



The Pleasures of Youth.

WHAT WE MISS.

Do you remember the little things that give us so much pleasure when we were young? With what zest did we sit down to the table after our play was over and eat the mush and milk our mother put before us, which tasted like the nectar of the gods. But as we get older it takes more to give us pleasure. Mush and milk no longer tastes good to us, and our digestion may be impaired. We are told we cannot eat this or that because it is bad for the stomach. The fact is that whatever our stomach craves it pretty nearly always digests. "What is one man's meat is another man's poison." If there is something in the way of meat, vegetables or fruit that we long for, then our stomachs are pretty sure to take care of that article. The reason is that the appearance of the longed-for article will cause the saliva to pour forth from the glands, the juices from the stomach are increased, and as a consequence the stomach does the rest. Through the constant dinging into our ears that certain things are indigestible, we lose a great deal in the pleasures of the table and our stomach is weakened by taking many foods that are pre-digested or so easily digested that the stomach is weakened from non-use, just the same as the muscles of our arms will become small and weak if not used. The best advice we can give to such a person is to forget what you are eating. Don't listen to coppers or health-food cranks. Tune up the stomach with Dr. Pierce's Golden Medical Discovery. It is nature's most valuable and health-giving agent—made without the use of alcohol. It contains roots, herbs and barks, and is the concentration of nature's vitality as found in the fields and woods. This remedy has a history which speaks well for it because it was given to the public by Dr. R. V. Pierce, founder of the Invalids' Hotel and Surgical Institute, at Buffalo, N. Y., nearly forty years ago, and has since been sold by druggists in ever increasing quantities. Some medicines, tonics or compounds, enjoy a large sale for a few years, then disappear from the public attention, but Doctor Pierce's Golden Medical Discovery has proved such a reliable blood remedy and tonic that it often enjoys the confidence of several generations in a family, and its increased sales year by year coming from the recommendations of those who have tried it, prove its lasting merit, so that every bottle bears the stamp of pub-

lic approval. Every other well-known blood-maker and tonic for the stomach that we know of contains alcohol, but Dr. Pierce guarantees that no alcohol is contained in his "Medical Discovery." This remedy works in the natural way, for it corrects the irregularities of the stomach by promoting digestion and assimilation. The blood is cleansed and fed on proper nourishment, the nerves get rich red blood, and in consequence nervous troubles disappear, for they are often due to improper nourishment. Neuralgia is the cry of the starved nerves for food. Feed the nerves on pure rich blood and nervous symptoms will disappear. The result of indigestion and dyspepsia is that the person's blood becomes thin and watery because it is not fed on that nourishment which it should take from the food, and the person becomes nervous and sleepless. Dr. Pierce's "Medical Discovery" gives a healthy tone to the stomach, liver, blood and heart. Drink plenty of water between meals—hot water on arising in the morning, and three doses of "Discovery" per day, and we would almost guarantee that you will be able to eat anything you like after a month or two. At the same time, you are putting your body in such a healthful condition that you are capable of warding off the attack of any germ disease. With proper food for the stomach, pure air for the lungs, exercise and cleanliness at all times, one gets healthy nerves, lungs, heart and liver, and by stimulating the organs into activity with Dr. Pierce's Golden Medical Discovery when necessary, can laugh at disease.

"Please accept my thanks for your wonderful medicine, 'Golden Medical Discovery,' which has brought me from the bed to be a healthy man again," writes G. W. Brisco, of Abilene, Kans. "When I began taking your medicine I was run down in health and flesh, had no appetite, had heavy pain in abdomen, headache, backache, dizziness, shortness of breath, also eyes were weak, could not do any work. After I got Dr. Pierce's Medical Adviser it told me just what was the matter and what I should take to gain health. My cure has remained permanent. After using five bottles of Golden Medical Discovery, I am now able to do a good day's work and do it with ease. The relief was something that I could not describe. It has enabled me to do my work steadily ever since."

FREE! Dr. Pierce's Common Sense Medical Adviser is sent free on receipt of stamps to pay expense of mailing only. Send 21 one-cent stamps for the book in paper covers, or 31 stamps for the cloth-bound volume. Address Dr. R. V. Pierce, Buffalo, N. Y.

SALEM SOCIAL EVENTS

Euchre Club.

The Friday Afternoon Euchre club was delightfully entertained by Mrs. R. D. Gilbert, Mrs. C. L. Dick and W. N. Gatens, at the Gilbert home on Liberty street, yesterday afternoon. The time was pleasantly spent. Mrs. E. A. Pierce captured the prize, which was a pretty china plate. Light refreshments were served.

There will be one more meeting of the club this year, and it will meet a week from Monday. The hostesses will be Mrs. Geer, Mrs. Bishop and Mrs. Calbreath. The meetings will then adjourn until the first week in October.

