

# WINTER IS COMING BRINGING CATARRH

Every Catarrh sufferer dreads the coming of winter, for with the first breath of the "ice-king" this miserable disease is fanned into life and all the disgusting symptoms return. The nostrils are stopped up and the throat can be kept clear of mucous and spitting. Catarrh is a nuisance and source of annoyance, not only to the one who has it, but everybody else. The thick, yellow discharge from the head produces a feeling of personal defilement, and the odor of the breath is almost intolerable.

The catarrhal poison brings on stomach troubles and affects the Kidneys and Bladder. It attacks the soft bones and tissues of the head and throat, causing total or partial deafness, the loss of smell, and giving to the voice a rasping, nasal twang. No part of the body is secure from its ravages. Catarrh makes you sick all over, for it is a disease of the blood, and circulates all through the system, and for this reason, sprays, washes, inhalers, powders and salves have proven failures.

The way to cure Catarrh thoroughly and permanently is to cleanse the blood of the unhealthy secretions that keep the membranes of the body inflamed, and nothing does this so surely and promptly as S. S. S. As long as the blood is poisoned with Catarrhal matter the discharge of mucus and other disgusting symptoms of the miserable disease will continue. S. S. S. goes to the fountain source of the trouble and purifies and enriches the blood, and so invigorates and tones up the system that catching cold and contracting Catarrh is not so likely to occur. Keep the blood in order and winter's coming brings none of the discomforts of Catarrh.

Write us particulars of your case, and let our physicians help you get rid of this blood-tainting and stubborn disease. We make no charge whatever for medical advice.

THE SWIFT SPECIFIC CO., ATLANTA, GA.

# THE JAPS ARE BORN FIGHTERS

Wonderful Little "Yankees of the Orient" Inherit Their War Spirit--Study Best Methods and Act Quickly

Tokio, Feb. 20.—The Japanese soldier can no more help fighting than a game cock. You would not think to look at him that he is a terror in a mix. But he is. Many of the soldiers are descendants of the samurai, the old-time fighters who for 2000 years were Japan's only soldiers.

Japan is a nation of warriors. With Russia an enemy every man with Jap blood in his veins is ready to scrap at the drop of a hat. Conscription is unnecessary. For years he has been taught that some day he would face Russia. The patriot heroes to volunteer to blow up the Tientsin gate, and themselves with it, exists in thousands of the little yellow men—and it is lacking in the conscription men of the czar who are fighting because they are forced to.

"The Jap is intensely modern and profoundly medieval." Especially is this true of the army officers who have been trained in the United States, Great Britain or Germany. He is filled with western ideas and knowledge. He knows as much about military detail as a German staff officer. He would not be ill at ease in the highest European society circles.

Although he observes everything the Jap absorbs nothing that is not of use. Military and naval knowledge he stores away because he knows its value. He lets slip the cosmopolitan spirit and fashionable cynicisms of the occident because his samurai blood rebels.

Luxury he deems vain and foolish. His tastes lead him to seek a simple, hardy athletic life. Honor and arms are inseparable with him. He worships his single swoop as fervently as his samurai ancestors worshipped their two arms.

The presence of the samurai blood has had much to do with the onward march of the present day Japan. When the present emperor threw off the attire of the past and adopted the raiment of westernism it needed that same powerful infusion to adopt the new life.

that the coolie Japanese, whose ancestors were never permitted to fight, should prove such good soldiers. In Korea the descendants of the samurai and the man with no ancestors fought shoulder to shoulder.

Some of the bravest deeds in modern Japan's history have been performed by soldiers and sailors of the coolie class. Kipling once expressed the wish that he could see a fight between the Japs and the Gurkhas, the little warriors who have won so much renown on the Indian frontier.

General Grant, with the trained eye of the soldier, saw the good qualities of the Japanese officers. He declared that the officers graduated from the army educational institutions were among the finest in the world.

There are usually 500 students in training to become officers in the Japanese army. Expense is not considered where their education is concerned. In addition to the staff college and military academy, Japan has a cadet school, model school, an artillery and engineering school for cavalry officers, a gunnery school for field officers, a distinct gunnery school for garrison artillery, and various other institutions.

When the army was reorganized the Japanese cadets were sent abroad by the hundreds. Germany received the majority. For this reason the German military idea prevails to a great extent. However, as has been said, the Jap absorbs only what he considers best, and he has the faculty of picking the best with quickness and perception; thus he has taken the best of the German idea, the best of the English, French and the United States.

