

DAILY CAPITAL JOURNAL

BY HOFER BROS.



THE APPENDICITIS FAD.

One may see on every hand that appendicitis has become one of the most fashionable of fads.

A malady of recent discovery, it seems to have spread with the swiftness of the plague and to have gathered its victims into the hospitals by uncounted thousands.

Scarcely a neighborhood or social circle but has one or more of its members in a hospital being relieved of the troublesome vermiform appendix, and fortunate is the man or woman—usually the woman—who escapes with only one operation.

Wise in his generation was the man who, when picked up unconscious on the street and taken to a hospital, was found to have had tattooed on his breast these words: "Don't operate for appendicitis—had appendix removed three times."

It is a strange fact, wholly inexplicable to the lay mind, that operations for appendicitis seem to be considered imperative only in cases of wealthy people. And it has frequently been observed that in proportion to the money people have to spend for operations the necessity for operations increases. The poor man is permitted to get along very well with pills. This is one of the advantages of poverty.

It might be unkind to say anything that would discourage people who have a penchant for appendicitis. It is the right of every one—particularly every woman—to be in fashion, provided her husband has the price for an operation. But if he hasn't the price it is a cinch she can't have anything more aristocratic than the old-fashioned, common stomach ache.

This striking affinity between money and appendicitis is puzzling. However, we know that too much ease is the cause of many ills, real and imaginary.

Dr. Thomas W. Lauderborn, of Morristown, N. J., offers a theory:

"When the man is active on his feet, when he is doing considerable walking, there is no danger of his having appendicitis, for the reason that the abdominal and intestinal muscles are kept continually active, and so are in good working order all the while. The jolting given to a man's interior economy when he walks causes the muscles of the abdomen and the intestines to continually contract to offset the jar of his step, and thus they are always in perfect condition."

"On the other hand, when a man begins to take the trolley car, the steam car and to the carriage in making his daily trips, he loses all that jolting which is necessary as a tonic to the muscular walls of his abdomen and intestines. So when we see a man begin to get flabby and portly, we immediately say that there is a good subject for appendicitis."

The theory is not new. It has been applied to hundreds of ailments. It will no doubt be applied to hundreds more before the world ends.

If the sum total of the world's best philosophy as related to health means anything it is this—that activity of body and mind is the best preventive and the most sovereign remedy of disease.

The man who walks and hustles can laugh at the doctors, and the woman who discharges her servants and goes into the kitchen as her mother did will find neither time nor cause to go to a hospital.

The June Outing.

This magazine is devoted to regattas, deep sea fishing, golf, and all the sports of the open air at this lovely season of the year. The illustrations and reading matter are such as take a man or woman off their "nerve" and into the "open" ways of life, where you breathe God's honest uncontaminated air and get away from the glittering dollar long enough to become human for a time at least. Outing has the great advantage of giving you entertainment, information and putting you right wise to the sports of the world, in an authoritative manner. Sold by newsdealers, or order at 253 Fifth avenue, New York.



If you neglect the stomach and bowels you are going to suffer from Nausea, Sick Headache, Sleeplessness, Constipation, Dyspepsia and Indigestion. The Bitters will strengthen the stomach, keep the bowels open and prevent these ailments. Try a bottle.

LEE FOR SCHOOL DIRECTOR

Asked to Be a Candidate by a Large Petition

The Issue Next Monday Is Whether Salem Shall Adopt Higher Grades

A petition signed by 302 voters and taxpayers, and directed to Mr. Andrew A. Lee, is headed as follows:

To Mr. A. A. Lee, Salem, Oregon: Dear Sir: We, the undersigned electors of school district No. 24, Marion county, Oregon, believing in the establishing of a high school in said district, and knowing your sympathy with such movement, respectfully request that you become a candidate for school director of said district, at the annual election to be held June 20, 1904.

Then follow the best names in the city, men and women from all parts of the school district, and to these Mr. Lee replies as follows:

Mr. Lee's Acceptance.

Salem, Or., June 14, 1904.

Messrs. J. A. Taylor, Jos. H. Albert, F. W. Waters, C. C. Worrick, Wm. Brown, C. P. Bishop, C. S. Hamilton, and others, electors of School District No. 24, Marion County, Oregon.

I beg to acknowledge receipt of your communication asking me to become a candidate for school director at the approaching election, and I should feel myself sadly wanting in the qualities of gratitude if I should fail to appreciate the expression of confidence thus given me by such a large number of the prominent, representative taxpayers of this district. Accepting such expression in the utmost good faith, I do not feel that I should refuse to accede to your request, therefore, I have concluded to accept the honor at your hands, and to pledge myself, if elected, to assist in conducting the affairs of the district with the view of placing our schools in the highest possible condition of efficiency and advancement consistent with the financial means of the district within the line of economic business management.

A. A. LEE.

The Issue Next Monday.

At the meeting of the Salem Commercial Club Tuesday evening Mr. C. S. Hamilton said the issue at the election Monday would be whether this school district should have grades above the ninth grade. That many people have been turned away from locating in this city on account of the low grade public schools, he stated to be a fact, and hoped that the business interests of this community would see to it that higher grades were established at the election Monday.

