

# CATARRH A COMMON COMPLAINT.

Catarrh begins with a stubborn cold in the head, inflammation or soreness of the membrane or lining of the nose, discharge of mucus matter, headaches, neuralgia and difficult breathing, and even in this early stage is almost intolerable. But when the filthy secretions begin to drop back into the throat and stomach, and the blood becomes polluted and the system contaminated...

I had a continual headache, my cheeks had grown purple, my nose was always stopped up, my breath had a sickening and disgusting odor, and I coughed incessantly. I heard of S. S. S. and commenced to use it and after taking several bottles I was cured and have never since had the slightest symptom of the disease. Miss MARY L. STORM, Northwest Cor. 7th and Felix Sts., St. Joseph, Mo.

It affects the kidneys and stomach as well as other parts of the body. It is a constitutional disease and as inhaling mixtures, salves, ointments, etc., are never more than palliative or helpful, even in the beginning of Catarrh, what can you expect from such treatment when it becomes chronic and the whole system affected? Only such a remedy as S. S. S. can reach this obstinate, deep-seated disease and purge the blood of the catarrhal poison. S. S. S. purifies and builds up the diseased blood, and the inflamed membranes are healed and the excessive secretion of mucus ceases when new, rich blood is coming to the diseased parts, and a permanent cure is the result.

S. S. S. is guaranteed purely vegetable and a reliable remedy for Catarrh in all stages. Write if in need of medical advice; this will cost you nothing. THE SWIFT SPECIFIC CO., ATLANTA, GA.

## THE WEEK'S SOCIAL EVENTS

### Pleasant Gatherings--The Rivets That Fasten Friendship

#### The West Salemites Meet.

The West Salem Literary Society held its regular meeting at the West Salem hall Saturday evening. President Elbert Thompson called the meeting to order, and the following program was rendered and enjoyed by all present:

- Reading, Mrs. Crossan. Solo, W. J. Squires. Recitation, Miss Nettie Smith. Duet, Misses Brandon and Wilson. Newspaper, West Salem Gazette, read by David Eyre.

After a short recess an interesting debate was held, the question being: "Resolved, That education is better than riches." The affirmative was skillfully discussed by Miss Pearl Brandon, David Eyre and Elbert Thompson, while the negative was ably sustained by Mr. Garfield, W. J. Squires and Miss Smith. After a lengthy discussion, it being quite a difficult subject, the judges decided in the affirmative. Next Saturday evening there will be a good program, and the question "Resolved, That the horseless carriage will take the place of the horse," will be discussed.

These interesting meetings are drawing to a close, and on April 2d there will be a drama given, and a box supper as a grand finale.

#### The Woman's Club.

The Salem Woman's Club held their regular meeting in the parlors of the Presbyterian church Saturday afternoon. It was decided to give another social Wednesday evening, March 16th, and Mrs. E. Cooke Patton has kindly offered her house for this occasion. There will be a literary and musical program, also refreshments. An admission of 25 cents will be charged, and the proceeds to go toward furnishing a room in the high school. The following committees are appointed: Program--Mrs. A. Jessup, Mrs. Stockton, Mrs. Ogle. Refreshments--Mrs. C. P. Bishop.

#### WHY IT SUCCEEDS.

Because it's for One Thing Only, and Salem is Learning This.

Nothing can be good for everything. Doing one thing well brings success. Doan's Kidney Pills do one thing only.

They're for sick kidneys. They cure backache, every kidney ailment.

Here is Salem evidence to prove it. G. W. Bennett of Roseburg, Ore., a well-known veteran member of 11th Iowa Reg., Co. I, Inf., says "If kidney complaint affects everyone as it did me there is little wonder that the sufferer is constantly complaining and continually on the outlook for something to bring relief. I was annoyed more or less with kidney trouble ever since I left the army in 1865. I suffered everything from steady dull aching to excruciating twinges across the small of my back. I had to move around very carefully trying to evade pain, for a false step or backward movement brought punishment. The secretions from the kidneys were in smelly strong and after standing a terrible condition, dark in color, in a short time possessed a heavy brick-dust sediment. I was for eight months under treatment for my kidneys but nothing gave me any permanent relief until I commenced using Doan's Kidney Pills. The first box so greatly benefited me that I followed up the treatment by using three boxes

Mrs. Raymond, Mrs. C. Hamilton, Mrs. F. E. Smith, Mrs. A. A. Lee.