United States, whose express duty it is to investigate and report on all improvements in naval and military equipment. If available each idea is adopted. If not, it is cast aside.

Organization, carried to extremes, is Japan's strong point. Her approximate military strength is 170,000. The British army is estimated at 250,000, yet the Japanese general and departmental staffs include 3,575 officers—and men, while the British number but 1,163. In this respect the Jap has followed the German plan.

Social etiquette differs from that in the United States and English army. A Japanese officer would not dream of slapping a brother officer on the back in a half-fellow-well-met style. Social intercourse is marked by the most ceremonious code. Even the cadets, high spirited as they are, always address one another with formal politeness.

This is the surface. Underneath the best of good fellowship exists. It is regarded as dishonorable to seek promotion at the expense of another officer even by methods deemed legitimate in other services, such as cultivating social relations with men who dispose honors and rewards.

The Japanese officer prides himself on despising money. He will cheerfully beggar himself to help a friend. One instance demonstrates their free-heartedness.

An officer wanted to go through Manchuria on a spying expedition. He obtained leave, but did not have sufficient money. One of his friends learned of his predicament and fit once drew every yen he had in the bank. This was not sufficient and he mentioned the fact to other officers, who at once subscribed all they had. When the officer left there was scarcely a yen left in the regiment.

The luxury of an officers life in other services is scorned by the Japanese officers. They habitually sustain life on dried fish and rice, like the men in the ranks, and ask nothing more substantial on a campaign. It was enough for them when they were stepping off 40 miles a day across the frozen Manchuria during the war with China.

The men are armed with a rifle invented by a Japanese officer, General Arisaka, which is said to be a superior weapon to the improved Mauser. It is said by military authorities to have superior "stopping qualities" to any military rifle.

Under the reserve system every able-bodied man in Japan stands ready to enlist. Nearly all have some knowledge of military work and so will not be raw recruits. Japan discharges her soldiers early in time of peace and has thousands of tried veterans upon whom she can depend in the present crisis.

Promotion from the ranks is rare. The standards for non-commissioned officers is higher than in any other army in the world. The soldiers are great readers. Japan turns out more printed matter than any other country in the world except Germany.

The result is that, with the great range of reading on top of his ordinary education, the Japanese soldier is generally a well-read man.

Careful attention is paid to the development of the body as well as the mental facilities. Gymnasiums are attached to all garrisons and they are of the best type. The officers do everything in their power to encourage gymnastics. Football and other western games are played in some barracks, but the favorite exercise is the practice of Jiu-Jitsu, considered the finest method known for developing the body.

The feeling between officers and your blood must be pure to give your complexion that peculiar freshness which can only be obtained when your system is in good working order. Beecham's Pills will put you in condition.

To look well  
To feel well  
To keep well

every organ must be doing its duty—stomach, liver and kidneys must each be in thorough working order. If you are not as well as you ought to be

Take a small dose of BEECHAM'S PILLS

They will set you right. Sold Everywhere 10 Cents and 25 Cents

### HEALTHY PLANTS

Require the Most Careful Attention as Well as Good Soil. Did you ever see a rosebush which—despite the most beneficent environment of soil—of sunshine—and of atmosphere,—seemed never to achieve a healthy growth?

A ton of manure will not help a plant that has a canker eating out its heart. You must destroy the cause before you can remove the effect. You cannot cure Dandruff and Baldness by rubbing on hair lotions, and rubbing in vasoline, etc.

You must look to the cause of the trouble—it's a germ at the roots of your hair which causes it to fall out. Newbro's Herpicide destroys the germ, and healthy hair is the sure result.

Sold by leading druggists. Send 10c. in stamps for sample to The Herpicide Co., Detroit, Mich. Daniel J. Fry, Special Agent.

men is excellent. Both are devoted to the emperor, and the men regard their officers as the direct representatives of mikado. There is none of the fear that exists between the Russian soldier and his officer. The knout is an unknown instrument. Desertion is rare.

Pretty Safe Rule to Go By. When there is a feeling that the heart or lungs, blood or liver, brain or nerves are diseased, at once commence to doctor the stomach. This is the foundation of the trouble in 90 cases out of every 100.

