

## Good Health to the Children

Children especially are fond of dainties, and the housekeeper must look carefully to their food.

As good cake can be made only with good eggs, so also a cake that is healthful as well as dainty must be raised with a pure and perfect baking powder.

Royal Baking Powder is indispensable in the preparation of the highest quality of food. It imparts that peculiar lightness, sweetness and flavor noticed in the finest cake, biscuit, doughnuts, crusts, etc., and what is more important, renders the food wholesome and agreeable to young and old.

ROYAL BAKING POWDER CO., NEW YORK.

## MADE ARAB ANGRY

When He Got Seasick He Blamed the Captain

A Discouraging Malady, and a Fortune Awaits the Man Who Finds a Preventive

"The men who are supposed to make most money nowadays are not South African gold magnates, but the proprietors of patent medicines which cure every ailment under the sun," writes John Foster Fraser in the London Chronicle. "But the greatest fortune on earth remains for the man who will invent something to prevent you being seasick. I believe there are half a hundred remedies, but I could not do with a single one which would do away with that awful feeling when once you are on the ocean, oh!"

"I thought of this the other afternoon as I was crossing from Boulogne to Folkestone. A furious gale was on huge waves dashed aboard and the boat tipped and reeled most drunkenly not half a dozen passengers missed drawing a long, ashen face and calling for the service of the steward. Some folks took their trouble as smooth as a joke while others gave themselves up to their misery and were the most dejected, headless and forlorn objects imaginable. You could have thrown them into the sea and they would have offered no resistance. I am sure any of them would have given a guinea a box for a pill which would have saved them from sickness."

"The English channel is as nasty a passage as you will find anywhere. I have crossed the Atlantic five times and never had the slightest qualm. I never crossed the channel without having a quail of some sort, and occasionally a good deal worse than a quail."

"I can never recall without a laugh the indignation of a seafaring Mohammedan who, when I was traveling from the Persian gulf to Muscat, came on board at the Bahrein islands. He evidently had never been on a ship before and when the vessel kicked her heels and he was very ill and the captain gave him a smile for comfort he suddenly arrived at the conclusion the whole thing was prearranged and the captain was making the ship pitch and toss simply to disturb the Frugher. Then he stood up and cursed the commander in the most voluble Persian. The captain, a broad-shouldered old Scot, only smiled more grimly. Then came the threat that if the captain didn't at once stop the rolling of the vessel he would spend

the rest of his days in a dark and dismal dungeon at Muscat. He didn't.

### Science and Rats.

The spread of the plague in the East has been shown to be due to rats which are carried from the infected ports on vessels. Just the precise way in which this is accomplished is still a matter of debate among biologists, but the fact is appreciated, and in Manila and elsewhere the health authorities endeavor to kill all the rats in the infected locality and on board ships about to discharge their cargoes. This is accomplished in several ways such as traps, catching the rats by hand or by animals, and on board ships sometimes by asphyxiation with carbolic acid, the latter a costly method and often difficult of application. A method promising to be most efficacious has recently been devised by M. Danysz of the Pasteur Institute in Paris. He has found the bacillus of a disease which is peculiar to rats and extremely fatal to such as are inoculated with it, while at the same time it does not affect other animals or human beings. A culture can be made of this bacillus bouillon in which bread or grain is soaked. This is exposed for the rats to eat, and has been found a successful means of communicating the disease which usually proves fatal in five or twelve days. The method has been tried on the rats in the Paris sewers and those on the Bourse de Commerce, which attack the grain supplies. It is now recognized that if rats can be destroyed, it is possible to keep plague and other diseases from Europe and the civilized portions of the East, and it is to be hoped that the new method of inoculation will be found successful.

### \$100 Reward, \$100

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages and that is catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers, that they offer one Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address:

F. J. CHENEY, & CO., Toledo, O. Sold by druggists, 75c. Hall's Family Pills are the best.

### Twenty Years Imposture.

The retirement of Sergeant William Mullard of the Kent Constabulary stationed at Gillingham, after twenty-five years' service recalls a remarkable case.

Mullard, says the London Chronicle, was the officer who had much to do with unraveling the imposture practiced by a woman named Frances Jordan, alias Wood, at Whitstable, some twenty years ago. When a girl of fifteen this person took to her bed, and gradually grew worse in appearance until her face was completely blackened, with the exception of a

white mark down the center of her nose. She was supposed to have lost the use of her whole body, except one arm, by paralysis, and could only take water and brandy and light delicacies. How she could exist under such conditions was a mystery, as she was believed to be unable to take any solid food. Her case appeared to be rendered additionally distressing owing to the fact that it was reported that her malady necessitated her being kept in semi-darkness. The parish allowed the woman aid—one shilling and a half a pint of brandy per week—and few of her numerous visitors went to her empty handed. The postman testified that no house in the neighborhood claimed so many contributions from his bag as the cottage on Clapham hill, Whitstable.