Lee Will Be Elected.

The Salem Woman's Club, and in all about 450 citizens have endorsed the principle for which Mr. Lee stands. When seen today he said it was not a personal matter with him, as he stood for the principle of adding the full course of the public schools as provided by law for cities the size of Salem, and favored putting this city in the front rank as a public school town. Indications are that additional grades and Mr. Lee will both carry without opposition.

X-RADIUMS

Ordinarily one term in the legislature is enough to do up any man politically.

Intelligent Americans can fight about politics; but differ about religion; but all unite when it comes to standing pat for the public schools.

Goelet-Whelen Wedding.

Philadelphia, June 14.—The world of fashion turned out in full force today to witness the wedding of Miss Elsie Whelen to Robert Goelet, which took place in St. Mary's church. Wayne, included among the wedding guests were the Vanderbilts, Isells and other well-known New York families, as well as the foremost representatives of Philadelphia society.

The sanctuary of the church was elaborately decorated, and the altar filled with white roses, over which a number of lighted tapers cast their soft light. Mrs. Craig Biddle, sister of the bride, was matron of honor, and the bridesmaids were Misses

TO CURE ANY DISEASE.

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Alice Roosevelt, Frances Griscom, Adelaide Jordan, Esther Harrison, Pauline Biddle, Edith Brunen, Marion Haven and Norah Iselin. The bridesmaids wore pink silk frocks and pink picture hats. The bridegroom was attended by his cousin, Robert Walton Goelet, as best man. Following the ceremony at the church the bridal party and guests were driven to Covelly, the country residence of the bride's parents, where there was an elaborate wedding breakfast.

Miss Whelen is the daughter of Mr. and Mrs. Henry Whelen and belongs to one of Philadelphia's best-known families. The bridegroom belongs to the well-known Goelet family, of New York, and is closely related to the Vanderbilts, Burdens and other prominent families.

The Chorus for Queen

Esther had their first rehearsal on the opera house stage last night. A full attendance was present, and everything in bordering on perfection for the coming events.

Good Spirits.

Good spirits don't all come from Kentucky. Their main source is the liver—and all the fine spirits ever made in the Blue Grass state could not remedy a bad liver or the hundred and one ill effects it produces. You can't have good spirits and a bad liver at the same time. Your liver must be in fine condition if you would feel buoyant, happy and hopeful, bright of eye, light of step, vigorous and successful in your pursuits. You can put your liver in fine condition by using Green's August Flower—the greatest of all medicines for the liver and stomach and a certain cure for dyspepsia or indigestion. It has been a favorite household remedy for over thirty-five years. August Flower will make your liver healthy and active and thus insure you a liberal supply of "good spirits." Trial size, 25c; regular bottles, 75c. At all druggists. At Dr. Stone's drug stores.

The Singers

For Queen Esther opera now have their costumes, and they are very becoming, making quite a pleasing stage effect.

You Must Not

Miss hearing Geo. C. L. Snyder as "King" in the beautiful opera, Queen Esther, Friday and Saturday nights

COLLEGE CLOSING DAYS

The Sixtieth Annual Commencement of Willamette

Following is the program of Willamette University for commencement week

June 10, 8:00 p. m.—President's reception to all students and faculties of the University, at young women's hall.

June 13—Examinations.

June 14—Examinations. 8:00 p. m. recital of the College of Oratory. An evening with the modern novelist.

June 15—Examinations. 8:00 p. m., exhibition of the young women's department of physical culture, in University gymnasium.

June 16, 8:00 p. m.—Recital of the Junior class. College of Oratory. An Evening with Lovey Mary.

June 17, 8:00 p. m.—Annual reunion of the literary societies, in the society halls.

June 19, 10:30 a. m.—Baccalaureate sermon by the Rev. D. L. Long, D. D., editor of the Pacific Christian Advocate.

3:30 p. m.—Annual farewell meeting of the Y. M. C. A. and the Y. W. C. A., President Coleman, leader, in the society halls.

8:00 p. m.—Sacred concert by the First M. E. church choir. Address by the Hon. R. A. Booth, of Eugene, Oregon.

June 20—Undergraduates recital of the College of Music.

June 21—Annual meeting of the board of trustees.

8:00 p. m.—Closing exercises of the Oregon Institute (the preparatory school). Address by the Rev. Albert D. Henry, D. D., pastor of the First Methodist church, North Yalima, Washington.

June 22—Annual business meeting of the alumni of the College of Liberal Arts, in the society halls.

8:00 p. m.—Annual entertainment and reunion of the alumni college chapel.

2:00 p. m. to 6 p. m.—Exhibit of art, art studio.

June 23, 8:00 p. m.—Sixtieth annual commencement. Address by the Rev. B. F. Rowland, Ph. D., pastor of the First Methodist church, Eugene, Oregon.

Unless another place is mentioned, all exercises are to be held in the First Methodist church.

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