Serving--Mrs. Crawford, Mrs. Shelton, Mrs. Homer Smith, Mrs. F. E. Slater and Mrs. Moore.

Dr. M. M. Staples addressed the ladies on the sanitary conditions and ventilation of our schools, which was highly appreciated.

Misses Maude Mackay and Coshaw delighted the ladies with an instrumental duet. Mrs. Carlton Smith sang in her usual charming manner accompanied by Miss Church.

#### Third of a Series.

Mrs. Roy Burton entertained a company of friends at her pleasant home on Nineteenth street on Friday evening at "Hearts." This is the third of a series of "Heart" parties Mrs. Burton has given this winter, and she has proved herself an ideal hostess. The decoration were very pretty, ferns, evergreens and cut flowers being the ornamental decorations. In the game of "Hearts" Frank Frickley received the first prize, while Mr. Bert Edwards carried off the consolation. Dainty refreshments were served to the guests, which were enjoyably discussed. About fifty young people were in attendance.

#### Their Thirtieth Wedding.

Mr. and Mrs. E. P. Cochran were agreeably surprised last Thursday evening, when a company of their neighbors and friends gathered at their home and proceeded to spend a pleasant evening. The occasion being the 30th wedding anniversary of the couple. The evening was a round of pleasure, with music and games of all kinds. Many old-time parlor games were introduced by the elders, which were entered into with zest by the younger members, and greatly enjoyed. Light refreshments were served at the close of the evening.

#### Teacher and Pupils.

Miss Edith Ketchum and a number of her pupils gave a pleasant little musicale at the home of Mr. R. L. Downing, on State street, Saturday afternoon.

They practically cured me. I am 88 years old, and can hardly expect to be cured completely, but when a remedy will bring such relief to a person of my age and in a case of so long standing, what will it do in ordinary cases? I might add that before I began to use Doan's Kidney Pills I was so badly affected with dizzy spells that often when walking up town I have had to stop and lean up against something for support. I keep Doan's Kidney Pills on hand all the time and every now and again when I think my kidneys or back need a little toning up I take a few doses. I recommend this remedy strongly.

Plenty more proof like this from Salem people. Call at Dr. Stone's drug store and ask what his customers report.

For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, N.Y., sole agents for the United States. Remember the name, Doan's, and take no substitute.

#### Call for Congressional Convention.

A convention of the Republican party of the First congressional district of the state of Oregon is hereby called to meet in Salem, Ore., Wednesday, April 13, at 11 a. m., for the purpose of nominating one representative for congress and to transact such other business as may properly come before the convention. The convention will consist of 177

delegates, apportioned among the several counties of the district as follows, to-wit: Benton, 7; Clackamas, 18; Coos, 9; Curry, 3; Douglas, 14; Jackson, 12; Josephine, 7; Klamath, 4; Lake, 4; Lane, 19; Lincoln, 5; Linn, 14; Marion, 23; Polk, 9; Tillamook, 6; Washington, 13; Yamhill 11. Total, 177.

The same being one delegate-at-large for each county, one for every 150 votes cast for Judge Bean on the last general election, and one for every fraction of 150 larger than 100.

That the work of the convention may be expedited as much as possible the committee suggests that the chairman and secretaries of the several county conventions certify to the list of delegates elected by their county conventions to this congressional convention and mail them at once to Curtis B. Winn, secretary congressional committee, Albany, Ore.

Delegates or others in attendance at the convention may secure a rate of one and one-third fares for the round trip on the Southern Pacific and the Corvallis & Eastern railways by paying full fare to Salem, taking a receipt for fare paid from the ticket agent and having same properly certified by the secretary of the convention. T. W. HARRIS, Chairman Congressional Committee, CURTIS B. WINN, Secretary.

#### Bought Interest in Paper.

Bert Miller, formerly Simplex operator in the Guard office, has purchased a half interest in the Woodburn Independent newspaper. Mr. Miller is a good newspaper man, and the Independent will no doubt continue to prosper in double harness.--Eugene Guard.