This mode of life, however, told on Jordan's health; she developed consumption and gradually faded away. Before her death, at 35, she confessed that she had deliberately played the hypocrite for twenty years in order to enlist sympathy and "free-will offerings," that she had systematically blackened her features with black cork, which she kept in a box beneath her bed, that her story of knitting woolen articles with one hand was a sham, and that she could use her limbs with perfect freedom. The case, bad as it was, was rendered more revolting by the cant that was introduced into it. The supposed piety and resignation of the woman were talked of as most edifying and saintly, and the "beautiful" letters, interlarded with texts, from Scripture, which she wrote, were the admiration of many persons.

## If You Are Required to Give

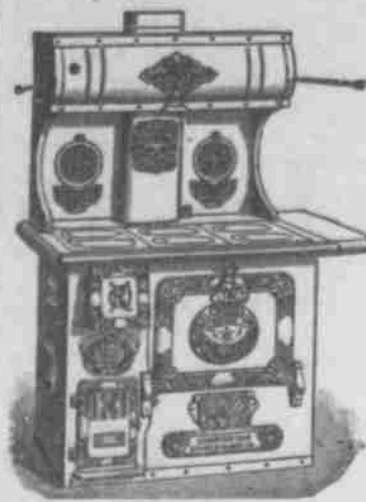
an abstract or want your title to your land examined call on  
A. H. Schaefer, successor to  
Union Title Abstract Company,  
99 State street Salem, Oregon.  
All work carefully and promptly done at reasonable prices

## We Have Just Started a New Lumber and Wood Yard at Salem

and carry a full line of building material, i. e. rough and dressed lumber, sash and doors, laths and shingles, also side walk lumber and cedar and oak fence posts. Side walk hangers and posts prepared with the famous German wood preserver carbolenium if desired. We invite parties who intend to build or to own a home to give us a call. We give all needed information free. We'll draw your plans or build for you, giving special inducements to people with limited means. We make it a specialty to ship lumber in carload lots and invite farmers near railroad points to send us their bills. To the people of Salem who are in need of wood for fuel we recommend our first and second Ash and Fir, well seasoned and a full cord given.

## Voget Lumber and Fuel Co.

Yard and main office, 14th and Oak. One block east of S. P. passenger depot.



## March Sales Ranges, Stoves and Trunks

We are going to sell the Charter Oak stoves and ranges at a greatly reduced price. During the month of March this is going to be one of our specials.

## Then The Trunks

We have now got a nice line of trunks that has just arrived. Cheap! Why it's just like finding money when you can save it by buying at the right time.

## Carpets and Furniture

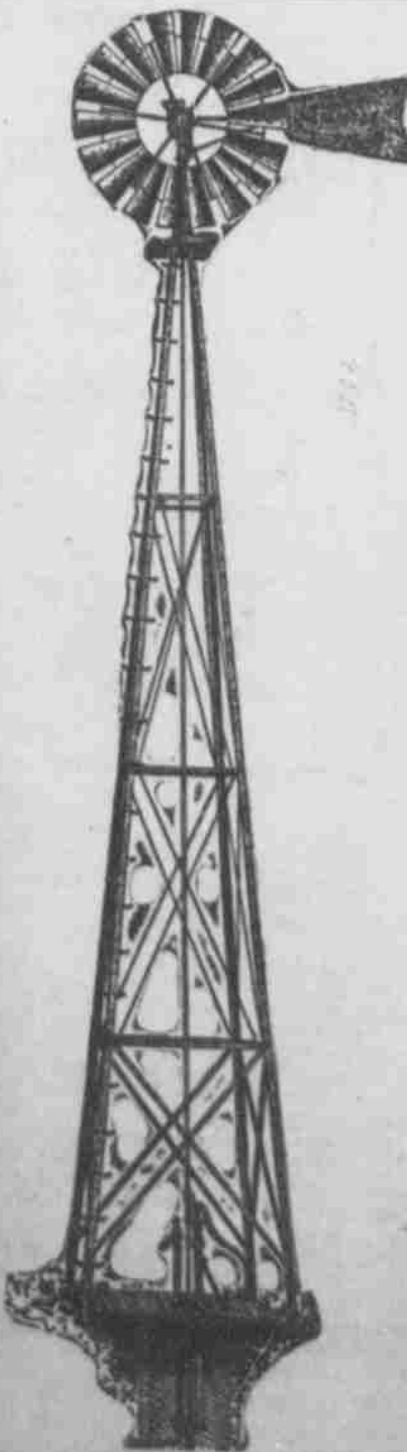
We have a nice line of carpets and rugs, and are expecting another lot daily. Furniture, why we have bedroom suits, couches; in fact everything along that line, washing machines and wringers, tinware and dishes, well most everything you need in going to house keeping.

## Remember our Special Sales will be on Stoves, Ranges and Trunks A. SCOTT

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Special quotations on water pipe for springs and hydraulic rams. A full line of plumbing goods. We employ the best mechanics. Everything that leaves our house is fully guaranteed.

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