Commence to regulate the digestive organs, get them in healthy working condition, and the other troubles will leave of themselves. Diseases which have their beginning in the stomach are cured through the stomach.

The medicine for stomach disorders and half the ills of life, is Dr. Gunn's Improved Liver Pill. They are sold by all druggists for 25c per box. One pill is a dose. These pills put all the digestive organs in good condition so that disease has no basis to work upon.

CASTORIA For Infants and Children. The Kind You Have Always Bought

Bears the Signature of Chas. H. Fletcher



### "When Greek Meets Greek"

trouble begins, but when a man meets a shirt collar or cuff done up at the Salem Steam Laundry he knows that all of his troubles in finding the right spot to have his linen done up have ceased, for you can't match the work done here in this town! Laundry work is our business, and we make it our business to do work such as no other laundry can compete with.

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If you want to get seeds that will grow, select from The Largest Stock The Purest Stock The Best Selected Stock in the valley, and remember the only seeds we carry are SEEDS THAT GROW

A handsome illustrated catalogue sent free by mail on request. Savage & Fletcher Dealers in FLOUR, GRAIN AND SEED 322-324 Commercial Street.

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### CLASSIFIED

Advertisements, five lines or less, in this column inserted three times for 25c, 50c a week \$1.50 a month. All over five lines at the same rate.

FOR RENT. For Rent.—A house; gas in every room; heater connected with bath; two rooms in good order, newly papered. Inquire at 91 Court street. 2-22-1f

FOR RENT.—Two good houses on Winter and Mill streets. Will be ready for delivery about March 1st. J. C. Goddard. 2-15-1f

FOR SALE. For Sale.—Nice, well located residence in this city for sale at \$1500. Also a fine farm of 243 1/2 acres, well improved and located in Polk county for sale at \$40 per acre. Quarter block of property in Salem for sale or trade, worth \$7000. Other residence located and reasonable. Call on G. A. Hurley, on Tuesday, Wednesday or Thursday, at the office of W. H. Holmes. 2-22-3f

FOR SALE.—A fine 9-room house, with two lots, \$1600; small house and lot on Center street, near Capitol, \$600; a lot 50x170 on North Front street, \$300; no agents. Call on A. F. McAttee, 13th and Mission streets. Phone 373 Blue. 2-22-3f

FOR SALE.—Good team; weight 1200 pounds each; 5 and 6 years old. Call at corner of 12th and Waller streets, Yew Park. R. W. Van Fleet. 2-22-3f

FOR SALE.—A span of 1400 pound work horses for sale at Red Front livery barn, Salem. 2-20-3f

FOR SALE.—Good six-room, hard-finished house and furniture, barn and two lots. See Derby & Wilson. 2-20-3f

FOR SALE.—No. 1 second-growth fir and maple. Delivered to any part of the city. J. W. Manley, South Salem, Phone 2075 Black. 2-16-1w

FOR SALE.—Or trade, a fine 10-acre chicken or fruit ranch; first-class buildings and improvements; close to school, postoffice, store and railway station. Will trade for city or unimproved farm property. Address "W. J.," Care Journal. 11-5

MISCELLANEOUS. Moler's Barber College—Of Salt Lake City, offers advantages in teaching the trade that cannot be had elsewhere. Avoid schools the Oregon and California barbers' new laws are apt to close at any time. Write today for our special offer to distant students. 1-23-1m\*

Say—Have you tried Edwards & Lusch's for meats. We have the best sausage in town. Come and try it, and be convinced. 410 East State street.

Salem Truck and Dray Co.—Oldest and best equipped company in Salem. Piano and furniture moving a specialty. Office phone, 861. W. W. Brown & Son, proprietor. Office No. 60 State street. 9-1-1m

Dr. Z. M. Parvin—At 297 Commercial street, upstairs. Singing school. Rudimental and sight reading classes. Begins Wednesday evening, October 14th. Class every Wednesday evening to May 1st, next. Tuition, \$1.00.

Field Peas The great hog feed. Very short crop last season; better buy what you need now, while you can secure them. SPRING VETCHES. The finest hay crop produced in the valley. You will find our prices right. CLOVER AND GRASS SEEDS. We make a specialty of farm seeds, and would be pleased to quote you prices on anything in our line.