CASTORIA. The Kind You Have Always Bought. Bears the Signature of Dr. J. C. Watson.

#### Market Quotations Today

Table with market quotations for various commodities including Capital City Mills, Wheat, Buckwheat, Poultry, Eggs, Turkeys, Dried Fruits, Potatoes, Vegetables, Onions, Hop Market, Wood, Fence Posts, Grain and Flour, Oats, Barley, Flour, Live Stock Market, and Portland Market.

## OTHER WORLDS.

Our sole knowledge of the people on other worlds and how far the people there differ from our inhabitants, can only be guessed by comparison with animal nature on this small sphere of ours. More important to us is a knowledge of ourselves. "KNOW THYSELF" was an old Greek thought. How to take care of one's own body is not so simple as some think; the human mechanism is a wonderful thing and requires watching.

One man who has done more to teach the American people how to care for their bodies than almost any other, is Dr. R. V. Pierce, of Buffalo, N. Y., the Author of the "Common Sense Medical Adviser." He says: It is not the quantity of the food eaten which produces strength and health for some people can keep strong on a very meagre diet, but it is how much food is absorbed and assimilated by the blood and carried to nourish every organ of the body. It is, therefore, vitally necessary for the body that the stomach be in a healthy state. If disease of the stomach, or what is called "stomach trouble," prevents proper nutrition then the heart, liver, lungs, and kidneys do not get proper food--they are not fed on rich red blood, and in consequence, begin to show signs of distress. Outwardly these signs may be pimples and eruptions on skin; pale face, sleepless nights, tired, languid feelings, or, by reason of the nerves not being fed on pure blood, they become starved, and we receive a "twinging" in the pain we call neuralgia, Rheumatism, too, is a blood disease. After years of practice and study Dr. Pierce found that an Alternative Extract, which he named "Dr. Pierce's Golden Medical Discovery," made from the extracts of several plants, invariably produced a tonic effect upon the system. It helped the process of absorption of the healthy elements in the food and increased the red corpuscles of the blood, as well as eliminated the poisons from the system.

Business is business. No time for headaches. Constipation causes them. Doctor Pierce's Pleasant Pellets cure them by curing the cause. Laxative and in.

R. Foster Stone Will speak at the W. C. T. U. hall Monday, Tuesday and Wednesday of this week, at 7:30 p. m.

CASTORIA. The Kind You Have Always Bought. Bears the Signature of Dr. J. C. Watson.



YOUR BEST GIRL. Can tell when your laundry is right. She will notice it if it is not done up well quicker than you are likely to. If you want to make your best appearance always before your best girl you should have your work done at the Salem Steam Laundry, because here everything is done carefully, and your shirts, collars and cuffs are always right. Orders left at the Kutch Barber Shop will receive prompt attention. Salem Steam Laundry Colonel J. Olmsted, Prop. Dorus D. Olmsted, Man. Phone 411 230 Liberty St.

#### Notice of Changing of Grade.

Notice is hereby given to all whom it may concern, that the common council of the city of Salem, Oregon, intends to alter the grades of High street, in said city at the following points. At the intersection of High and Mill streets, from the existing elevation to 41.50 feet above the base of grades; and at a point 216 feet south of the south line of Mill street, on High street, from the existing elevation to 41.00 feet above the base of grades. The ordinance providing for said changes in the grades aforesaid will be under consideration at the next regular session of said common council on March 15, 1904, at 7:30 o'clock. Done by order of the common council of Salem, Oregon, this 4th day of March, 1904. N. J. JUDAH, City Recorder, Salem, Or.

#### Sale of City Bonds.

The City of Salem, Oregon, will receive subscriptions for the purchase of \$30,000 of its Municipal Four Per Cent Refunding Bridge Bonds, to be issued on the first day of April, 1904. The subscription book will be opened at 10 o'clock a. m., on Tuesday, March 1, 1904, at the office of the city recorder, in said city and will be closed at 10 o'clock a. m., March 20, 1904. The sale of said bonds will be upon the popular loan plan, the lesser subscriptions being filled first and those next highest in due sequence. N. J. JUDAH, City Recorder.

