my lungs, and which I could not seem to shake off. I had heard a great deal of Peruna for colds and catarrh and I bought a bottle to try. I am pleased that I did, for it brought speedy relief. It only took about two bottles, and I considered this money well spent. You have a firm friend in me, and not only advise its use to my friends, but have purchased several bottles to give those without the means to buy, and have noticed without exception that it has brought about a speedy cure wherever it has been used."—Miss Rose Gerbing.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving full statement of your case and he will be pleased to give you his valuable advice gratis.
 Address Dr. Hartman, President, The Hartman Sanitarium, Col. Colo.

Faith and Fact.

Faith is one thing and fact another, it sometimes takes any amount of faith to produce one fact. Years of earnest work and faith have produced one fact about medicine that is deserving of mention here. If people who are troubled with general weakness through overwork, dissipation or exposure can get a remedy that will make rich red blood from the food they eat, their return to health is assured. Good blood is the life of the body as well as the nerves. Weak, sickly, pale people who suffer with indigestion, dyspepsia, sick-headache, loss of strength and ambition, having dizzy spells and always tired, can be cured sound and well with Dr. Gunn's Blood and Nerve Tonic. Sold by druggists for 75c per box, or 3 boxes for \$2. This tonic acts in a common sense way, curing disease by giving strength to resist it.
 For sale by Dr. S. C. Stone, druggist.

The baseball team of the University of Japan has challenged the Stanford nine for an international match game, to be played at San Francisco, and the Californians will probably accept. The Japanese team recently won the championship of the islands.

The governor of Idaho will investigate the charges brought against the management of the state penitentiary. He is determined to ascertain the truth of the charges that a shortage exists in the accounts of the officials.

HARPER WHISKY



A Delightful Beverage
 A Safe Stimulant
 A Good Medicine
 For Sale by
AUGUST SCHREIBER

Mrs. M. E. Fraser CLOSING OUT

Right in the middle of the busy season we place before our customers a wonderful lot of Suit, Skirt and Coat Bargains. We offer thousands of dollars worth of first-class, new fall 1904, up-to-date merchandise at 25 to 50 per cent less than regular prices. Every item quoted will reveal a buying opportunity that has never been equalled in this city.

Former Prices will not be considered

Suit, Coat and Skirt Bargains

\$16.79 Your Choice \$15.79

Any Suit in the House. All our \$25 \$27.50 and \$32.50 Suits



NELLIE BAKER.

no relief. Cough medicines did me no good whatever and upset my stomach, but since taking Vinol my cough has entirely disappeared. I have gained seven pounds in weight, and I am in better health than I have been for years."

The reason Vinol cures when all other cough remedies and preparations of cod liver oil fail is because it contains in a concentrated form all the curative, strength-creating elements of cod liver oil, actually taken from fresh cods' livers but without any oil or grease to upset the stomach or retard its work.

Mr. Putnam says: "We have never sold a medicine in our store equal to Vinol for coughs, colds, bronchitis, or to build up the rundown, tired, overworked and debilitated. It is simply a wonderful strengthener and invigorator for old people, and we ask the people of Salem to try Vinol on our strong guarantee."—Geo. W. Putnam, Druggist.