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THE ELITE CAFE 208 Commercial Street. Short Orders, Oysters in all styles. Meals at all hours Service a la Carte E. ECKERLEN, Proprietor

### MISCELLANEOUS

Unique Cleaning Rooms—C. A. Johnson, successor to Shaw & Johnson, the cleaners, is now located at 209 Commercial street. He does a general pressing and repairing business. Specialties: Skirts, silk waists, kid gloves, gents' clothing, etc. Phone 2614. 5-25-1yr

PHYSICIAN AND SURGEON. Dr. I. W. Starr—Office in Bush & Brey building, over Oregon Shoe Store. Office hours, 9 to 12 a. m. and 2 to 5 p. m. Calls attended in city or country. Residence phone 2355 Red. 1-5-1f

Dr. W. S. Mott—Will hereafter be found in the Brey block, 275 1/2 Commercial street, over Oregon Shoe Co. Office telephone, 2981; residence phone, 2751. Office hours 9 to 12 and 2 to 5.

WIRE FENCING. Walter Marley, Dealer in American, Elwood and Page field fencing. All kinds of poultry fencing. Shingles, F. & B. ready roofing and wall paper. Prices the lowest. Salem Fence works, 60 Court street, Salem. d&w.

UNDERTAKERS. Undertakers.—We carry the largest and finest line of undertaker's goods in the city. Prices to suit all. Black and white hearse. Prompt, reliable. Save money by calling at No. 107. A. M. Clough, A. J. Boney. 1-16-1f

RESTAURANT. Ferguson's Restaurant—95 State street. Open day and night. Our 20c meals are better than any 25c house in the state. Six 20c meals for \$1.00; 21 20c meals for \$3.00.

LODGES. Olive Lodge, No. 18, I. O. O. F.—I. O. O. F. Hall, Saturday each week, at 7:30 p. m. B. B. Herrick, Jr., N. G.; Frank F. Toevs, recording secretary. Salem Camp, No. 118, Woodmen of the World—Meets in Holman Hall every Friday at 7:30 p. m. P. L. Frasier, Consul. Wylie A. Moores, Secretary. 1-12-1yr

Protection Lodge—No. 2, Ancient Order United Workmen, meets every Saturday evening in the Holman Hall, corner State and Liberty streets. Visiting brethren welcome. J. G. Graham, M. W.; J. A. Sellwood, Recorder.

Valley Lodge No. 18, A. O. U. W.—Meets in their hall in Holman block, corner State and Liberty, every Monday evening. Visiting brethren welcome. Roy McIntire, M. W. A. E. Aufrance, Recorder.

Central Lodge No. 18, K. of P.—Castle Hall in Holman block, corner State and Liberty St. T. eday of each week at 7:30 p. m. H. H. Turner, C. C.; W. I. Staley, K. of R. and B.

Foresters of America—Court Sherwood Foresters No. 19, Meets Friday in Turner block. H. G. Meyer, C. R.; A. L. Brown, Sec.

Modern Woodmen of America—Jungson Cedar Camp No. 5346. Meets every Thursday evening at 8 o'clock Holman Hall, E. E. Matten, V. C.; A. L. Brown, Clerk.

OSTEOPATHS. Dr. M. T. Schoettie, Frank J. Marx and Anna M. Barr.—Graduates American School of Osteopathy, Kirksville, Mo., successors to Dr. Grace Albright. Office hours 9 to 12 and 1:30 to 4:30 o'clock. Odd Fellows' Temple, Phone Main 372E; residence phone 2603 red.

Dr. H. H. Scovell, Osteopath and Suggestionalist—Treats chronic disorders of the stomach, bowels, liver, kidneys; nervous and female diseases, lung and throat troubles. D'Arcy Bldg., State St. Main 2855.

SALEM WATER COMPANY OFFICE CITY HALL. For water service apply at office. Bills payable monthly in advance. Make all complaints at the office.

EXPRESS AND TRANSFER. CAPITAL CITY Express and Transfer Meets all mail and passenger trains. Haggare to all parts of the city. Prompt service. Telephone No. 341. HECKMAN-REDRICK & HOMYER DENTISTS.

C. H. MACK DENTIST Successor to Dr. J. M. Keene, in White Corner, Salem, Oregon. Parties desiring superior operations at moderate fee in any branch are in especial request. POSTALS! POSTALS! Souvenir postals. Finest line in the city. Come and see them. The Variety Store 94 Court St. Ansona M. Welch, Prop