CLASSIFIED. Advertisements, five lines or less, in this column inserted three times for 25c, 50c a week \$1.50 a month. All over five lines at the same rate.

#### WANTED.

Wanted--A girl for general housework. Inquire of Mrs. R. D. Allen, 347 High street. 3-10-1f

Wanted--A competent girl for housework. Good wages to right party. Inquire J. R. Whitney, Capital street. 3-9-3t

#### FOR SALE.

For Sale Cheap--A second-hand buggy, almost new; also a pony. D. A. Forbes, 388 Chemeketa street. 3-13-3t\*

For Sale--Two fresh Jersey cows. Inquire of J. H. or J. M. Howell, 12th and Cross streets. 3-11-3t\*

For Sale--Three fresh cows, 2 calves, 1 yearling heifer. Will sell for cash or on time. Inquire of S. S. Cole, east of the fair ground. 3-11-3t\*

Fresh Cow for Sale--Also White Langshan eggs (Sellwood strain). Inquire at corner of Front and Center streets, blacksmith shop. Sam Ludl. 3-11-6t\*

For Sale--My house, No. 53 Twelfth street, 8 rooms, pantry, 5 closets, Hot and cold water, bath, hard finished throughout. House and yard in good condition. Wylie A. Moores. 3-8-3t

For Sale--Or trade, a fine 10-acre chicken or fruit ranch; first-class buildings and improvements; close to school, postoffice, store and railway station. Will trade for city or unimproved farm property. Address "W. J." Care Journal. 11-5

#### FOR RENT.

For Rent--Seven-room house, well water pipes in house. Inquire of A. Schrieber, 424 High street. 3-11-3t\*

For Rent--Farm; will sell team, wagon, harness and feed. For particulars inquire of J. W. Merrifield, 3 miles east of Turner. 3-8-6od-2w

#### MISCELLANEOUS.

Hop-pickers--Join Hop-pickers' Association. Annual dues, 25 cents a year in advance. Subscription to Hop-picker included to members. Oregon Hop-picker, Room 7, Hamilton building, Portland, Oregon. 3-12-1m

Lost--Friday morning, a parcel of laundry, containing blue shirt and sweater; possibly a short distance from town on Wallace road, in Polk county. Reward for return to this office. 3-11-3t\*

Money to Loan--I have money to loan, if your title is good; nothing but first-class mortgage security wanted. Wylie A. Moores. Phone 2343 Red. 3-8-3t

Moler's Barber College--Of Salt Lake City, offers advantages in teaching the trade that cannot be had elsewhere. Avoid schools the Oregon and California barbers' new laws are apt to close at any time. Write today for our special offer to distant students. 3-8-1m\*

Notice--Persons wishing work done in the I. O. O. F. cemetery apply to the sexton, N. Rosenbaum, corner of Wilson and Rock streets. Phone 2076 Black. 3-4-1m\*

Say--Have you tried Edwards & Lusher's for meats. We have the best sausage in town. Come and try it, and be convinced. 410 East State street.

Salem Truck and Dray Co.--Oldest and best equipped company in Salem. Piano and furniture moving a specialty. Office 'phone, 881. W. W. Brown & Son, proprietor. Office No. 60 State street. 3-1-1m

Dr. Z. M. Parvin--At 297 Commercial street, upstairs. Singing school. Rudimental and sight reading classes. Begins Wednesday evening, October 14th. Class every Wednesday evening to May 1st, next. Tuition, \$1.00.

New belts, new collars, new waist sets, new hair ornaments, notions of all kinds at

The Variety Store 94 Court St. Ansora M. Welch, Prop

PENNYROYAL PILLS. CHICKEN-EBERLE'S ENGLISH. Original and only genuine. For the cure of all ailments...