W. U. Societies Meet.

The Philodorian and Philadorian societies of the Willamette University held their annual reunion last evening at their respective halls, and a pleasant evening was spent. After the short session, a social time was had, and the societies adjourned until next year.

Tomorrow morning, at the First M. E. church, the baccalaureate sermon will be preached by the Rev. D. L. Rader, editor of the Pacific Christian Advocate. At 3:30 p. m. the annual farewell meeting of the Y. M. C. A. and Y. W. C. A. will be held in the society halls. President Coleman will be leader. At 8 p. m. the choir of the Methodist church will give a sacred concert, and there will be an address by the Hon. R. A. Booth, of Eugene, Oregon, a former student of the University.

Closing Entertainment.

The closing exercises of the West Salem school were held yesterday, and a very interesting program was given, consisting of songs, recitations, dialogues and drills. The Chinese drill and song by eight little boys, in Chinese costume, was very good, and was much enjoyed by all present. A motion song by 12 little girls was acted out very nicely. The program was quite long, but every number was good, and was well received. Those taking part were: Beth Wilda Bedford, Joyce Stevenson, Anna and Isabel Gilbert, Ethel Plant, Jennie Moll, Alice Fields, Vesta Gardner, Inez Pitts, Ruth White, Neva Smith, Dora Wilkening, Elsie and Marie Gosser, Mabel and Josie Moyer, Ethel and Reata Finley, Ella and Lillie Ruge, Jimmie Kurbin, Eddie and Olney Crosson, Harold Smith, Otto Kurbin, Merrill Lucas, Manley and Eugene Coates, Calvin Plant, Russell Fields and Franklin Gilbert.

The West Salem school has an enrollment of 61 pupils, and their teacher is Mrs. Elbert Thompson, who has just finished a very successful nine months. The school has eight grades, and every one is progressing nicely.

SUNDAY SERVICES

First Unitarian.

Frank A. Powell, pastor, will speak at 11 a. m. on "The Philosophy of Reform. No evening services.

Salvation Army.

All meetings held in the tent on Mission street, between Capital and University, Yew Park. Holiness meeting at 11 a. m. Junior meeting at 1:30 p. m. Salvation meetings at 3 and 8 p. m. There will be meetings in the tent every evening during the week. All are welcome.

Central Congregational.

Sunday School at 10 a. m., followed by sermon at 11 a. m. by Rev. H. J. Zercher. Endeavor meeting at 7 p. m.

W. C. T. U.

Some minister from the U. B. camp-meeting will speak at the services in the W. C. T. U. Hall at 4 p. m. Sunday.

Christian Science.

Second Church of Christ, Scientist, 140 Chemeketa street. Services: Sunday at 10:30 a. m. and 8 p. m. Subject of lesson sermon: "Christian Science." Sunday School at 11:45 a. m. Wednesday evening. Testimonial meeting at 8 o'clock. Reading room in the church open each afternoon except Sunday. All are cordially invited.

Church of God, North Salem, Elder A. Wilson, pastor. Services at 11 a. m. Subject: "The Vicarious Atonement."

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This medicine is a scientific cure for nerve disorders, such as Neuralgia, Headache, Loss of Memory, Sleeplessness, Spasms, Backache, St. Vitus' Dance, Epilepsy or Fits, Nervous Prostration, etc.

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ment." Sunday School at 10 a. m. Everybody invited.

The First Christian church will have no services in the morning, in deference to the baccalaureate sermon and services at the M. E. church.

The other services as usual. Bible School at 12 m., Charles Shoemaker, superintendent. Junior C. E. at 3:30 p. m. Senior C. E. at 7 p. m. Preaching by the pastor, Elder D. Errett, at 8 p. m. Theme: "All the Words of This Life." A cordial invitation is extended to strangers and visitors to attend these services.

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RED SEAL

Tri'l 2:06 Rec. 2:10

SIRE OF JOE SEAL 2:11 1/4.

Sired by Red Heart 2:19 1/4, the sire of Chain Shot 2:06 1/2

Red Seal 2:10, Etc.

Dam ALICE M. (trial) 2:25by Mark Field (son of Geo. Wilkes), Dam of Red Seal 2:10 A. sire of Daisy Fields 2:08 1/4, Mam-lawood 2:19 1/4.

Second dam DAY BELLby Advance, sire of Malraska 2:25, etc. Dam of Veritas 2:16 1/4, Vindex 2:29 1/4.

Third dam daughter of Tippeo Salb, a thoroughbred.

Red Heart is by Fred Wilkes, out of Sweetheart, by Sultan; second dam Minnehaha, the dam of Beautiful Bells, etc. RED SEAL stands 15.1, compactly built, with great quality and a sure sire of great speed. He will make the season of 1904, at the

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