MISCELLANEOUS. Unique Cleaning Rooms--C. A. Johnson, successor to Shaw & Johnson, the cleaners, is now located at 239 Commercial street. He does a general pressing and repairing business. Specialties: Skirts, silk waists, kid gloves, gent's clothing, etc. Phone 2614. 5-28-1yr

PHYSICIAN AND SURGEON. Dr. I. W. Starr--Office in Bush & Brey building, over Oregon Shoe Store. Office hours, 9 to 12 a. m. and 2 to 5 p. m. Calls attended in city or country. Residence 'phone 3886 Red. 1-4-1f

Dr. W. S. Mott--Will hereafter be found in the Brey block, 275 1/2 Commercial street, over Oregon Shoe Co. Office telephone, 2931; residence phone, 2761. Office hours 9 to 12, and 2 to 5.

WIRE FENCING. Walter Merley, Dealer in American, Elwood and Page field fencing. All kinds of poultry fencing. Shingles, P. & B. ready roofing and wall paper. Prices the lowest. Salem Fence works, 60 Court street, Salem. d&w

UNDERTAKERS. Undertakers--We carry the largest and finest line of undertaker's goods in the city. Prices to suit all. Black and white bears. Prompt, reliable. Save money by calling at No. 197. A. M. Clough, A. J. Boney. 1-16-1f

RESTAURANT. Ferguson's Restaurant--95 State street. Open day and night. Our 20c meals are better than any 35c house in the state. Six 20c meals for \$1.00; 21 20c meals for \$3.00.

LODGES. Olive Lodge, No. 18, I. O. F.--I. O. O. F. Hall, Saturday each week, at 7:30 p. m. B. B. Herrick, Jr., N. G.; Frank F. Toews, recording secretary. Salem Camp, No. 118, Woodmen of the World--Meets in Holman Hall every Friday at 7:30 p. m. P. L. Frazier, Consul. Wylie A. Moores, Secretary. 1-12-1yr

Protection Lodge--No. 2, Ancient Order United Workmen, meets every Saturday evening in the Holman Hall, corner State and Liberty streets. Visiting brethren welcome. J. G. Graham, M. W.; J. A. Bellwood, Recorder.

Valley Lodge No. 18, A. O. U. W.--Meets in their hall in Holman block, corner State and Liberty, every Monday evening. Visiting brethren welcome. Roy McIntire, M. W. M. E. Aufrance, Recorder.

Central Lodge No. 18, K. of P.--Castle Hall in Holman block, corner State and Liberty Sts. T. eaday of each week at 7:30 p. m. H. H. Turner, C. C.; W. I. Staley, K. of R. and S.

Foresters of America--Court Sherwood Foresters No. 19. Meets Friday in Turner block. H. G. Meyer, C. R.; A. L. Brown, Sec.

Modern Woodmen of America--Oregon Cedar Camp No. 5246. Meets every Thursday evening at 8 o'clock in Holman Hall, E. E. Matten, V. C.; A. L. Brown, Clerk.

OSTEOPATHS. Dr. M. T. Schoettle, Frank J. Barr and Anna M. Barr. Dr. Leila Mae Thomas, assistant specialist in female diseases; seven years' experience in confinement cases. Consultation free. Dr. W. H. Thomas, assistant specialist in renal calculi, gall stones, stomach troubles, constipation and dislocations. All graduates of the founder's school. Office hours, 9 to 5, I. O. O. F. temple. Phone 2723 Main; residence phone, 2603 Red.

Dr. H. H. Scovel, Osteopath and Suggestionist--Treats chronic disorders of the stomach, bowels, liver, kidneys; nervous and female diseases, lung and throat troubles. D'Arcy Bldg., State St. Main 2855.

TONSORIAL AND BATHS. Evan's Barber Shop--Only first-class shop on State street. Every thing new and up-to-date. Finest porcelain baths. Shave, 15c; hair-cut 35c; baths, 25c. Two first-class boot blacks. C. W. Evans, proprietor.

DENTISTS. O. H. MACK DENTIST. Successor to Dr. J. M. Keene, in White Corner, Salem, Oregon. Parties desiring superior operations at moderate fee in any branch are in special request.

WATER COMPANY. SALEM WATER COMPANY OFFICE CITY HALL. For water service apply at office. Bills payable monthly in advance. Make all complaints at the office.

EXPRESS AND TRANSFER. CAPITAL CITY Express and Transfer. Meets all mail and passenger trains. Baggage to all parts of the city. Prompt service. Telephone No. 241. BECKMAN-BEDRICK & HONEY